657th Knowledge Seekers Workshop August 27, 2026

(Quick Index 13 pp, , Topic Index ; Need to do; Key Phrases, Words) (Auto transcription from Elias)

Train to stop eating & killing; Create seed 20% energy to attract 80% UE through STM; Stomach Acid Fallacy - use alkaline Nano coat food - intestine make Gans - transfer to lymph; Taught wrong; Lymph with STM & neural system - convert energy to blood or P; Rice not pass wall intestine - spectrum energy becomes plasma seed - tell UE what needs - this is 80% from environment; Receive M fields from rice; Body creates weak M field strength spectrum - attracts stronger UE - feed you; Use breathe - internally create what body needs; Allocate time - tuning into energy of Soul - one time, release energies vibration of blood & breathing system; Get rid nose & mouth; Absorb energies from environment through STM; Indian guru; Synchronize to same heartbeat with STM - not have to breathe - absorb energy through blood, becomes P; Create energy seeds - without food; STP is Spirit creates 20% seeds - STM absorbs other 80%; Control energy of heartbeat through emotion - absorb UE - won't feel hungry - desire & addiction gone; Hear heartbeat in Soul; Soul tells heart what to receive; Enjoy presence of plants & look after animals - not eat; Proved in Monthly Flight sessions; UC can't understand why Man started eating & killing; Aliens no mouth; Use pulses of heartbeat & breathing to change emotions - detach from P; UE interact to create Man - call same energy to feed; Spirit & STM becomes everlasting Twinity - create perfect H - third neutron becomes Soul of Creator (STC); Spirit becomes electron - STM proton - understand rhythm & strength; Creator feeds - Deuterium - forever; SF of STM, STP, STC - creates emotion of Creation, Spirit of life; Not breathing, etc - understanding connection & interactions of fields Soul with Spirit, heart, how creates life; Tell Aliens - love them - respond; Prophets taught; Spirit controls Energy from environment - connection to STM; STM keeps STP at distance - determines manifestation; Change heart position - changes height; Find position of STM; Create twins - same M fields - teach secret; Feed by distance & rhythm of heart; Man chose to create mouth - not Creator; Train yourself to receive fields without breathing, drinking, eating - practice; By purity of not killing - meet Creator; Creator doesn't eat; Eating & breathing - addiction; Plasma T & Game; One feeding lasts thousands, travel U - M fields; Connect Soul to heartbeat, without breathing - no hunger; Heartbeat, pulse, current, neural system, motion of heart - creation of pulse - receive UE; Create heartbeat & pulse through emotion; Ancestors knew - left planet in masses; First person learns - others follow; Pushed themselves through hardship - achieved transmutation; Travel by need & wishes of STM; Teach yourself; Emotions part of fields of Creator as M fields; KF Store of Enlightenment Game open - register can buy and sell goods - KC; Establish trusting community - One Nation; Gift of 10 KC - donate part to others - spread quickly; Gift of 10 KC, to develop Game find bugs; Give 90% of gift to others; Game button 'Trezor' - Space Port to donate; Resolve legal matters before releasing KC; Governments not happy; Legal structure to safeguard; Devils of Finance - upset KF changing value of work - can't enslave; Don't use money in U - dogs don't pay - why Man; Banking system - abusing Mankind thousands years; Discussion Enlightenment Game - how it works; Eckmar creator of Game, explains; Plasma Cup - like soccer - collect items - play in teams; Winner gets 66% of prize - second winner 34% - everyone valued; Goal to collaborate; No fighting killing in Game; Prize - plasma,

CTTC; Friday meeting explain Game; Software & hardware wallets, etc; White Light blesses country - opposite to Black Hole; Read Game Blog, 11 languages; Frequently asked questions; Pay with KC in Shops setup by KS; Buyer receives goods money released to seller - 2% to Game; Open claim for dispute; Separate life cycles of humans on planet, evolve in groups; Earth - greenhouse for Souls, when mature leave to seed U - not stay on Earth; When one cycle finishes - period of nothing - new cycle starts; Life continuously evolves and creates new generations; Our generation problem of killing - being solved; Earth planned; Explains what's going to happen to human race; One Soul matures, others follow; Today's knowledge survive in U; Uprooted Rothschild's & Illuminati's - try to stop KF; Create shield around body; 666 KSW draw a line; Have to understand how it works - only one way to do it; Follow rules of Creation, connect to your rhythm - use emotion connect STM & STP; Create any taste - right rhythm; Have to find own way to Fields; You decide what limit; Not a religious cult - scientific organization - understand physiology - how responds to conditions of planet; Already tried to change every Soul - went back to killing; Now permanent fix; For sure future generations will not kill; U always needs to create conditions for manifestation of Creation; I made Man to make children that they may love Me - doubts about Man; Today's another fundamental teaching - for transmutation and not eating.

Topic Index

Train to stop eating & killing; Create seed of 20% energy to attract 80% from U through STM - not kill; Fallacy of Science - stomach uses powerful acid to break down food; Scientists developed technologies to prove his ideas; KS use NaOH - highest level alkaline to Nano coat - then salt to make Gans; Chew food - alkaline in stomach create Nano materials - goes to salt and alkaline in intestines make Gans - transfer energy across intestine walls to lymph; Taught wrong thing; Energy through lymph transferred with energies of STM & neural system - convert it to blood or P; Rice not pass wall intestine; Energy transferred to lymph - carries spectrum - becomes plasma seed - ingrained with blood to cells; Tell Universal Energies (UE) what it needs - as other 80% from environment; Receive M fields from rice; If body needs 0.03 Tesla M field - create it to absorb that from environment - part of 80%; Very weak M field strength spectrum attracts the stronger UE to feed you; If you understand how it works - use breathe - internally create water, vitamin C, whatever body needs; Time spent preparing & eating - use to tune into Soul, release energy for body; Feed body through Soul's energy; Not eat all day long; Allocate time - tuning into energy of Soul - once a day, once every thousand years; Release energies sequentially, brain releases energies into P - UE become part of you; Dedicate time to create and release UE through vibration of blood & breathing system; Won't need nose to breathe, mouth to put lamb into; Absorb energies from environment through STM; Indian guru - cheated - learned to absorb energy through breathing; We can also do - synchronize heartbeats & STM - have same beat & same energy sequence without opening mouth to breathe; In U - no oxygen or lamb - don't have mouth; Train yourself to absorb energy through blood, becomes P; Create energy seeds in STM - reverses back into blood & lymph - sends message outside to U - what spectrum of energy is needed for vitamin C, water, etc; Understand past 2 weeks teachings - don't need to kill to eat - use operation of heart, or Spirit - matter state

energies of body; Spirit interacts with UE in Man - dictates heartbeat - creates 20% trap for UE - then STM absorbs other 80%; At dinner time - instead control energy of heartbeat through emotion - absorb UE - won't feel hungry - desire and addiction gone; Now using M fields of Spirit in P & receiving M fields through STM from Totality; Higher order connection to U; Hear your heartbeat in your Soul; Use heartbeat to instruct Soul; Soul tells heart what to receive from UE; Simple to do; Don't need to cultivate crops; Enjoy presence of plants & look after animals; Proved this in Monthly Flight sessions - fed through headphones - through STM - used fields of Soul to tell Spirit what to call for from UE - satisfied emotion of need to confirm existence; Not easy for Man to deny everything - denies his own existence and connection to Creation; Why Man started eating & killing - beyond imagination of Creation; Aliens use UE not other Beings; Learn how to use pulses of heartbeat & breathing to change emotions; Soul unconditionally feed Spirit - feed through UE - Mankind detach from P of existence; Not yet comprehend - process of Creation; Start endeavoring to achieve understanding - UE interact to create P of Man; Call upon same energy to feed him; Spirit with STM becomes twin system - everlasting Twinity - create perfect Hydrogen (H) - third neutron become Soul of Creator (STC) - perfect atom, supplier, controller, mover; Spirit becomes electron - STM becomes proton - understand rhythm & strength; Creator feeds it - perfect atom - Deuterium - use each other - confirm existence forever in environment of Creator; Man exists as STM & Spirit - part of triad, STM, Spirit, STC - where receives 80% from; Interaction of 3 creates emotion of Creation & Spirit of life; Try to understand - it's not by breathing & changing positions you feed yourself - rather understand connection & interactions of fields of Soul with Spirit, the heart, how creates life - don't need to kill - use emotion of Spirit, with emotion of STM - create your existence - Possession & Position - travel U, join UC; Communicate with Aliens through right emotion between STM & Spirit, say I love you, giving - Alien will respond; Prophets taught you basics - connecting Soul with Spirit; Spirit controller of what take from environment to guarantee connection to STM; STM keeps STP at a distance - determines manifestation; Change heart position by 1 mm away from STM - changes height; Find position of STM; Adjust distance micro level - create twin babies; Twins - same M fields; Teach secret of identical twins - Science rubbish about genetics; Position & field strength of STM & Spirit dictates manifestation of P; Feed by distance & rhythm of heart; With this knowledge - stop killing; Killing because chose to create a mouth - not Creator's choice; Train yourself to receive fields without breathing, drinking, eating - have to practice; By purity of not killing - meet Creator; Creator doesn't eat; Eating & breathing - an addiction; Plasma T & Game - stop killing - join UC; Remove mouth - cannot commit crime, waste energies of U; Obligation to allocate time to receive UE - not lose weight - active; One feeding lasts thousands of years; Travel U - no time - use M fields, strength of Soul, etc; Take 10 minutes to train; connect Soul to heartbeat, without breathing - won't feel hungry; Heartbeat, pulse, current, neural system, motion of heart - lead to creation of pulse - receive UE; Create heartbeat & pulse through emotion; Ancestors knew - left planet in masses - Mayans disappeared; First person learns - others follow; Could withstand hunger without dying - travel by need & wishes of STM; Pushed themselves through hardship - achieved transmutation; Teach yourself to do it - don't give up trying - gradually increase practice time; What you need will be there; Become electron - absorb energy from proton, STM - neutron becomes STC; Star Formation (SF) - STM, STP,

STC - emotion satisfies needs of life; Top reactor - Creation & interaction of all 3 fields - is the emotion; STM & P connect to fields of Creator - creates emotion confirms existence - this is the Man; Emotions are part of fields of Creator as M fields;

Part 2

KF Store of Enlightenment Game open - register can buy and sell goods - KC; Establish trusting community - One Nation; Gift of 10 KC - donate part to others - spread quickly; Gift of 10 KC - not for favorites - to develop Game find bugs; Give 90% of gift to others; KS helping to fix bugs; Game button called, 'Trezor' - Space Port to donate; Have to resolve legal matters before releasing KC; Governments not happy with KF Game - freeing people; Legal structure to safeguard our work; No one paying for it - everybody can receiving it, has integrity, valued amongst people - bothers devils of finance; Not supposed to happen - people have to work 8 hours a day - people accepted value of money; No other race in U uses money, except Mankind - put value on peoples energy - to receive food and shelter; Even dogs don't pay to stay alive - why does Man; Banking system - abusing Mankind for thousands of years; Long discussion about Enlightenment Game & how it works; Eckmar is creator of Game, explains things; Plasma Cup - like soccer - collect items - lay in teams; Winner gets 66% of prize - second winner 34% - everyone valued; Goal to collaborate, instead of fighting against each other; Prize - plasma, or Connection to the Creator - CTTC - ask personal question - Friday meeting on Zoom - explains Game - advanced players help new players understand Game; No fighting or killing in Game - key is collaboration; Spaceport - donate KC to a KF Plasma Project; Software and hardware wallets, etc; White Light blesses a country once a day - opposite to Black Hole, destroys colors of a country; Many questions answered in Game Blog in 11 languages; Create 'frequently asked questions' section - need more people to clarify Game before going public; Pay with KC in Shops setup by KS; When buyer receives goods money released to seller - 98% , 2% to Game; Confirm buyer has received goods; Open claim for dispute; Separate life cycles of humans on planet - graduate in group - through evolution; When reach maturity go to seed U with Souls; Earth is greenhouse for Souls to planted around U - when one cycle finishes - period of nothing - new cycle starts; Life continuously evolves and creates new generations; Our generation - most successful in diversifying life; Created this problem of killing - send in those who can solve it; Earth not accidental, created to produce Souls for U; Venus before Earth, Mars after; 20,000 years ago - different races reached maturity - stopped killing - transmuted and left Earth; Explain exactly what's going to happen to human race; One Soul matures, others follow - learn teaching of today; No kingship, or leadership - every Soul leave planet - seed U; Happen in very short time; Beings grown on Earth, then leave; In future dig up remnants of our civilization; Other greenhouses - create seeds through absorbing Creator's Rays; We make up the stories about Creation; Nations alarmed by KF teachings; European governments - want to control KF - they'll lose power; They have no control; We don't charge for teachings or KC; Coming of KC & ONN Units - uprooted Rothschild's & Illuminati's; They programmed Man to kill for them - become richer; Rothschild family - try to stop KF; Practice teaching of today - find peace, energy, joy; Creates shield around body; Don't need to pay for food, shelter - self-sufficient; Won't pay taxes - government lose basis to exist; Next become totally

free, Travelers of U - or stay on Earth and suffer; 666 KSW draw a line - governments know; Today - received biggest gift; Nobody can touch you, unknowingly, shielded by own energy; Takes time - needs understanding, not clarity - understand how it works; Only one way to do it; Have to follow rules of Creation, connect to your rhythm - have enough knowledge to do it - use emotion connect Soul and STP; Create any taste - right rhythm; Teach you a trick; Not first generation to do this, nor last; Earth is breeding place to create life; You have to find your own way to the Fields; You decide what limit; Not a religious cult - scientific organization.; Understand physiology of Man & how he responds to conditions of planet - understand our connection; Still creates P for us to be able to be detached from it; Already tried to change every Soul - Man went back to killing; Now we know how to fix problem - for sure future generations will not kill; Compensate for lack of energy of planet - permanently; There is a very real reason for it; U always needs to create conditions for manifestation of Creation; I made Man to make children that they may love me; He said, "may love me" - means He still has doubts about Man, it might be flawed somewhere; Today's another fundamental teachings - for transmutation and not eating.

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