## 539 KSW Deeper - Every Cell has COHN - N to C12 to C14 Connection - Judge Ourselves - Emotion Introduction to 540 KSW

Note: Not checked by KF interpretation by KS of KF Brazil

This workshop in a way, is a continuation of last week's workshop, but in this one Mr. Keshe keeps hammering in deeper and deeper about the mechanism of how we are created and how we can maintain this creation of what we call the human being, through the Nitrogen (N) and Carbon (C) in the amino acid (AA) or Mr. COHN. As usual I listen to the teachings over and over and try to fit them into my brain, but this one is very difficult, because there are so many different concepts one has to try to put together. I will try my best to bring out the main points. First of all he said, for those who are sincerely looking to transmute this teaching is like a breath of fresh air, and it gives us a helping hand to continue. The primary cause of our creation is the emotions, and this really means the Emotion of the Creator, and at the same time we can use the same process to transmute and everything else we need to do in our life. To help create and control emotions we can use the breath, which already has the connection to the Creation built into it, and which supplies the energy through Cosmic Rays (CR) and Cosmic Fields that we need to elevate and expand our Soul to do the Transmutation.

The workshop is about gathering all these little bits and pieces of information first separately, and then bringing them together in a way that makes sense to us. It's not an intellectual sense, though that is part of it. Rather it's more like a feeling of knowing something, I believe we are using the Soul in this case. But we keep all the information in the background, and then the Soul knows how to use each piece in the foreground, when we go to ponder Transmutation. This may be more for the Soul of Physicality (STP), because he said, we should not think about transmuting, but just do it. In other words put all our effort into feeling it happen, and because we have all the bits of information in the background.

In the last workshop he covered about the neural system as being the physicality (P) part of the body in which the nerves physically go everywhere, and it is also connected to the STM. And then the blood system is a matching image of the nerve system and it carries the fields of the STP. These are again the replication of the 2 plasmas of STM & STP interacting with the fields of the environment, and together with the emotions they create the physical body. It's the same pattern the U uses of two plasmas interacting to create a third one. At first the fields interact to create an emotion that continues on to create the third plasma, or the child. He taught us that the emotions are a M field and they travel the body instantaneously, but sometimes can go through nerves, which fools the scientists into thinking that they are physical. And that the body cannot operate without them. It's important to remember that each side of the body has its own emotions and through the neural system the left side of the body connects to the right side of the brain and vice versa. If these two do not switch over correctly it leads to many psychosomatic problems.

Also the STM has its own emotions which it uses to dictate what it wants to the rest of the body. The emotions are the dynamic plasma fields in the body that keep it working and create it as a Gans. And for the Soul to communicate with the body it does it on the same field strength level. From this we can understand that if something happens to change the field strength, then the Soul might temporarily lose communication with the body. Maybe this is what happens in Coma, where the Soul is still present but not making the body move. Even as we put these little pieces together a lot of the mysteries about the body are resolved. This is the beauty of the Science of Creation, it makes everything simple and easy to understand. I think up to now we have covered the major part of how the body is created and how the Soul interacts with it. Now we need to go over how we get the energy to make it work.

The mechanism for receiving enough energy to feed all the cells comes through the AA or what we call COHN, which is already present in every single cell in the body. We know the C - O - H - N forms a tetrahedron which is shaped like a pyramid, and what we know as the Star Formation (SF), which is a fundamental energy structure in all of Creation, where the base feeds the top reactor and makes the energy rotate. The Carbon switches back and forth between the C12, which connects to the P and the C14, which connects us to the CR and the Universal Energies. And this is also the link between the STM and the Creator. From the Nitrogen there are the isotopes of N, and he specifically mentioned N14 as connecting to Cosmic Rays. We should also remember that C14 rides on top of the H inside the CR. The H connects to the Creator and the C14 to the Universe, where the Soul of the Creator lives within it. The N also has the ability to store energy as M fields in the plasma of the body for when it is needed. The air we breath is 65% N and only 16% O and from this we can understand the importance of N for accessing CR energy through breathing to create and maintain all the cells in the body. Where consciousness and emotion exists, it is the emotion that connects to the C14 through N to create every cell in the body, and at the same time it connects to the STM. The emotion carries the H and C14 connection in itself, and it is the H that connects the Soul to the Creator.

This is a lot to hold in the brain and I don't want to lose you. But by summarizing it like this we can understand the essence of the true Science of Creation. We can relax and come back to it little by little to understand how Creation takes place. The importance of being open to this knowledge, even if we can't understand it right away, is that it empowers us as individual Souls that can become self-conscious plasmas, and through this knowledge we become free from the hypocrisy's of religions and control by other beings who think they know more than us. It's for us to realize that if we want to we can come to understand how Creation works and we can follow our understanding to our own enlightenment.

It's important to talk about our skin and how we absorb Universal Energies through it. Through the knowledge of C60 and C360 which he discussed earlier we understand that our body forms a diamond structure on our skin. If we look at our skin under a microscope we'll see hexagonal and pentagon shapes, which was also discussed earlier. And through these we absorb different Cosmic Fields into the Middle Layer of the skin.

This is the layer between the two plasmas of the inner and outer layers, and as it follows the fundamental Principle of Creation, it creates emotion in the Middle Layer through the 'Twinity" or Infinity Loop interaction of the 2 plasmas. If the M field changes through emotion we can get solidification of the fields into a Gans plasma of matter state, which could result in solidification of the cells such as cirrhosis, or tumors like cancer. As we know from our Gans Box when we create certain fields then we get formation of a Gans. So a cancer in the body is a Gans while it's in the body. This is again the same basic pattern of how Creation works.

All that we discussed in the previous paragraphs points to the fact that when we are born, we are not born into the dimension of physicality of this planet. All this knowledge shows us that we are in a plasma state when we are born and we are already connected to the Universe through C14, H, and Cosmic Rays. In fact, we cannot be created any other way. This is how Creation works. But we deny it to ourselves and pretend that we don't understand anything and then right away the mother gives the baby her breast to feed. And even that milk is really a Gans plasma. And then we start believing we are a physical body and don't have a Central Energy point that is connected to the Creator. And with this knowledge we can understand that we are being fooled into believing something that is not true. And of course, through the Plasma Science we can test it to confirm what is the truth.

It's interesting to know that there is no way we can sustain this body through the energy from the food we eat. Just to maintain one cell would require us to eat a mountain of food. This is unbelievable to hear. It again confirms that we are already being fed by the Cosmic Fields without our knowing it. We think that we cannot live without eating food and drinking water. Perhaps eating is more for the emotions than anything else. But nevertheless through the digestive process we create the little 'seeds' to attract CR through the N and C14 of the COHN. But more importantly we are receiving the major part of our energy through the 65% N in the air we breath. The N connects us to the C14 and CR to feed the STM.

The golden key for living in both dimensions of the physicality life on this planet and the life of the Soul which means to be part of the Universal Community, is to be able to control our breathing to receive the C14 and CR through N in the air and to create emotion. We already discussed how the N works and it's just to have faith in it, and he will teach the way to breath in the next Monthly Flight Session. Once we get access to those fields we can elevate the Soul so that it can expand over the STP, and through our emotion we'll be able to transmute.

In the second half of the teachings a question came about the 'Judgment Day,' which comes from the scriptures of the Middle East. This term comes up a lot in the teachings and it is used by clergy to scare their 'flocks' into being good and to be submissive to them. It means we will be judged on this day by a 'God,' which they created outside of us, and we will have to answer for all our good and bad deeds, and then it will be determined whether we'll go to Heaven or Hell. Generally, if people don't believe in a Judgment Day then they feel they can do what they want and can get away with it, like what we see in

society today. And religious people believe that God will punish them for being bad and reward them for being good. This is a very infantile belief structure that makes one a victim of outer circumstances. Mr. Keshe has been teaching us something quite the opposite, rather when we gain the knowledge of Creation we'll become responsible for our thoughts and feelings, and how we speak, and how we act. If we understand this in a deeper way, we would want to judge ourselves all the time, about whether or not how we are living is of benefit to others, and is it bringing us closer to the Truth of our life. A nice practice we can do is at the end of the day before we go to sleep, is to evaluate ourselves in what we did and thought during the day, and what we need to change in ourselves to become a better person. This way we can consciously improve our life and gather more field strength to the STM. This can only be done in life, because once the separation from P comes then we will be forced to experience what we have gathered in this life. If we understand the essence of the meaning and act on what we know to be true, then we don't need intermediaries to judge us or religions to control our life. And when we come to the end of our life cycle we'll have regrets and be ready to take birth as a Soul in the U.

Over the past couple of weeks many KS have been sharing their profound experiences with Transmutation during the last Flight session. He said, in that session they deliberately elevated STP in one part and the STM in another part, and then they joined the two Souls together as an entity in the third part. They built a system that can do this. What is interesting is that each of the parts gave a different feeling, emotion, and vision, but still is was up to the KS as to what they experienced. And next month he is going to make an even more complex system that will directly target the elevation of the STM, but then he said it wasn't elevation, it was expanding the Soul to the destination and there you can create a manifestation. It sounds like the participants will be able to manifest a vision in the environment that can be the shape of a man, a cat, an alien, or a piece of furniture, or whatever they like. But this manifestation isn't necessarily in the physical dimension. Is this like a "pre-transmutation" experience where you create the environment and a "plasma image" through the fields, but don't experience it physically? This is something we have to explore more. He also gave a hint for KS that when you are in the dimension of P you see and hear things, but when you switch to the D of the Soul then you will feel things. You will feel the interaction you have with other entities. You will feel if someone is kind or loving from inside and not just by thinking about it with your mind. And there was something about not remembering it while you are in it, but then later the memory will come back. He said, it would be very good if people who participate in the Monthly Flights could also come to Iran where you will have to transmute yourself into the Flight Room, because there are no doors in the U. And now is the time to start practicing this, as the KS have become mature enough to do it. This should be a very exciting conference.

A question came about what is the difference between a Ray and a plasma, and the classic KF video that shows 2 Rays coming together to form a plasma was discussed. It's a basic learning video that doesn't show everything. For one thing the Ray has lots of little splinter rays that come off of the main Ray as it travels through space and these interact with each other to become fields and the fields interact to become plasmas. By this we can understand that the interaction of life is going on everywhere and all the time.

It is not limited to an egg and sperm in a womb as we have been led to believe. Rather it is the interaction of 2 fields that have similar or matching field strengths, so that they can be attracted to each other and share their fields and come to a balance. They are similar and not exactly the same. This is important to understand, because otherwise life would be very narrow. It has never been explained what exactly 'matching' field strength means. If we think about the people we are attracted to and like to speak with, we may have similar interests but we are not exactly the same. We would get bored if we were exactly the same, and the U would become monotone. But then how does it work that the Unicose is created from the single Ray of the Creator? What about incest? Or does that come out of the mental concepts humans have created about marriage and family? There is more to understand.

In the next Flight Session first he will teach everybody how to do the correct breathing to interact with the 65% N in the air to absorb the C14 and CR energies and through this it will make the transmutation easier. While at the same time we have to create the emotion for transmutation. One sign that occurs during transmutation is that the emotion and heartbeat change and one has a different feeling. But again he doesn't want to give preconceived ideas, instead each person should understand it from within themselves, and then they will have control over the process. Keep in mind that the Soul doesn't breath, it is used only for the physicality to match with the Soul. And when the P opens up into the Soul, there will be a heartbeat of the Soul.

Mr. Keshe explained in this workshop that when we go to sleep and dream and travel the U and become part of the U Community, it is actually a mechanical process of lowering the breathing rate. The O is only connected to the P dimension of this planet, but the N is connected to both the P and energy level of the U through N14 field strength which is close to C14. The hint he gave was that in our sleep the Oxygen M field levels lower close enough to the N isotope levels to allow us to connect to the Universal Energies and thus start to dream, or should we say unconsciously transmute at the level of the Soul. If we think about it when we sleep our breathing rate goes to its lowest level and it matches the field strength of the C14. Perhaps this is the breathing method he will show in the next Flight session. If we can lower our breathing rate while awake we can consciously transmute. He said, when people fall asleep during the Flight sessions then they are already transmuting, and the systems are only adding some energy so they can do what they want to. Another way to help KS transmute is for them to turn off the KS microphone so that they don't give out energy, while KF keeps their microphone on to feed energy to their Soul to find its elevation and for the O and N field strengths to come close to each other, the same way we do when we sleep. Being able to transmute is not a mystical process, but a scientific one, but then we also have to add the emotions, which is our desire to do it.

Before closing I would like to bring up an important topic, and that is, what does emotion really mean? In Wikipedia they say there is no scientific consensus on a definition of emotion. In fact, before 1579 there was no such thing as emotion. Then the French came up with the word 'emouvoir' which meant to 'stir things up.' Then around the early 1800's the word emotion started getting used and one of the meanings was, an 'accident of the

soul.' In today's world as we are getting used to talking about our feelings and inner experiences, the word emotion has evolved into a very different meaning. When Mr. Keshe says, use your emotion to transmute, I can't really connect with it. Maybe we don't have a proper word for this specific action, because it's something very new to the human experience. Of course, we can say, feel it, use your feelings, but it doesn't trigger that inner knowledge to light up.

When you 'click' on how to pronounce the word emotion, then they pronounce it 'a' motion, and not 'ee' motion, the way we are used to speaking about it. So it's a motion, or a movement of fields. An emotion is a movement of fields. Today he said, emotion is the field strength between the neural and blood systems that are necessary to operate the body. Without these fields the body cannot function. I am trying to get a conversation going within each of us to start seriously pondering how to generate and control our emotions so we can transmute. We are already using these fields but unconsciously when we sleep and dream. We want to bring our knowledge into the conscious level.

What I know from my own experience is, if I want to create something with my mind I use my intention and focus on it. I create a desire to want something, and depending on how sincere and pure a feeling I can generate, will determine how long it will take to manifest. When we make a wish, we are doing the same thing. We are generating a field strength. To transmute consciously I think we need to pass through the phase of enlightenment and then the power to control our feeling will be permanent. What kind of feeling do we need for Transmutation?

## Other Topics:

KS are beginning to be continuously connected to the KF systems and can transmute anytime.

Remembering the Knowledge of Creation is not dependent on P, it's ingrained within the STM. DNA of the Man keeps a recording of the first Man, but DNA of the U is of all Creation. And because the STM is a universal entity everything in the U is within it.

The massive sunspots we are experiencing may be consciously coming from the Soul of the Sun to help the people of Earth from damaging themselves. As the Sun is the Soul of the 'body' of the Solar System it is aware of what is happening and what needs to be done.

Thanks for listening.

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