

632nd Knowledge Seekers Workshop March 5, 2026

(Quick Index 18 pp, Introduction, Topic Index ; Need to do; Key Phrases, Words)

(Auto transcription from Elias)

Systems on continuously; Teachings 13th yr; Will Man destroy himself; Connection STM to U - unlimited; Tune STM like radio - field strength another Soul in U; Find lowest frequencies; Match M field resonance STM to others; Not through P - Soul is Energy Pack - connection embedded in us; Creator father of Energy - Mother is frequency of U; New T to create lowest frequency - STM & STC - H plasma - C14 or C16 - frequencies parallel with field of Creator; Create systems; Capture dynamic energy of Soul - like STM in brain; Use spinal cord; Fingers, toes, arms & legs - connectors to U Energies through neural system; Hair Nano coated antennas receives plasma fields; Wavelength - fingers to hair; Use fingers to receive Energy - not to kill; Create ball of light between hands - light is Black Hole - attract & absorb energies of U - feed yourself through fingers - become Man of peace; Few achieved higher understanding - raise hands to Heaven; Man taught method - changed it to praying to made up God; T of gloves - train to receive energy through fingers feed STM; Convert energy to vitamin C, etc; Pre-tuned to receive wish by thinking - it's within you - forgotten; How Soul solves problems; How emotions created - connect to another field and D; Don't need eyes - like Creator; Adjust emotions - change channels; Give feedback of new knowledge; Mother's responsibility - connect child to U Energies while breast feeding; Teach - use fingers & toes absorb energy - emotion of STM - teach it to connect; When destroying others - hurting ourselves; Educate Mothers - understand work of fields; Don't teach Children of Mitra to kill; Hands near STM; Life becomes everlasting; Create light & matter through same wish; Create gold between hands - emotion - feedback confirms it's there; Fingers get energy pass to neural system; Hands change from enemy to savior; Connect to system - learn U Knowledge & Energy; Knowledge becomes food; STM becomes part of Soul of Mitra, lover of Creator; New understanding of Energy; Should know emotions in Energy - key to living in U; Each responsible to tune to systems - only facilitate; STM has to be desperate to learn Knowledge; Higher level connections - through lowering fields; Understand emotion to sustain it; Listen to teachings again - connect to system; Tell what enlightenment received; Close to Book 8 Origin of M Fields; Final phases of teaching; Slingshot fields closer to Creator - compensate for mistakes on Earth; Educators of Children of Mitra; Create children of STM - teach how to educate them; No age limit in creating Children of Mitra; Creator still creates; About prayer and meditation; Common denominator (CD) is AA of Man - how identified in U; Other planets produce Souls; Love of Creator - CD field - tune to all Souls on planet; Love - nationalism, racism, religions; Fall in love with Creation - not created; Peace - connect to each other; Have T; Cup of Love - human race not ready; Not use KF work - self promotion; Officials said - Iran will use KF T defend itself; 631 KSW - terminated cycle of A Khamenei - denied peace; Last stage war between Jews & Muslims; ONN Units - delayed - use for disease; Plasma antennas - Moon or Mars - expand fields; Cosmic Spring products - batches connect to each other; Commercialize system - create rain - energy of emotions; Love Gans's - plants & stones receive; Universities not interested - change Man from inside; 7 Rabbi's Jerusalem - planned attacks use calendar - celebrate Purim - fulfill prophecies -

Zionist; Jewish Occult practices - first innocent blood - girl school & 11,000 Americans; Behind scenes; Explain how thousands killed; Khamenei saved bodyguards; Religious war - Vatican financing; If North Korea - no US; Planned for Kurds to split Iran - Turks, Tajiks, Afghans - Zionist create Greater Israel; We will answer in time; 7 Rabbis paying world leaders to create war - make Messiah come; History - destroy humanity; Time to change this; Netanyahu - marriage Kushner to Trump - 666 - brainwashed to be Messiah; Controls White House - no peace agreement to conquer; Radiation contamination in Israel; IAEA refusing test; Resistance to antibiotics - solution through Plasma; KF product; Deficiency of Ca - elderly weak bones muscle mass loss; Free range eggs - Omega 3; Commercial caged - Omega 6 - disease; About fish; Ghanaian ambassador; Why Iran not use T; Wars to paralyze China; Bombing - Epstein files open Monday - videos to blackmail leaders - control; Connected to System - maturity & knowledge; Convert energy to water; Tune to system; Use Cu store water - no disease - nearest isotopes of Fe; Convert Ca to matter; Color of Zn & neural system same; Soul doesn't die; Over 55 - reduce inflammation in body - blood etc; How to read Blood pressure; Medicine - purpose to kill - money; Death partially decided at birth; Control liquid in eyes; Why cataracts - KF T not help - field flow changes; Why older people fall - look ahead instead of down - get fields; Light is disinfectant; Walk heels down; Groups killed - destined or accident; Create Hell for ourselves - married to P; We decide future of our life.

Topic Index

Systems on continuously; 13th year of teachings; Man - destroy himself; Connection STM to U - unlimited; Listen - not with ear - feeling & strength of emotion; Tune STM like radio - field strength of channel - mother who died, another Soul anywhere in U - say dreamt of Mother; Problem to find lowest frequencies; When G field strength of plasma - changes to noise & connects person we want to talk to; Match resonance; M field resonance in STM that connects to others in U; Cannot connect through P - Soul is Energy Pack - part of DNA - connection embedded in us; Creator is father of Energy - frequency of U is Mother; Science not achieved these frequencies - below low - need more knowledge to create; Closer to frequency of STM & STC; New T create frequencies - strength & length of H plasma - not matter H - C14 or C16 - frequencies are in parallel with field of Creator - see our Mom in dream - help us; Create systems at strength of U fields - not manmade matter state; Future we'll capture dynamic energy state of Soul - like how brain contains Soul; Soul is cocooned - prisoner of P - use spinal cord in special way; Fingers, toes, arms & legs - connectors to U Energies through neural system; Hair is Nano coated antennas receives plasma fields - fingers - combination of both; Measure frequency - wavelength of fields from tip of fingers to hair; Use fingers to receive Energy - not to kill; Create ball of light between hands - light is Black Hole - attract & absorb energies of U - feed yourself through fingers - become Man of peace; Killing out of mind - become member of U Community; Few men over thousands of years - through devotion, self-sacrifice - achieved higher understanding - hands not made for killing - raise to Heaven - praise Creator for what we receive; Man taught method of raising hands to receive energy through fingers to live; Changed to praying to a God - made up for himself - cover lack of understanding; Learn again to raise hands - use fields

of Soul - attract energy to live; Release T to take energy through fingers feed STM - convert energy to vitamin C or animal protein, etc; Convert physical matter energy to energy of life - why brought Gans T - not understood; Feed from Gans; System like wearing glove - pre-tuned to field strength of body to receive what wish - by thinking about it - carry replication machine within you; Have this ability - forgotten how to use - concentration of brain & STM - feed every part body; Taught you - but don't understand - why all the problems; Problems get solved - Soul decided to solve later; Referred to this - how emotions created - use to connect to another field and D; Man does not need eyes to see, legs to move, or anything to do - like Creator; Adjust emotions - change channels - U Energies - joyful life; Ongoing tests - KF Systems in background; Give feedback of enlightenment - new knowledge or T; Baby learns Mother gives milk unconditionally; Mother's responsibility to connect child to U Energies while breast feeding - doesn't need flesh of animals - live independent and not become a criminal; Teach children to be murderers - need to change; Teach to use fingers to absorb energy; Learn to receive energy by touching Mother - won't need milk; Retrain Mothers & fathers - teach children - time of birth till about 12 months until start eating food; Learn to use fingers & toes and emotion of STM to connect U Energy; Mothers overcome self-interest in dominating child; Mother has power to teach child to receive U Energies when breast feeding; Gives example of unconditional giving - teach it to connect - same way it gets milk can get Energy - see reduction in demand for physical milk; Tap Energy without destroying; We don't know that by destroying others - hurting ourselves; Have to learn - part of U Energy - time of birth; Mothers responsible to teach; Teaches them now to go from liquid of her body - to killing for energy - puts first meat in mouth; On Mothers shoulders; Educate Mothers - understand work of fields; Children of Mitra created through fields of Soul; Don't taint their life with killing - already in field D; If teach them to eat food - also become killers; Teach them from inception feed from U Energy; Develop T - wear glove to connect to U Energies with fingers - train to use Soul; Fingernails & toenails best Nano materials to transfer U Energies - connected to skin, brain, STM; Nails - best transmitters & receivers of energy; Why we raise hands to sky - ask Creator to give; Toenails to energy of planet - fingernails for U Energy; Hands near STM; Life becomes everlasting - give and take - convert to living Being anywhere; Man like Creator - Energy - not matter; Made out of wish of giving - not killing - everlasting peace & life - never get old - never come to an end; When create a Soul from U Energy lasts forever; Not commit crime, no animosity, greed - take what need; Have shown this T - create light and matter through same wish; Understand frequency, field strength of matter state in conjunction with energies of body; Create gold between hands - use emotion; When look at object - feedback confirm it's there - same with light in hands - give what don't need - it takes from fields of U to give you - what you need; Use fingers to concentrate energy - bring field energy of U within - feed STM - it feeds body; Limitation of body; T to train Man - way learned to write, touch, feel - also receive energy; Now we eat - energies through blood feed body - use finger get energy pass to neural system; Learn what taught today - stop tainting hands with blood; Forgets to kill - stop wars - become peaceful - live anywhere in U; Hands change from enemy to savior; Connect to our system - learn U Knowledge - also U Energy; Knowledge become food; When STM becomes part of Soul of Mitra, lover of Creator; When Man learns to take Energy become closer to Creator; Enter new cycle of understanding Energy; Should know our emotions in D of Energy;

Key to living in U through receiving Energies - not P of Earth; Because Man kills with hands - not allowed to go far - always dependent on Earth - limited by Time;

Part 2

Share deeper knowledge - easier to connect to our Plasma systems; Cosmic Ray materials - help connect to fields; Each responsible to connect to systems themselves; Only here to facilitate - you learn to tune into; Comes from inner STM when desperate to learn Knowledge of Creation; Systems left on 2 more weeks; Higher level connections - comes through lowering fields; Understand emotion - at time of understanding the thing - sustain it; Listen to teachings again - connect to system; Tell us what enlightenment you received; Teaching energy and fields - not physical reactors; Taking you close to Book 8 - Origin of M Fields - how life and Creation are created by fields; Entering final phases of teachings - new knowledge - Encyclopedia of life of U - what life means, how created - how stars, planets, galaxies take shape - what their function is - recognize which galaxy is which constellation - how you get higher order to be enlightened at highest speed; Use fields of U as slingshot - propelled closer to Creator: Compensate for mistakes made on Earth - but if repeat same mistake - pay very high price; Teachings deepen - you become educators of Children of Mitra - not like children of Man; As more learn how to create children of STM - teach how to educate them; Man has failed miserably; Teach you how to make them perfect Children of Mitra; No age limit in creating Children of Mitra; After trillions of years - Creator still creates new life with His fields - Man no different; KS co-created - Unify Love - about prayer and meditation on globe; All have one common denominator (CD) AA of Man - how identified in U - don't need to see P; Many structures like us in U - not unique in producing Souls; Fall in love - unconditional giver - not pretending; Love of the Creator - CD field - tune to all Souls on planet; Love - nationalism, racism, religions; Be proud of being human - when meet Aliens; Through gender of male and female; Fall in love with Creation - not created - secret of Creation; How peace will come - connect to each other; Have T - Man needs to do it himself; Cup of Love - human race not ready - many Souls will depart - no true love on planet; Do not use work of KF to promote your work or draw parallels; Told by officials - Iran was to use KF T to defend itself; UFO from M fields shown before in Isfahan; In 631 KSW - pushed Iran towards peace - negotiators didn't do - terminated cycle of Ayatollah Khamenei - peace was deliberately denied; Soul volunteered - not punishment; Last stage of war between Jews & Muslims - Christians came in; ONN Units - placed for terminally ill & mental diseases; ONN Units keep getting delayed; Plasma antennas - take to Moon or Mars - depths of ocean - know how to expand fields; Cosmic Spring products - bring peace and balance - can be near people with diseases; Batches will connect to each other; Plasma system give concrete experience of fields; Showed in Beijing; Commercialized system to create rain - embedded - energy of emotions; Raindrops will carry AA to grow plants - already tested; Sell Gans's - field strength of emotion of love, care, whatever - plants & stones receive - make Man peaceful; Already tried talking to Universities - demonstrated - they're not interested - we've taken new direction - change Man from inside - he'll enjoy bringing energy to himself; 7 Rabbi's Jerusalem - planned attacks to murder 300,000 Iranians - coincide own calendar - celebrate Purim; Disguised to look like fulfilling prophecies - Zionist; Jewish Occult practices - first draw innocent blood -

why bombed girl school & Christians too - 11,000 Americans moved to hotels - killed; We know what's behind scenes; Media - only 6 Americans killed; Internal statistics - 180,000 Iranian killed - 35,000 Israelis; Explains how people are being killed in these attacks; A Khamenei knew would be killed - saved his bodyguards - wasn't accidental - martyr; Religious war - Vatican financing; If North Korea comes in - no US; Americans moved 90% of defense systems from S Korea and Japan; Kurds want to split Iran - Turks, Tajiks, Afghans - plan from beginning - Zionist create Greater Israel; We will answer in time; 7 Rabbis paying world leaders to create war - make sure Messiah comes; In history everybody tried to destroy humanity; Time to change this; Netanyahu organized marriage of Kushner to Trump - 666 - brainwashed to be Messiah; Controls White House - no peace agreement to conquer; KF working on article - radiation contamination in Israel - Shimon Peres Nuclear Research Center hit in 12 Day War & again - leaking Plutonium - make bombs; Ask to measure radiation neighboring countries; IAEA is refusing to test; Wiped out race by own actions; Dubai New Years 2016; Huge resistance to antibiotics - solution through Plasma T - tested; Change parameters - bacteria dissolves themselves in plasma - CR T; KF will license a product for it; Always overcome infection; About weakness in legs - pelvis - heart failure - imbalance of Ca; Have to wait and see; Scientifically bone loss comes from muscle weakness - age 55 - easily break bones - falls; Eat 2 eggs/day or 10/week - free ranging chickens with Omega 3 - heals everything; Commercial caged chickens have Omega 6 - create disease; Have to maintain muscle mass and bone strength - every cell Ca seed - need correct type; Chickens need correct Rooster to fertilize; About fish - wild fish have brown bitter fat under skin - special Ca for humans; Fish's eye bulge - not good; KS - Ghanaian ambassador - worked Norwegian fishery using KF knowledge; Why Iran not use T; China hit hard economically - reason took Venezuela now Iran - partially to paralyze China - 70% oil from Venezuela and Iran; Americans take control of oil switch to Dollars; Will be solved in different way; Not damage Rare Earth material - make America a major power again - mayhem; We stay out of politics - aware of a lot; Chosen Ones - Souls chosen to do this for rest of humanity; Saturday bombing of Iran - Epstein files open Monday - then no President; Epstein was agent of Israelis - videos to blackmail leaders to do what want; Front guy in Iran - Epstein blackmail - Americans setup new leaders; Netanyahu has videos of Trump - he decides about Oval Office; Many things connected - not just one; We hope KS are safe; Safest place Africa; KS feels connected to System even not participating - already made connection; Microphone - more concentrated; Notice changes in knowledge from system - brings maturity; Valentine's Day was emotion - today is enlightenment - understand own capabilities - why don't feel anything; Testing - find solution to create water in Space; Convert energy of U to water - in body; Another place - might need sulfuric acid in blood - convert energies; Purpose of teachings; Tune system from feedback; Tune system - works for most of humanity; Humanity decides when to tune to system - what need; Certain families never had diseases - used Cu store water, plates & pots - no contamination; Wealthy used silver - oxidizes, etc; Poor ate from lead plates - diseases & mental diseases; Cu nearest metal to isotopes of Fe - GM field of planet - why muscles have Cu; Link and connect to mass gravitation of Earth; Cu - good antibiotic; New systems don't need matter state or Gans to create matter - gone deep into T - turn science upside down; Mass transfer, energy conversion of Cu and ratio - lock into each other - connected to AA - change it by connecting Energy to Mass and Mass to Weight; Convert

Ca as matter into let's say - vegetation - or muscle tissue; Color of Zn & neural system same - Zn Nano structure - change emotion by changing nerves; Zn next to Cu - Periodic Table; 36th KSW - about being destined to die at birth; Only P dies not Soul - like outgrowing a shoe - brain tissue cannot confine Soul anymore; Over 55 - reduce inflammation in body; Muscles, brain, blood vessels not as strong - get infected inflamed; Blood pressure rises & other things; Get rid of inflammation - blood flow smoothly; How to read Blood pressure - difference between top and bottom - 4 to 6 maximum; Eat wrong foods - blood vessels inflamed - pressure up; Understand knowledge - help yourself; Medicine taught upside down - purpose is to kill - make money; Death Partially decided at birth; 36th KSW - control liquid in eyes - thalamus and pituitary - see more; Positioned near or parallel to STM - fields effect eyes; Why cataracts created; KF T cannot help with cataracts - can't control condition - like water condensing on window - eye moves all time changes fields; Field flow everywhere - have consequences; More talk about eyes; Color bandwidth; Why older people fall; Walk with eyes looking ahead instead of down - afraid to fall; Shoulders straight - chest open - get fields from air; Head down changes balance in brain - thalamus and thymus - causes falling; Look to horizon - green light from vegetation - photosynthesis in back of eyes - repairs neural system - sterilizes; Light is disinfectant; Walk with heel down first - going to toes; Not flat footed or dragging - affects neural system - affects bone marrow; Look ahead - light changes emotions; Dragging feet causes diseases; Diabetes because calf muscle tissue not triggered to insulin; Bent forward - lungs not absorb - diseases; Have self-confidence; Lead to psychological problems; 165 little girls bombed in school - destined or accident; 7 Israeli generals die in one attack - planned so many murders - accident; We create Hell for ourselves - married to P; Understand process of life - all destined to die - but we can decide how; Knew about A Khamenei; Love of God has own limit - you take life in thousands - we know our way how to stop; Karma of those involved in killing - all have to pay; Pay in their own way; Message was understood; We decide future of our life and to what extent.

Introduction to 632 KSW - Resonance of Soul - Feeding Through Fingers - Glove - Mother's Power - Receiving Knowledge - Iran War - A Khamenei - Why Not Use T - Radiation Israel - Ca

The major part of this workshop was about how we can use our Soul of the Man (STM) to receive Energy to live and to tune into other Souls in the Universe (U) even those who have left the physicality (P) behind on Earth and are somewhere else in the U or in another dimension (D) of existence. As kids we sometimes took apart old time radios that had those plates on a cylinder that we would rotate until we could find a radio station. As we turned the dial we would get a lot of crackling and static until we matched the frequency of the wavelength between the plates perfectly, then we would hear a clear voice or music being broadcasted. That's a good image for how we need to learn to tune our Soul to the M field strength of others. As we create and strengthen the emotion and desire to meet someone, the field strengths come to match each other and like magic we connect to that other Soul or whatever it may be. Mr. Keshe said, that tuning our Soul is exactly like tuning a radio to the right frequency. And if you had that experience with the radio then you'll remember the happy feeling of matching the frequency perfectly to hear

what we wanted clearly. Perhaps that little happiness refers to the essence of life and the joy of Being, and that's the emotional field strength he is always referring to. And then to confirm we have found it, we might dream about our Mother or a cat, or some other Being we are trying to connect to.

The lowest known radio frequencies are at about 3 Hz which have a wavelength of 100,000 kilometers and these are called ELF (Extremely Low Frequencies). This is all that matter state can do, and according to Mr. Keshe we need a different technology (T) and knowledge to go lower. As we know plasma doesn't have frequency and at the point where it starts to create noise is where frequency and thus matter state begin. Instead plasma uses M field strength and when two strengths match each other it is called, resonance. Souls connect on resonance and if our Soul resonates with for example, the strength of our Mother's Soul, then we'll make a connection and can communicate with each other and she might show up in our dreams. We can think of the Energy as the Creator or the father who created us. And the Mother is like the frequency of the U. These are just analogies for us to think about and not fixed concepts. Because in Indian Spirituality they talk about the Purusha as the Consciousness or Witness, and the Prakriti is the manifestation of Creation or the Energy, or Shakti. They also call it Shiva - Shakti. The Consciousness or the Void witnesses It's own Creation as the Energy. It's a different way to describe it, but the experience of it ends up the same. The Chinese would call the Creator the Void and the Energy would be the Yin and Yang. So it's not about memorizing concepts, but actually experiencing the Truth within ourselves, and from that point trying to explain it to others. The M and G fields, or giving and receiving easily translates into Yin and Yang, but not so easily into Shakti or feminine Energy unless you already know that Energy is actually positive and negative. Then where do we fit the H and C14 and all of those things into the concepts? Therefore, the new paradigm is Plasma Science as taught by Mr. Keshe, because it is bringing us deeper inside the Knowledge of Creation and Energy in terms of Universal science and not manmade science with all its limitations of only accepting matter state. So as the plasma scientists start to go lower and lower in field strength they will come to the STM and Soul of the Creator (STC). In a way, they will have to work with the plasmas of H and C14 and C16 and with these tune into the parallel D of the field of the Creator.

When Man first raised his hands to Heaven he was simple enough in his heart that he could gather the Universal Energies he needed to live through his fingers. But later he forgot and instead he raised his hands to Heaven and created a God more powerful than himself, and in that way he felt safe in a world he chose not to understand. Now after thousands of years he has completed a cycle and is again ready to raise his hands to Heaven, but this time he has been enlightened to the Knowledge of Creation and the how and why of it. The finger and toenails are some of the best Nano materials in the U, and the Nano coated hair act as antennae's to receive Universal Energies. The nails are attached to the skin which is connected to the brain and neural system and through them transfer the energy to the STM, which in turn feeds the P. In this way, Man does not need to use his hands to kill to receive enough energy to live and will become peaceful.

Some years ago we were taught a method to hold our hands out and create a ball of light between them. I don't recall hearing if somebody was successful at doing that. Nevertheless, if we create the right emotion we can do it. If we look within the light we have created then we'll understand that it is really a Black Hole that can attract and absorb energies of the U. When we create the light between our hands, now we can add to it, the knowledge of the fingers as Nano receivers and the energy flowing up the arm as a limb connected to the spinal cord and going further up to the STM. The hint he gave us to be able to successfully do this was, we should follow the path of devotion and self-sacrifice. The Sanskrit word for this is 'Tapasya' and it means spiritual practice. When we understand that, the way we are living our life only leads to more suffering, and reach a one-pointed desire of wanting to find out who we are in reality, or we could say find the STM, then we have to set aside time to look within and that requires devotion, discipline, and understanding. It's not just sitting and saying you are meditating like they do in the West. Rarely, does this lead anywhere, because there is a lack of understanding, it's the 'blind leading the blind,' and it has become a commercial operation.

When a sincere person gets touched by the love of the Soul, then they only want to reach that, and that becomes devotion. It's a love affair with Truth, but it is really love of the Creator, because the Creator is the essence of all Creation, and that is that 'love' we had an experience of. Conceptually, the self-sacrifice part is all twisted around in the West for many reasons, but one is they worship suffering and have accepted enslavement as normal. In spirituality self-sacrifice is really giving up the distractions of the world and concentrating the mind inward. It's really not a sacrifice because the things we are giving up are the things that imprison us to the physical world. To worldly people it looks like a sacrifice because they live from one sensation to the next and are always projected outward in our own imaginary world. As he said, over thousands of years very few people have reached this level of understanding and being able to receive energy through the fingers and toes. But now we as Knowledge Seekers (KS) can try to add this to our daily spiritual practice, or when we are walking in nature we can hold our hands out in gratitude to give what we don't need and receive what we do need. We can even try to exchange energy by touching a stone or a tree. And when we can do this we'll become part of the Universal Community.

In the future, KF will release a technology (T) in the shape of a glove that we'll put over our hands and it will help us train to receive energy through our fingers. The STM will decide what energies we need and perhaps the glove will attract them to our hands and through our emotion we'll convert it to whatever we need. If we are short of vitamin C then the energy will be converted through this internal process, or converted to a protein, or whatever. It's very much like the Gans T where if we would have made it correctly to include all the fields we need to remain balanced, then we could have stopped eating just by being in the environment of those fields. If the glove T is pre-tuned to the correct field strength of our body, then whatever needs we have will be satisfied just by thinking about them. This is because our body is already a replication machine but we have forgotten how to use it. It requires concentration of the brain with the STM and an understanding of the Energy needs and how to take them from certain parts of the body so that they can be fed to the whole body, and not just to the Soul. Since Man is created in the image of the

Creator he doesn't need the eyes to see or the legs to move. In fact, he doesn't need to do anything, everything is done through the Soul. But for this we need to be able to create and control our emotions then we can tune into Universal Energy like tuning to a radio station. And if a problem due to certain Karmas is disturbing us, our Soul can arrange for them to be moved to a different time for balancing. It's about understanding the Knowledge of Creation, then life can be joyful.

If we study human behavior carefully we see that once we are programmed in our childhood rarely do we find the inner strength to overcome those programs. This is why for change to come to the Earth the children have to be trained in the correct behavior right from the beginning, or better at inception, or even better as Bahullah said, pray for your children 20 years before they are born. It's about having the right field strength, which come through the emotions and correct living. The way it is now the Mother's immediately put the child on breast milk and then she decides to start feeding it meat, plant foods and in effect, she makes the child a killer and murderer to be like herself and the others. Perhaps she is aware of the true power has, but the women have decided to keep it a secret amongst themselves, and they let the man think he is running things. When the change comes it will be up to the parents to teach their children right from the start not to kill and to take energy from the U. The major responsibility for this lies with the Mother, because she has a direct link to the child through her body, Soul, and Energy. Therefore, if she herself has the Knowledge then she can very easily pass it on to her child and she can actually feed the child from the fields of the U. She will know that it is receiving the Energy because it will start drinking less and less of her milk. She can also teach the child to receive Energy through its fingers and toes just by touching her body and the energy will be transferred through the emotion of the STM.

Both the Mother and father have to be retrained to again accept the Energy of U as a reality and not just some imagination or wishful thinking. The father should reinforce his love for the Mother so she doesn't compensate by feeling co-dependent on having the child need her. And that she will find a higher love within herself to do what is best for the child and humanity to stop killing. Unfortunately, humanity doesn't yet have the knowledge that when you kill and steal from others, you are actually hurting yourself. When the child feels authentic unconditional love from the Mother emotionally and energetically, the way it receives the nourishment from her milk, it will understand automatically that this is how the life in the U works. The Mother's will play a key role in bringing the change to humanity. An example of this is the wife of Henry Ford, who first mass produced automobiles. As far as what I remember, she was a simple woman that nobody paid attention to. But when Mr. Ford was brutally crushing and killing workers who went on strike against Ford, it was Mrs. Ford who said to Henry, you settle with the workers or I will divorce you. And like a little boy he gave into the workers demands for fairness.

When humans start giving birth to the 'Children of Mitra,' which really means children made through the fields of love that is mutual between both the Mother and father, they will have to be trained how to raise and behave with them. We should not have the understanding that the Children of Mitra are some mystical race that automatically are

enlightened and can do no wrong. This is the mistake we fell into with the Prophets. Even though the fields are pure they manifest according to the local conditions of the physical dimension they are born into. So if we start feeding them food and training them to be like other humans they will also become killers. The important thing to understand is that right from the start, all Beings born on this planet should be taught how to receive Energy from the fields of the U to survive and not kill others to take their Energy. This is the fundamental basis of life in the U and a requirement to become members of the Universal Community.

The KF Plasma Systems have been on continuously and will remain on for the next couple of weeks. When we listen Live with our headphones on we make a direct connection of our Souls to the systems, this is the best way. But people have reported being able to connect by listening to the recordings. So don't limit yourself. Once connected our Souls will remain connected whether we are aware of it or not. And if we want to make a conscious connection we only have to focus a little inward and we should become aware of the Presence and Energy. The purpose of this test is to give humanity access to Knowledge of Creation and we can use the Energy to feed ourselves. This means that if we want to learn something the system will help us. For example, if you want to learn the truth about electricity and whether or not it is really M fields we can have that intention and through our emotion open up to the knowledge. It may come to us as a dream or suddenly we understand something we didn't before. But remember, before you get excited and want to run out and patent it to become a millionaire, this knowledge belongs to everyone and the whole of Creation. And our intention should be that of helping and not covering up our greed with fancy justifications. Hopefully, KS will take this amazing opportunity to learn and spread the Knowledge and to understand it is something free we have within us. Why not use it to understand Plasma Science?

In the future, Mr. Keshe will teach us how to make a 'Cup of Love' which will connect us to the common denominator of the Love of the Creator. That's what we are created from and it connects us all together, then we'll become true givers. Then we'll fall in love with the dimension of Creation and not just the individual created Beings. This will spread across the planet and bring peace. But if we were to do that now, many Souls would depart because it would create a conflict. Why should that be? We have to think deeper about this, because many people think that love is the solution to everything. Of course, in essence of Creation that is true, but in the manifested world of field interactions it is more complicated. We talked many times about the different types of love. So if the Cup manifested in us, a true sense of unconditional love, but the outer world doesn't match that because we are not mature enough to even understand what true love is, then that would create a huge gap in our lives. You can refer back to other teachings. Another way we can understand this, is why, when people start to cross over into death, and if a great Being like Mr. Keshe gives them the opportunity to come back into this world, they refuse and don't want to come back. Sometimes the only reason certain Souls volunteer to stay in this dimension the way it is now, is because of their devotion to serve the Creation and Creator. In Tibetan Buddhism they call it, the vow of being a Bodhisattva.

In the question why didn't Iran use the Plasma T to defend itself against these horrific bombings, I have my own theories. But first the Iranian officials told Mr. Keshe they were going to use them but didn't. Later he related part of the reason because of the situation with China. If China collapses then America's actions will become even worse. But how much worse can it get? After pondering the hints Mr. Keshe gave, and going over a lot information, this is what I think. First of all, Iran demonstrated the Star Formation (SF) in Gaza some time ago and it even appeared in the background of a CNN news report. Three lights turned on and suddenly a battery of missiles flew into the triangle and disappeared. This means that all the leaders know that if Iran were to use the KF Plasma T they wouldn't have a chance. Therefore, to fight this war they first had to make sure Iran would not use them. To do that they used treachery and put their agents into the Iranian regime. Remember the Ayatollahs are billionaires, but the world's financial system has to allow them to invest their money. So the upper levels that rule the world also control them. It's all done secretly in the background. Mr. Keshe told us that this group of Ayatollahs are the "Rothschild's" of Iran. So this is all organized to look a certain way on the surface, but in the background it is all planned out, because both sides work for the same Boss. This points to a higher level of Rulers of the planet way above the Presidents, Popes, Ayatollahs, and Rabbis. There is some kind of rule where they have to tell us what they are going to do to us beforehand, so that our Souls agree to go along with it. Because if we used the power of our Soul, even one of us, they would not be able to get away with it. For some reason they like to publish what they are going to do 20 years or more ahead on the American "Simpson's" cartoon TV program. They do it other places but this one is really precise. The reason people don't understand this, is because they don't know that the Elites have already secretly put their own people into the seat of decision making. So really it is a fake democracy, because no matter which side wins the debate the one making the decision is already bought off. This is why the Zionists hired Epstein to make all these videos to blackmail leaders into doing what they want. Remember that within the last decade or so they managed to openly purchase I think about 90% of the Media. When you start analyzing the facts and not the interpretations by the Media, you realize the FBI and the American Government is totally infiltrated and now we have reached the point of 'no return.' We have to go forward and witness how the Yin is going to turn into the Yang. When Mr. Keshe was asked what can we do to get through this, his answer was something like keep to your standard and get through it. It's time now to use what we have learned to survive.

We should remember that Mr. Keshe is way above these so called Rulers of the Planet, but he doesn't use violence to scare the people into doing what he wants. Instead, he uses love and sharing knowledge to elevate our Souls to find the power within ourselves. Today he said, they don't usually terminate positions, but this was severe when the Ayatollah Khamenei refused to take the path of peace, and instead let them carry out their plans of war. The Ayatollah must have been a sincere Soul because he accepted the truth of it and his last action was to save the lives of his bodyguards. Remember a few weeks ago he had to allow, or gave the order for the Arab rulers of Iran to bring in Iraqis to kill 300,000 Iranian Zoroastrians. This is the last stage of the war between the Jews and Moslems and we can have faith that the Messengers are watching over the process to see that the Change comes. Both the Jews and the Moslems have their stories and beliefs

about how the end will come and the Messiah will appear. If you have a chance try to listen to the Moslem version written centuries ago. It's very precise in how it will happen and even how the Methi looks physically. Unfortunately, they are only concerned with the physical side of it, and not the essence of what it means, because then they would have to change their lives. We can see very clearly that the only chance humanity has is to elevate the STM and spread the plasma T as fast as possible.

KF is no longer looking to prove the T to universities and mainstream science. Mr. Keshe has done all that for years and as soon as he proves something to them, they deny it or try to steal it. Or first they say, prove it to us, and when he proves it, and they ignore him and pretend nothing happened. It's clear by now that the same Elite structure controls the universities and they are forbidding the T to come out. Students who tried to publish their PhD thesis that has anything to do with KF plasma T is denied and they are threatened. Now the approach is to change the Man from inside and this is what we are doing with the Enlightenment Game and the ONN Units, and why we have to spread them around the planet. We will change the Man in ways he enjoys to bring the Energy to himself.

Mr. Keshe then disclosed something very shocking. Last year he told us the Israelis are going to leave Israel like rats fleeing their hole. And many times he said, if we do it they accuse us of murder, but if they do it to themselves then it's suicide. Today's information is key to what he meant back then. The Shimon Peres Nuclear Research Center in Israel is suspected of leaking Plutonium radiation used for making nuclear bombs. It was hit last year and more recently with missiles. We saw the head of IAEA in Israel, but as Mr. Keshe said, he is refusing to test the air for radiation. It was said he couldn't do anything because Israel has always denied it doesn't have nuclear weapons. So now they have poisoned themselves. But we won't know until somebody starts testing the radiation levels there and neighboring countries. He said, Plutonium radiation is the worst and the land will become uninhabitable. Yesterday I came across a video from Indian Jyotish Astrologers who claim that a reading from the 16th Century predicted, that this great war we are in now would begin between I think it was, February 23 to March 3, 2026 and would last over 6 years and then there would begin 1,000 years of Satya Yug or peace and prosperity. But what was amazing is that it also referred to the land we know as Palestine, as becoming uninhabitable.

There is a lot of very good advice and understanding in this teaching for those getting older and how to prevent and handle certain conditions. And the younger ones should pay attention now so they don't end up in that situation later. Every cell in the body has a Ca seed and the problem that happens in old age is this slowly gets weakened because we don't live a natural life close to nature anymore. Our foods both animals and plants are deficient in certain nutrients because of commercialization and use of chemicals as we all know. When KF Plasma T eventually gets accepted we'll have access to all the right energies we need for our body. But in the meantime truly farm raised chickens for both meat and eggs is one of the best ways to get Ca and Omega 3. As was taught before Omega 3 only gets produced as fat in animals and fish that are not caged or feel imprisoned. Regardless of what they try to sell you as Omega 3 you really won't know

unless you see or can trust the farmers to actually do that. Otherwise, we are getting Omega 6 which causes diseases.

When I was a kid my grandparents lived on a farm and had a chicken coop near the house where the chickens slept every night and wandered freely around the farmyard during the daytime. When it was time to slaughter chickens they put a chopping block in the middle of the yard and we had a long iron rod that was hooked on the end. Somehow the chickens knew it was time to give up 10 or 12 chickens to the farmer, because they all stayed around the yard and let us chase them with the rod. They didn't scatter into the woods or runaway. There was no imprisoning of the chickens. I am sure they were loaded with Omega 3. He also said you need a rooster to impregnate them that is also free ranging because they change the chemistry in the body of the hens. In our ignorance we think we can do what we want to nature without anything happening to us. The chickens cannot say we are mistreating them, but we damage ourselves without knowing it. He said, to look for wild fish that have a brownish bitter layer of fat under their skin. Three of those fish will set us right for Ca, and 2 eggs a day or 10 per week will keep the muscle mass on the bones and keep them from getting weak.

Other Topics:

When walking we should step with our heels first on the ground and then roll forward to the toes, while keeping the shoulders straight and open so our lungs fill up right. This will keep us healthy and strong and our emotion should be content;

If you store your water in Cu containers and use Cu plates you'll have much less chance of getting infections, because Cu is close to isotope of Fe and other things.

Thanks for listening.

Quick Index

(This is the 13th year of teachings and it's not much different than what we taught over the past 12 years, except the Man has reached the final phase of how he can destroy himself).

(The connection of the Man, the Soul of the Man (STM), and the structure of the work of the Universe (U) is unlimited. We connect by listening to, but not with the ear of the Man. It's with the feeling and the strength of the emotion. The STM is very much like a radio that you have to tune in exactly at a certain field strength to listen to a channel, and if you change it slightly, then you get another channel. And it's the same if you want to tune to another Soul. By tuning into we connect to the strength of another Soul in any place, position, or whatever in the U. We tune in through a reference point and then we say we dreamt about our mother, and if we tune a little different we hear the voice of the girl, or we dream about cats, and the rest of it). (If we learn where the 'radio station' is then we can talk to our mother, or speak to our father, and the rest of it. It doesn't matter

when they died or where they are in the U, or on another part of the Earth, we can tune into them)).

(As we said in the last teaching the challenges of the future are not to find (micro-hertz), but to go much, much lower. We have to find out at what gravitational (G) field strength of the plasma that changes into a noise and connects to the person we want to talk to. We call this resonance. In the material world we match resonances. (There is a M field resonance in the STM that connects to our mother, or cat, or the father who died decades ago. We cannot connect through the physicality (P), but through the Soul, because it's an Energy Pack, and it's part of our DNA & RNA, and part of the connection of the STM. The connection is embedded in us)).

(In the life of the Man the physical mother and father created us. But in the life of the Energy of the Man, our father is the Creator and the frequency of the U is our mother. Science has not yet managed to achieve these frequencies. (They are not high frequencies, in fact, they are so low, that they require a better understanding of world of Creation to create. They are below what the knowledge and technology (T) of today can do. We need to come closer to the frequency of the STM, and the Soul of the Creator (STC). Our KF scientists say they cannot go that low. And these frequencies are still in the matter state of the Man)).

(Man has to develop new technologies and create frequencies at the strength and length of the plasma of Hydrogen (H), and not matter state H. It's the same with Carbon 14 (C14) or C16. When Man can gradually tune in to these frequencies then it will be in a parallel dimension (D) with the field of the Creator. (?? With these frequencies we can see our Mom. For example, why do we dream about our Mom every time there is a problem or we know something is about to happen? Is our Mom looking after us and she informs our Soul, which then translates into a knowledge in us so we know there is a problem coming and we have to do something about it?))

(To create systems like these we need to develop technologies that works at the field strength of the Universal fields, and not manmade matter state. In the coming time, Man will move away from matter state systems and towards Energy or Plasma systems where we can (?? capture a dynamic energy state of the Soul, very much how the brain contains the Soul. The Soul is cocooned and kept a prisoner to (the P). ?? It does it in a special way through the spinal cord. This was referred to in some teachings ago. Why do we have fingers, toes, arms & legs, and all these connectors? The fingers and toes are used for grabbing, holding, and whatever else. But the fact is, we connect into the U and Universal Energies much easier through the neural system. The hair is like Nano coated antennas that receives (plasma fields), and the fingers are a combination of the two)).

(In the future when we have enough knowledge we'll be able to measure the frequency, and wavelength of the fields from the tip of the fingers to the hair, and the rest of it. Then we'll be able to replicate the energies we need from the Energy of the U and use the fingers to receive it. Then the same fingers will not need to kill for the energy. This is when we understand the Knowledge of Creation. Now we use our hand to kill, uproot,

and take another life, to put it in our mouth to get that 20% of energy we need. When we learn to transfer energy through fingers then we don't need to kill with them anymore).

(We explained some years ago that you can hold your hands together and create a ball of light. (?? If you look within this light you'll understand it's really a Black Hole which can attract and absorb the energies of the U. You can feed yourself through your fingers). Then we'll become a Man of peace. And when we stop killing we'll forget about killing, because as they say, when something goes out of sight, it goes out of mind. Then Man will be ready to become a member of the Universal Community).

(Unfortunately over thousands of years, there were very few men who through devotion, and self-sacrifice ("Tapasa" or penance were able to achieve a higher understanding). Some were able to understand that their hands were not made to kill and destroy, but were for raising them to Heaven in praise of the Creator for what we have received. Some raised their hands to pray for what they needed. ?? The Man was taught a method of raising his hands to receive through his fingers the energy he needs to live. This was changed to, praying to a God, to a Creator that he made up for himself to cover his lack of understanding of the world of Creation).

The time (again) will come that you will raise your hands into the sky and use the fields of your Soul to attract the energy you need to live and you won't have to kill for it. Now we use our hands to plant seeds, dig for roots in the ground, or to use animals, and everything else to get the 20% of energy to feed from. (If we were to learn to raise our hands into the D of the Universal Community ?? we could receive our energy needs. This is why Man was told to raise his hands up to the sky when he prays, because his hands are like receivers of energy. It was not to create another Being he thought was more powerful than him to get things from. It was to teach Man that he can receive from the U without killing and destruction).

(In a few months, or in a couple of years, we'll release a T that you will gradually learn how to take energy through your fingers to feed the STM. You'll decide what energies you need to take. Up to now we use our hand to decide if we want to take vitamin C, a plant, or animal protein. Now through our Soul, our hands will take the energy of the U and change it to vitamin C. The structure of life on this planet has its own beauty and sorrows. Man has to learn how to convert the physical matter energy to the energy of life. This is why we brought in the Gans T, but Man has not understood. If you ever brought the Gans's of the appropriate field strength near you, then you would have found out you don't need to kill. You would not be hungry and as you become satisfied with the energies you need, you will forget about killing).

(For example, in the coming time we'll develop and deliver systems that are like a glove which has been pre-tuned to the field strength of your body so that you receive what you wish for in the dimension of, 'I can produce anything I need just by thinking about it,' because you will carry the replication machine with you. This is to satisfy your hunger for energy and put in your hands the ability to fulfill your needs. We already have this embedded in our lives, but we have forgotten how to use it. It needs concentration of the

brain, the STM, and understanding which energy needs to be taken from which part, so that it can be fed to every part of the body and not just the Soul).

(?? We have been teaching you this but Knowledge Seekers (KS) don't understand, and this is why we have all the problems. How many times (have you had a problem and then ?? it doesn't matter what you do, it gets solved?) (?? Your Soul has decided to solve the problem at a later time, but you never understood the process of Creation and thought it was something else. We referred to this in one of the teachings about how emotions are created and how you can use the emotions to connect to another field and D. ?? This way you can satisfy the urge or the lack of energy that the children of the Man are used to experiencing right away from childhood. It goes back to understanding, I made Man in the image of Myself, which means Man does not need eyes to see, legs to move, or anything to do)).

(One of the objective for Man's behavior is for him to be able to control his emotions and this will allow him to tap into Universal Energies. You can use your emotions like the knob for tuning the radio from one channel to another. Then life can be joyful and our lifestyle can be maintained through the energy fields of the U and not the matter state of the Universe).

(During the past weeks and months we have been running a test in the background. It's the same as today's test. How many of you who've been in these sessions on Fridays and Thursdays have received some enlightenment or broke into some new technology (T)? The process of connecting the STM to Universal Energies is like when a baby suckles on the breast of the mother when it gets detached from the energies of the womb. How does it know that it is receiving energy to sustain its life through the milk, which is given freely and unconditionally by the mother?)

(If the Mother through her own understanding of the fields of the Creation connect the child to Universal Energies (while she is breast feeding), then the child does not need to be weaned from the Mother's milk and fed the flesh of animals and the other Beings, for it to live independent of the Mother and become a criminal. (We teach our children to become killers and murderers. But we can change and teach them that they can survive by directly receiving the energy themselves)).

(It's the responsibility of the Mothers of the future to teach their children take energy from the fields of the U. This way they won't learn to kill and destroy life for their own survival. The Mothers can teach their children how to use their fingers to absorb energy. (?? They can learn to receive energy by touching the Mother, then they won't need to suckle milk. We have to retrain our Mothers and fathers to teach their children from the time of birth. ?? They have between 6 to 12 months until they start eating food). If the child needs an extra energy other than just milk, it can learn to tap into the Universal Energies by learning how to use their fingers and toes, and using the emotion of the STM to connect).

(It is not very hard (to learn, but those who feel that their own self interests will be damaged, will find any excuse to deny it and not do it for their children). (In other words, if the Mother has hidden emotional issues she may not like her child to be free of her control). (?? The Mother has the power to teach the child to receive the U Energies when she is breast feeding it. She provides it with a direct example of unconditional giving, therefore, she can teach it to connect. The way the child is receiving milk unconditionally and feeling what it is like to receive energy freely, it can do the same from the U. As the child learns you should see a reduction in the demand for physical milk. It is tapping into the Energies without destroying. We uproot the vegetables to get what we want, but we don't see what we are doing to ourselves by this action)).

(Mankind has to learn to be part of the structure of the Universal Energies from the moment he is born. This is the responsibility of the Mothers to teach them. Because she is the one that now teaches them to go from the liquid of her body which is free, to taking another life for them to survive. It is the Mother who puts the first meat into the mouth of the child. Or the first piece of bread, which is the life of the wheat and everything else. This is why the responsibility of the life is on the shoulder of the Mothers. We have to educate the Mothers to understand the work of the fields of the Universe).

(The Children of Mitra are created and born through the fields of the energy of the Soul. We should not taint their life with killing, (because they already are in the field D and not the P. If the Children of Mitra take the D of P of the Man and are taught to eat food, then we'll see the same mayhem of killing with them too). When you create Children of Mitra, teach them from the time of inception until the birth, and at the time ?? they need nourishment, that they can feed from the Energies through their Soul using their fingers. (They should not be taught to kill for the 'few seconds' in the life of the U they will spend on Earth. And we don't want them to start killing in other parts of the U)).

(It's the responsibility of the KS to develop a T where the child can wear a glove to connect to the U Energies with their fingers. It will teach him to absorb energy and what he needs from the environment, until he gradually learns how to feed himself through (his Soul). Nano materials are one of the best tools Man has ever been given to help him receive energy. We receive huge amounts of energies from them and they are with us from the time of birth until death and beyond. (The fingernails and toenails are one of the best Nano coated materials that can be used to transfer U Energies to any part of the Man, because it's connected to the skin, brain, and the STM. The fingernails are not just for digging and protecting, they are the best transmitters and receivers of energies to survive. This is why we raise our hand to the sky asking the Creator to give us what we need)).

(We give away what we don't need, and we receive what we need. The toenails connect us to the energies of the planet, while the fingernails are for U Energies. This is why the hands have been put near the STM. The passage way is from the lungs to the throat, which is the nearest point to the STM. If Man learns how to transfer the Energies of the U through his fingernails and toenails he will become independent and be able to live anywhere in the U and be able to sustain life without killing. (His life will become everlasting, because he knows what to give and take, and how to convert himself to (a

living being) anywhere in the Universe). I made Man in the image of Myself, and I am the energy and not the matter, and I'm made out of the wish of giving, and not killing)).

(If Man learns to be like Me, he will achieve the everlasting peace and everlasting life. He will never get old and therefore never come to an end. (When we tap into Universal Energy to create a Soul, it lasts forever. Man will not commit crime, because he can receive the Energy for what he needs, then there will be no animosity, or greed, because you can take what you need. We have shown this T where ?? you can create light and matter through the same wish. You have to understand the frequency, field strength of the matter state, and in conjunction with the energies of the body, then you can create gold between your hands. ?? You can create the gold with your emotion, you do not need to have the light. But what is that gold supposed to serve, is it for the greed of the Man or the energy of it, or to feed yourself through it?))

(Man has to understand that when you look at an object, the feedback to confirm it's there, is the same as when you holds your hands and look into the ball (of light). As you give what you don't need, it takes from the fields of the U to give you what the body needs to survive. You can learn to use your fingers to concentrate and bring the field energy of the U within them, then it's connection to the STM will feed the STM. As the STM has the field strength of every cell, it will feed the body. This is how Man shall not kill. You use the same hands for killing, to now concentrate and look into the light and energy within it. ?? There is the limitation of your body. In a way, the air in between your hands becomes like your skull. ?? It becomes the energy of the Soul that feeds the STM, and through it the rest of the body. (The energies you don't need, ?? or cannot be produced as the Amino Acid (AA) protein of the body in the skin will create a limitation. ?? The energy coming through the hands feed the Soul, which feed the body)).

(In the coming time, technologies will be developed to help train the Man to do this. The way we trained our fingers to write, touch, feel, and to show love and affection (we'll train them to receive energy). ?? Through the Soul the fingernails which are the best Nano material ever known in the U will be used to receive the energies we need to live. ?? It will be filtered and fed to the STM, through the skin and neural system to the STM, and the rest of P can be fed. Today we eat and create energies through our blood feed the rest of the body. In the future, we'll do the same through the neural system, because we are created out of the energy fields of the Soul of Mitra, and not the P).

(I hope one day Man will understand what I taught today, and I wish it will come soon, so that we stop tainting our fingers with blood. When Man forgets to kill, he'll stop the wars, and become a Man of peace and live anywhere in the U. The hands of the Man have been the biggest enemy of the Man. But they will become the savior of the Man if we learn to receive energy through the Nano material of the fingernails).

(I hope the KS will start learning how to receive energy through the nails, and those who are connected to our system will learn how to connect to Universal Knowledge, which is also Universal Energy. The knowledge can become the food of the Man, and not the energy to feed the P. This will be the time when the STM will become part of the Soul of

Mitra, the lover ?? of the Creator. In the same way, the Man will not kill to feed himself because the Creator does not kill. He uses the field of the U. When Man will do the same, then he'll become much closer to be, what we always say, 'I made Man in the image of Myself.' I never tainted My hands with blood, killing, and destruction. You should do the same. Man's Soul has to learn to feed his P without killing. I hope you understand the message of today, as we enter a new cycle of understanding the world of Creation in D of Energy. As I explained last time, as we enter the life in the U we should know our emotions in the D of Energy, and not the P of the matter on this planet).

(I hope you will listen to this teaching and start to understand why we took you through the system last week and connected you today, and why we just taught you how to understand the key to living in the U and receiving the U Energies, and not the P of Earth. There are no cows, sheep, wheat, rice, or fish in the U for Man to eat. If the Man is eager to conquer the Space he has to learn how to live from the Energies of the U. Because Man kills with his hands he is not allowed to go far, and is always dependent on Earth to confirm his existence, and is limited with time. (We should learn how to depend on the Universal Energy)).

End of Quick Index Part 1 - 632 KSW

(As we enter our 13th year of teaching I hope we can share much deeper knowledge, and make it much easier for you to connect to our Plasma systems. We gave you the Cosmic Ray materials to help you connect to the fields. Each of us has the responsibility to connect to the systems. We are only here to facilitate, but you have to learn to tune into them. We are not the driver. You are the driver. We are here to guide you to learn gradually. It comes from the inner STM when you get desperate enough to learn the Knowledge of Creation).

(Since last week the system has been left on for you to connect to, and it will be left on for the next few weeks. You can connect anytime to the system and the Universal Energies and to tap into the Universal Knowledge. We'll develop higher level connections, but it doesn't come by elevation, it comes by lowering the fields. Have you understood anything more since than last week? Have you learned something you wanted to know about yourself or some other knowledge? Try to understand the emotion you had at the time when you understood the thing. Then gradually you'll find a way to connect to universal fields and be able to sustain it. Listen to the teachings over and over during the week, not for the words, but to create a connection with our system. Then let us know what enlightenment you receive).

(We are entering the cycle of teaching the energy and fields, and not the matter state and physical reactors. We created those in the background for the matter state. We are taking you very close to the Book 8, 'The Origin of Magnetic Fields.' This is how life and Creation are created by the fields of the U or Creator. These are the M fields of Creation. Now you understand why we are going this way. We are entering the final phases of the teachings. ?? Then we'll start teaching you a new knowledge and how to read the Encyclopedia of the life of the U and what life means, how life is created, and how stars,

planets, and galaxies take shape, and what their function is, and how you recognize which galaxy is which constellation, and where it takes you, and how you will enter a new D of a higher order to be enlightened at the highest speed).

(You can use the process of the fields of the U in a 'slingshot effect' to propel yourself closer to the Creator. (You can compensate for the mistakes you made on Earth, but if you repeat the same mistake again the cost you'll have to pay will be very high)).

(The teachings will deepen for you to become educators of the Children of Mitra, so that you do not educate them like you do now the children of Man. You have to understand which way we are going. As more and more of you learn how to create children of the STM we need to teach you how to become good parents in being able to educate the children of the U. Man has failed miserably to educate his physical children to become peaceful. We will spend time teaching you how the children of the U are created, and to make them perfect Children of Mitra).

(There is no age (limit) in creating the Children of Mitra. The P of the Man has an age limitation, but there is no limit in creating the Children of Mitra in the U. After trillions of years, the Creator still creates new life with His fields. So, why should it be any different for Man?)

Q: I have co-created a platform called, 'Unify Love,' a planetary coherence network that makes the field of human prayer and meditation visible on a living globe. When hearts enter coherence, they light up. When many hearts synchronize, the field grows. Research shows that when the square root of 1% of a population meditates together, violence measurably decreases. The world is at war right now, and fear is the dominant frequency. You have taught that the Soul operates through fields, and that peace must come from the STM. What is the plasma field condition for peace? Not fighting war, but creating a plasma state, a Soul state, where enough human hearts in coherence generate a field that conflict simply cannot exist within, the way disease cannot exist in certain field conditions. And how do we go from counting coherent hearts, to creating the condition where peace becomes physics?

K- (We all have one common denominator Amino Acid (AA) of the Man. That's how we'll be recognized in the U. We don't need to see the P, we'll recognize each other by the field energy of our Soul. People will say for example, this Soul has been created on Earth. There are many structures like us within the span of the U. As I've said many times before, we are not unique in producing Souls. (?? We have to create harmony so that all the Souls become peaceful. In the P we say, to fall in love, which means to become an unconditional giver. It cannot be by pretending or trying to show that we can love).

(There is a common denominator, what I call, the Love of the Creator. (?? It's like we find a common denominator field so that when we love we become giver and we tune to all the Souls on this planet. We call it love. ?? It's also known as nationalism, racism, and religions). Those who really follow them in a true way, they all create the same M field strength in their Souls, P, heart, or in every cell in their body. (If you can change the

nationalism to being proud of being a human on this planet, it will be better. This only will happen when the Man has to face someone from another planet, or another place in Creation). (?? We know the arrogance and love of nationalism, regionalism, loving our family above the others, and the rest of it. We know this field strength internally in the D of emotion and it doesn't go to the borders of nations and colors, but through the gender of male and female. ?? The Soul of the gender of the male or female, is itself created from interaction of the male and female. Then it finds the passage of love, connection, and balance. This is where Man has to look and nowhere else)).

(If we fall in love with the D of Creation, and not the created, then we'll find the secret of Creation. Then we'll understand how peace will come, and how to connect to each other, and to become peaceful. There is a way to do this with technologies that we have developed, but Man needs to learn how to do it himself. Sometime in the future we'll make a Cup of Love, the way we made the Cup of Life. It's a way to give, and then to be in balance with each other. The human race is not ready for it, because it'll bring conflict, and many Souls will want to depart. Because their desire won't match to the reality of ?? what is being given. On the surface people say they are a giver, but underneath they are really a taker).

(The Cup of Love needs a special ?? way of loving that balances ?? with the Soul of the Creator (STC). (Spreading this Cup will be like what we are doing with ONN (One Nation Network)). We plan to do this. We tested this in a hidden way under the cover of Valentine's Day Flight Session. It's all been recorded. We know where and what to do and how to create it. But mankind has to be ready to let it go of his life that only takes, and become peaceful within himself. Then we'll see the next step).

K- (Please do not use the work of the KF to promote (your work, or to draw parallels with what you are doing. Thank you very much for your work. I'm watching what you're doing. We don't give approval to anybody's work. But we are all here for each other and to elevate the Soul of Humanity)).

Q: Why did Iran not use the KF technology to defend itself from the latest attacks of USA?

K- We were told by the officials that it was supposed to be shown on Wednesday. We are waiting for them to show it.

R: I think there was one of most advanced US drones that was taken control over by Iran.

K- (Iran showed the UFO structure of M fields in Isfahan and in Tehran before and it was observed and recorded. But how come they are not using it now, we don't know).

(In last week's teaching of the 631 KSW at around 105 minutes into the teaching we pushed Iran to go through the process of peace. We gave options for the negotiators to do what we asked, but they did not do it for their own self interest within the structure. Then we said, we terminate the cycle of Ayatollah Khamenei of Iran. Then you can understand

what is about to happen. We have never terminated anyone's position (before). The Soul volunteered because they know the option given for peace was deliberately denied, and it was set (up) that way. One day you'll understand (what happened). It's not a punishment, rather it's servitude (of the Soul. They realized they did not do what they were supposed to do, so the Soul withdrew. I gave a very clear indication of what was to be put forward, and how it was to be done. For whatever reason, it was not done). We asked the Iranian officials to listen to the teaching of last Thursday and the option was clearly given to them in the recording. Then we terminated the (position) of those who fed the war. The Soul itself volunteered for what it was supposed to do. Then you understand).

(But at the same time there's a lot to be done, to be conquered, and a lot of positions to be fulfilled. This is the last stage of the war between Jews and Muslims. And on top of it now the Christians got involved. As the French President said, EU is a Christian club, we cannot let Turkey in. Now you can understand how the Europeans, Jews, and the Muslims, are going to knock the hell out of each other. Then it'll be the end of the religious wars. I always said it had nothing to do with anything else, but they do it under the cover of finance, oil and everything else).

(We gave options to the Iranian government in all the negotiations. Then you understand, that when we terminate it doesn't take long. We don't need to wait 40 or a 100 years. (When the Christ told the Jewish Temple Priests not one stone will stand upon another, it took 40 years). It's the Souls that arrange themselves to complete the cycle. Listen to the recording and then you'll understand (about us and what we are here to deliver)).

Q: Can the ONN Units be placed in a room or a building which houses terminally ill patients, or those with mental diseases? Would it elevate their Souls, and have benefits for their emotional and physical body?

K- (Yes, you can do that, because these systems will be connected to the main system, which transmits these kind of things. The Internet part is the matter state, and that is different than the Plasma system. Once we get these out there you KS will be able to tap into Universal Energy. But the ONN Units keep getting delayed and they find other problems. Once they are completed we'll mass produce them. The plasma antennas are in the Energy dimension. For example, you can take a Unit to the Moon or Mars onboard your spacecraft. Or into the depths of the ocean. Everything will be covered in between, and beyond. But you have to know how to expand the fields).

Q: Can the Cosmic Spring products be used near people with for example, cancer, or mental and emotional problems?

K- (Yes. They bring peace and balance. You need balance to bring peace. So we decided not to mark them and let them be randomly connected. Because they are made together in batches they'll be connected. They work very much like the ONN Units. One Unit of the same batch can be in America, another in England, and other parts of the world and they'll create a connection with each other).

Q: Starting from the tension between idealism, where reality emerges from consciousness, and phenomenology, where reality emerges from interaction with the world. I would like to ask, if the Foundation maintains that, consciousness and matter are manifestations of plasmatic fields, what simple and repeatable experiment, could demonstrate this interaction, in a measurable and independent way. In other words, what concrete experience would allow one to observe the link, between field perception and matter, beyond philosophical interpretation?

K- (The Plasma systems do this. We showed part of the system last May in Beijing, China. It does not take much to add the other parts too. We have the T in our possession and it can be done. It is not philosophical, it's a physical system. Then you should have got your answer).

(?? We have systems that will be commercialized that can create rain, which will be embedded with the materials that have the essence of the energy of emotions. The physical raindrops will carry the Amino Acids that a plant needs to grow. This will cover the whole environment underneath that cloud. As we say, the love of God rains equally on all from the Man to the beast. Now we can embed the raindrop with the energy and emotion of energy of what is needed. It's not theoretical, we have tested it and some of our systems are being developed for this. Some of the Gans's, which will be marketed soon, will carry the emotion of love, care, and whatever ?? as a field strength produced. (?? The plant, trees, or any matter state like stones will receive it. The stones will receive the emotion of love and calmness. It's already developed and you'll see new Gans's and new technologies from KF). (What the Earth could not provide from inside to make the Man peaceful, the rain will provide)).

Q: I know KF has many experiments, but what would Mr. Keshe want to be in public, in the scientific academies of all the nations, and to spread like a virus?

K- (We don't look for that. We already tried talking to Universities, and we even showed the production of the material, as gold in public. We passed that point. We thought that way five or ten years ago, but now we have taken a new direction and dimension. All the energy of KF is going in this new way. In the coming time, we'll enter the cycle of life of the Man. (?? We won't do it in a physical way, instead we'll change the Man from inside, as part of the structure we'll set up. As they say, if you can't beat them, then join them. We have joined the Man to change him the way he enjoys to bring energy to himself)).

Q: (The KS said, that March 2nd and 3rd the Jews celebrate Purim, which is a festival that goes back to the Book of Esther in the Old Testament, where the Jews were about to be killed and instead they killed thousands of Persians. And they celebrate this day.

K- (Mr. Keshe interrupted and said, that we lost 300,000 Iranians and they are celebrating Purim under the disguise of murdering of 300,000 Iranians. The Seven Rabbi's of Jerusalem who run the modern Jewish religion planned their attacks on Iran to coincide with events in their own calendar. All the Jewish celebrations are about murdering others. They never celebrated anything good. A few months ago I told you, that the Jewish

leaders do their work to coincide with their calendar. They plan the event ahead to disguise it as part of their belief. (This is like what he said before that the Zionist plan their attacks to make them look like they are fulfilling prophecies in their scriptures)).

Q: (Someone told her that by converting the date into the Iranian calendar it comes out to be 9/11. (In the ?? Jewish Occult practices they have to first draw blood of the innocent). That is why they bombed an Iranian girl's school and killed over a hundred little girls in Tehran)).

K- (The Rabbis plan and time everything with a purpose. That's why I said this is a war of religions. People don't see what we see. We know what is going on behind the scenes. Thank you for opening this up. They are using nations and governments like fools, and they walk into the slaughter).

(?? It wasn't just the Moslems the Rabbis were after, they killed innocent Christians too. But it is not known how. According to today's estimates over 11,000 American lives have been lost in Middle East including soldiers and civilians. But the Media only says 6 Americans have been killed. The American aircraft carriers are full of flag draped coffins. This is the pattern. The Americans tried to escape and put their wives and children in these hotels all over the Middle East thinking they would be safe. Somehow the Iranians knew to bomb these specific hotels. (?? Did Mossad arrange for them to be killed to fulfill the wishes of the religious leaders? Of course, the Americans are completely ignorant to it). (I think he means there are 11,000 Americans missing in the Middle east after these hotels were bombed last week. ?? Internal statistics from the government point to over 180,000 Iranian having been killed in the past week. Over 35,000 Jews have died in Tel Aviv and in Israel. Humanity has lost nearly quarter of a million of its population in less than 5 days. But the Media is controlled). (He explains more how the people are being killed in these attacks)).

(Ayatollah Khamenei knew that he's going to go and he asked all his bodyguards to be away from him, so that they would not get killed when he dies. It wasn't something accidental. He went there to be a martyr and he made sure he was alone. Read the security reports which are coming out. (Usually, his bodyguards are within a hands reach of him). It's a religious war and now the Europeans are coming in, and watch how much the Vatican will finance it).

(My biggest fear is if North Korea comes in, then there'll be no United States left. Yesterday he announced that he's waiting to be asked to come in. If he comes in we can say goodbye to all our American listeners. He announced that he's ready to come in if Iran asks, or the Chinese, or Putin. His missiles can reach Tokyo, New York, Washington, Los Angeles and everywhere else. The Americans moved 90% of their defense systems from South Korea and Japan into the Middle East in the past three days).

(The Kurds want to split Iran. We knew this would happen and before we informed the Iranian government. Next the Turks, Tajiks, Afghans want to break up. This was their

plan from the beginning. The Zionist want to create this Greater Israel by expanding their borders. But we will answer in time).

(When Seven Rabbis of Jerusalem who run Judaism meet they are actually financing many people to make sure what they call the Messiah comes. They told world leaders that they gave them every facility for them, but they failed. There are Live recordings of them. I better not say anything more. They have been paying world leaders to create the war, so that what they call the Messiah will appear. They are paying to fulfill the prophecies. Throughout history everybody has tried their best to destroy humanity in one way or another. Persians did it thousands of years ago, then the British, French, the Africans have done it to each other. And now it's time to change this).

(They get brainwashed. In the history of Netanyahu he organized the marriage of Trump's daughter to this guy, the 666 guy (Kushner). You know who I'm talking about? His family is one of the richest families in Israel. They planned this from when he was young, he used to sleep in their house. Now he is Trump's son-in-law. (He is the top advisor to Trump and sits in on all the meetings. He just shows up and represents Israel's control over the US). What does he got to do with the peace negotiations with Iran? He was there to make sure the peace doesn't happen. Netanyahu set him up from the beginning. He is brainwashed to believe he is the Messiah. It's obvious how the Jews are planning to do all these things. You don't understand what is going on in the background, we do. He was there to make sure there was no peace agreement so that they can conquer).

(KF is working on an article about the radiation contamination in Israel. The Shimon Peres Negev, Nuclear Research Center in Israel was hit in the 12 day war last year. And then it was hit again recently. We know it's not in good shape. We are asking people from Palestine, Jordan, and neighboring countries to Syria, and everywhere else to start measuring the radiation levels for contamination around Israel. The land of Israel is non-livable. When Chernobyl happened the Russians denied it. Then radiation started being detected in neighboring countries. They're killing themselves. The radiation has already contaminated the Jordan Valley where they were trying to conquer. This research center is where they test and make the bombs for Israel. The IAEA is refusing to test the air, to confirm it and this is the reason our paper is late. Israel is smaller than Manhattan and they already have wiped out their own race).

(If people in Jordan, Iraq, Iran, even across in Malta, start measuring higher radiation levels it means it is leaking. And many Israelis will die. The power station cannot be emptied because the research center is processing Plutonium. Then God help the Israeli nation, because this time it's Plutonium, and not Uranium. They have uprooted themselves by their own actions, but they don't talk about it. He talks about what happened in Dubai on New Years of 2016).

Q: As bacteria increasingly outmaneuvers antibiotics through rapid evolution, are we approaching the limits of antibiotic therapy? Or entering a new paradigm in how we fight infection?

K- (The resistance to antibiotics is huge. But there is a solution through Plasma technology and we have tested it and developed a specific T for it. It's not a normal T and not part of KF normal work. I use this specifically to confirm it was correct. You can always change the parameters so that the (bacteria's) dissolve themselves in (the plasma. It doesn't matter if it is in the matter state of antibiotics, and the body has become resistant to it. We add the Cosmic Rays T to it in a very specific way. It's like when a missile misses an aircraft, because it turned. It's like that, but the difference is that the CR change the fields and structure faster. ?? The antibiotics are subordinate ?? KF will license a product soon through a gap in the licensing. You can always overcome an infection)).

Q: In a previous class, you said that weakness in the legs and pelvic floor in humans, as well as heart failure and other problems, may be associated with an imbalance of Calcium in the body. Is there any way to promote Calcium balance in the body, using Gans or some other plasma technology resource?

K- (Yes, but you have to wait and see. We are putting a series of things into a structure to prove it. (Please read further on your own). Scientifically, bone loss comes from muscle weakness, especially after age of 55 to 60. Older people easily break their bones from falls because of this loss. (One of the ways is to eat 2 eggs a day or 10 a week. But they have to be free ranging chickens that are not caged. A commercial and caged chicken do not have Omega 3 which heals everything. Instead, they have Omega 6 from being confined and not treated good, and will cause disease. It's very hard to know if the chicken truly has Omega 3 in it. He has talked about this in detail before. The eggs will help maintain the muscle mass and bone strength. Every cell in the body has a Calcium (Ca) seed so we need correct Ca. The chickens also need a correctly maintained Rooster to fertilize them).

(He talks about the Ca and the cells. And then about fish. Only the truly wild fish have a brown bitter fat under their skin that is very good for health. It has special Ca that transfers to the body. Eating 3 of these fish will do the job. Watch out if the fish's eye bulge it means they were not good. The KS who was a Ghanaian ambassadors worked in the Norwegian fishery and using KF knowledge eradicated a lot of things).

Q: You spoke last week about the Iranian situation and releasing some technology. Can you explain why they cannot release the technology? Or why they will not use your technology? What's the fear?

K- (If we release our T then China will be hit very hard economically. (The reason why they took Venezuela, and now with the Middle East, is to partially paralyze China. China receives 60-70% of its oil from Venezuela and Iran, or Middle East, and Persian Gulf. They used to trade with Iran and Venezuela, and some other countries in Yuan. Now if the Americans take control of the Venezuelan and Iranian oil they will switch to Dollars, and force the Chinese to buy everything in Dollar. So, the American control of the Dollar through oil, is one of other criterions for this war).

(But, don't worry, it will be solved in different way, you will see very soon. If we release the materials production T it will damage the Chinese who spent trillions in securing control of the Rare Earth materials. If we do that, this will make America one of the major powers again, and we've seen what mayhem they will start. We don't take part in politics, but we are aware of a lot of things. We are closely connected and work with the Chinese, and we have to respect and honor the nation).

Q: How can we get to those Souls who are causing trouble and bring them into a peaceful position?

K- (I'll put it in a different way so that you understand. You have heard of the 'chosen ones'? These Souls are chosen to do this for the rest of humanity. You got to realize why suddenly they started bombing Iran on Saturday. One was that the Epstein files were supposed to open up on Monday, then there would have been no President. The Israelis are holding specific videos of certain people doing certain things. Epstein was agent for them and they have the videos to blackmail and force the leaders to do things for them).

(?? The guy on the front page is not the man who will rule Iran after this. We know who's going to rule Iran after this mayhem, if the American get their way. This man they are using in the front has been filmed by on a certain island in certain positions with beautiful women. These are all in the Epstein files. Netanyahu has videos of Trump that would bring him down in a second. Then you can understand the rest of it. That's how these things are being done. They have to do what their Master says. Don't forget, Netanyahu told Trump that he decides if Trump is going to be in the Oval Office. But there's a lot of things connected, it's not just one thing, there's too many things connected).

Q: What can Knowledge Seekers do to protect themselves and not get caught up in their evil war games?

K- (Nothing, just be by the standard and I hope you're safe at the moment. This is the best thing we can do at the moment. The safest place to be is in Africa).

(The KS says he feels connected to the System even though he didn't participate in the last session. That's because he has made the connection to the system).

(In the KF Plasma systems the microphone is more concentrated than the headphones because it's directly on your head, but once you establish the link it's just another tool for connection. During this week have you come up with new solutions or new questions which got raised through the enlightenment, which brings maturity?)

(The difference between today's session and the Valentine's one is, that was elevating the emotion to love. Today is about enlightenment and for you to understand more about your own capabilities. This is why you don't feel anything).

(?? We are testing you to see if you can find a solution for creating water. That will be needed in Space. It's for you to learn to convert the energy of the U to become water, then

the conversion happens inside your body. But in another place in Space you might need sulfuric acid to be within your blood. You have to be able to convert the energies to that, and this is the purpose of these teachings for now. The response you give us tells us how to tune the system. We look for certain little messages in the KS feedback that help us in our work and to change to the correct parameters. This is for you to find your way to the knowledge of the U. Then we tune our system that it works for most of humanity).

Q: When do you think humanity will tune to this?

K- (I don't know, it depends on what are you looking for. Someone who searches the whole world for silver, when he finds it he can make a cup out of it, a ring, or to cure diseases with it. It depends what you want to do with the knowledge).

(In the past, there were certain families that never had diseases or very seldom. They had long life without much illnesses and it ran in the families, but nobody ever understood why. The reason is simple. Many of these families cooked and stored water in copper (Cu) containers and pots. These were middle class to wealthy families who could afford Cu and they didn't have contamination of any shape or form. Silver was different in that it oxidizes and there are other problems, but Cu stays stable. Historically, the rich people ate out of silver and gold plates and they had all sorts of diseases, problems, and death. It was the middle class families that ate out of the Cu and stayed healthy. The poor had to eat from lead plates and they had all the diseases like mental diseases which came from the lead in the brain, and different diseases like respiratory conditions).

(Cu is the nearest metal to the isotopes of Fe, which is (the GM field of the planet), and why our muscles have Cu in them. It can link and connect with the mass gravitation of the Earth. (?? Please read it yourself). (Something about Cu 62, Ca and AA at 43. (?? Not clear). (This is why Cu is a good "antibiotic" if you get the right isotope).

(?? With the new KF systems we don't even need the matter state to create matter. We don't need the Gans's, because we have gone very deep into this T. If I tell you what we know, the world of science will be turned upside down. The development is going in different researchers. You have to understand the mass transfer, energy conversion of Cu and the ratio, and how they lock into each other, and how it's connected to the AA. ?? Then you can change it by connecting the Energy to Mass and the Mass to Weight. (We learned how to convert a Ca as a matter, into let's say, a vegetation, ?? or a muscle tissue. We have developed a technique to do it)).

(The Zinc (Zn) is connected to part of the neural system. (The color of Zn and the neural system are the same. You should understand the Zn Nano structure. That's why it changes emotion, ?? because it changes the nerves. ?? It's next to Cu on the Periodic Table. They have a common denominator, and an isotope field energy, and once they connect, the later takes over. The body is made systematic from the energy and structural point, in its real condition, and not in matter state).

Q: In many KSW you said that when we access our Soul we can live on this planet for thousands of years. In the 36th KSW you said, when we are born on this planet, we are destined to die. So it means our generation is destined to die, but the future generations are going to be different. It means that we cannot access our Soul, no matter how much we try.

K- (Wait, don't go so fast. We are destined to die in a D of physicality, not in D of the Soul. (Because our P cannot match the energy of our Soul and that's why it separates or dies. It's too good for it and it's like outgrowing a shoe. The brain tissue cannot confine the Soul anymore. It does not have the M field pressure to do so)).

(If you are over 55 to 60 you have to find a way to reduce the inflammation in the body. The muscles start to get inflamed, and the brain and blood vessels are not as strong as they used to be, so they get infected. They continuously get hammered with a jet of blood going through them and you get inflammation of the blood vessels. Then the blood pressure rises, and you get other things to go with it. So you have to find a way to get rid of the inflammation so that the blood can flow smoothly. Then the blood pressure creates problems in the heart. There's a minimum you have to maintain, otherwise the pump doesn't work).

(When you read your blood pressure the bottom number says what the pressure is when your heart is empty, and the difference between that and the top number should be from 4 to 6 maximum. For example, 12 over 8 is 4, so it is good and 5 would be perfect. The problem with our health is that when we get over 50 and upwards we tend to eat the wrong foods, then the blood vessels get inflamed, and the pressure goes up. If you understand the knowledge then you can help yourself. Our knowledge of medicine is upside down, because it's taught upside down. (It's purpose is to kill as much as possible, so that the pharmaceuticals can make more money)).

Q: Is the time of death already decided when we are born?

K- (Partially yes, but you still can control it. For example, if you get hit by the car, it wasn't decided at your birth because when you were born the cars were very slow. Now they are super fast and it's easier to get hit).

Q: In the 36th KSW you said, ?? that you can control the liquid in the eye if you do something with the thalamus and pituitary. You can actually see more things than what you usually see. (The KS tells her experience). Can you explain how we can control the liquid of the eye with the thalamus and pituitary?

K- (?? They are positioned near or parallel to the STM, the field created creates a condition effect and your eye is there. KF has done a lot of research on this and why cataracts are created. But we cannot help with this. (?? Cataracts are formed like water condensing on a window when the temperature changes. It's done through the bone structure of the face, and the thalamus and pituitary glands. They change the condition so

that it starts creating liquid in the eyes. With surgery they put a new lens in and do a little bit of chemical work).

(At KF we don't touch cataracts, because the eye position is not fixed, and you are moving it up and down all the time. Therefore, we can't fix it. If it moves slightly the wrong way or the system moves, the fields will interact with the brain and cause other problems. You can't use a back to front system, because you bring the brain into operation, you can't use a side to side system, because the brain sits in that gap between the eyes. The field flows everywhere and they have consequences).

(There was more talk about the eyes. You can read on your own. Something about the color bandwidth was discussed. And why people fall when they get older. We should learn to walk with eyes looking ahead instead of where we are walking because we're afraid we'll fall. The shoulders should be straight with the chest open so we get the fields from the air we breath. When the head is down it changes the balance in the brain, especially the thalamus and thymus. This is what actually leads to falling, not looking straight ahead. When we look to the horizon then we get more green lights from the vegetation and the photosynthesis in the back of our eyes goes to the neural system, and allows rapid repair. It also sterilizes, because light itself is a disinfectant).

(We should walk touching the heel first and going to the toes. We should not walk flat footed or drag our feet, because it affects our neural system. When we look ahead we get the lights that change our emotions. Dragging the feet creates diseases. The bone marrow doesn't go the correct way, ?? the cholesterol doesn't set, and you get diabetes because the insulin through the back of the calf muscle tissue is not triggered to (create it). When you don't look ahead with shoulders straight you start your own diseases. When you are bent forward, the lung do not absorb the right energy this leads to diseases. You should have self-confidence, but not walk like a soldier or drag the feet. These things lead to psychological problems in the future).

Q: About the 165 little girls bombed in the school in Iran by the Israelis. Were all those Souls destined to die at once?

K- (Accidents are different than the cycle of life. Why did the 7 Israeli generals die in one attack? They had planned so many murders. Accident. (In the story of the man who dies and goes to Heaven, the gatekeeper asked him if he was married on Earth? He said, yes. And the gatekeeper said, oh, you paid your dues, you can go to Heaven, because you already had your Hell on Earth. It all depends on how we look at it. The second man was asked and he replied, that he was married twice. The gatekeeper told him to stay in Hell because he never learned. So, we create that Hell for ourselves. We are married to physicality. This is part of the problem. The more we get tightened up with it, the more we become part of it. (The more it takes us under)).

(We have to understand the process of life. We all are destined to die, but we can decide how. Some KS and officials listening to the teachings asked me if I knew about Ayatollah Khamenei (what would happen). They said, because you mentioned it last week. I said to

them, the love of God has its own limit. You take life in thousands, we know our way how to stop, it's stopping that cycle. Look what happened in past 40 days. How many lost their lives in two days? As I always say, the man who makes the gun, and the one who gives the order to make the gun, and the man who shoots the gun, all have to pay. They will pay in their own way. And the message was understood. It's us who decides on the future of life, and to what extent).

End of Quick Index - 632 KSW – March 05th, 2026

KEY-PHRASES:

SUMMARY:

ENGLISH TRANSCRIPTION

(:21)

K- Thank you very much. Good morning, good afternoon, good day to you wherever and whenever you listen to this series of Knowledge Seekers from Keshe Foundation Spaceship Institute. (:22) As usual, we welcome you back, and according to our data and what we have, we enter the 13th year of these teachings this week, or sometime around this week. We've been here for 13 years and we just listened to one of the sessions, some 12 years ago. And it sounds and it looks not much difference in the past 12 years, except the Man has reached the final phase of how he can destroy himself.

The connection of the Man, the Soul of the Man (STM), and the structure of the work of the Universe (U), is unlimited. How we connect is in a way, in what we listen to, in a way of... Listening is not with the ear of the Man, is with the feeling of the emotion, the strength of the emotion. The STM is very much like a radio, where you have to tune and exactly at that strength you reach a channel, and then you change it slightly, and you know what number to look for, and you go to the other channel, if you were, what I call, children of 70's and 80's and 60's, we used to have all our radios, with a little twitter, we used to twinkle with this, not when it used to go and made a lot of noises, and then it tuned to a voice and say, "Oh, this is this channel." We twiddled with it a little bit, and even another bit of ??, and then it was another music or something else, on another channel. And in tuning to a Soul, to another Soul, there is no difference. (:24) We have to tune that we can connect to the strength of the Soul of any position, place, and person, or whatever, in the Universe. We twiddle a little bit, because we've got a point of reference. We call it, we dreamt about the mother and we twiddle it a little bit, and we hear the voice of the girl, we have a dream about the cats and the rest of it.

In a way, if the Man learns where the station is, then he can talk to the mother, and where the station is, and what strength to speak to the father, and the rest of it, doesn't matter when they died or where they are, wherever they could be in the Universe, or they are in the other parts of the Earth, Man can do so. One of the challenges of the future, as I said

in the last teaching, is not to find to go to mille-hertz and micro-hertz, we have to go much, much lower. And then, find out at what gravitational (G) field strength, the plasma changes into a noise, which connects to the person. This is what we call resonance. In the material world, when we have a resonance, is when we match. There is a resonance, a magnetic (M) field, the STM, and when that resonance are achieved, that's the mother connection, or is the cat, or is the father who died decades ago. Physicality (P) we cannot connect, but through the Soul we can connect, because it's an Energy Pack, and as part of our DNA, RNA, and part of the connection of the STM, we know it's embedded in us, for connection.

But the only difference is that, in the life of the Man, we know the physical mother, or the physical father. (:26) In the life of the Energy of the Man, that energy of the father is the Creator who created us. And the frequency of the Universe is the frequency of the mother. These frequencies, Man through the world of science, have not managed to achieve yet. It's not that they are hard to achieve, they are not high to achieve. They are so low, to achieve it needs a better understanding of world of the Creation. What this means, Man has to find frequencies below the frequencies of today's knowledge and technology (T), that it can become closer to the frequency, to the strength field, of what we call, the STM, and the Soul of the Creator (STC). I asked our people, "Can you make such a low frequency?" And they say, "This is as much as we go." Sorry, at this frequency, you're still in matter state of the Man.

This brings a need for Man to develop new technologies, that can create frequencies at the strength, length of the Hydrogen (H), in the plasmatic condition and not Hydrogen in the matter state. And then the same with Carbon 14 (C14) or Carbon 16, that Man can gradually tune in to, connect with, and be in parallel dimension, as the field of the Creator. And then, if you understand this, you can practice. I want to see my mom. What is the frequency? What can I need? What do I need to generate? Why do I have a dream about my mom every time there is a problem? Or every time I know something is about to happen? Is it me or is it mom looking after me to inform my Soul that that translates to knowledge in me, to know there is a problem or there's going to be something to be done? (:28)

To create these systems, we need to develop technologies, which works at the field strength of the Universal fields, and not the manmade matter state. In the coming time, Man will move away from the matter state systems and will move into the Energy system. Where he can receive, he can contain and very much, the way is the dynamic structure of the solid state of the brain of the Man allows a dynamic energy state of the Soul to be captured, held in. In a way, it's cocooned in, in a way it's kept the prisoner to. And if you think of it in a very special way, look at the spinal cord of the Man. I refer to this in some teachings ago. Why do we have fingers, why we have toes, why we have legs and arms and all these connectors? The fingers Man looks is for grabbing, holding and whatever else you do with your fingers and toes. But in fact through the neural system of the Man, this is the dimensions (D) where we actually connect into the Universe, universal field, universal energies much easier. Even though we have a Nano

coated antennas, we call it the hair, which receives on the field strength of the plasmatic condition where the body of the Man, the fingers, is a combination of the two.

In the future when the Man gathers enough knowledge to be able to measure the frequency, wavelength of the fields from the tip of the finger to the hair and the rest of it, Man will be able to replicate the energies he needs from the dimension of the energy of the Universe, (:30) that the fingers receive the energy, but the same fingers does not kill for the energy. This is the difference, this is where we understand the Knowledge of Creation (K of C). What does this mean? We use our hand to kill, we use our hand to uproot, we use our hand to take another life, to put it in the mouth of the Man, that he has an energy for that 20%, what it needs. Where, if the Man learns through the dimensional transfer of energy, the same fingers can feed the Man, the Man does not need to use the fingers to kill.

Go back to the teaching of some years ago, where I explain how you can hold your hands together to create that ball, that ball of light, where in fact you look at his light and within it, if you understand, it's the Black Hole which can attract and absorb the energies of the Universe, that it can feed through the same fingers, the energy needed from it. If the time comes, when the Man understands that instead of using the fingers to kill, to destroy another life to feed the mouth of the Man, he uses the same finger to create energy condition, that he can absorb the energy through the same fingers, but not to kill. Then we'll reach the position where the Man become Man of peace, where he does not need to kill, and once Man forgets what goes, as we say, out of sight, it goes out of mind. When we don't need to kill, When we don't need to destroy, and we can tap into the energy of the Universe, through our own fingers, the same fingers that we kill with, then Man will reach the point, that he's ready to move, to become a member of the Universal Community. (:32)

Unfortunately over thousands of years, very few men, through devotion, through what we call, self-sacrifice, through understanding that my hands are not made to kill with, my hands are not made to destroy, my hands are made to raise them as we do when we pray into the skies to receive what I need. Man, the method it was taught to him, to raise his hands through his fingers to receive the energy that he needs, he changed it to pray to God, to the Creator that he made for himself, for and to cover his lack of understanding of the world of Creation. When you learn, the time will come that you can raise your hand into the sky and use your Soul or the dimension of the field of it, to attract the energy, then you will see Man does not need to kill. We look, we dig into the roots of this planet, to take animals, to take plants, to take everything else to feed that 20%. Where if we learn to raise our hands into the dimension of the Universal Community energy supply, Man will not need to kill, as instead of looking for food in the ground, he receives the energy in the skies. This is why Man was told when you pray you raise your hand up. This is why Man was told to put his hand to look up to, it was not to create another, what we call, figure of object, that he suffices himself to be the weaker, (:34) but was the reason for Man to understand that he can take from the Universe without killing and without destruction.

In a few months, or in next couple of years, we will release such a technology that you gradually learn to take energy through your fingers, and through it, through the structure of the STM to feed and that decides what energies you need to do. Up to now we use our hand to decide, we want vitamin C, we take that plant, we want protein, we kill that animal. Now our hands will come by the Soul dimension of energy to decide, I need this energy to change it to vitamin C and I take from the Universe and I do not need to kill for. The structure of the life on this planet has its own beauty and its own sorrows, but Man has to learn how to convert this, how to exchange the physical matter energy to the, what we call, the energy of life. This is why we brought in the Gans technology and Man has not understood. If some of you ever put or brought the Gans's of the appropriate field strength of you, near you, you'll find out you don't need to kill, you are not hungry to kill for, and in becoming satisfied with the energies that you need, Man will forget the killing.

In the coming time, in the systems we develop and deliver, this will be met. In a way for you to satisfy the hunger of the energy you need, you put your hand for example in a glove, and that glove has been pre-tuned to the field strength of your body that you receive what you wish in dimension of, (:36) 'I can produce anything I need,' by just thinking about it, because you are carrying the replication machine with you. And, it is in a way, we already have this embedded in our lives, but we have forgotten to use it. It needs concentration of the, what we call, the brain of the Man. Concentration on the STM, and understanding which energy needs to be taken from which part, that it can be fed to every part of the body of the Man and not just the Soul.

If as Knowledge Seekers (KS) understand this, you'll come to realize we are not far from our teachings. We are literally looking down the same barrel. We are literally understanding why we have all the problems. How many times you've seen something wrong, you've done something wrong and you walk and whatever you come to has already solved your problem. But you're actually putting the problem to be handled in a later time as you never understood the process of the Creation. In one of the teachings, we refer to understanding the position and how emotions are created and how you can use the emotion to connect to another field and dimension that in that you can satisfy the urge or the lack of the energy which the children of the Man are used to and they experience directly from childhood. It goes back to understanding, I made Man in the image of Myself, (:38) which means Man does not need eyes to see, does not need legs to move, does not need anything to do.

One of the objections (goals) to Man's behavior in the future will be him being able to control his emotions, that with it, will allow Man to be able to tap into the Universal energies. In a way you use your emotion like that knob which you use to turn, to go from one channel to another (on the radio). If humanity understand this, then we come to a very interesting point. That, does the Man need to, does the Man have to, does the Man become to understand, that life can be joyful, life and lifestyle can be maintained through the energy fields of the Universe and not the matter state of Universe.

In the past weeks and months, we have been running a test in the background. And this test today is no different than what it was before. But, how many of you who've been in

session of on Fridays, and you've been in the teaching of the Thursdays, have come to understand, if you've been enlightened, have you broke into the new technology? Are you looking, but still left, some left for Man to improve, to go ?? fast, and at the same time we are part of? The process of connection of the STM to Universal energies, as we said last week, was, is, and is like when a child, a baby suckles on the womb of, on the breast of the mother, (:40) once it's detached from the energies of the womb of the mother. How does he know that he receives and sustains life through the milk which is given freely, unconditionally by the mother?

As we said, if the parents, if the people, if the Man has been told that while he's suckling on the breast of the mother, mother through understanding of the field force of the Creation connect the child to universal energies, child does not need to be weaned from the breast of the mum and to be fed the flesh of animals and the others for it to become from day one of detachment from the breast of the mother, a criminal. We create that condition, we create killers and murderers, and we teach it to our children, the minute we end, we stop, we forget that, the life of this child is not only the milk from breast of the mother.

It's the responsibility of the mothers of the future to learn how to feed their children from the dimension of the field energy of the Universe, that they connect their child to the Universal energy, through the time of the feeding from the breast of the mother, where the child has not learned to kill. Where the child has not experienced the destruction that he can create, trying to survive the dimension of life. It's the responsibility of the mothers to teach the children how to use their fingers to absorb energy. Touch me and see you don't need the milk to suckle. I give you freely. We have to retrain our mothers and fathers that they teach their children from the time of birth. (:42) You have 6 months, you have 12 months, till you start feeding the child, or if the child needs an extra energy rather than just milk of the mother, to tap into the Universal energies. Through the operation, through connection, through understanding of the work of the fingers and toes, and connection to the emotion of the STM.

This is not very hard for those who understand. And those who see that their interest is damaged, they'll find a way to excuse, and to find a way to deny, and they find a way to walk away. In a way, if our mother at the point of feeding us with the milk from the breast of them, for us to survive, because it's supplied unconditionally, teach the child how to connect. You feel me, what do you get, and see how they see reduction in the amount of the physical milk, then you understand the child is learning. Then you can use the essence to tap to the energies that you need without the destruction of what you need. We uproot the vegetables, because we want to eat that part, but we don't see what we do with (to) ourselves when we uproot it.

Mankind has to learn to be part of the structure of the Universal Energy from the moment of birth. And this is the responsibility of the mothers, as they supply that freely from the beginning. You transit, or bring the transition from the free energy which is my liquid of my body to you, to taking another life for you to survive. It is the mother who puts the first meat in the mouth of the child. It is the mother who puts the first piece of bread,

which is the life of the wheat and whatever, in the mouth of the child. (:44) What about if the mother teaches the child that he can take from the Universal Energy, what is available, without destroying a life? Now we understand why the responsibility of the life is on the shoulder of the mothers, as we have to educate the mothers of this time to work to understand the work of the fields of the Universe.

There is one point, once you create the Children of Mitra, they are born through the field energy of the Soul. Why do you taint their life with a killing, where they are born through the energies and not the dimension of physicality? This is where the Children of Mitra will take the dimension of physicality of the Man and we'll see the same mayhem of killing. If you create the Children of Mitra, teach that child from the time of inception, till the time of birth, and the time of nourishment, that he can, through his Soul, he can, through his fingers, connect to Universal energies, that after coming, in a way, when you wean the child of the breast of the mother, he knows how to feed itself anywhere in the Universe. And not to be connected to the dimension of the fields of the others, for him, or her, to be killed, to be destroyed, for him to have a life, to live, in another few seconds on this planet or anywhere in the Universe.

It's the responsibility of the Knowledge Seekers in the coming time to develop such a technology, that by, for example, as a glove, put on the finger of the child, or on the hand of the child, he learns to absorb energy, what he needs from the environment, till gradually he learns how to feed himself through the dimension of it. One of the best tools Man has ever been given is the Nano material, (:46) which receives energy, we receive huge amounts of energies, and is with us from the time of the birth, to the point of the death and beyond. Is one of the best Nano coated materials, which can be, which decides, which can be used for transfer of Universal energy to any part of the Man, because it's connected to the skin of the Man, and it's connected to the STM, as it's connected to the brain of the Man. The (finger) nail of the Man is not just for the sake of digging and protecting, it is the best transmission and receiver for the energies, which the Man does not need, and for the Man needs, to survive. This is why we raise our hand into the sky, asking from the Creator.

In a way, we give what we don't need, and we receive what we need. The nails on the toe of the Man is connection to the energies of this planet. The nails on the hand of the Man is for energy to the Universal dimension. This is why the hand has been put near the STM. The way is the passage of the lung to the throat of the Man to the nearest point to the STM. If Man learns how to transfer energy of the Universe, through his nails, through his fingers, then Man will become independent, anywhere in the Universe, can attain life, sustain life without killing. And the life which he takes as he needs, will become an everlasting life, because he knows what to give and what to take, and how to convert itself to the point of life anywhere in the Universe. I made Man in the image of Myself, as I am the energy and not the matter. I made Man in the image of Myself, as I'm made out of the wish of giving, and not from the wish of killing. (:48)

If Man learns to be like me, Man will achieve the everlasting peace, Man will achieve the everlasting life, and in a way, Man never gets old, for it to come an end. Tapping into

Universal Energy, creates a Soul which lasts forever. Man will not commit crime, as what he takes is what he needs, and then there is no animosity, there is no, in a way, greed, because what you need, you take. We have shown this in the technology of the recent past, that you can produce through it, as you create the light, you can create the matter that you need with the same wish. If you understand the frequency, the strength field of the matter state, in conjunction with the energies of the body of the Man, when you look into between your hands and your wish and emotions to have gold, you create the gold, you do not need to have the light. But what that gold is supposed to serve, is it the greed of the Man or the energy of it, is for you to feed yourself through it.

Man has to understand when you look at an object, the feedback to confirm it's here, is the same as when the Man holds his hand and looks into the ball. As you give what you don't need, that takes from the field of the Universe, to give you what the body of the Man needs to survive. In a way, if Man learns to use his fingers to concentrate, and bring the field energy of the Universe within it, then it's connection to the STM will feed the STM, as the STM has the field strength of every cell of the Man, that will feed the Man, the physicality of the Man. This is how Man shall not kill. The hands you took out to kill, if you can concentrate it and look into the light and energy within it, you can with it, because it's dimension of limitation of your body. In a way, your hands become that skull, in the air in between it, (:50) become the energy of the Soul that it feeds the STM, and through it, through the rest of the physicality of the Man. The energies you don't need, cannot be produced, as the Amino Acid (AA) protein of the body of the Man in his skin will create that dimension of limitation. In a way, Man still feeds itself through his hand, but in a way, it feeds the Soul, and the Soul feeds the body. Man does not need the hands to kill.

In the coming time, technologies we'll develop that will train Man to do this. The way we have learned, we trained our fingers to write, to touch, to feel, to show love, and with it to show affection. Through this technology of understanding the transmission of the Soul through the nail of the Man, the best Nano material ever known to the Universe, Man will learn to transfer the energies to what it needs, in a way filter it, and then feed it to the STM, through the skin, through the dimension of the neural system, to the STM, and the rest of physicality of the Man can be fed. Today we create energies through our blood, to transfer, as we say, to feed the rest of the body, we do the same, but we do it through neural system, because we are created out of the energy fields of the Soul of the Mitra, and not the physicality of the Man.

I wish one day Man understand what I taught today, and I wish that day come soon, that Man would not have his fingers tainted with blood. And when you forget to kill, you stop the wars, you stop and become Man of peace, anywhere in the Universe. The hand of the Man has been the biggest enemy of the Man. The hand of the Man will be what we call the savior of the Man. (:52) If the Man needs and the Man learns, that the hand of the Man, through the dimension of the Nano material within the structure of it, is there to absorb the energy, converts and feed the Man, and not to take a life with those hands.

I hope as Knowledge Seekers you start learning. And I hope those of you who are connected to our system learn how to connect to Universal Knowledge, in a way, Universal Energy, that the knowledge become the food of the Man, and not the energy to feed the physicality of the Man. That is the time when the STM will become part of the Soul of the Mitra, the lover, the Creator, and the same, as the Creator does not kill to feed itself, and uses the field of the Universe, Man will be the same, and then become much closer to be, what we say, I made Man in the image of Myself. I never tainted my hands with blood, with killing and destruction. And so, to be the same as mine, Man's Soul has to learn to feed his physicality without it killing. I hope you Knowledge Seekers understand the message of today, as we enter a new cycle of understanding the world of Creation in dimension of energy, as I explained last time. And with it, the emotions in dimension of energy, as we enter the dimension of the life in the Universe, and not physicality of matter on this planet.

We go for a break, and we come back, and I hope your Knowledge Seekers listen to this teaching, and start to understand why we took you through the system last week, and why today we taught you how, connected to, (:54) and understand now with the key, in a way, to the life of the Man to live the dimension of Universal energies, and not dimension of physicality of the matter of the Earth. There are no cows, there are no sheep, there are no wheat, there are no rice, there are no fish in the Universe for Man to eat. If the Man is eager to conquer the Space Man has to learn to live to the dimension of energies of the Universe, with the physicality of him what he has, than actually killing with the hand of the Man. And that's why Man cannot go far, and he's always dependent on Earth to confirm his existence, and is limited with time. When you depend on the physical matter energy, than the Universal energy. Rick take us for a break. We'll come back. (:55)

>> BREAK >> 632 KSW March 05th ... (1:00).

K- Yes, I'm here, I forgot to press the button. Thank you. As we enter our 13th year of teaching, I hope we can share much deeper knowledge, and make it much easier. And, many of you have had problems, or you had problems in connecting with our systems, because you always do through understanding and work of your physical dimensions, and you can change it to work through the energies of the field of the life of the Man. You'll find that you connect to the system we set up, and the way we set things up. This is why

we gave you and we supplied all sorts of Universal Cosmic Ray materials, to make this much easier.

In understanding the work and the systems, it has become part of our responsibility to bring, to make facilities for ourselves, because we are the only one who can tune to, to understand and connect. Our technology is the system we develop. Is just to assist you to learn. It is that "L" driver license on the back of the car, with the driving car from the school of driving. With two clutches and two brakes and two, what you call, what you have to change gear, to stop and to accelerate. The rest is in your hand. We are not the driver. You are the driver. We are there to guide you to learn gradually. And the technology and systems we leave with you is for you to learn. Some is mechanical system, and some has to come from the inner STM, desperate enough to learn the Knowledge of the Creation. (1:02)

Since last week, we have left the same system on, and for next few weeks, the same system will be on. Which means you can connect anytime to the system, to Universal Energies, and in a way, for you to improve yourself. In a way, for you to be able to tap into Universal Knowledge. And, as we develop these technologies further, you get more benefit of understanding, higher level of the connections. In a way it doesn't come by elevation, it comes by lowering the weaker fields that we become close enough but still exist to be able to understand.

We are testing and we have made the system available and it's ongoing, try to listen to the system and ask yourself, "Have you been enlightened? Have you understood anything more than last week?" Something you wanted to know about yourself. It's not necessarily knowledge, but about knowledge of yourself, Knowledge of Creation, anything else. And if you see something which has come to you, try to understand the emotion at the time when you understood it. And then you find gradually the way to connect to universal fields, to be able to sustain and gain from the Universal energy and knowledge, than the physicality and knowledge of the Man. We'll leave these systems out, for the time being, at the same field strength, that by coming and going you learn more. Listen to the teachings during the week, whatever, again and again, not to listen to the word, but to create a connection with our system. And then see what you gain, what enlightenment you receive.

We are entering the cycle of the energy and fields, and not the cycle of matters and the reactors. (1:04) We create those in the background for the matter state. We have entered the space of the fields of the creation of the Universe, which brings you very close to the book number 8, 'Origin of Magnetic Fields.' Which that, brings us to creation of life. As we call the field of the Universe, and the field of the Creator, the Magnetic fields of Creation. Now you understand why we go this way. We are entering the final phases of the teaching, in a dimension. Till we start teaching you a new knowledge, in how to read the Encyclopedia of the life of the Universe. What life means, how life created, how stars and planets and galaxies, become to take the shape of, what is their function, and how you recognize which galaxy, which combination you call it constellations, mean, where it

takes you, and how you will enter a new dimension of the higher order, to be enlightened at the highest speed.

In a way, in the English word, we call it the 'sling effect'. If you understand what the 'slingshot effect' is, in a way you can use the process of the fields of the Universe to slingshot yourself closer to the Creator. You made mistake on Earth, maybe if you understand it, you can compensate by it. But the cost you pay will be very high, if you understand it. If you made a mistake and the same mistake is repeated.

Teachings will change in a very deeper way, for you to become educator of the Children of Mitra, and not education of the educator of the children of Man. So, you understand which way we go. (1:06) As more and more of you learn how to create children of the STM, and the children of the physicality of the Man, we need to teach you how to become good parents for the children of, what we call, Universe. As Man has miserably failed to create the children of the Man, to become peaceful Man. Gradually, in the coming time, we spend time to teach you, and it's for you to be enlightened, how through these connections, the children of the Universe are created, which part suits you, to create a perfect Children of Mitra.

I hope you can learn and I hope you understand, there is no age in creating the Children of Mitra. It's Man's physical age for its limitation, but there is no limits in how, the Children of Mitra are created in the Universe. After trillions of years, the Creator still leads his field to creation of new life. So, what should be any different for Man? We go to any questions, if you have any questions, let us know and we try to answer.

Q: ... Thank you and greetings Mr. Keshe, Rick, Universal Council, and Knowledge Seekers across the planet. (1:08) I have co-created a platform called, 'Unify Love,' a planetary coherence network that makes the field of human prayer and meditation visible on a living globe. When hearts enter coherence, they light up. When many hearts synchronize, the field grows. Research shows that when the square root of 1% of a population meditates together, violence measurably decreases. The world is at war right now, and fear is the dominant frequency. You have taught that the Soul operates through fields, and that peace must come from the STM. My question is as follows. What is the plasma field condition for peace? Not fighting war, but creating a plasma state, a Soul state, where enough human hearts in coherence generate a field that conflict simply cannot exist within, the way disease cannot exist in certain field conditions. And how do we go from counting coherent hearts, to creating the condition where peace becomes physics? Thank you.

K- Thank you very much. We all have one common denominator. Not only to come to the Universe, but a common denominator Amino Acid of the Man. That's how we'll be recognized in the Universe. You don't need to see our physicality, but by the field energy of our Soul, they say this Soul has been created on Earth. You have to understand that there are many structures like us within the span of the Universe, we are not unique in producing Souls, as I've said many time before. (1:10) To create a harmony, all the Souls to be that brings a peace through the, what we call, physicality of the Man, is what we

say, "to fall in love". And which means to become a giver, unconditional giver. And not by pretend, and not even pretense, and not by trying to show we can, or I can.

There is a common denominator, what I call, the Love of the Creator. In a way, common denominator, how and what field that when we love, in a way, become giver, we tune to every other Soul on this planet. We call it love, we call it, as I spoke with it before, about it before, Nationalism, Racism, Religions. Those who follow, and they really follow it in true way, all create the same field strength, Magnetic field in their Souls, or in their physicality, or in their heart, or in their every cell body, they have. So, if you can manage to bring, to be nationalistic about the nation, peace of Man, it should not be that far to be the human. And be proud to be a human, and understand that love of nationhood to planethood. This only will come when the Man has to face another citizens from another planet, from another point in the Creation, that, then we are Man of Earth, then we are born in Earth, we are born from there, and we come from it, and we share it.

In a way, we change it to planetary, what we call, arrogance and love, and then the nationalism, (1:12) regionalism, family-ism, and the rest of it. We know this field strength in a different way, in a dimension emotion, which is internal, and not external, doesn't go to the barriers of borders of nations and colors, but it goes in the dimension of gender, male and female. And when you go back into, because that Soul of the gender, male or female, is itself created from interaction of the male and female. Then it finds the passage of love, connection and balance. That's where the Man has to look, nowhere else.

When we fall in love in the dimension of the Creation and not the created. Then you'll find the secret of Creation. Then you understand how peace will come, and then we understand how to connect to each other, to become that peaceful. There is a way to do this, and there is a way which we have developed technologies for it to do, but Man needs to do it himself, learn how to do it himself. And then, Man will be able to do. Sometimes in the future, the way we made the Cup of Life, we made the Cup 2 of Life, which will develop, what we call, the container of love. A Cup of Love, in a way to give, and then to be in balance with each other. Human race is not ready for that yet, because it'll bring conflict, and many Souls will depart. (1:14) Because, their desire does not match in what's the reality of giving. On the surface I'm a giver, on the underneath, I take.

That needs a special ?? life. Is not a Cup of Life, but is a Cup of Love. In a way, loving, balancing the Soul of the Creator (STC). Once we develop this, we'll come to the point that the human race will go, this is part of what we're developing on ONN (One Nation Network). It is on our plan to bring that. And if you remember a few weeks ago, in a very hidden way we tested this, on the cover of Valentine's Session. And it's all recorded. We know where to go for, we know what's done for the Man, and we know how to create it. But mankind has to be ready to let it go of taking life, and become Man of peace within himself. And then we'll see the next step.

Any other question?

Q: Thank you very much, Mr. Keshe.

K- You're welcome. Please do not use our Foundation, our work, to promote, or to draw parallel with what you do.

Q: Yes sir.

K- ...?? Thank you very much. I'm watching what you're doing.

Q: Thank you very much.

K- You're welcome. I'm watching what you're doing. We don't give approval to no one's work. But we are here all for us, for others, to use to elevate the Soul of the Humanity. Thank you very much for your work.

Any other question?

Q: ... (1:16) Why did Iran not use Keshe Foundation technology to defend itself from the latest attacks of USA?

K- We were told by the officials that last Wednesday was supposed to be shown. And we are sitting and waiting.

R: I think there was a drone that was one of the latest technology, US drones was taken over by Iran, and the control of the drone was taken over.

K- The UFO, the what you call the UFO structure of the Magnetic fields, were shown in Isfahan and in Tehran, observed and recorded. But how they are not used, is something we are sitting... I had a... as I said to the other Knowledge Seekers who are close to us, we were promised that they'll be shown by Wednesday. They had the reason for it, and we are still waiting, we are 24 hours away, or past, and we have to see the reason. We asked the question, and that was the answer of the people in charge.

Go back to last week teaching (631 KSW). Go back into 104 to 106 minutes into teaching. In about 105 minutes, because we pushed Iran to go through the process of peace, we put options for the negotiators to do what we asked and they did not do for their own interest with the structure. (1:18) We said we terminate the cycle of Ayatollah Khamenei of Iran. Then you understand what is about to happen. We have never terminated no one's position. And the Soul volunteered because they know the option given for peace was denied deliberately, and was set that way. One day you understand how it works. It's not a punishment, it's servitude. I did not do what I was supposed to do, so I withdraw. And I gave a very clear indication that what was put forward, and how it had to be done, and for whatever reason, was not done. We asked the Iranian officials to listen to the teaching of last Thursday. Option was given to them clearly in recording. And if you listen to 105 minutes, we terminated the option of those who fed the war. And the Soul itself volunteered for what it was supposed to. Then you understand.

But at the same time there's a lot to be done, there's a lot to be conquered, there's a lot of positions to be fulfilled. This is the last stage of war between Jews and the Muslims. And the Christians got involved this week on top of it. As the French President said, (1:20) "EU is a Christian club, we cannot let the Turkey in." And now you understand how the Europeans, the Jews, and the Muslims, are going to hit each other, the hell out of each other. Then we see, it'll be the end of the religious wars and as I always said. Nothing to do with anything else but, under cover of finance, oil and everything else.

We gave options to the Iranian government, in all the negotiations. When we terminate, you understand, doesn't take long, you don't need to wait 40 years, 100 years. Soul arrange themselves to complete the cycle. Just listen to last week's teaching, at about 100 minutes. Then you understand our notion of what we deliver.

Any other question?

Q: ... Hello Mr. Keshe, does the One Nation Network device, could it be placed in a room or a building which houses terminally ill patients, or with mental diseases? Would it elevate your Souls, and have benefits for their emotional and physical body?

K- Yes you can do, because you have to understand these systems are connected, and once we start connecting these to the main system, which transmits these things, yes. (1:22) The matter state, which is your Internet, is different than the system we set up. And it's like, what you have in your headphones, you use, you join us. This connects the fields of the planet, and has no dimension. In a way, what is short for Man. It'll be very easy for you, Knowledge Seekers, to be able to tap into Universal Energy, as once we let these things loose. And, hopefully, there is a reason why everything gets delayed with this thing. Every time they find another problem, and then another problem to create it. And, once the teething in the programs are completed, then physical dimension, and the factories to set up to produce, mass produce these, will go very, very easy. The purpose of these antennas is not just for us. The purpose of these antennas in the energy dimension, is, for example, if you take a Unit to the Moon, to the Mars, you carry one on board of aircraft, in the depth of the ocean, you cover every aspects, anything in between, and beyond. If you know how to expand the fields. Yes it can be done. And then, it will bring that dimension of it.

Any other question?

R: George has the same question for the Cosmic Spring products. Can they be used near people with for example, cancer, or mental, emotional problems?

K- Yes. These are peace and balance. If it is, yes. (1:24) These products are made in such a mixed way that you don't know if you get the peace or the balance, because a lot of people wanted the peace, but they don't understand, needs a balance to bring peace. So, we decided not to mark them, and randomly connect. But, don't forget, they were made in batches. These things works very much like a ONN. One peace can be in that batch in America, one batch could be in England, and one batch could be somewhere else in the

world. So, the connection is made at the point. So, it is, and can be done, can be used in that purpose.

Q: ... Starting from the tension between idealism, where reality emerges from consciousness, and phenomenology, where reality emerges from interaction with the world. I would like to ask, if the Foundation maintains that, consciousness and matter are manifestations of plasmatic fields, what simple and repeatable experiment, could demonstrate this interaction, in a measurable and independent way. In other words, what concrete experience would allow one to observe the link, between field perception and matter, beyond philosophical interpretation? (1:26)

K- Systems. We have shown part of the system last May in China. And does not take much to add the others too. We know the technology, we have the technology in our possession and it can be done. It is not the philosophical, is a physical system. I was with someone earlier on today, and was explaining, and I was hearing this a few weeks ago to another, what you call it, Knowledge Seekers. If you understand what I'm about to say, then you received, you got your answer.

Keshe Foundation development technology, which will be going through its test very soon, and it has gone through its test before to be commercialized. We can create rains, that in that rain we can embed the materials as the essence of energy, as a raindrop for emotions. Very much we can create rains, that the physical raindrop, carries Amino Acids that a plant needs for it to grow. So, we have the knowledge to carry the emotion of whatever you call, whatever you need, (1:28) as the rain drops on the whole of the environment beneath that cloud. As we say, "The love of God, the rain from Him rains upon the cat, the dog, the Man, the beast, the same." And now we can embed in that raindrop the cycle of what is needed as energy and emotion of the energy. It's not theoretical, we have access to it, we know the knowledge, we tested even now, some of our systems are getting developed under this process. Some of the Gans's, which will be marketed soon, carry the emotion of love, the care, and whatever, and a field strength, which is embedded within the Gans's, and within the fields they produce. Be it the plant, and the tree, or the matter state. In a way, when it rains on a stone, the stone receive the emotion of love, the emotion... the stone receive the emotion of calmness. This is not something we do, we already developed this, it's within our structure, and you will see as the new materials, and new Gans's, new technologies, which will be emanated from the Keshe Foundation in the coming time. We can embed that.

What the Earth could not provide from inside to make the Man not to kill will rain upon the Man, and we bring it through the systems across the Man to withhold it, and to sustain it, to change it. (1:30) It's not something, it's something which is... we already developed the technology and not the talk.

Q: ... I know that the Keshe Foundation has many experiments, but what would Mr. Keshe want in public, in scientific academies, of all nations, to spread like a virus?" What experiment, or what part of the Keshe Foundation technology, or plasma technology,

would you like to see more in the public, or in the, not in the public so much, but in the public part of the scientific academies.

K- We don't look for that. We try to talk to Universities, we even show the production of the material, as Gold and everything in public. We passed those points. This was the way we would have thought, maybe, two or five or ten years ago. We have taken a new direction, dimension, all the energy of the Keshe Foundation is going in that way. And in next coming time, we'll enter the cycle of life of Man. But our way in a physical way, and change Man inside, as part of the structure which we set up. And you will see. They say, "If you can't beat them, join them." And we have joined the Man, to change the Man, the way he enjoys, to bring, what you call it, energy to itself. We'll go that way. (1:32)

Any other question?

Q: ... I was listening to this guy and because March 2nd to March 3rd was a Purim celebration. And Purim celebration, because I remember when I had my practice, I had a doctor that used to work with me and he was a Jewish and always, you know, he says a Purim celebration and I always congratulated him. I said, "Enjoy your celebration." And I didn't know what's going on. The guy explained that Purim celebration it was happening in Iran during ?? Chesha Yershav. And then his wife was Esther and then the wife by trick I mean she was Jewish but they pretended she was Muslim, married him and then she kind of inflicted on the king to kill. ... (Book of Esther in Old Testament)

K- We lost 300,000 Iranians. The Purim celebration is the murder of 300,000 Iranians. And this was the plan of the war of this time in last week on Iran.

Q: That's what these guys were saying, that's what they want to do it and then celebrate.

K- Yeah. All the Jewish celebrations on the murder of others. They never celebrated anything good. And so... When I told you, if you remember a few months ago I told you, (1:34) that the Jewish work on a calendar, and what, and which day, that is a day. It is disguised as part of the, what we call, the Jewish belief. They were, they're hoping by Purim, which is coming up, they'll kill exactly when they kill 300,000 people in one cycle. And then they'll celebrate more. Now you understand how religion has come into it, and how they timed it.

Q: ... But then another guy was saying the day they did it, if you look at 9/11, if you look at the calendar of Iranians, become 9/11 and they said on that day, they decided to, the first bomb they did, it was, they have to draw innocent blood. That was the (girls) school they hit (in Tehran). That they started that because they have to...

K- Everything, everything is done by purpose, by time, by the Rabbis. And this is what I told you, this is a war of religions. People don't see what we see, what we know behind. And thank you very much for opening that Azarjan. But, that's all it is. This is the war of the religions. Using nations and governments like fools, walk into a slaughter.

When you talk about a hundred and odd girls to be killed, in one school and the rest of it. According to the estimates today, over 11,000 American lives have been lost in Middle East, soldiers and civilians. And they only say six. And the aircraft carriers carrying bodies in coffin in the state, is full of bodies, drawn through the flag of United States. When you say, "drawing blood", it wasn't just of the Muslims, it was of the Christians too. (1:36) This was the pattern. When the Americans put their wives and their children in these hotels, in Middle East, and when they got hit. They had no sirens, there is no air shelters anywhere in the Middle East, any of the Arab nations. When these bombs hit these hotels, these buildings, these, what we call, even military bases, they had nowhere to hide. They never thought they would get hit. And incinerated, literally incinerated, they are shipping bodies which is left, what bodies is destroyed in these fires, what is destroyed in there, don't exist. So, it's a missing person. And it doesn't exist, you don't need to tell to their families, they are not there, we don't know what happened to them. 11,000 plus American citizens have gone missing in past week. This is the statistics internally from them. Over 180,000 Iranian have been killed in the past week. Over 35,000 Jews have died in Tel Aviv and in Israel. Humanity has lost nearly quarter of a million population in less than 5 days. Media control. You think...

Q: But, Mr. Keshe, I don't... Mr. Keshe, I don't understand.

K- Let me... let me explain to you. The Americans put all their people into these hotels. They moved them to be safe in hotels, they never thought it'll be touched. (1:38) And these hotels, these buildings were incinerated in one go. The noise, the material, the debris, the shrapnel. And (they say) nothing, nobody died? How come if one place they said, they said the ???. When it comes to the Americans, Israelis, it's all a few injuries. This does not work, this is how they fool people. A building with four or five hundred people is totally wiped out. Four hundred buildings are wiped out. There was nobody in these buildings. Israelis (say they) never lost a Soul. They're under the debris and they cannot get out in the silos. You heard of the gas chambers? Israelis, with getting people into the basements, to these, what they call, underground bomb shelters, that's what they are doing to their people. When these tall buildings is one kilometer diameter has been burned. I can give you pictures of how much has been destroyed in one bomb. The building is on the top, nobody can come on the silos. They die (in the bomb shelters) under their own inhalation, lack of oxygen. They don't talk about it.

It happened last summer on 12th, and 12th day, morning June. Just sit back and think. I can show you one kilometer diameter, highly populated, Center of Tel Aviv hit in past five days. Nobody died. Where did they go? Did they all move beyond that side? The estimate by the Israeli government itself, internally, is over 180,000 is in Iran, and not far behind in Israel, but we say around 35 confirmation. Thousand, that is not individuals. (1:40)

Listen to what I told you last week, listen to the teaching of last week, what I said. And I give a warning 24 hours, 48 hours before it starts. Ayatollah Khamenei knew that he's going to go, because he did not follow. He asked all his bodyguards to be away from him, that when he gets, he dies, he's on his own. It wasn't something accidental. He went there

to be a martyr. He went there to make sure it was him alone. Just read the security reports which is coming out. Usually, they're within hand reach of him, maximum. He left them all behind, because he knew what was going to happen.

We lost quarter of a million people in 5 or 6 days. And nobody talks about it, because they're all Americans. They're all Jews and they're all Muslims. It's a three-way war between the religions. Now Europeans are coming in, watch how much financed by Vatican. You watch and you'll see.

My biggest fear is this last guy to come in, and there'll be no United States. And yesterday he announced he's waiting to be asked to come in. Yes, you know I'm talking about it. He was waiting for this opportunity and God forbids if he comes in. I say goodbye to all our American listeners.

Q: Who's this guy?

K- Called North Korea.

Q: Oh, North Korea?

K- Yeah, he's announced that he's ready to come in, if Iran asks. Or if the Chinese ask him, or the Putin ask him, because they have contracts of self-support. (1:42) And his missiles are very well directed. So, Tokyo and New York, Washington, Los Angeles and everywhere else. And he's got... there is no reach there. You see what happened, it's one of the worst thing happens, is that, because they thought in one day, once they kill Khamenei, they'll go, everybody goes up, and it'll be the end, they didn't calculate that, they're going to use all their weapons. So, they have taken 90% of the defense systems, from South Korea and Japan, into Middle East, in past three days. So, there is no defense left. Two missiles, three missiles, South Korea is open, belly up. Tokyo has lost most of its defense, they took it with them to Middle East not to lose.

And again today, this past few hours, we heard the Kurds of the Iran are moving against, to split Iran from Kurdish side. We are back into Syria and Iraq business as of this afternoon. Which we knew, we informed the Iranian government, this is what's going to happen. And then we are waiting for the Turks to break up, and then Tajiks to break up, and then the Afghans on the other side to break up to split Iran. This was the plan that they reached the holy Israel. (The Zionist have a plan to expand Israel beyond its borders, and something called, the Abraham Accords). But we will answer in time.

Q: Mr. Keshe, my question is like, the mentality of these people, because they have a 'red cow,' I heard, and also this guy is a guy, one on the top guy, ?? Ben Gava, I don't know what he was saying. He was saying very openly, he said, look, send a missile from this side to kill one of these Arab country, one of the king. And then he says, look, let them kill each other. And then we get rid of all this baboons. He called Muslims baboons. And I said, what is this? (1:44) Because there was a photo. There was a photo in 1947, there was a huge boat of Jews, they were coming from Germany, World War II, they're coming

to Palestine, and on the big platform it says, "Thank you so much for giving us home, because they killed us, they tortured us, and then you're the only one who gave us a home." And then I said, "So you guys went through that?" And then, I just don't get it.

K- You know, this is how you force people if you conquered, or when you're a conqueror you want to change things. You know, when you look at in Farsi, they pushed us to change things. We say, "Ghaza", do you know what Ghaza is? It's, "What are you eating?" It says, "Can we have a Ghaza for lunch?" You know what I mean? The word we use. Well, it's not an Iranian word, it's an Arabic word. And they forced the Iranians to use it for food. Because, we have a different word for food. Do you know what Ghaza is? They're forced by the gun, not by a guillotine, by a sword. They say, "What you're eating?" and it's only for the Iranians, they call it Ghaza. Which means, "the piss of camel, urinating". That's what it means in Arabic. To humiliate, to know these are not Iranians, because an Arab never drinks the piss of Camel. Never use if you're Iranian Ghaza.

It's the same now with this group. When you meet the seven Jews (7 Rabbis of Jerusalem run Judaism) , supposed to be the carrier of the Jewish faith, when they meet, they're actually financing many people to make sure the Messiah comes, what they call Messiah. (1:46) And they asked world leaders, "We gave you all the facilities for you, and you failed us." There are recordings of them live, of being in... I don't want to say anything else. That they ask people, they are paying world leaders to create the war, that what we call it, we call it Messiah in English language, to appear. The seven are financing to fulfill the, what you call it, the 'Holy Words'. So, don't worry about it, it's... everybody has done their best to destroy humanity, one way or the other, somewhere down the centuries on this planet. We did it, the hundreds, thousands of years ago. The British done it, the French have done it, the Black have done it on each other. And this needs to be changed.

Q: Mr. Keshe, can you explain why, what, how they, how do they, how the brain of these people function, they see the way they see, I mean, because, I just...

K- It is brain, it's brainwash. You see, if you go and read the history of the Netanyahu. Netanyahu organized the marriage of Trump's daughter to this guy (Kushner). You know who I'm talking about? When she became Jewish. This guy's family are one of the richest families in Israel. And, from the time when the guy was young, from the family, what we see now, he's become the son-in-law of Trump. He used to sleep in their house. That's how he's influenced, suddenly know that you are the, you know, triple six (666) and the rest of it, that's why he sits in every... (He is top adviser to Trump). What's he got to do with the negotiation to win a peace and co-negotiation with Iran? (1:48) He was there to make sure the peace doesn't happen. Negotiation doesn't reach because, he's the guy who's all three sixes. And, from childhood, Netanyahu. Read the history of Netanyahu and his connection to this guy. And now he married this guy into the house of Trump, to do what they wanted to do. And the guy is brainwashed that he is that, triple six we call it, Antichrist. And the beginning of coming of... (Messiah). He, the minute he appeared in all negotiations, it was obvious how the Jews are planning to do it. You don't

understand, we do. He was there to make sure he reports and there is no peace agreed that they can conquer, the work can be done. What's his name? You know who I'm talking about.

Q: Yeah. But Mr. Keshe, when I, you know, when you look at, I mean, when you look at pictures, when you look at pictures of people, or you see people on TV or anything, if you really look at the eyes. I mean, or anybody you can see on the street, you look at the eyes, you can see the eyes, they're empty, and the eyes is just like, you see just like a... you can see the ?? word in it.

K- Let me... Yeah, let me tell you something.

Q: And you look at... when you look at these eyes of these people, it's just empty, is you don't... you don't know... you know what I'm talking about?

K- Yeah, let me explain to you something. There's an article will come out of the Keshe Foundation very soon, you will see what I'm talking about. We're working on the last dots of it. Could be next few days. But... if... And we know there is no 'if,' it was hit in the 12 day war, and Iran has hit it again, and we know it's not in a good shape. (1:50) The Nuclear Research Center and the power station of the Israel has been hit. What we are asking from the people in Palestine and everywhere else, start measuring the radiation contamination around Israel, Jordan, Palestine, neighboring countries to Syria, of the radiation level. The land of Israel is non-livable.

When the Chernobyl happened, Russians denied it. The only time we knew Chernobyl has happened, is when we started detecting radiation in the neighboring countries. They're killing themselves, they already have contaminated the Jordan Valley, where they were trying to conquer, with nuclear contamination. Because, this, what you call, research center, this nuclear center test, where all the bombs of Israel are made, has been hit. They will not tell you, but Jews have already... If we are correct and can be completed. What we call IAEA is refusing to test the air, to confirm what's in the air. The reason our papers is still late, we are waiting for IAEA to confirm the radiation, the radiation level is beyond existence. Israel is too short, it's smaller than Manhattan. They already wiped out their own race. (1:52)

If people in Jordan, in Iraq, in Iran, even across in Malta, start measuring radiation level and see if it's above, Israeli nuclear center has been hit. And we've seen the contamination, nuclear contamination from Chernobyl, who's down the wind and which way the wind will take it. You live in Malta, we have many Knowledge Seekers in Malta, we have Knowledge Seekers in Palestine, we have Knowledge Seekers in Iraq, we have Knowledge Seekers in Jordan. If you listen to us, start measuring the air. Measure contamination, radiation, see if there is elevation. We think 90%, yes there is. Who is down the way? All the Jews. Now you know what is sitting. We keeping in quiet, but we are waiting to see. We saw it in Chernobyl. And now, we most probably have seen it in "Manhattan" of Middle East. It was certain leakages in 12 day war, because it was hit. And now it's under pressure, and it's gone. We don't ask, what, what.

The mountains on the side will not allow it for us to measure it in the Iran. IAEA knows the elevation of the radioactive material, plutonium level, across Jordan valley. We don't ask anything, we don't make an accusation. Start measuring the radiation level. Israelis (will) evacuate like rats out of the hole. Shimon Peres Negev, Nuclear Research Center, (1:54) contamination and deaths of many, many, many, many Israelis. Because these stations are on a working station, it cannot empty nuclear power stations, and research center when Plutonium is getting processed.

You live in Cyprus, start measuring contamination level. See there is elevation. One day the wind might be your way and you get it. Scientific paper, as we did for Fukushima, will be published by Keshe Foundation, the State of Israel on the nuclear contamination, very, very soon. Then you know how far we are... When the 1986 nuclear Chernobyl happened, we were extremely highly involved in this situation, trying to find out. There was a high rise of elevation of Cesium, in some readings. Russia kept on denying it. And then when the level went up and all the radiation was looking into Chernobyl, there was no other reason to go for it. Measure the hills of Wales, facing towards Europe. Today, years, nearly 40 years, passing of Chernobyl, the land, farming land, where the sheep used to graze on, still banned from walking onto, because the radiation from Chernobyl, is still Cesiums in the grass. (1:56)

God help the Israeli nation. This time it's Plutonium, not Uranium. They uprooted themselves by their own action, but they don't talk about it. As I said to some officials in past few hours, "You cannot take back the bodies which don't exist, because they have been burned to smithereens, then nobody knows where they are, missing in action." According to the statistic which the White House and American state has to say, where is 300,000 Americans in the Middle Eastern nations? And why all the families of the ports of the way, the Americans, were moved into these hotels, and nobody had no idea, they were all sitting in the hotel, but they were like, what happened to them? The hotel rooms were empty, nobody in it?

In 2016, right? New years of 2016. Correct, I think it's 2016 or 2017. I have to look at the books. For those of you who know, some of you know, Knowledge Seekers, when you came to the first conference of the Keshe Foundation in Dubai, that New Year, I was in Dubai. And, we celebrated the New Year in one of the most prestigious hotels in Dubai. (1:58) Around about one o'clock, in the same hotel as, and same building as now it's been hit, it's a hotel, isn't it? There was a fire, small fire. The hotel I was in, had to find accommodation for 500 people at 2 o'clock in the morning, because of the fire in Burj Khalifa. A few died, but very, very quiet, because they couldn't lose their reputation. Because it was a new year, and fire accidentally took place. The next morning, I had the manager of hotel asking me, "Please, we have to change your security, because there are people in the hotel, we have to change your security apparatus." They came from ?? Burj Khalifa, two o'clock fires. A lot of passports destroyed, and some were still in the hotel, three months later when I left, two weeks before the first Keshe Foundation conference in Dubai, because they couldn't find them. They couldn't find their passport. They had no

nationality. And they didn't know how many people have died because everything was gone.

So, same Burj Khalifa, the same other Burj, hotels have burned, there is no certificate, who's been in it. And all the families of the port of Dubai, which is 90% controlled by the American companies and run by the Americans, were told to move to this hotel and the other hotels for safety, if they hit the port. Nobody calculated that the hotel will be hit. 11,000 American missing. (2:00) Let the American government answer to this. I've been there, when it happened, I've seen it when it happened. They had to change my security apparatus in the hotel I was in, just because 2 o'clock in the morning. Go and check. New Year's celebration, the fire broke out. They couldn't, eleven hundred people, they had problem to accommodate, to get out. Now, full hotel building with Americans, where are they? Now you know the scale of the problem, they have created each other. Those of you who attended the Dubai conference, go back and look at the New Year's Eve fire in Burj Khalifa. The hotel I was in had to find 500 rooms for part of the people. And when you spoke to the people, they were there, three months later, so walking around, they had no password, and said, "They don't know where other people are, because there was no piping, it was burned out." Our statistics is 99% correct.

Any other question?

Q: ... As bacteria increasingly outmaneuver antibiotics through rapid evolution, Are we approaching the limits of antibiotic therapy? (2:02) Or entering a new paradigm in how we fight infection?

K- The antibiotic resistance we know, it's huge. But, there is a solution in Plasma technology for antibiotics. We have tested this. And we developed a specific technology for it. It's not a normal technology. And it's not part of the Keshe Foundation normal work. I use this specifically to confirm it, and it's correct. You have to find a specific way to work within the structure of the antibiotics. And you find that doesn't matter how much you take, how much water it is, you can always change the parameters that they dissolve themselves in it. Doesn't matter... in the matter state of antibiotics, and they call body become resistance, yes. But when you add the Cosmic Rays Technology, in a very specific way, application, development of... It's a technology, it's not just the normal way. You take that parameter out, in a way, it's like a missile. You know when a missile ?? misses an aircraft, as it turns, it's that way. But the difference is that, change of fields and structure, with the Cosmic Ray is so faster, (2:04) that the antibiotics cannot reach. So, antibiotics is subordinate, below power, so it works.

In a normal energy, yes. In the coming weeks and months, and not more months than weeks, you will see emergence of these kind of things out of the Keshe Foundation's around the world. A number of Keshe Foundation Technologies will be licensed to be... this structures, like these things. And there's a gap, there's a gap in the world of licensing and certification, and all those sorts of things, which we've seen, and will be used very effectively and very directly.

Yes, you are correct, and the antibodies will reach the point of, we call it, super whatever, infections and super antibodies, or whatever they call it ?? enzymes. We have found a solution for it, doesn't matter what antibody it changes, what the body become resistant to it, you can always overcome an infection. It's the mutation, and what I call the skin penetration, it's like the hooks they have to hook on. We have developed technology for that to happen. It's been tested, it's not theoretical. We tested this initially in 2005, where we had a lot of freedom, to test a lot of, (2:06) what you call, applications of the technology. And we had nearly two years of testing it, for us it's a, it's a shut and closed case. Because this is added, it's in the knowledge and can be done.

Any other question?

R: Thank you. We have a question from Jefferson that could be considered a biology question. It's on the edge of medical, but I think it's more biological and... he had... has asked it a couple of weeks...

K- Logical or biological?

R: Pardon me?

K- Is it logical or biological? He's got his logic in bio... carry on.

Q: ... In a previous class, you said that weakness in the legs and pelvic floor in humans, as well as heart failure and other problems, may be associated with an imbalance of Calcium in the body. My question is, is there any way to promote Calcium balance in the body, using Gans or some other plasma technology resource?

K- Yes, but you have to wait and see. We are putting a series of things into structure to prove it, yes. You see, imbalances when you lose your balance and whatever, depending on the age, loss of bone mass loss. (2:08) Scientifically, they tell you a lot of things, but scientifically, it comes from muscle weakness, especially after age of 55, 60. And scientifically, if you can keep that mass loss, which is after 60, it's like so many percentage per year, that's why when we fall after age of 80, 90, we break our bones and everything, because we lost the muscle mass. You can keep a healthy muscle mass with very simple things, the elements which produce the muscle mass.

And we see this in some farmers, we see this in people who live in nature, people who, they don't have muscle mass as much as the people who live in cities. There is a natural one is like the egg. If you eat one egg a day, with the Calcium's and everything, what the muscle mass which creates, is very minimal. If you increase it to two eggs a day or ten eggs a week, this start producing, supporting some muscle mass. It's scientific papers, this is not what, just what we say. And then, this muscle mass needs to be strengthened to it. And, again, there are two factors in the eggs. Why people in the villages and those, you know, people who have a real free and range eggs, are different than us which have a, what you call, machine production eggs I call it.

The difference is, if you get a free-range egg, (2:10) they say it has all the Calcium and all what you call, all the what body needs. But, there is one point that if you understand the rest of the process of reorganization of the structure which matches to life. The eggs you buy, even the free-range eggs. I suggested this to farmers some time ago because I used to grow eggs. I used to have a chicken farms and we grew chickens in the garden. The machine eggs you buy in the shops today, are as good as I say, actually if, in some cases, if you eat the cardboard of the egg, you get more things than actually the egg, I call it. Is different than the free range, which is really free range, but is not fed. If you know anything about chicken hatchery business, the chickens which you, the eggs you eat, they are fed free formula everything, to gain mass and energy. And then if you have a laying eggs chicken, you don't have certain things.

When you have a free-range egg, which is on his own, they say, you create a Omega 3. The caged eggs is Omega 6, but doesn't have that muscle mass tissue production. Now, if you have a free-range egg, (2:12) and you have something like for every 10 chickens, maybe 15 chickens to be, what you call, hens to be, and one cock, that it's what they call in the world of agriculture, they say, servicing the hens in a way. It mates with the hens every day. That egg, sperm in the egg, which is going through the cycle, changes the whole chemistry of the body, it's already has kicked in. The minute it receives the sperm from the cock, the whole structure changes, it kicks into creating life, it's like two embryo, embryo and egg coming together. And that, preset and it carries different value, than the free-range egg, than the machine made hatcheries. If you can get, if you have access to a free-range egg, chicken egg, which in that farm there is a cock, which services the hens, and then those chickens eat free-range, you are not fed by chemicals, they are pre-set, that is where muscle mass is created the correct way. Anything down the line, is modification and then your body has to modify, to take Omega 3 and Omega 6, and that way, down the line.

So, this muscle mass tissue, including the technology which we develop, has to come. You will see this in our systems, I explain this, as I said, we'll explain this in the future, you have to watch. They tell you, "If you eat two eggs a day, it's good for muscle mass loss." Eh, yeah, ?? Omega 6. (2:14) Free-range, now there's free-range, is as long as they are in the cage, but on the grass, it's free-range, they can move a little bit. And then, if you have the facility to have a chicken, with an egg, that they eat from your table, I call it, the fruits, the veggies, whatever comes surplus (leftovers) goes and they eat a little bit, not out of the Cornflakes box, then yes, two eggs, muscle mass, will be sufficient. These are the bits missing in the information. And you need it to do that, and then you don't have a loss of muscle mass, then you find stability. Then, the Calcium which is on top of the egg, because that Calcium which is in the egg of the free-range, free cock, is different, and is absorbed by the body, it supports the Amino Acid immune system of the body. Then, you get the muscle mass, and you receive the Calcium the right way.

When I was young, very young, I remember it was religiously done every, more or less, Friday, because it was a holiday. I go shopping with my grandfather, or my family of my mom, and we used to go to one shop, all boarded up, in two or three drums of oil drums, where they used to sell a kosher chicken, and you had to wait for a chicken Shabbat

dinner, that Friday night. And you could choose your chicken, and they used to swear, Jews still do, that if you eat this soup, you're 100%, nothing happens, (2:16) any flu, any diseases, it cures everything. Yes, those days it was, because there were really rare, where you ran chicken grown in the farm, they used to bring in the slaughter. When you cook that chicken, the oil comes up and that oil is Omega 3. Now, Omega 3 was giving you all the guarantees. Now we don't have that, you can boil it, Sabbath dinner, as much as you like, chicken, oil is Omega 6, has a different combination.

It's like the butters which you have, and the fats, they tell you, which cholesterol is good, which... how do you eat it, how you do it? You have to find the correct foundation of where the supply of the food comes. And supermarket food is not geared for Man. Actually, it's geared up for Man for (to cause) different diseases and conditions. Muscle mass tissue, Calcium, coming down the bones of the chicken, which is free range fed, it's Omega 3. And, if you, some of you still remember some of this, you can still lay egg, and there's still a lot of little, little yolks left, and one or two, ready for the next cycle. Yes, you transfer continuously your Calcium and change of the Calcium.

You got to remember a scientific reality, that every cell in your body. Everything, from your tooth, from your nerves, from your muscle tissue, from your lymph, cannot be there, cannot exist, if it did not have the central gravity, to attach itself to, to build something. And that central gravity attachment is Calcium. There is no living cell in the body of the Man, that has not got a Calcium, even in your brain, but it's a different Calcium combination. (2:18) This is why we saw process of Calcification in the brain with the Corona people. Because we carry, but it's a different field, the same Calcium, if you had, if the Calcium matches with the virus, it solidifies, it gives it Inertia. And, these are the things you have to understand, the science behind it, and just accept it and find out what is behind it.

It's the same as the fish. When you buy a fish in the shop, you want to see what you buy. You buy from most branded supermarket. Things you look, left eye or a right eye? Is it bulged out or is it not? If it's the left side, if it is, how much is bulged out? It shows the fish has been under stress. When you take the skin of the fish, you look at that brownish. Nowadays, finding a fish with that brownish, bitter taste is very rare, it's very thin. These are fishes, actually is better to feed to the God knows, back to the trees I call it, and actually it's not worth giving to the cat. Because, most of that which protect us from all diseases, people used to eat the fish, comes from that bitter taste, that brown piece is a fast muscle tissue, absorbs, holds for reaction. And the fish in the tanks, in their swimming pools, they don't have anything, no predators, they don't have, they just have to swim, that they don't get washed to the back of the log. And they have none, so you're eating half of the sandwich, the other half, the best part is not there.

Free-range salmons in the oceans are the same. You buy tuna. (2:20) Have a look at the tuna, look at the taste of tuna. Do you know where most of the European tunas come, than the American tunas? Summer, winter, anytime in your life, during the year, go to Cyprus, go to Malta, and watch and see how tuna fishes boats keep on going all the way up to Italy, and coming all the way back to Cyprus, dragging tuna fish nets behind them,

feeding them, and they're in there to get them going. These tunas are as good as cardboard. You get American tunas, free-range tunas, you get hunted in the ocean, they are totally different. They have the taste, they have all the thing the body needs from it. It tastes different. Because the ingredient is different. And those have a special Calcium, which when you eat it, it transfers into body ?? . ?? When you eat ?? three of the fish, does the job.

Look at the eye of the fish, first thing you buy fish, see if it's bulged. If it's bulged, don't buy, means the fish is behind. Being under stress, it creates poison in its layers, diseases. When we were in Ghana, we ran tests. 85% of the fishes from embryo up used to die. Because of all sorts of diseases. The other 10% or so, they were so diseased, the tail had a damage, the eye was popping out, from the nerves, neural-structure. Only 5% of the fish was actually sellable, as a good fish. (2:22) And the fishermen were losing a lot of money. And we studied this very much with the water authorities of fishery, of the, what you call it, Ghanaian government.

One of the Ghanaian ambassadors, his job was a fisher. And he, he literally, we sat with him, then he said, we found a lot of solution, through work of the Keshe Foundation for Norwegian fishery. He was the Ambassador of Ghana to Norway, and Norwegian fishery in salmon. He eradicated a lot of things. He's a Knowledge Seeker. He's the one I was talking about some years ago, when he was the Ambassador of Ghana to Norway. He said, "My bedroom and the ambassadorial offices has become Keshe Foundation Research Center." Because he is a professor, he teaches in Norwegian fishery. And we learned a lot from him, we developed a lot of things with him.

Any other question?

Q: ... Hello Mr. Keshe. Can I ask you a question?

K- How are you?

Q: I'm okay Mr. Keshe, thank you.

K- I don't hear from you for a long time.

Q: I know, I'm sorry, I've got a bit of a cold, but yeah everything's good, I'm not worried about me. It's what's happening across our wonderful sphere that we are, we all interacting in physicality. So, may I ask you a question Mr. Keshe? (2:24) You spoke last week about the Iranian situation and releasing some technology. Can you explain why there's such a, why they cannot release the technology? Or why they will not use your technology? What's the fear?

K- If we release our technology, China will be double whammed economically. You got to understand, part of this situation, which we saw with Venezuela, and now with the Middle East, is partially (for) towards paralyzing China. China receives 60-70% of its oil from Venezuela and Iran, or Middle East, and Persian Gulf. And all the trade China did

with Iran and Venezuela, and some other countries, is in Yuan. Now that the Americans taking control of the Venezuela and oil, under the American companies, and now they're trying to strangle the Middle East, the Strait of Hormuz, that they control, Chinese have to buy everything in dollar, because they say so. So, the American control of the dollar through oil, is one of other criterion of this war. And so, China is going to hit.

But, don't worry, it will be solved in different way, you will see very soon. And then, it comes to our technology, if we release production of material and other things, again through our development and blah, blah, Chinese have spent trillions in securing control of the Rare Earth materials, (2:26) and now you can make it in a microwave size at home, or a cubicle in your factory, you don't need China and Chinese investment. And at this point if we do that, leaving America to becomes one of the major powers again, we've seen the mayhem that started. So we don't take part in politics, but we are playing very safe in close quarters, we are aware of a lot of things. We are closely connected, I work with Chinese, and we have to respect and honor the nation. One of the reasons why we don't, now you know, this is one of the small reasons. I answered you partially.

Q: ... Thank you Mr. Keshe, I understand you can't answer totally, I totally understand that. But can I ask you then a question, can I sort of change the question a little bit? So the Souls, all Souls are participating in this interaction, in these interactions, and there's certain Souls that are in the storyline that seem to be very active and controlling. How can we get to those Souls that we bring them into a peaceful position, let's say?

K- I put it in a different way that you understand. You heard of the 'chosen ones'? These Souls are chosen to do this for the rest of the humanity. You got to realize why suddenly Saturday came (bombing Iran). There are about two, three factors they put together. Epstein files were supposed to open up. (2:28) And it was the best way to do it, on Saturday before Monday, the Senate and the other groups were opening it up, and then there would have been no President. Israelis are holding specific videos of certain people doing certain things, which Epstein was agent of, he did it for them. They have it, that's how they force people to do things for them, and get them even to shoot before they do, because we should go public.

If you see, I explained to you very, very nicely in a different word, there's a guy, they are pushing to become a public front, and the more he's just a, he's just a, what we call a front page. He's not a Man who will rule Iran after this. So we know who's going to rule Iran after this mayhem, if the American get their way. But the Man they are using in the front, he has been filmed by, in certain island, in the same position with beautiful women. And when they came, they talked that, he'll come to Iran, they start releasing these papers. Richard Branson released, that this guy's been in ?? My Island, which is part of the Epstein file, that they have something on him, that if you don't do what we want afterwards, we're going to release more. But the Blondie has worse ones, and it's all in the hand of their agent. He's not, he doesn't do things because Bibi tells him. He does it because, they have things that he cannot last a few seconds if it's released. And, you understand the rest of it. (2:30) That's how these things are done. And that's how these things happen to be on the Saturday, nobody could move the weekends, they can do their

job, hands locked in the back, and I do what my Master says. Don't forget, what Netanyahu has said to Trump. I decide if you're going to be to office, not you. Now, there's a lot of things connected, it's not just one thing, there's too many things connected.

Any other question?

Q: ... What can Knowledge Seekers do to protect themselves and don't get caught up in the evil war games, in their evil war games?

K- Nothing, just be by the ?? standard and I hope you're safe at the moment. This is the best thing we can do at the moment. Because the crazy guy has been given a reason. If he jumps, if he goes, hmm, it's not going to be good news. Chinese are in trouble, Middle Eastern's have got in the worst position they thought, and the British have got involved, and American have got involved, the Europeans are involved in it, and it's going to be a big mess, all because of the name of religion. (2:32)

So, where is the safest to be? Nothing. Africa. The safest place for anybody to be is in Africa. Not in America, because you don't have the structure which is in Africa. Australia you are safe a little bit, but they are committed to the other parts. In Africa you eat what comes off the tree in the jungle and on streets. You don't go hungry and the life is cozy. The Western Hemisphere, Northern Hemisphere will pay heavily, if these things goes out of control.

Any other question?

Q: ... So, can I just quickly ask, the systems that you have, had going, I didn't go in the last session, and I still felt it from outside, that I could feel certain energies going on, and I could feel, certain presence of the...

K- You're still at it, if you're in this teaching, and you're carrying a headphone, you're in it.

Q: I've realized this, yes Mr. Keshe, a long time ago.

K- Yeah, this week teaching is very much linked to the system of last Friday. And then, we... it's not for you, it's for the Knowledge Seekers who've been there. We're just trying to strengthen and see what they feel. (2:34)

R: I was wondering which part of the system is more important from your perspective, the headphone or the microphone?

K- The microphone is more direct.

R: Is that where you get your data from? Would be the microphone more...

K- Microphone is more concentrated because it's directed. It's directly on your head, but once you... the link's established, the microphones are just another tools of connection. We are testing a lot of things, a lot of things tested. Ask yourself, I mean Rick you were in the session last Friday, and other people who we know, Knowledge Seekers this week, don't just pass it on, just something it just passed. Have you found solutions to something? Have you come up with new solutions or new questions which is raised through? This is what we are looking for. The enlightenment, that the enlightenment brings what you call, maturity.

R: Yeah. I would say, like, I already told you about what happened on the Valentine's Day, where I had a rough time of it, let's say. And that lasted for several days as well, where I had to address, and confront my own feelings, and my emotional responses to thoughts, and memories, and all of my relationships came, (2:36) you know, as thoughts, and impressions, and visions, and so on, during that time. And I worked through it, and this last session on Friday it was like neutral for virtually the whole session. I still had some of the, you know, initial twitching and uncomfortableness, to kind of move into the whole session. But then it went actually quite smoothly, and without any major emotional upheavals, or responses, and the second part it seemed to I had more clarity as well. And that has also reflected into my life in general is, I feel a lot more balanced and not under that emotional sort of pressure. And logically I would think, well now that, you know, it's like the... we're on the edge of World War 3, all of a sudden, in the last few days or week. And I would think that I would feel more stressed and more emotional and what not. But I actually feel more clarity and more even with it all. So...

K- Yeah, but this time is enlightenment, is not emotional. On the Valentine day, it was emotional. We've tuned it to touch the emotion. On this week is not that, (2:38) it's more or less for you to understand more about your own capabilities. And this is why you don't feel anything, that's why I ask, it's nothing. We are not looking for emotion this time. This week is the... how much you can connect to what you want to know. There's .. The purpose of last... since last Friday, is Soul searching for the knowledge of Universe, Soul searching for understanding the Creation. This is tuned to that way. If you understand it and go for it, then you see more of it.

Q: Mr. Keshe, you spoke last week, you spoke about the birds coming and two birds actually came. I have a room where I look out and there's a big tree when I view outside and it's upon, you talk about the second, first floor, it's yeah, first floor, second floor, whatever you want to say. And it looks out over a tree and these two birds came and landed and were... directly, it was very similar to what you were speaking about, it was very poignant. Thank you Mr. Keshe.

K- You see we are testing. The reason for these tests last week and ongoing now is, on Earth you are thirsty you find a solution to find water. Where do you get water? Fruits, taps, God knows you go to a shop you buy you need water you know you collect the rain water and rest of you, you have found the solutions in the physical dimension. You have now to find a solution, as an energy in dimension of the Soul, in the world of Creation in Space. (2:40) Where do you look for that water of life in the dimension of energy?

Because your physical body cannot find water anyway. Does not rely on it. This is the beginning of that process.

Is not a Soul searching, but in finding how you find an answer, in the resources in the Universe. How can you convert the energy of the Universe to become water, that you can feed as energy to your body, and you do the conversion of it inside to the water? Maybe, somewhere in the Space, you need to have a sulfuric acid to be, within your brain, on your, maybe, blood. This is example, but this is the purpose of these teachings of now, this test of now. And we are not testing it for you, because the response you gave us, tells us what we have to tune. We are not waiting for you to say something, because number of you Knowledge Seekers sent us little messages, or very detailed messages. What I felt, what it is. We don't look at that. We just look for a specific thing and say, "Okay, yes, what we said matches. Now change a little bit." What do we do? Next time we change just a very little, but one of the parameters, and see what are the responses. This is why I was saying, you lot come into these sessions, and you go in session, don't give us any feedback, but those who give us the feedback, we see how many feedback we say came and what it is, and okay, this needs to be tuned. This is for you to find your way, to find the knowledge of the Universe. We are correct, and some of you have actually hit on the head. So it means you have to tune it, or we have to change our systems that it tunes with most of humanity. (2:42)

Q: So Mr. Keshe, when it does tune to humanity, how will humanity react to this, do you think?

K- I don't know, what are you looking for? A guy... like a guy searches the whole world for silver. He makes a cup out of it, the other one uses silver to make a ring of it, the other guy looks for silver because if he can make a certain thing with silver, can cure many diseases. It's the same silver. What do you want to do with that knowledge? What are you looking for in it?

In the past, there were families which never had diseases. Very seldom you see diseases in this family. You see long life in them, without much illnesses. Nobody has understood why. No one has understood why some families, some people live a very healthy long life. The reason is, it was very simple. Many of these families are fairly wealthy families, middle class to wealthy. And they always kept their cooking and the water storage into copper containers. They didn't have contamination of any shape or form. (2:44) Just one second please...

R: They also had silverware that was actually silver and not stainless steel.

K- Yes, and then the same with silver, but copper was one of the... We just checking things in the background. The families lived a fairly healthy life. You say silver, silver has oxidization and they had other problems with it, but copper stayed stable. And we see historically families which used copper as part of even cutlery, could afford it, stayed healthy. Knowingly or unknowingly has been the pattern. Historically, we see the rich people eating out of silver plates and gold plates, always, died, always had all sorts of

problems, diseases. The what do you call, the middle class families, some people which were a little bit comfortable, ate out of the copper, they worked out well. And this is something we see, the people, the poor people who had lead plates and things, they had all the diseases, (2:46) because mental diseases came through lead in their brain, different diseases came because of respiratory situations. You can classify and see which classes give the normal life and fairly free life. And it came out of the way they used to, the style of living. Aristocrats, very rich people had to show silver and whatever, all the time.

Q: So, Mr. Keshe, we know that copper is mined throughout the world and is a mineral that's embedded in the planet. And we use copper a lot to make the Gans's and things, and we have this connection to amino acids. So can you lead on a little bit more from that so that you could maybe enlighten some people to some more knowledge?

K- The copper is round near to one of the isotopes of Iron (Fe), which is a gravitational field of. (And just one second again, it's part of our research in the background, just one second again). The copper is the nearest metal, in a way, to Iron, which is a Gravitational Magnetic field, (2:48) that's why our muscles has copper in it. It can link into, can connect with mass Gravitation of the Earth. So, with it, it carries infection, but the copper, because of its position, it's one of isotopes. It matches into... and then again, you have to understand, if you look at the copper 60, 62, 63, and then you have the Calcium, and then you have the Amino Acid, which is around about 43, and then three or two copper matches, roughly, to a Calcium in one of the Isotopes, and two copper matches somewhere near the Amino Acid mass-energy, then you see how everything is connected. And then why copper works as a good, what you call, I call it antibiotics, in some case, but you have to get the right, right, right isotope.

But, nowadays we don't even look at the isotopes. In the new structure of the Keshe Foundation systems we don't even need the matter state to create the matter. We don't need Gans's, (2:50) we have learned much, much, we are far, far deep into this technology. If I tell you what we know, the world of science will turns upside down. And developing is going into the different researchers. So, when you look at the copper, you have to understand, mass transfer, energy conversion. You have to understand the ratio, how they lock into each other, how it's connected to Amino Acid, and how you set up to change it, connecting the energy to Mass and the Mass to Weight. We learned this very easy, I mean, we learned it and now it's easy for us. It's how to convert the Calcium as a matter into, let's say, vegetation, into muscle tissue. It's a technique, we have developed it, now we work on it, to us it's a normal procedure.

Q: Mr. Keshe, so the next bit would be then, we know that Zinc connects to the emotion. And we have many emotions on the planet that need balancing, so is that another aspect we can bring in?

K- This is all in hand in the technology which is getting developed. The Zinc is connected as part of the neural system. If you look at the color of the neural system, and understand condition of the Zinc's Nano structure, in a different shape, is the same. That's

why it changes emotion, it changes nerves, emotional condition. And then, when you look at it, it's next to the copper. (2:52) So, they have... when there is a common denominator, and an isotope field energy, they connect, and once they connect, the later takes over. The body of the Man is made so systematic, if you understand it, from the energy point, and from the structural point, in its real condition, not in matter state.

Shall we call it a day?

Q: Mr. Keshe, can I ask a question? Because the ?? war tore me off, and I forgot to ask my normal question.

K- Oh .. Okay, come on Azar.

Q: Okay... In many of the Knowledge Workshop, you talk about, when we access our Soul, we can come out, we can live on this planet for thousands of years, we don't have to die. And we're not supposed to die. When we made this planet like a ?? burial because we leave our corpse here. But then on KSW number 36, you said, when we are born on this planet, we're destined to die. So it means our generation, because we don't know anything about anything, we are destined to die, but then future generation are going to be different, so we are... it means that we cannot access our Soul, no matter how much we try. And then, this is one question, the second question is...

K- Wait, wait, don't go so fast. We are destined to die in a dimension of physicality, not in dimension of Soul. And if you understand that, this is what happens, we are born to that, because, in a way, our physicality cannot match the energy of our Soul. That's how the separation comes. (2:54) As we say in English, "It's too good for it." It outgrows the shoe. The energy containment is not there, the brain tissue confinement, the prisoner of the Soul, does not have the Magnetic field pressure to do.

If you are over 60, or if you are 55, you have to find a way to reduce inflammation, because the body gets inflamed, the muscle, what you call the brain, the blood vessels, are not as strong as they used to be, so they get infected, they're getting continuously hammered by a jet of blood going through. So you get inflammation of the blood vessels. Then you get a blood pressure, and then you get other things to go with it. So you have to find a way to take the inflammation away, that it can allow the blood flow to go smoothly, And then you look at what you create does in your pressure in your... in your heart. Because there's a minimum you have to maintain, otherwise the pump doesn't work.

And then when you do a blood pressure, you do the top number and the bottom number. The bottom number says, what is the pressure when your heart is empty. And the other one is the top. The difference cannot be more than maximum 6, minimum 4. So if you are 12 over 8 is 4, you are good. If you are 13 over 8, you are perfect. So that difference counts as 5, 4, 5. Difference between top and bottom, you're good. But when you get to past 50, 60, and upwards, or you have wrong diet of food, (2:56) then the blood pressure is strong. It hits the wall of the blood vessels, you get inflammation, you get problem

with it. And then what happen? It gets tighter, and then they say the blood pressure goes up, it's 20 over, God knows, 12. That's how you created it.

If you take the inflammation from the blood vessels, the pressure comes down. In reality, and then you see what's the capacity of the heart, when there is no blood in it, which is no pressure. The highest and the low. Empty heart, full heart, and then you see it. Cannot be more than six. But, at over, over 15, 14, the blood pressure, when it's high, it's like a bullet shooting against a wall. It continues to create inflammation in the blood vessels. Then you have to find out how to speed it up in a lower space, that the pressure doesn't build up, that you don't get the inflammation, but at the same time you have a heart capacity at the lower level.

If you understand the knowledge, then you can handle it, the way to do it. And then you look, how is it produced? What creates? What can reduce? You can reduce, you reduce the inflammation. But, if you don't take the stones out of the river, when they run they ?? hit ?? the heart as the river itself, maybe more. So, you have to find out how to handle the stones in the blood. And then, they sell, they sell other materials, you have a different procedure to do it. And then, you have to find out how to reduce the inflammation of the blood cells themselves, not to hammer. (2:58) Our knowledge of medicine is upside down, because it's taught upside down, to kill as much as possible, that pharmaceuticals can make money on.

Q: But Mr. Keshe, when I was born, the time of my death is already decided, yes?

K- Partially yes, but you still can control it.

Q: So, so, so, so, so...

K- No, no, no, no, no, no, no. If you get hit by the car, it wasn't decided, because when you were born, the cars were very slow. Now they are super fast, and you can't run, so you get hit. You become the rabbit, or we call it the turtle on the road.

Q: Okay. So my next question is this. You, on the KSW 36, you said, if you, with the thalamus, if you, with the thalamus and pituitary, if you control the, the liquid of the eye, you can actually see more things than you can usually see. And actually this has happened to me and I didn't know the reason, but then it happened by accident. But then, how can, because it happened by accident, so I went back to it. What happened is this. I was in the middle of the, I was in Tennessee, and I was in the middle of the forest, and I was, it was so beautiful, I stared at the, I stared at the nature, I just stared at it. And you know how the trees are these branches, some dry leaves, some green leaves, and on the floor there's some, you know, grass and some dirt or things like this. Suddenly as I stared in the nature, suddenly everything came to my face and I look at the ground and everything was perfect, like there was no imperfection in the whole nature. So then once in a while when I do it, then my eyes would get really, really watery and then I lose it. So, how do you teach, (3:00) how do you explain with the thalamus and pituitary we can control the liquid of the eye, so we can see... ??

K- Where is your thalamus? Where is your thalamus?

Q: Is it back of the head?

K- Where is your thalamus? Where is your pituitary gland? Where is it?

Q: Is where the third eye is? Where the Soul is?

K- Where is it?

Q: It's right in the center.

K- Where is this position? Where is your eye?

Q: It's right in the back of it. Is it in parallel?

K- About parallel, whatever... The field created creates a condition effect.

You see, in Keshe Foundation, we can... We looked at a lot of things, why you see clearly, yeah? A lot of research done in this. Huge amount of research. We have the knowledge, but why can't we help with cataract? Why cataract is created? Why we see less and less? Partially is your glance above your, above your head, under the pressure, they move, change position. In changing position is like you had no drops on the window and suddenly you change the temperature in the room, you see water drops on the window and then it ices up. It's exactly what happens with your cataract. But that change of temperature comes through the bone structure of the face and thalamus, and the pituitary gland. (3:02) They change the condition, so the eye, the liquid in the eye, starts creating drops and those drops sit on the back of the eye and then you see less and less and less and less and then you have a cataract, and then you now with the new technology they just take the lens out, they put a new lens in, nothing can sit on it and if it does they do a little bit of chemical work and then they wipe the window off and you see more.

It is conditioned to the fields which they use. In Keshe technology we don't touch cataract. The reason is very simple. Eye position is not fixed as such because you move it up and down all the time, we can't fix it. And if you get it slightly wrong or the system moves, the field interacts with your brain, and we can cause other problems. You can't use a back to front system, because you bring the brain into operation, you can't use side to side, because the brain sits in that gap between the eyes, partially near enough, over your, what you call it, the bridge of the eyebrows. We looked at trying to, but in fact we should be able to do so, if you could put a barrier behind the eye, we can use the technology to repair the cataract. But we can't because the field flows everywhere, it has consequences. And these are the things which he does thalamus, and all the glands, all play strong field centers, (3:04) and you can't play with it. So we can't touch cataracts. We looked at it for years. The best thing is, okay, we can do everything else, but... we have interaction of fields. And this is the same with your question. It's a fields we change,

you see much better. You can bring the vision back, but we cannot due to his position of, and being across with the position of brain, it brings different fields to your eye, to your sight.

Q: Because Mr. Keshe I thought at the moment when it happened, because of my emotion, you talk about emotion, maybe the emotion of enjoying the scenery that... you know, they're staring at... staring at...

K- There are number of things. Certain bandwidth colors, because there are waves in it, or in a way it's a magnetic field, interacting with the liquid in the eye, allows evaporation of all stability of the cells and vision in the neural system, in the back of the eye. We know this through research. That's why they tell you, "Go and walk in the green."

If you are... the majority of the people over age of 60, 50, fall, and then whatever happens with the fall. Why we do fall? Because we lose confidence in ?? the motion. What do we do? We always look in front of us. We don't look distance, in the young person always looks in the horizon. Because, doesn't matter what's in the front, I can handle it. So, as we change our head down, we change the balance of the brain, (3:06) especially the thalamus and the thymus, they all move back and in a different position. And, we move forward, we use the balance, we lose the balance we were born with, on the straight upright, and the more we bend towards the front, that we don't fall, we actually fall.

So, you... when you go for a walk, you look to the distance, you catch lights, especially they tell you to walk in the green, in trees and hills, or whatever, we catch a light from the sky, from the branches, the green light, which the photosynthesis in the back of our eye in the neural system, allows it to rapid repair. It sterilizes it, in a way, if you call it. If you have a kitchen, or if you have a bathroom, and you have no lights in it, it gets fungus, it gets... because light itself is a disinfectant. And it's the same thing happened. That's why you like to walk in this, in the green. And that's why you see better. If you are again over 60, 65, when you go walking, to walk, instead of looking in the front, look ahead. This brings a balance, and then at the same time, sterilizes the liquid in the eye, to the back of the eye.

And then, you should walk, not flat. If you look at the people, the older they get, they drag their foot, they go move forward. And this is the problem, because you are born to walk... Just one second. (3:08) You walk in a way that through your foot you bring a lot of neural system in. Which means, if you look at, especially like Chinese and Japanese girls, especially young Koreans nowadays, they wear these slippers and they go, "Splash, splash, splash, splash, splash." Because, laziness or whatever, and you see how, how much ill they are. Are they, are they ages? When you go back 60, 70, 80, whatever, when you walk, you walk heel to toe, you put your heel down and walk all the way to the toe, to bend, to wake, to get up. If you drag your foot or you put your foot long, you don't... you create your own diseases. And because you don't look ahead, you don't get the lights, it changes your emotion, you pull your legs on the... or your foot on the ground, you create a cycle of diseases. The bone marrow doesn't go the correct way, the cholesterol

doesn't set, the diabetic, the insulin through the muscle tissue in the back of the calf, is not triggered to be used, so you bring creation of problems.

And then, when you start looking forward, you start your own diseases. Because, when you are... when you walk with the shoulder high, straight, and you look in distance, your lung capacity is open. You convert different energies. Now you're looking at the steps, you're dragging your foot, you're bent forward, the lung does not absorb the right energy. So, you unset the diseases. Look at Trump, how he walks. Look at people in their 90's and 100's, they're still active, they still run like a Man, they can go anywhere. (3:10) Look at the shoulder, shoulder should not be bent, should be straight line, corner to corner, which means, opens the lung, breathing. Then, you, when you stand shoulder, you can't look down, you look ahead. It's the rise of the head, the eye, you see better. And then because you have confidence, you don't walk like a soldier, or like a, what they call, 'dragger foot'. You go hill to toe, 80% of your diseases have gone. We create our own diseases. And, in a way, put a ruler in the back of your shoulder and walk straight. Your head, you can't look down, because the shoulder to shoulder is straight. Then, you don't have any psychological problem, you see the future. You don't see, watching what, "I'm not going to fall", you fall, and then the muscle mass changes because of it, and then it brings diseases. When you look down and say, "Oh, I looked in the green, it looked, I can see." You get your liquid in a way, synthesized, and then it just clears a little bit of the mess, and very rapidly you change.

Especially at your age, when you speak about these things, watch how you walk in the house, Azar. Watch how you stand. 80% of your problems, psychological even, depression, will all go away. We accept defeat, and we bend more and more forward, because I can't do it, I'm old. You know, the older you get, the higher you walk, shoulder flat, back, straight, it changes, you walk straight, you keep yourself healthy. We all die, it's inevitable. But you can help yourself, save yourself from a lot of other things. (3:12)

Q: Thank you Mr. Keshe.

K- You're welcome.

Q: Because you know, one of the reason I ask, if we are destined to die at the time we're born, at a certain time, because I cannot stop thinking about the 165 little kids (bombed in Iran), which were so innocent, all died at once, and then I was thinking, maybe was the Soul destined to die, all of them at once?

K- See there's, accidents are different than cycle of life.

Q: So it was accident?

K- Accidents are different than the cycle.

The seven Israeli generals who died in one go, last week, or past few days, in one attack. Why did they die together? They planned so many murders, these seven generals of the

Israeli army. Why did they die, plus their assistants, all wiped out? Accident. You know the story of the guy who dies and goes to Heaven? Actually he's standing there to go to, doesn't know if he goes to Heaven or ?? Hell and the keeper asks him, "Are you married? Were you married on Earth?" He says, "Yes." He said, "Oh, you paid your dues, you go to Heaven. You already had the Hell on Earth." So, how do we look at it? And he asked the second one, "Are you married?" He said, "Twice." He said, "You never learn, you have to stay in Hell." So, we create that Hell for ourselves. We are married to physicality. And, this is part of the problem. And the more we get tightened up with it, the more we become part of it. (3:14) The closer it calls us to go under.

We have to understand the process of life, we are destined to die, but we can decide how. I had, as I said, I had a Knowledge Seekers and some officials listening to the teaching, telling, calling me, says, "Did you know about Ayatollah Khamenei?" Because you mentioned it last week, when I said, the love of God has its own limit. You take life in thousands, we know our way how to stop, it's stopping that cycle. Look what happened in past 40 days. How many lost their lives in two days? As I always said, "The man who makes the gun, the man who gives the order to make the gun, the man who shoots the gun, they all have to pay. Their own way. And they understood the message. It's us who decides on the future of life, and to what extent.

Thank you very much for today. I hope we learn a little bit, and hopefully we find our way in a different direction and position next time. See you next week, and we'll see what comes up next.

R: ... (3:16) ... (3:18) ... Okay, message from the Universal Council, says, "We, the Universal Council, invite the Keshe and Universal family, present at the Earth, to unifying at the Soul level, every day, every time, every day, at 9 PM, Central European Time. To give from our field strengths to enlighten the Souls of world leaders to negotiate and sign the World Peace Treaty, pledging their nations to everlasting peace on Earth, and throughout the Universe."

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End