

Phoenix Rising - Won't Leave a Physicality Behind - The Window - Ca Link to Earth - Feelings and Emotions - Transmute Through Epilepsy - 3 Religions Made Up Introduction to 620 KSW

Note: Not checked by KF interpretation by KS of KF Brazil

The main teaching in this workshop seems to be for us to understand the different processes we can go through to achieve transmutation. First Mr. Keshe went over again the process that happens at death when the Soul of the Man (STM) separates from the Soul of Physicality (STP) and physicality (P). Cremation is a common practice in the world, and when the Soul separates from the body and it becomes lifeless, it is burnt to ashes. And the STM is like the Phoenix rising out of the ashes of the P and it is free to fly through the Universe (U), and where its M and G fields find a balance it will manifest a new cycle of life. If we do not attain the knowledge of transmutation in our lifetime, then the strength of the M fields we have gathered in our physical life on Earth will dictate where in the U we will be able to manifest. He again used the analogy of water vapor in a room, and when it hits the cold window it condenses into water droplets. The water vapor is like the STM and if it can create the right conditions then it can form a drop on the window. The Window is the U and the drop represents being able to re-manifest a new P.

Some new things were pointed out in this analogy. First, was that not all the water vapor will become droplets, or be able to manifest a P. To do this the Soul has to be able to create the right conditions. This means there are countless Soul like the water vapor in the room that are wandering around and lost, and they cannot manifest themselves. But as they float around and interact with other Souls they will eventually become part of a bigger entity. As it was said before, no Soul is ever lost, or should we say the Energy of a Soul will always return to its Source, as in reality it has never left it. It only appears to be separated. To be a 'rootless' Soul means we haven't acquired the necessary field strength to become an independent and free Soul. He did not give enough details about the rootless Soul wandering the Space, but it reminded me of the Buddhist teaching about the preciousness of a human birth. And that we should not squander the opportunity we have to accumulate merit, which is the same thing as adding field strength to our Soul, to become enlightened, and then be able to determine our destination.

More things he discussed was that this window is like the U and the drop we want to be able to create is us, and that becomes our life. But there are Phoenixes or Souls that have also separated from their P from the entire U and we all are trying to manifest ourselves again and become a 'drop on the window.' And if we can reach the enlightenment we can use our emotion to determine where on the window we can manifest. Otherwise we manifest based only on our accumulated field strength.

Just a note about the "Conference of Birds," it is a poem that was written in 1177 AD by the Persian Sufi poet Farid ud-Din Attar and the title is taken directly from the Koran. What is interesting is that the birds who want to find Truth have to journey through the "Seven Valley," which appears later in the Bahai literature. The Sufis are a mystical aspect of Islam and not recognized by some fundamentalists as being Islamic. They are a beautiful mixture of the paths of Knowledge and Devotion. They get enlightened through unconditional love and the pain of separation from the Beloved is the fire of their devotion. The Crusaders had contact with the Sufis and unfortunately they misunderstood their metaphors of eroticism and what they brought back became the romantic love of the Europeans. The language of the Soul became trapped in the language of physicality.

It seems that Mr. Keshe is trying to make us aware of different options we can develop for ourselves at the point of separation from P. The first possibility is that we haven't gained enough strength to be anything, so we just wander around Space as a vapor unable to manifest P. The second is to have lived a good life and end up at the appropriate place in the U according to the strength we have accumulated. Another option is to understand what and how the fields decide to become part of the Soul or part of the P. If we can develop the right emotional strength we can convert the P back into the energy of the STP and then embed it in the STM and then we don't have to leave a P behind. When we go to our destination and hit the 'cold window' we'll be able to manifest a new P, because we have the energies within us to interact with the environment. Since our P matches the field strength of Earth, we could re-manifest a new body right here on Earth. He didn't say anything about going into a womb. So technically would we call it, reincarnation? We could manifest a human body through our emotions interacting with the Inertia fields of the Earth, without having a human mother, since we have already achieved our Soul. Maybe the U would be our womb? In the future, we'll have to devise a way to tell if a human body was created out of the fields of the mother's womb, or the fields of the U.

The reason we leave our body behind here on Earth or anywhere else in the U is because all the cells in the body are connected to Calcium (Ca), which is the Inertia field absorption of this planet. If we can replicate the Inertia of the Ca, then we can take the physicality with us. He said, it still carries the emotion. To me that means the P has its own emotions separate from the STP and STM. We'll have to learn how to distinguish which emotions come from which entity within us. This knowledge is required for transmutation. It is my understanding that taking the body with us doesn't mean we will manifest a human body on another planet. For one thing the human body is created for the environmental conditions of Earth and won't be of any use on a planet like Mars. In fact, if through our emotions we tried to manifest a human body there, the transmutation would not work. There might be a special technique for manifesting a human body somewhere else, but it would not be functional, so maybe it would be more like a hologram. He said, for example on Mars, we wouldn't manifest as a rock, rather as an appropriate living being that can enjoy the environment of Mars. Perhaps when we take the P with us, it means we carry within us the Energy essence of a physical body, which means the ability to live and interact in any environment in the U. Therefore, when we manifest the new body it will have all the functionality needed to live, such as receiving, filtering, storing and excreting excess energy, and whatever else is needed.

In the next paragraph he said, that when we achieve taking the P within our Soul, the environment that we accomplished it in, will dictate the manifestation of the P of the Man. On the surface it seems that we would keep our human body with us. But on close examination this statement doesn't say we will necessarily manifest a human body. Again the language is not clear and appears to contradict what he said earlier. Then he said, we'll create a mini-environment within the STM that matches the AA and Ca Inertia of the Man. It's like cocooning the P within the STM. This would not be the actual matter state physical body, but only the energy of it. Because the P has no independent matter state. We only experience the body as matter because of our emotions, the consciousness of the senses, Inertia and other field interactions. So in effect we take the Energy of the P with and it will manifest an appropriate P in the local environment. The real question behind all of this is our attachment to the human body, and will we ever look human again, when we travel the U? This is for us to ponder and find the answer through our own studies, then that knowledge we'll be ours and it will help us to Transmute, because we'll have no fear about what will happen and we'll be detached from P.

Isn't this what happened in Beijing when Cosmic Rays (CR) which are Energy entities from the Creation that manifested themselves as gold or matter particles of Earth. They were not from this planet and they have their own emotion that interacted with the Inertia, and MG fields of the environment of the Earth and specifically Beijing. That's how they appeared. They never became matter state gold, and after 6 months they converted back to Energy and disappeared. Our job is to think about what we will do when we transmute. We'll convert our P back into energy and then go to a destination, and if we want we can manifest a P there. But we don't want to be trapped there. Is there a way to trap the CR into manifesting gold on this planet for humans? This opens up a whole new way of thinking. We come to understand that what we think of as dead matter, is not really dead at all. We don't want 3I - Atlas to treat us humans the way we treat matter state entities on this planet, do we? Is that what he meant by, 'humans becoming another 'Jack in the Box,' for those in 3I?' Hopefully, we'll make our intention known that we want to be enlightened and responsible members of the Universal Community that loves and respects all entities of Creation. Just because 3I uses advanced technology doesn't necessarily mean they are spiritually advanced. We are so lucky to have Mr. Keshe on the planet right now helping us. Of course, they must know he is here. We have to wait and see how things will unfold after the December 19th.

Here are some tips on how to transmute. Understand what GM fields you have to generate, to replace the GM fields of the planet. And remember that you do it with your own emotion, and every emotion has a specific M field strength, a specific resonance, and a specific D and direction. We have every attribute of the Creator within us, we were made to be able to transmute. Try using your emotion to create a light between your hands and from that light you can create the ash or matter state. This is the same as going from energy to matter. You do it by thinking that it would give you pleasure to see the entity manifest, and what you can give to it. It's not about forcing your will on the matter state entity. But first you have to believe within yourself that it really is an entity. At the same time have the feeling of being detached from P. And all these things together will

create the right conditions to create matter between your hands. Another thing to do is to review the teachings over the past 12 months together with today's and you'll find a way to transmute. Many humans have understood the field strength and how to generate it. You can do the same. You use your emotion to create Time. Think about how a person is one minute drunk with alcohol and when it wears off, is sober the next minute. What transformation happened? You can do the same.

As humans we decide upon the emotion of the D we want to live in. We decide if we want to manifest jealousy, darkness, or be evil. In the same way we can decide to be good, just and happy. It's us who makes the decision to transmute. Inside we know how to create the field strength to do what we want, but society doesn't accept it, so we deny it to ourselves to fit in with everybody else. We can learn to understand the totality of Reality, but since our friends and family don't want this, we can still give them what they want to have so they remain happy. It's important that we don't throw our own Energy away, and therefore we don't share this part of ourselves with them, because they don't respect it. It's not being false, it's being true to our Soul, and understanding that everybody is creating their own truth. When we purposely lie to people to deceive them that is a totally different thing, and it will have to be balanced. But when we put your Soul at the center of our life out of love, then we don't share that with those who will not appreciate it, because they will try to bring us down to their level to share the false love. Transmuting is about becoming enlightened, which is also about being mature in one's understanding of one's own life and how we fit into the Creation.

Some years ago Mr. Keshe taught us how some people that have epilepsy have learned how to suck on the uvula at the back of the throat. If we try to curl our tongue to touch the back of the throat, it's virtually impossible for a normal person to do. For somebody to do it means they have extraordinary concentration and can already control and focus their emotion. He discovered in his research that people who have continuous epileptic attacks have elongated uvulas. We were taught when we breathe, the fields we take in go directly to the STM through the back of the throat. There is more to the uvula than just a piece of skin. Somehow it is able to concentrate the energy and perhaps direct it to the Soul. But back to epilepsy, it results from an overload in emotional energy and information that goes up to the brain. There is a valve at the top of the spinal cord that helps control the energy. If the person knows how to direct that energy to the Soul they can use it to transmute. If they don't, then this valve opens and closes in pulses and releases the extra energy to the body, which results in convulsion, vomiting, and other things. The opening and closing of this valve is why the arms and legs and the body shake. It's like the extra energy in the body passes out through the limbs in waves, that is controlled by this valve.

In people who have learned how to create and control their epilepsy, they can control this valve through their emotions. Actually, this build up of energy comes through the emotions. In cases where there is abuse, some people have learned how to bring on an epileptic attack to get out of it. For example, if the father is abusive and they can trigger an epilepsy attack as a kind of defense or counter to the father's aggression, which then changes into one of worry and concern for their child. Mr. Keshe made it clear that we

don't have the experience and knowledge to judge if someone is faking epilepsy. It requires a trained physician to recognize it. He has dealt with many cases like this. People that can control their epilepsy can more easily transmute than others. In some cases they do it accidentally. During an episode they might have generated so much energy that they accidentally transmuted somewhere, but they won't know where they are. Many fish have done this in KF laboratories. As they are training the fish to transmute, suddenly they just disappear or appear in another fish tank. As Knowledge Seekers (KS) we can contemplate what it would be like to generate so much emotional energy inside us, but then we should try to feel it going to the Soul, and if we can, take it further to trigger all the cells in our body started to convert back into energy and go inside the STM. We have to pass through these different phases before we reach the final phase of transmutation. We have seen that many times humans reach the level of pre-transmutation but then out of fear they jump back into the P. This is what we have to work on.

It's very interesting that Mr. Keshe worked indirectly with NASA through a professor at Washington University and developed the use of Nano materials to help astronauts reenter the Earth's atmosphere without problems. In their research they found out that astronauts and those who live long term in the Space stations get exposed to high amounts of Cosmic Rays that result in epileptic attacks among other things. The same thing happens to pilots who spend long hours in the upper atmosphere. Of course, the matter state scientists are denying these things can happen. But there is a way that we can use our emotions and train to convert these energies to go to the Soul instead of going through the brain in the form of epilepsy and other diseases. Even when we transmute with the Soul we have to be able to handle these extra energies the Soul receives on the Soul level. In this way he is helping us humans to have safe Space flight experiences for the future.

A question was asked about the difference between a feeling and an emotion, and Mr. Keshe answered, they are in a way, the same. It was difficult to follow his clarification but I will try to discuss it more. It seems they are the same, and at the same time they are different. Some of it has to do with how we technically use the language, and other things are related to the emotion being a field strength and an energy of the Soul, and there is a foggy area where Energy becomes Matter. Our feelings refer to both the physical sensing of something, and feeling an emotion. For example, we say we feel the coldness on our skin. In a different instance, we say we feel the emotion of danger, and that danger can create an emotion of being unsafe. It's about understanding which part comes from which dimension and how they are connected. Keep in mind that the Soul itself cannot feel P, but it creates its own emotions and that energy leads to a physical response. The P has the physical senses and it can create an emotion. It's a lot to sort out and requires being in touch with one's own feelings and emotions and how we operate internally. He warned against pigeon holing concepts and then getting limited by them. And we should understand that the pigeon holes can also be without walls between each other. Memorizing concepts won't help, and in this case they will hinder our understanding. By directly feeling things in our life, and then observing how we feel and which emotions we create out of them will help us a lot. That's why he gave a couple practical examples to learn from. When the prostitute was feeling the physical touch of her client she would not

allow herself to create an emotion of love. But when her husband touches her she does. This is an example of how a feeling leads to creation of an emotion, and how we have control over our emotions, even if we might not always be aware of it. Then we can try to practice creating an emotion for transmutation. From this we can understand that it is extremely important to want to transmute, otherwise how are we going to generate a strong enough emotion to convert the cells back to energy?

One of the major reasons for not being able to transmute is fear. There are different types of fear, but there is one type of fear that has been ingrained in us by the 3 Western Orthodox religions of the Levant, which are Judaism, Christianity, and Islam. They taught us to fear death, and we could end up in Eternal Hell. This works on the subconscious even with people who say they don't believe the religions anyway, or say they are atheists. It's a social consciousness that effects everyone, unless they have done their inner work and live a life independent of society and with different intentions and have understood a little bit of the Knowledge of Creation. Mr. Keshe says, that with Zoroastrians it's different because they always were rooted in the true Faith of the Creator, and as a society they didn't teach their people to be afraid of God to control them. They didn't play the 'forgive and forget' game with wrong doings, and then keep on repeating them. In the Zoroaster system they don't have an outside force punishing you. Instead, you are responsible for your own actions and when you do wrong you carry it on your back as a reminder not to repeat and to learn why you did the wrong in the first place.

It was always strange as I learned about the religions, that they were never part of the Archeological Record. There was never any record of these great events in human history. What the religious people in charge used to do if you questioned that, was to consider you an atheist and bound for Hell. What Mr. Keshe was saying, is that the Golden Age that was ushered in by Cyrus the Great, was copied by the Jews and turned into the story of Moses. We know that Cyrus respected all the religions in his Kingdom and made a record of them. The Jews in Persia who had never been to Palestine were asked to do the same. This is where they could easily have gone into the Persian Libraries and copied their Bible, by changing the names and some details, but keeping the essence of these stories. They made up Moses and later used it to create their religion. The story of Noah is a copy of Gilgamesh. And recently an Israelis archeologist said there was no record of a Kingdom of David. Later the Vatican learned from the Jews to make up the story of Christ by copying the Persians. And then in the first century the Jews found a way to rewrite the Islamic texts and move the Moslems out of Palestine to Mecca. These 3 religions are the cause of so many wars in the world, and they are preventing world peace and the new plasma technology to be released to the world. It's a very strange fate, because a couple hundred years ago the people could not even read the Bible. And now that they have access to it, they cannot understand the essence of the teaching, what is true and what is false. The only way is elevation of the STM, and let's hope on December 19th, 3I - Atlas will transmit the necessary field strength to enlighten the Earth.

Other Topics:

Would it happen on December 19th that because of 3I's enormous energy pack that it would change the M fields of this planet, and because of this many of us would die?

Every living thing in the Universe has all the attributes of the Creator;

Thanks for listening.

>>>

Join us this Friday, December 19th, 2025, in the KF Brazil Friday Public Teaching for the whole summary of the 620 KSW.