Testimonials from Knowledge Seekers after the Keshe Foundation's 3-day Open Session

In this file you will find testimonials from Knowledge Seekers of the Brazilian Community during and after the 3 days Session that took place from December 18th till December 22nd, when 3I Atlas was at its closest point from the Earth.

Feeling the fields and twinge in the Head

Francielly

It's now 2:00 a.m. on Saturday, and I still have my headphones on. I wear them all the time, only taking them off to shower and charge my phone. I was sleeping and dreaming about studying the technology when I woke up a little while ago with a twinge on the left side of my head. I can feel the fields around my head perfectly.

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Feeling Goose Bumps, Peace and Going to Places that Never Went Before

Paula

I have been connected to the system for several hours, interacting with the 3I Atlas. At times without headphones.

I felt chills and goose bumps all over my body. I also had some episodes of throbbing. I had some dreams, with people I know, but in places I've never been before.

Today I woke up with a lot of chills and a headache. I believe it is the release of something in me, like a catharsis (cleansing).

I am feeling my environment more peaceful and harmonious.

I am wishing much love and peace to everyone at home, extending it to my surroundings and to all beings on the planet and beyond.

Thank you, Mr. Keshe, for all your love for us!

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Vivid Dreams and Meeting People in the Dream

Josafá

Yesterday I felt a different energy at the time of intention, in the Brazilian teaching, I noticed something stretching my body upwards, but I felt this at the end of the intention and did not have time to realize what it would lead to. I decided to return to the intention

after the end of the teaching using the headphones and within the Zoom session. I didn't feel the energy with the same strength but in the same direction. I was getting sleepy, so I lay down with the headphones on and had very vivid dreams. I met a lot of people, and they were very real. This force pulling me upward was very interesting.

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Dreaming of Traveling, Crying and Not Feeling Fully in the Body

Alexandra

I spent the night celebrating the birth of Mitra with my headphones on, connected to the Systems, and I "dreamed" that I went on a trip, but I don't remember where I went on that trip.

I dreamed that I was in the home of a humble family with three children, and the children's mother had nothing to feed them, so I fed the children and their mother, but I don't remember seeing any physical food, and then I left the house through the window as if I were floating.

I also dreamed about Pamila (a KS from Brazil), and I told her that I had been crying for three days for no reason, and she replied that it was the emotions felt because of the Systems.

When I woke up, I realized that I was not yet in my body, and when I stepped on the floor, I felt dizzy and unbalanced.

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Dreaming with Lights and Energy through the Body

Evanice

On Friday night, I dreamed that I was surrounded by blue and red light. The light was very strong, and my body floated in it. When I woke up, I felt pain in my stomach and a strong energy circulating in my body, along with a feeling of serenity and harmony.

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Dreaming with another Knowledge Seeker

Pamila

Good morning, everyone. I also had a dream about a knowledge seeker last night.

It was a party, it looked like a nightclub, but it wasn't dark, it was very bright with lots of flashing lights. The place had glass walls, so people outside could see those inside. I was

arriving and she was leaving with a little girl, about 8-9 years old, who was her daughter. A lively and happy child! The girl told me that the party was great, and I went inside and woke up soon after.

Did we meet at 3I?

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Feeling Warmth and Energy Running through the Body

Leomar

Guys, I decided to do an experiment and I'm going to share it with you.

I connected a wired headset to my laptop and put one earpiece in each ear. I connected another headset to my cell phone and put one earpiece in each hand. I lay on my back with my arms slightly open, creating a star formation of my soul, and the headphones in my hands. I felt a warmth and energy running through my body. Remembering that the breathing rhythm I used is the same as when we are sleeping, this is very important in order to create a state of deep relaxation. It was a small experiment. However, we must share it to help in the development of technology.

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Meeting and Communicating with 3I

Roby (KS from Germany)

So, I managed to make contact.

Here is the information in a brief summary:

3I-Atlas brings spiritual renewal (reactivation of humanity, new souls, new species).

R2-Swan brings technological renewal by supporting the opening of paradigms (souls and sources of resonance for a deeper understanding of "new" natural principles, including Keshe technology).

A6-Lemmon is a kind of waste collection service that collects what no longer belongs in this place (energies, souls, burdens), but is seen in a positive light in a natural sense.

Therefore, it is not incineration, but "composting" (development/transformation) in a "different place."

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Feeling more Clarity to Understand the Teachings and Life

Francielly

Today was a wonderful day for me, I feel like I received a very strong wave of energy, which kept me very active all day long, I think you must have noticed, right? From the moment I woke up until now, I've been filled with wonderful energy and enthusiasm, and I've found it easy to understand what I set out to study. So I took advantage of this wonderful wave of energy that I am receiving through the systems of plasmas of the Keshe Foundation to understand even more about the creation, dimension, and interaction of the Fields. So, I can never stop thanking our master, Mr. Keshe, for all the teachings given to date with so much love for humanity, gratitude

For all your love, know that I love you today, tomorrow, and always. Eternal gratitude.

It's amazing how I still feel connected to the Keshe Foundation system To me, it doesn't even seem like the systems have been shut down. My mind, thoughts, and feelings are always directed toward the Fields that I have received and that I still believe I am receiving.

I can feel the fields flowing over my physicality, bringing me mental clarity and balance, and I take advantage of this clarity to delve even deeper into the study of plasma technology.

I am very happy for the gifts that Mr. Keshe has brought and continues to bring to humanity. Every time he has made the system available so that we can receive the field to elevate the soul of man, it has made me deeply happy and grateful, because we would not be able to do it without the help of the systems, as we are still full of blockages and limitations from years of conditioning. However, these are some of the wonderful gifts that humanity could receive in these times of change, which are changing us from the inside out, not to mention all the knowledge that further complements our maturation as seed souls here on this planet. It is a pleasure and an honor for me to be part of the Keshe Foundation group.

Thank you, Mr. Keshe, and everyone who works tirelessly behind the scenes to make this happen. My gratitude is eternal.

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Family Changing

Elisabete

December 19 saw a drastic change in my family of origin, where many conflicts are longstanding.

A dispute that had been going on for more than three years advanced dramatically, which should bring greater comfort to my mother (among other adjustments).

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Dreaming with Lights, Feeling Peace and Strong Energy in the Heart

Evanice

On the night of December 19, I went to sleep connected to the system with the headphones on, and I had a dream in which I was flooded with a blue and red light coming from the 3I Atlas. The light was very intense, and my body was shaking. My heart was beating so hard it felt like it was going to explode, but then it settled into a calm rhythm and returned to normal. I felt a very strong energy circulating in my body, as if I had a small heart beating in each cell. I had conflicting feelings of fear/tranquility, agitation/calm, pain/satisfaction. When I think about the experience, I begin to reproduce the same sensations in my body. I had moments of confusion, not knowing how to define what was dream and what was reality.

Then I saw a green light that brought me great peace, and when I woke up, the light was getting brighter and brighter. I opened my eyes and saw the white walls of my room. I was in a state of deep relaxation and enjoyed peace, serenity, and contentment. I felt very sleepy and it seemed like I wanted to sleep forever...

The experience led me to ask countless questions in search of a greater understanding of my purpose and the meaning of this message for the elevation of my Soul.

I am grateful to everyone at the Keshe Foundation for the valuable knowledge they have shared and for providing this moment of enlightenment.

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Feeling Wonderful Silence

Danielle

When I entered, I immediately felt a sensation that I will describe! You know when you are in a place with very loud noise and suddenly the noise stops? That was the sensation of the noise ceasing and being in that wonderful silence!

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Feeling Agitated, Balancing the Excess of Energy by Giving it to the Soul

Pamila

Regarding the interaction with the 3I, and the 3 days of turned-on systems, I felt a certain agitation and anxiety during those days, and a need to seek to understand what all the energy I was feeling meant, how I can balance this with my soul and what I am communicating to the environment. For example, this morning I woke up extremely

anxious, which is unusual for me, so I picked up my phone and was about to open something to distract myself, but then I thought, "No, I have to do something to balance this." So I took a breath, felt that energy, and tried to channel it into my soul, and immediately things stabilized and I calmed down. For me, these have been days of deep reflection.

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Emotional Changes, Greater Connection with the Soul and Emotions

Claudia

After the three days of Zoom:

I feel connected to the FK systems for a few years now, but in the last two to three months, this connection has intensified significantly. I notice an increase in vibration around my head, more evident when I wake up, although I can connect at any time of the day when I concentrate.

My emotions have also gone through visible changes: at times I feel tired, at others agitated. There is a lot of sleepiness during the day, accompanied by a feeling of fatigue, but at the same time, I find it easier to connect with my soul.

My connection with nature has deepened. I have started to feel love more easily, contemplating each type of plant, tree, and fish, reflecting on the emotion that led them to manifest themselves in matter in this way.

I also noticed a greater capacity to observe situations, with less desire to talk as before and greater introspection. These are subtle changes, but they have a big impact, because I am, in a way, expanding my connection with my emotions and my soul.