

10th Anniversary of Fabio Assassination - Yawning Soul's Time & Meeting Other Souls - Inhale & Exhale - Brain Thyroid Heart / Spherical - Peace Treaty & KC Introduction to 649 KSW

Note: Not checked by KF interpretation by KS of KF Brazil

This workshop started out with a video for the 10th anniversary of Fabio's assassination showing images of his life and how he is remembered at KF. We have been taught that the Soul of the Man (STM) is an independent entity like the Soul of the Physicality (STP) of the Man, and the physicality (P) and that together they make up who we consider ourselves to be. Even if we say we intellectually understand it, most probably we don't really know what this means and we are learning how the different entities interact with each other. Did the P of Fabio know he was going to switch places with Mr. Keshe and allow himself to be assassinated in his place? This is the whole point of these teachings, for us to learn this about ourselves and become enlightened to the STM. Or was it all agreed upon by the Souls, and the P had to follow? To give up one's life for a friend is considered the greatest love. By keeping Mr. Keshe in the physical dimension (D) all of humanity has benefited beyond measure, as we now see the change starting to happen. The whole human race will be eternally grateful to him for his gift of love and his Soul will be remembered throughout the ages to come.

When we feel tired, or if we see somebody else doing it, then we may also yawn, but most likely we never thought twice about what yawning means or why we do it. The scientists don't really know either, so they came up with a bunch of 'this and that.' It's very strange that they say it cools the brain, because they know that there is no blood flow in the brain, maybe they are referring to the outer edges. The Plasma Science on the other hand, offers a whole different understanding of yawning, but if we deny the existence of the Soul then it won't make any sense to us. If we accept that there is a Soul, then it must have a way of communicating with the other parts of our Being, like the P. We know that when we feel tired or we see other people yawn then we might also yawn. In the first instance of feeling tired and yawning, is really the Soul communicating to our P. It has an appointment to be somewhere else in the Universe (U), and the P is not listening, so it sends a signal to it, by causing it to yawn. According to Mr. Keshe the Soul needs more energy to make the handover of the body, or the Being to the P. When we yawn we take in huge amounts of air which contain Universal fields that get directly absorbed. He said, there are free acids of the M fields that get converted to the lung tissue and then somehow it gets to the lymph. He only said, 'synchronization of the lymph.' What does that mean? We know the lymph flows continuously in the lungs, so we can assume that is where the conversion takes place. The yawning is a message to the P to go and lay down and sleep, so the Soul can go out through the eyes to travel the U.

The second part to the yawning is when one person yawns it can become contagious and other people start yawning. However, now we know that it is not by chance that we respond to someone's yawn. We have to have a M field strength connection to their Soul and then we yawn too. For example, if there are 10 people sitting at a table and one person yawns, and maybe only 6 of the 10 people yawn, it means they are connected to each other and their Souls have set an appointment to meet. And the other 4 have no relation to theirs Souls. This has nothing to do with the P, they might all be strangers who have met for the first time. In the D of the Soul, the P does not count. He called it an 'energy balance' connection and said it could be from being in the same room, eating the same food, or just being in the same atmosphere together. It's a very broad level connection, but in a way, it does confirm the idea that when one electron flips, the others start flipping too. Maybe this is how it will be when the Plasma Technology (T) is accepted by humanity, but instead of yawning, people will get a sudden realization inside that the Plasma is true and they'll start smiling.

Sometimes when we are with people and we get the urge to yawn we try to suppress it to be polite. But no matter how hard we try we won't be able to, because it is coming from another D. If the P out of its ignorance tries to delay responding to the Soul to let it out, it will pay for it later. He didn't say how, but told us to observe for ourselves and see how we get affected. And if we start yawning one after the other we should pay attention to the frequency and space gap of the yawns, it has a meaning. The Soul wants to get out of the body, and if we keep delaying and ignoring the yawning, then it can go out on its own anyway. It can go out and return in a microsecond without us knowing it. What happens is we feel tired and start yawning, but then 10 minutes later we don't feel tired anymore. These are all things we can observe happening to ourselves and become aware of what they mean, and then get in tune with our Soul.

In the future, science will be able to measure the field strength of the emotion during sleep, and then compare it to that of the field strength when we yawn. Then we can find the matching strength of when the Soul prepares to transmute. All of these things are preset and as humans we create a specific bandwidth, frequency, and space gap when it is time to handover the body to the P. There is a conversion of Universal Energy to the D of physicality of the Man for this process. But the full handover occurs when we are falling asleep and we go through that twitching of the body, or what they call, 'neural adjustment.' This is when the Soul disconnects from the P and takes its journey into Space. At the point of death, the last breath is the yawn, the long last exhale. But now we are finding out that the length of the inhale and exhale can tell us very specific information about our health and is related to how the lymph functions.

If our inhale is longer than our exhale we could have problems with our physicality, meaning our bodily functions. When they are equal in length, it means the Energy and P are in balance. But if the exhale is longer, that is the best case scenario and it means we should have pretty good health. The inhale, is when the energy comes into the lungs and converts to P, we can think of it as the physical part of our life. The exhale is when the lymph lets go of excess energy and we can think of this as the Energy part. This is what we did in the Lymph Cleaning exercises we were taught some weeks ago. We put our

legs and arms up to drain the dirty and stuck lymph and then we focused on a longer slow exhale. We inhaled to the count of 4, held for 2, and exhaled for 6 to 8 'seconds.' It's a little difficult to measure your own inhale and exhale, because subconsciously we want the exhale to be longer. The breath is the source of Qi and is totally influenced by our thoughts which are also energy, or M fields. Try to find a way to observe the breathing spontaneously or ask someone else to do it for you. He will teach us ways to work with our breathing and lymph sometime in the future.

The Soul does not receive direct energy from the blood because there is no blood flowing in the brain, rather it gets energy from the lymph, breathing, and our thoughts. It absorbs energy directly from the breath when the air flows through the nostrils and the back of the throat, which is the closest point to the center of the brain. When science accepts this they will develop technologies to measure it, then they will be able to scientifically measure the moment when the Soul separates from the P and departs the body.

This is my understanding of the following teaching. The Creation follows the same pattern whether it creates an atom, a cell, the body of the Man, or a U. He said, the Soul of the Creation is spherical, and then, I made Man in the image of Myself. Therefore, if My structure is spherical, then the Man's structure must also be spherical. But if you look at the body, it doesn't appear to be spherical. It looks elongated and with the two arms and legs dangling it doesn't seem to be the same as the what we physically see with the Solar System, Galaxy, etc.. Therefore, he must be talking about it energetically and functionally, and not physically.

In the body we have the brain which has two lobes and the STM in the center. Then we have the lungs which are two much bigger lobes looking pretty much like a bigger sized brain, and it has the heart in the center of it. The STP is housed in the heart, so it is basically the same setup as the brain and the STM. In between we have the Thyroid gland, which has two lobes and looks like a smaller version of the brain. And the Thyroid's function is the converter of Universal Energies into P. It's all starting to make much more sense from the Plasma point of view. He said, they position themselves in a spherical shape and imitate the structure of Creation. The next part is very interesting and radical, and will change our understanding of life. The ratio of how these three organs position themselves in relation to each other, and from the influence of the local Inertia and MG fields of the environment determines what features our body will have and our behavior. In other words, whether we are Black, White, Chinese, or whatever is determined by this ratio. And it also explains why different races have different behaviors. It's not racism, rather it is understanding science and how the fields interact with each other. And that if we understand how to change these fields interactions we can change our color, the body's features, and our behavior. This happened during the time of the 'Virus' about 5 years ago when two Chinese doctors turned black. In this case, somehow the Ca field strength in the virus interfered with this ratio and changed it. The exact mechanism is known only by Mr. Keshe. Understanding this ratio will also help with the transmutation, because we are going to bring the STP inside the STM to protect it.

All the plasmas of the U follow the same pattern. For humans we make the last yawn, but with stars we call it a supernova, nevertheless, it is the same pattern. The next time we yawn we can observe that the Soul wants to switch operations so it can go out to do its work in the U and we should give him his freedom. Because where he goes and what he does out there, when he comes back he'll bring us some gifts and that will affect our life. This knowledge brings us one step closer to being able to control transmutation. And the way in which we breath affects what field strength we create through our breathing. If we breath in through our nose and out our mouth that will create one strength, and if we do the reverse it will create another strength, and so forth. In the future he will teach us how to use this to balance our position. Many Masters of the East learned to do this when they got enlightened, but according to Mr. Keshe, due to selfishness they didn't teach humanity. There is a way to release the pressure on the blood vessels and to control the blood which engages the STM. Once we understand this it will be very easy to transmute. He will teach us about another sensory of something, next time.

There is a further thing we can achieve and that is to call upon the 'Soul of the Universe' to enter the Man's life and make us a 'Man of the U.' But we have to be invited to join the UC. The STM, through its D of physicality has the gift to invite the Soul of the U to come to us. There is a secret to what he is saying. It's not easy to explain because of our gross 'American' understanding of life. We don't say, 'give it to me.' Rather, he used the example of Fabio, where there is a joyful lovingness to ones existence and the others love to be in their presence. In a way, they don't need to ask, or to force their way into things. It happens naturally when there is a sincere love for life, and sharing is spontaneous. Then life opens up of its own accord and the experiences one goes through are beyond what we could have ever imagined possible. It's the innocence of a pure hearted child. But the words fall short, it has to be experienced for oneself, then the magic of life comes alive.

After a year of hard work the first batch of the ONN Units are on their way. Mr. Keshe and the KS are working day and night to bring the change to humanity. Now it is up to the ones who receive the Units to do their part, which is to plug it in and make sure it is secure, and don't tell anybody about it. The next part is getting the Keshe Coin (KC) up and functioning. Again, KS are key to do this. He will select and personally call certain KS that the KF can trust and are known to follow the Ethos. They will receive 30 KC, but then they should hold them and wait to be told when to start spending them. This is to test the system and find all the bugs. The Enlightenment Game is a different program, with these KC we want to test how the system will work and how we can start to handle large volumes of traffic. It's a wonderful stage to be at, and that the ones who get that call are very fortunate.

We should understand that anything the KF does is watched very carefully in the background by the Ruling Powers, and when the money system is touched, there will be a reaction. Therefore, today Mr. Keshe is making it crystal clear, that at the moment the KC is not a currency, Cryptocurrency for gaming, and is not involved in any way in the banking system. The KC is used as an internal way of exchanging goods and services only within the KF itself and not outside, and only among its own members. This is why

we have to register at the KF Association of Austria website. It is to be used to obtain the plasma products being sold in the KF Store on our website. If we want to obtain KC we have to make a donation on the website. Please, understand that you are making a donation, and we are doing it of our own free will and with love. The KC belongs to humanity and will bring the world peace.

When the KC is fully operating every human born on this planet will have 1,000 KC set aside in their name. The distribution of the KC to the individual goes by the following rules. From ages 0 to 10, 10 KC will be given annually, from 10 to 20 years, 20 KC, and over 20 years of age, 30 KC per year will be given. This means from the age of 20 until we leave the body, we will be given 700 KC. We cannot give our KC to someone else, they are only for the individual to guarantee that nobody has to suffer poverty ever again on planet Earth. Therefore, there will be no speculation or gambling with the KC, it will bring economic stability to the whole planet and there will be no reason to kill others to steal their wealth. This is a true revolution of the Soul and what the Prophets of the past dreamed of for the human race, but were not able to deliver. Now we have the plasma technology (T) and are learning the Knowledge of Creation to elevate the Soul of the human race, away from our destructive past.

But how will this be possible, how will the ruling powers walk away from their control? Years ago when the KF was starting out, the World Peace Treaty was heavily promoted and to get the knowledge we had to sign it with our Soul. It has not been talked about as much in recent years, but signing the World Peace Treaty is the basis of the success of the KF work. In 2008, when Mr. Keshe transferred the knowledge to Iran, first the Iranian Parliament had to sign to not use it for aggression. As we saw during the last couple of years when illegal wars were waged against them, they kept to their promise. All the other nations will do the same. It's new technology in exchange for peace. Otherwise, it won't work. This policy cannot be compromised. We all know that the UN is a fake and cannot bring world peace. Therefore, the Universal Council through the Earth Council will rule this planet by the STM in the near future. And when the KC and the ONN system gets established and truly functioning, then Her Majesty, Mother Mitra will come and guide the planet into the Universal Community. It makes one feel very sad that Mr. Keshe will leave us, but he said, that his job is only to prepare the ground, and Mitra will walk us into the Light of the Creator, and a life of beauty in the Universe, where Mankind's true loving heart will shine bright throughout the Heavens.

Thanks for listening.

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Join us this Friday, July 10th, 2026, in the KF Brazil Friday Public Teaching for the whole summary of the 649 KSW.