

645th Knowledge Seekers Workshop June 4, 2026

(Quick Index 20 pp, , Topic Index ; Need to do; Key Phrases, Words) (Auto transcription from Elias)

Last week's presentation in agriculture - many Universities, Industries, Governments analyzing video - KF - most advanced levels of technology (T); Space Center not for growing seeds - understand operation of Soul of Vertical People - feed Man in Space; Not growing for profit - show alternative to change Man - fed by touching plant; Understand physiology - how body works; 13 years teaching - connect dots - analyzed & studied for centuries - visual & verbal form for U; Man not understand process of Creation within body; Same structure - body, star, galaxy, U - different amounts spoon to ocean - same knowledge; Understand mechanism of Creation - what is kept, how kept, reason for keeping; U fields converted into water, oceans - reflection blue light - sterilizing effect on U - used to position SS, Galaxy; Seed cell of cancer - bring down whole body; Man's behavior - cancer - bring down Creation; STM leaves planet - spreading cancer across U; We came to stop - by teaching Knowledge of Creation; Eating is killing - vegetarians kill more rice Beings; In prison for killing human; Live from U Energy; To transmute understand physiology; Emotions - M field dependent; 5 senses - blocked - able to kill; Criminals - agreed to deny; Mother's milk free; She didn't understand - teaches us to kill; Eat Aliens; Soul of Creation feeds us - STM feeds P; U works on 'Kiss of Mother' - detects M field it needs - added to milk; Kissed by Creator; H link to Creator & C to His P; KF system light up planet 24 hours a day & feed; No blood to brain - fed by lymph; 2 chambers Heart for pumping blood - lower 2 for lymph; Lower Blood pressure (BP) number for lymph; Lymph Cleaning exercise - reduces BP; Rockefeller changed medicine - sell more oil; TCM - works with lymph - measure subtle energies; Lymph receives U Energy - converts to matter in body; Food feeds heart & P; Air feeds Soul; Bone marrow converts U Energies into Lymph - creates matter of cells; Oil wells of bone marrow - same how Earth makes crude oil absorbed from Space; Earth is compression pot convert energies; Half of CR energy in lymph converted to stool - particles rain down on Earth as elements - vacuum condition; How cancer created; Emotion connected to U fields; Ancient peoples understood lymph; ONN Units feed STM - changing lymph to P; Why Aliens don't have mouth - need lymph & digestion system to convert; Soul decides how P will react; Food controls blood - air controls lymph; Lymph makes vitamins needed; Focus on teaching about lymph; Control lymph - control connection to Creator; Only line Man can transmute on; Planet is prison; STM colonize U - sleep - purpose of teachings; Punish yourself by committing crimes; Responsible for own actions - transmute; Teaching how to breath; Transmute - body becomes Black Hole (BH) - balance between heart and STM - control lymph & blood; Breath control; Faraday Box - transmute - in sleep; Preparing P for transmutation; Emotion through breathing - key to control; Setting path for Man to understand; Monthly Flight sessions - control heartbeat, absorption of lymph - feed STM - decide through emotions; Correct a wish - breathing & emotion; Access to Universal T; Teach children how to breath; Daughter of Mitra; Messengers - creators of message; U Teachers - made school of Knowledge of U ourselves; Made Man from fields, air, emotion - not P; Every Soul teaching about you; Man cheated himself; Teach to make emotions - feed - transmute; Show Light of Creator; Go inside find out why can't transmute; Denied

yourself access; October - manifestation of Promised One - World Peace - complete understanding of Creation; KSW numbered 666; New KF Space City; Chinese Greenhouses; Large scale Plasma agriculture; Trials for prototype - show industrial scale; TCM herbal medicine; Open land farming; We show how, not commercialize ourselves - give licenses; Export to other countries; Chinese universities, Iranian agriculture, Markray; Retrain Chinese KS - didn't understand T got frustrated; KF enter Space Programs; Arrogant KS - you do not own T; Intellectual rights belong to KF - collectively to humanity; Collaborators & spin-offs companies - follow Ethos; KF Apps feed Man; Not create future thieves - stealing KF T - stay within Soul; Help Marketing and Sales - Cosmo products; Employ 3,000 scientists; Need AI specialists; Farmers in Romania - visit in August - purchase land - also Texas; Make rain in desert; Resume in 5 line; Running 15 projects; Special website for governments; Keshe Coins (KC); Book: Future of Agriculture; Setup education group - Greek lady organized teachings; School in Space City - Montessori - include Plasma; Lymph Cleaning exercises; Explained essence; Healthy Soul - means healthy body; When lymph & body clean - correct food intake - mental state balanced; All other exercises for show; It's not exercises, it's controlling body internally; Need knee replacement - walks through Energy; Lymph feeds brain; 21 KSW's before 666 - break taboo - mature & bring peace; How to contain plasma - create certain oils; Nothing sinful - depends - religious people created to control; Explains about Parkinson's from research - woman Menopause, man goes out - teach understanding emotions & changes; Psychological problems; Deviated septum in nose; Breath through nose - humming - get enlightened; Strengthen immune system; Convert sound into energy - feeds STM; Music; Exercises internally without moving body; Recreate memory of food; Breath directs lymph; Monthly Flight sessions - noise becomes connection to Soul & lymph;

Topic Index

Last week's presentation in agriculture - many Universities, Industries, Governments analyzing video - KF has moved into most advanced levels of technology (T); Space Center not for growing seeds - understand operation of Soul of Vertical People - how to change them - they'll feed Mankind in U; Man start traveling U - carry memories of matter of Earth; More videos coming; Not growing for profit - show alternative to change Man - fed by touching plant; Man needs to understand his physiology - how body works; Teaching parts over past 13 years; Explain again what taught 10 years ago - connect dots of knowledge; Teachings - analyzed & studied for centuries; First time - left for humans in visual & verbal form - past written on stones; Transferred across U - imprinted in Soul; Man's dilemma - no connection between P & Soul; Humanity doesn't understand process of Creation within body; Create reaction in you - start understanding - but forget; No difference between structure of body of Man and star, galaxy, U; Have different amounts as spoonful of water, lake, or ocean - same knowledge produces same things; Created according to environmental conditions & needs; Depends - can't drink whole ocean - only a cup; Understand mechanism of what is kept, how kept, reason for keeping; Oceans not just for humanity - U fields converted into water - like how we absorb Cosmic Rays (CR); Reflection of blue light into U - sterilizing effect - dimensional work - Solar System (SS) uses it for positioning - same with Galaxy; Little cell seed for cancer - bring

whole body down; Man's behavior - cancer - bring down Creation; STM leaves planet - spreading cancer across U - we have come to stop - Man's behavior of killing and destroying; Man is first cancer cell in work of U - here to uproot; You use chemotherapy - we use teaching Knowledge of Creation to change cancer seed; Understand structure, behavior, how physiology works; Start day by killing - eating breakfast - eat all day long; Vegetarians eat more rice Beings; If kill human put into prison; Convert from killing to receiving U Energy; Teach you about CR, Soul, etc; Health teachings contain huge knowledge about Creation; To transmute understand physiology; Emotions - M field dependent; Body has 5 senses - more in U; Blocked senses to be able to kill; Commandment Not to Kill - was for all Beings including plants; Enjoy Creation without destroying; We've become criminals - agreed to deny; Mother gave milk freely - carry same practice; But she teaches us to kill; She didn't understand - she is source of life; Next to eat Aliens; Breathing is free energy from U; Connect to Soul of Creation - feed us - Soul feeds P; Universe works on kiss of Mother - kisses baby - detects what M field it needs - transferred through lips to Mother's Soul - also by touch & smell; Soul of Mother provides next meal - through chemicals to milk; How U works; Were kissed by Creator - but we betrayed Him; Kiss of Mother - rearrange whole birth - child grows up strong; Imagine being kissed by Creator; Why H plasma is link to Creator & C to His P; KF make system light up planet 24 hours a day - one ray of H; Touch this light - get fed; Man afraid not to eat; Mother kisses child - feels need from aura - adds energy to milk; We feed STM same way; Body has blood circulation & lymph; No blood to brain - fed by lymph; 2 chambers of Heart for pumping blood - lower 2 chambers for lymph; Blood pressure (BP) 12 over 8; 12 upper number; 8 lower number for lymph; Prove by Lymph Cleaning exercise - lower number reduces; Mr. Rockefeller changed medicine - pharmaceuticals - sell more oil; TCM doctor feels pulses, etc - working with lymph without knowing; Taoism works with both Energy and P - measure subtle energies in body; See U through Knowledge - STM; Lymph receives U Energy (80%) - converts to matter in body; Control lymph don't need to eat; Eat through mouth feeds heart; Air feeds Soul; Holes in bottom half of heart; Lymph circulation through bone marrow - creates pressure; Heartbeat pressure pushes lymph - through digestion feeds organs; Connect 2 sides - oil wells of bone marrow; Crude oil absorbed from Space as protein - Earth is compression pot convert energies; Bone marrow converter of U Energies into matter; Blood continuously replenish millions of cells every day - U Energies getting converted to P; Half of CR energy in lymph converted to stool; Same as how particles rain down on Earth as elements; Lymph does through bone marrow; Vacuum condition of Earth - produce element particles; Vacuum condition body - converts energies to matter - cells; How cancer created; Change conversion U Energies - eradicate cancer; Emotion connected to fields of U - same emotion can eradicate cancer; Need to understand transformation of energy from U; Ancient peoples understood lymph; Rockefeller changed health education system - hooked Man on tablets; ONN Units feed STM - changing lymph to P; Father prostate cancer - son conflict - instead change son with his emotion & fields of U; Why Aliens don't have mouth - feed from U; Need to have lymph inside - a digestion system - different from Man's - to convert energy; Spread ONN; Brain part more powerful - emotion controls P - Soul decides how P will react; Food controls blood - air controls lymph; When deficient take vitamins - use kiss of Creator - lymph makes vitamins needed - need to stop killing; Focus on teaching about lymph;

Control lymph - control connection to Creator; Only line Man can transmute on - because don't kill for it; Stop killing to become part of Universal Community; Planet is prison; STM can colonize whole U - do it when sleep - purpose of teachings; Punish yourself by committing crimes; European criminal system; Be responsible for own actions - transmute; Start teaching you how to breath - connect to U without killing; Transmute - body becomes Black Hole (BH) - balance between heart and STM - control lymph & blood; Breath control - what and rate; Faraday Box of no pollution - only CR - transmute; Do this in sleep - skin block fields; Faraday Box of Soul - certain frequencies - out of body; Preparing your P for transmutation; Bring P in line with Energy; Emotion through breathing is key to control; When kill - stuck on Earth - self made prison; Today's conclusion - setting path for Man to understand what is to come - can understand some things; Monthly Flight sessions - control your heartbeat, absorption of lymph energy - feed STM - you decide through emotions; Teach you how to correct a wish - breathing & emotion - do anything you like; Access to Universal T; No need for taxes; ONN system - breast milk of U; Learn rhythm to calm Soul; Teach children how to breath & receive energy; Daughter of Mitra - energy from U; We are Messengers - creators of the message; Universal Teachers - made school of Knowledge of U ourselves; Man ready to become part of U Community; I'm the fields of Creation - I made Man from fields, air, emotion - not P; Bring past 12 years teachings together - every reactor is inside you; Every teaching of Soul is about you - it has always been about you; Man cheated himself; Rockefellers, Rothschild's, Kings, Popes, etc - cheated Man; Teach you basics; Teach how to make emotions - feed yourself; Teach to transmute; When mature enough in knowledge - show Light of Creator; If couldn't transmute - go inside find out what did wrong; Denied yourself access to vision of Creation; For you to understand how all knowledge comes together - Man's journey through life; By October - manifestation of Promised One - promised knowledge; World Peace & unification of the Man - enter U Community - completes understanding of Creation; KSW numbered 666 - fall into place - humanity enters new D; Promised in all Holy Books - we are here to deliver - 21 more teachings to mature;

Part 2

New KF Space City; China feeds itself through greenhouses - 12 months a year; KF move into massive agricultural structures by 2027 - negotiating; Not for profit - show plasma agriculture - can do on large scale; Prototype trials - show how it works; Expand 1 million square meters - show industrial scale; More videos; TCM herbal medicine trials; Open land farming; KF innovating the market through developing plasma systems; We monitor others work; Not going to vegetables - show T - cultivate without bees to pollinate, change essence of the roots; Exporting into other countries - massive increase in production; Bring to Chinese universities, export to Iranian agriculture, partially as part of Markray, bring massive activity in agriculture between China, US, Iran - basis of new plasma T; For China to accept - demonstrate on large scale; Problem in China - those who tried to implement plasma did not understand - frustrated - couldn't succeed - have doubts; Have to rebuild solid structure with KS - give correct understanding; September massive jump - KF products internationally; Market through Markray; Space Center - not in hurry - not here to commercialize - inform and show way using T; KF will become

part of two leading nations Space & nuclear program; Agreements signed - KF soon fly; Become part of Space T of 12 leading nations; Show how new Space flights done; Need lot of help; Have arrogant KS - think they know everything; Everyone learned from same place - change attitude - you do not own the T; Set up company in country for whole nation to benefit - not one person; Intellectual rights belong to KF - collectively to humanity; Collaborators with KF & spin-offs companies - have to follow Ethos of KF; KS have collective ownership of KF - knowledge is all of us; Setting up a new structure for life - energy of apple available for one penny - KF Apps; Make sure all is correct have solid structure for future; Correct foundation for spin-off companies - don't create thieves of future, stealing T; Stay within Soul - remains correct; Our conduct now will create thieves of future & how people will participate in future; KS share rights to T development - not one person; Same with your community & society; Knowledge of Creation given freely to everyone - if try to own - you'll lose; Need people with Marketing and Sales experience for China; Market Cosmo products - better than Organic - change without affecting anything else; Set foundation for industrialization by July; Employ 3,000 scientists; All research development move to China; January government hand over buildings to us; Fish & plants feed from energy of U; Need AI specialists to support full mechanization of system through computer; About farmers in Romania; Visit in August; Purchase million square meters near Ukrainian border - arrange for licensing and certification cooperation; Agricultural land in Texas - water table drained - drought; Tests in China deserts - T can make rain; Part of Markray; Can't control size of rain yet - create hurricanes; Market value - 3 trillion worldwide; Resume in 5 line; Running 15 projects; Special website for governments to research KF - not rubbish on Internet - Chinese confirm & show research - not available to public; One nation accepted Keshe Coins (KC); Book: Future of Agriculture; All KF products on one website; Overcame set back by fraud in 2021; Tell after finish work; Setup education group from years ago - Greek lady organized teachings; School in Space City - children of scientists; Education - Montessori basis - baccalaurean system; 1,000 children - curriculum include P & Energy, Gans T, etc; Follow Ethos; Lymph Cleaning exercises; Explained essence - not about physical posture - rhythm of breathing - brings P & Soul together - understand what exercise does; Lie on grass - 4 times a month - charged from Earth; Breathe imagine cleaning lymph system; Go in-depth about postures upcoming workshops; Don't just copy - understand purpose of exercise - part of life; Gym - damages body - think most fit - stupid exercises - pay thousands; Stand straight like tree; Healthy Soul - means healthy body; Take in wrong food and energy - create wrong foundation for body; Look healthy, inside not; Get rid of poisons - clean lymph - get rid of damaged cells - don't go out with urine & feces - have to clean lymph; Have bone, small muscles - big muscles on top - build small muscles - whole muscle strong; Eat correct food & take correct energy from U - become psychologically balanced; All other exercises for show; Runners in city pollution - get cancer; Body knows how to dispose of waste correctly; Keep lymph clean & physical life & emotions; He walks flight of stairs without trouble - young are out of breath - not fit internally; Not through fancy exercises - controls body internally; 5 years ago doctors - MRI - need full knee replacement - didn't do - still running - damage still there - he walks through Energy state - another 50 years; Knowing how to do something - more important than just doing; Few exercises at home - same value - 3 marathons; Purpose of teachings - why taught about Soul, U Energy, CR, etc; Now teach - body is

Man's U; Walk away from medicine; Use lymph - feeds your Soul - no blood in brain - lymph feeds it; Liquid in brain bring depression, anxiety, Alzheimer's, joy, happiness, etc; Teach these things next 21 KSW's - at 666 break taboo - bring peace - KS understand Soul - live perfect life; KF Apps available to feed, 1 cent; Example - farming in Sicily - oranges rot on trees; - enjoy energy & beauty of being themselves; Monthly Flight sessions for feeding - tell missing part; How to contain plasma - walls higher order stronger field - connects to structure; Glass is best to contain Gans - use plastic; Another way - specific way to create certain oils - start producing in factories; Public not allowed in KF factories anymore - not understand create problems; Produce refined oil directly from atmosphere - show in fishery part - hatch life Vertical People & animals - same tray - no feeding - understand motion of fields & containment; Container needs bigger field strength; STM prisoner of P - wait until end of sentence - death - birth of new life; Soul decides length of sentence - get matured; Term 'sin' is problem - nothing is sinful - religious people created to control; Have to understand how you become a 'sinner' - what lessons learned - evolution, etc; How many other Souls touch; Allow others to abuse; Explains about Parkinson's from research; Woman goes through Menopause about 45 - man gets mistress - sin - punishment comes from Soul - nothing hidden; Understand cause - educate man & woman - decide to sort out together - no sin - no ground for doing wrong; Don't teach in school how to live, handle emotions, about sexual life, etc; Left blind - find out for oneself; Successful marriages - partners understand each other's emotions and changes; How emotions create diseases; Psychological problems result in dementia, Alzheimer's, etc; We can take energy from Space - Black Hole of STM; Vegetarians kill more Souls; Scientifically - 80% men go through menopause before women; Deviated septum in nose - ok to breath through mouth - STM still fed; Teach about nose in future; Mix different things in body, get different reactions; Breath through nose - humming - like monks - produce N - get enlightened; Strengthen immune system; Body made of different pieces everywhere - learn purpose of each; Body converts sound into energy - feeds STM; Some music - only feel vibration; Humming does a lot; Everything has rhythm - don't need to eat - we know how - but deny; He sits in car moving - KS running next to - he is doing more exercises internally then runner - can't see - know techniques of life; Enjoy eating something - stays in memory - can be food, emotion, person, smell - recreate the emotion and enjoy - doesn't need P; Teach this later; Be aware of - frequency you ate - create combination of energies in lymph; Use physical intake to control lymph & breath to direct lymph; Teach you a lot before 666; Monthly Flight sessions won't be quiet - more noise becomes connection to Soul & lymph; Testimonial how plasma products work good - Lymph Cleaning exercise - good result.

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