

519th Knowledge Seekers Workshop January 4, 2024

(Quick Index 13 pp, Introduction, Topic Index, Proofing done ; Need to do; Key Phrases, Words) (Auto transcription from Elias)

Understand field strengths create emotions; Create energy of apple - don't need to eat it; STM and STP create fields of emotion & energy of apple - STP will feed P; Monthly Flight Session many KS getting close to transmutation; Feelings emotions gives energy to transmute; 22nd love of Mitra; 12th Jan direct energy to STP to feed P; Cosmic Rays are the Love; Satellite Souls; Mother teach fetus to receive energy of U; Secret how to receive & give love on 12th; Important to embed STM in P; Learn to bring P out of STP to manifest; 2024 equal lucky 8; 2024 promises fulfilled - enter U Community; KS start transmuting in sessions - give messages; Become teachers; Why created with imperfections - Soul is perfect; Transmutation devotion to Creation - wrong intention - can't transmute; KSW for billions; When maturity reached - ethos Mitra; More on Middle East culture - Palestinians - Jews - King Solomon; Practice on own in 12th; Ca attaches to AA becomes cell; Trust Soul to captain UFO; Torah made up history - David only governor; Huge changes coming

Topic Index

Have to understand fields of emotion - field strengths that create emotions; Eat apple - creates weak strength field of Gans - seed to attract energies from environment - 80% of our energy; It's a plasma field interaction - stronger outside fields feed weaker fields inside - how body is fed; Will learn how to create same field of apple without having to eat it; Create that field as emotion of physicality (P) in dimension of Soul of Physicality (STP). Don't need to consume apple; An art how to do; Use Soul to interact with STP to create energy fields of apple; Secret to feeding both STM & STP; Now using STP and P to create emotion of wanting apple - this is energy body needs in form of vitamins - minerals; Craves for beef - water - or any other thing - seeds to attract energy from outside; Learn to create same seed of energy through interaction of STM & STP - not consume - nor use blood flow; Many KS not far from this process - those participating in Monthly Flight sessions; Learn to trust - feeling we can do it - believing we have created and received it; Replace hunger and love emotions of STP & P with field interactions between STM & STP - change weaker fields of physical body for stronger fields of STM; Both connected through common denominator - created out of fields of each other; Like Gans Patches - 1 drop in each other to connect - transfer fields; Same process - connection through line of Soul of Creator (STC) - connected to everything - easy to walk away from killing & destroying; Process is cornerstone to become man of Space; First have to learn about your emotions how they are carried; Understand what feeling gives what emotion - use that feeling to receive energy you need to transmute; Last Friday 22nd was start of process - love of Mitra - need to (be loved) and give love; Understand what fields you receive from environment - and what can give out as love; Did this with 100 KS - will repeat again 12th of Jan - this receive through STM give to STP; Want to measure what you receive and give; All were hungry for love - to give without receiving - same process goes on between Creator and created - secret how to

live in U; On 22nd you learned you needed the field of love - to feel love and give love; Whatever emotion it created for you - that's the (field) of love for you; Future - we'll teach you how to receive fields of an apple; Interaction between STM & STP - then STP will give fields of apple to P - receive taste & feel & energy of apple; Educate you step by step; Without you knowing you'll receive what you desire; On 12th try to receive and give energy by your wish; On 22nd - between STM and U - giving had no destination; On 12th give love from STM to STP to P; STP will feed P; This is biggest gift for New Year - if you understood; Brought you love of Mitra - gave without targeting - now target to STP; This is the process of using Universal Cosmic Rays (CR) to feed yourself; CR become part of you - have always been there; (CR is Love - it is so simple); Humans and animals on this planet receive energies of U - Don't have to kill - purpose of teachings; Once achieved - become "true man of U" - existing in peace - become part of Universal Community; Man will not be a threat to others & vice versa; Can manifest as any being in U - or understand Totality of Creation - manifest as STC; We teach you step by step over past year and a half (since June 6, 2022) - this year we'll teach you to live without killing create D of peace; Satellite Souls will understand their position - importance of what they have accepted; You signed for it - but your Soul was created for it & to accept responsibility of it; Satellites will increase - by those devoted to serving others; Use fields of U - help others transmute; When reach maturity teach others - share knowledge & emotions; Mother will teach child womb at point of conception when first fields of STM are created - how to receive energies from the U; Don't need umbilical cord or tap into Man's energies; Giving birth will be different then today - man will understand knowledge; No delivery rooms in U - teach fetus no air to breath - water to drink - no killing others to take their energy - receive energy directly from U; How to create new Soul life when fall in love with Soul of another entity in U; All beings in U have STC as common denominator - inception through Soul of Creation; Become common way to give birth; Will understand how to give & receive love - give true love to own child; These are not fairy tales. The process of creation of "daughter of Mitra" has started; One secret kept from you on 22nd - unravel after Jan 12th; Want to see what differences you feel in how you give & receive love; On 12th - should understand existence of Soul and the process of STP & P; Important to have STM embedded within man - learn how to survive in Space; Showed we can achieve "flat lining" of STM - STP - P - find harmony & balance; Can fulfill needs without D of P; Learn how to bring P out of STP through interaction with environment - don't need "monkey suit" anymore; 2024 will bring first stages for man to be part of Universal Community; Digits in 2024 add to "culture of 8" - Chinese lucky number; All past promises will be fulfilled in 2024 - you all are part of it - not as individuals - but Totality; Those who can travel - share beautiful experiences during teachings; Monthly Flight Session participants - share experiences - messages for us; Start with one person to a place - then travel with groups; You'll become future teachers for other Souls - learn transfer of energy of emotions of Soul; In U no languages - universities - mechanical systems to do things - learn to live through fields of U and your Soul; We came to teach this - bring change; Have 40 different nationalities & races in sessions - how we bring change; All are learning same time; We were created out of other races - mixed - how we are connected to each other while in system; Sharing equally through our Souls - not D of P; Share in correct way - become good teachers for future; As you teach - learn process of creation; Doesn't matter if have defects in P - P is

irrelevant - beauty of you is your Soul; When traveling might have "perfect" P in one D and manifest missing leg in another - because Soul needs to receive certain fields - missing leg in that D receives what is missing - then when enough received add leg back in; This is why some people are created with different "imperfections" in eye of man - but perfect in eye of - Soul of Creation (cannot judge from man's perspective); Why Souls manifest beauty to attract attention - their Soul needs energy; Why some people behave differently - to attract what Soul is short of; This is how we'll attract fields to feed ourselves; If create energy ourselves - don't need to create conditions in the emotion of P to steal energy from others by our behavior; Transmutation is not simple - needs total understanding & devotion to Creation; Not for man to achieve something & boast; Become more humble - bend closer to Earth - shelter more beings with knowledge; We're preparing your Souls for final journey to become part of U Community - it will be gradual - mature step by step; Instead of waiting for death to mature the Soul - you can mature while alive and then choose where you want to go; If wrong intention won't be able to transmute; If going to London to create mayhem won't happen - if going to spread love then you'll transmute; Kings and Rulers will walk away from the systems - Soul won't accept behavior; Soul not allow you to create mayhem; Transmutation is for peaceful man; See this with magnets - exert more force to re-position; Ethos of Mitra comes into operation - Think - Speak - Act Good - Soul allows transmutation - Soul will speak good not rejected - won't bring loss to another Soul; Ethos of Mitra - ethos of interaction of fields of plasma of Creator & fields of Creation; Man will be perfect when transmutes; Systems built to transmute thousands at same time - a lot planned for 2024 & 2025 - for you to understand; Friday sessions we'll be controlling in background - try to exchange energies between STM & STP - learn transmutation - movement of fields within you - not outside; Learn how to recall the fields; Example - think of apple - create the fields through thoughts & emotion - then taste & smell; You create field interactions between STM & STP to absorb those fields from U - this is how it is done; If curious to taste another entity in Space and the love it gives - don't kill it - give love to it and wait for what it gives back - then you can experience its fields - if it wants to give; Transmutation and life in U for all on Earth; These KSW recordings will be taught to billions of you - cornerstone teachings of transmutation; Maybe one day - "Soul of Knowledge" will be transferred to you - not "voice of knowledge"; Transfer and manifest energies of STM within STP - then beauty of Creator shall manifest; This is called "The Promised Day"; Fields of Creator will be shared & understood between (at least) two of you - creates a new D of fields that are the fields of Creator; This point of maturity can be reached at birth by some - and others not after whole life cycle in U; Transfer full energy of STM into STP they become one - have reached D of Creator - as one - not two; Understand beauty of Creation - manifest new lives & universes; To achieve have to fully understand and accept it - and practice Ethos of Mitra completely; This is how Mitra attracted the Creator to Earth - He became part of it Himself, and has become the essence of manifestation of the man; For now you should understand process of creation & interaction of fields - how to absorb fields without killing; Instead you give & receive love; The love coming back is Cosmic Rays - try to interact and break through - manifest yourself in both D of P and transmutation; Hope first teaching of 2024 opens to you light of transmutation - understanding your Soul; Hope it is beginning of new cycle for man as promised in all holy books; We shall fulfill the full understanding - not by magic &

deception; You can deceive yourselves, but teachings shall remain and their correctness will be proven when you understand.

Part 2

22nd was start of new type of sessions - continue every third Friday of month until June 2024; Prepare you for transmutation - giving & receiving fields; Specifically practice giving & receiving fields and then give love as energy to STP of yourself; Target energy to reach STP - you will start to elevate - travel U; Also preparing physical systems to travel U - can do both; Repeated question about Middle Eastern culture (see also 518 KSW) - Semitic tribes in Levant - became the Palestinians and Jewish people of today - created gods in non-tangible D and then made statues to worship - Pagan culture - Babylon; Originally believed in God (?? Creator) - then created statues (Pagan worship); Gods modeled on sunrise and sunset; East sunrise warrior god - Shah; West sunset peaceful Shalom - Jerusalem; Played with names; Named children after gods - Christians use Name Day of Saints; King Solomon - one who possesses love - 700 legal wives - Harem 300 women; Infatuated with women took after his father David - created Pagan statues for his wives - forbidden in Judaism - walked away from Judaism; Mohammad went from 700 to only 20 - did pretty good; Christ from same area and tradition; Created races by Faith and not blood - (all the blood is mixed together); Italian government approved 5G - all planned years ahead - without debate - now just implementing it; KF "Butterflies" specifically made to absorb these kind of fields; Can't stop it - already decided - Corporations meet regularly to plan out next step; Insiders told him how it works; Fall in love - eat less - similar to STM feeding STP; Most probably - yes - receive more fields - you create that need - then you give; Last 10 minutes of 22nd - most important part - want to know how you felt; Left lines to system open - KS stayed for hours - continued to practice on own; Tell us how you practiced and what you felt; Part of training for full transmutation - you practice on own; Repeat again on 12th Jan; This is "sandbox" for you to practice transmutation - start to mature; Don't say it was coincidence - learn to develop it; STM is not Inertia based on Calcium - nor STP - otherwise can only manifest where there is Ca; Aliens don't come to Earth with Ca bone structure; Ca - & Gans condition - connected to gas, liquid, and solid parts of planet - has common denominator energy transfer - all can attach to it; When amino acid (AA) gets a Calcium becomes a cell - or stays an AA; When understand even mobile phone transmutation not limited to Earth travel; First two people will transmute with P to Moon; Towards end of 2024 expect some of you to transmute during session; If sitting next to lover - disappear in P for some time - reappear; In beginning freaky - gradually become normal; We have added this ability to knowledge of man to live in U; Vertical Enhancement Unit part of transmutation process; Transmute through the Soul - impossible to "shoplift" - Soul won't allow - transmute in perfection; To help transmutation - become more humble - power down not up; Don't need to carry UFO in pocket; In transmutation cover P - learn how to handle it; Trust Soul to competent UFO captain; Japanese airline pilot competent saved lives of 300; Creator is captain of all of us - allows us to do naughty things here and there - but He is always there; Talks again about King Solomon with 700 women; He even forgot about being a King; It's in history of the made up Torah; Historians doubt that David was even a King - written in later -

actually a local governor; Decision to eliminate food & water when transmute is yours on Earth - no food in Space - work through energies of U; Lady speaks foreign languages never known through Soul; Soul has a language; New born children speak to each other through Soul; We connect mainly to ourselves - our language & people - rather than U Community; When go to China - speak Chinese - know everything about and emotion; Satellite Souls help other Souls connect; You'll be puzzled by what will come - how man will change; Change is coming but depends how you see and understand it; We'll provide facilities for you to transmute this year - but it's you who's got to do it; Transmutation at first will shock family member - you disappear and reappear; Can also leave body behind - they'll think it is dead; Body won't decompose like a dead body - reference point to return to; Huge changes are coming up; We have a lot of other work going on outside of KF that will merge into this work especially after March; Bring Satellites Souls in.

Introduction to 519 KSW - Cosmic Rays are Love - STM Gives to STP and Feeds P - Ca add to AA becomes Cell - Lucky "8"

This is the first workshop of 2024 and even though it is under 2 hours in length it contains a huge amount of knowledge that will be revealed throughout this year of change and hopefully come to fruition before the year's end. There is a very subtle Soul transmission that occurs in the first part, if you listen to it over and over. By some miracle I was able to let go of the words, and just before the break, I had this feeling that I received something extremely deep, but it is so difficult to put into words. Actually, we tend to put a lot of things into words, but that doesn't necessarily convey the feeling. We always hear and say the words, "God is Love." But what does that really mean? Today in this workshop he called us to a deeper understanding of these words. I was trying to explain this to a Knowledge Seeker (KS) and finally asked, so what are the Cosmic Rays? He said, Mr. Keshe said, the CR are love. I said, no .. the Cosmic Rays ARE love. We both got the feeling, "the Cosmic Rays are love." It's like looking at something all the time, but never really seeing it, and then one day you see it. And it's fresh, new and beautiful. Whenever we experience love, or give love, we are receiving CR. Or is it better to say, working with CR. These are the energy fields of the power of love. But it's not any kind of love. Mostly, what we call love, is when somebody or situation pleases us, which again is based on all of our past programming. It's another kind of love. Mr. Keshe sometimes calls it, "loving to love." If we use the word "unconditional" love then it gets buried in a concept. But that is basically the idea.

When we fall in love we don't like to eat, and a KS asked if that was the same as the Soul feeding the P. And he said, most probably, because you create a need. This is interesting, because what I remember from falling in love is that there was a kind of sick feeling in the stomach and not being able to eat food easily. I don't think of that sick feeling as being balanced, rather it's like a disease. Is that because this love feeling is dependent on someone outside of ourselves, and how they respond to us will control what our emotions do? The present human way of falling in love is when you give all of yourself to the other, even if it is not in a healthy way. One thing that happens is that you always have to think of the other person, they are always on your mind. It feels like a very strong energy field, and I wonder if we both feeding each other energy this way? During this time we

are feeling our emotions, and maybe this can help us to learn about the power of emotions and through these emotions we will be able to transmute. He opened the workshop saying, we have to understand how the different strength fields create emotions. He keeps stressing that they cannot do it for us, we have to try to understand it ourselves. And that's why the Monthly Flight Sessions during this year will bring humanity to have the ability to feed ourselves from the fields of the U and to do full transmutation. It is a great privilege to participate in these sessions.

One of the goals Mr. Keshe put to us was that, we as KS should be able to feed ourselves without killing in 2024. He already explained to us in previous workshops how presently we actually feed ourselves, and we'll go over it briefly. First, when our body needs specific vitamins and minerals then an emotion is created as a craving to eat certain foods that have those in them. Of course, we are not consciously aware of that, so it may sound strange to us. Our physicality (P) obtains those foods and we convert them to a Gans in the stomach, which acts like a weak energy "seed" to attract the stronger fields from the environment. This is where 80% of our energy comes from. Basically, we kill and consume the other entities to take their energies to create energy seeds to get fields from the U to feed the STM and STP and P. We will not be allowed to travel around the universe (U) consuming other beings. Today, he gave us the biggest gift of the New Year by teaching us the secret to feeding ourselves in the U without killing.

My understanding is that the same emotion we generated between the STP and the P to create the process to get the energy seeds and thus energy from outside, can now be generated directly between the STM and the STP. He spoke of it as an "art" to create the right emotion to create the fields of the apple for example, then we don't need to eat the apple. (The emotion of hunger between the STP & P, now becomes the love between the STM and the STP to feed the body). For two plasmas to interact with each other there has to be a connection, like when we put a drop of Gans in one Patch to connect it to the other, then they will interact with each other. As the STM and STP were created out of the same fields from the Soul of the Creator (STC), this acts as a common denominator link between the two. So we have the connection, but we still need to understand our emotions, how they are carried, and what feelings each emotions gives, and how to use those feelings to receive the energy needed to transmute (and feed ourselves).

This may seem like it is out of reach for many of us. But remember how happy Mr. Keshe was with the results of the 22nd of December session, where 100 KS were able to "flat-line," which means that the STM and STP could temporarily leave the P. Somehow it seemed like a sign that humanity through us K Seekers, is capable to make the change and it came right at the edge of 2024. This has huge implications for what we are doing and gave us encouragement and hope for success in the new year. The session was called, "the Love of Mitra," and he said, many were able to receive the fields of love and to give it out without expecting something in return. And this is how the Creator loves His Creation.

Then he offered those who participated to do a second session on the 12th of January. This time they should give the fields of the love they receive to the STP. They should

specifically target the STP and with this energy it can feed the P. But we need to understand about these fields of love we receive, and what emotions they create for us. Gradually over time we'll learn how to interact the fields of the STM and STP to create (the seeds for the fields of an apple for example), which then the STP will be able to give to the P and it will taste, feel the emotion of, and energy of an apple. This is how we'll feed ourselves in Space. But then he slipped in, that this is the process of using Cosmic Rays (CR) and how they become part of us. Actually they have been part of us from the beginning of our lives. He is always tying the love and the C Rays together.

We talked about love and CR in the beginning, but how do we go deeper in our understanding? If we say CR are love, then the process stops there, how do we make it more intimate to our own experience? We know there are different kinds of love, and with certain kinds of love kings will even give up their kingdom to be with their lover. This is where the teachings are going, and we will need to be able to tap into the different fields of love and use them as an energy source to travel and survive in the U. This seems almost impossible for us, because our knowledge is so limited. But Mr. Keshe said he will take us step by step. And we know on the 22nd the Soul felt the love even if the P was asleep to it. The vague sense I am getting is that whenever we feel the true love, that is actually the Cosmic Rays that are present and providing all the energy. This would also be the Creators fields, so He would also be present when we open to the love. As we practice more we discover what it means to be open to the love, but also that we can be closed to it and create separate worlds. This is where the teachings are going and I am looking forward to each little opening in the door of love over the next year. One last thing, he said there was a secret to using the love fields, but he wants to wait until after the 12th and see how the KS will do at being able to feel the love and giving it to the STP for feeding the body. He also said that the mother can teach this to the fetus in the womb, when there is no air to breath or water to drink. It needs to convert the fields of the U. If she can pass the knowledge through her love and wish, then we should be able to do the same thing, but it will need more dedication and devotion.

He gave a short teaching on Calcium (Ca) and that in relation to Inertia the STM & STP cannot be based on the field strength of Ca. If that were the case we could only manifest in places with Ca. So would that mean they are based on the STC and therefore we can go anywhere in the U? The hint he gave was that Aliens don't come to Earth with a Ca bone structure. I don't know what he meant by this, because he taught us that if we manifest on another planet our Soul will manifest a body just like those on the planet. So wouldn't Aliens have to manifest the same kind of body as we do? Ca is in every cell and has a common denominator connection to gas, liquids and solids and they all can attach to Ca. So in a way, Ca is universally accepted for all physical manifestations across this planet. Was it just by chance that when this planet was created the common denominator field strength ended up as Ca?

The next part is very interesting and I am sure we have all wondered how do you go from the amino acid (AA) floating on top of our Gans Boxes to become a cell of the man, or the cell of any creature. He said, when Ca attaches to an AA it becomes a cell otherwise it remains an AA. But if you look at pictures of cells they are very complicated with a lot of

different structures inside them and they all have a nucleus. For some reason the scientists call the cell membrane a plasma. Of course, not what we call plasma. The cell membrane is made up of fatty acids or proteins, which are mainly C and H chains with different elements attached to them. Where does all this come from? Mr. Keshe gave us long teachings on how diamonds are made, they blow up like popcorn into their structure. Is this what happens when Ca attaches to the AA? Does all the structure come from the emotions wanting to manifest physicality? One day this secret will be revealed.

In summary of this workshop and how we can prepare for transmutation there is no "real" advice in a physical way. He said, it's not just like putting on 3D glasses, and then you see everything in 3D. But the advice was to become more humble, like a very tall tree starts bending more towards the Earth. His advice to us has always been to look for the weaker fields and not the stronger. When we see a "strong" person they tend to have a very big ego and they can hurt other people to achieve their own ends. Whereas, a truly strong person is humble inside, and we feel their inner strength, and they would never harm another to achieve their personal goals. They always work to serve the betterment of society and others. Their strength comes from living the Ethos of Mitra - Thinking, Speaking, and Acting Good. But this is not simple words, it has a very deep meaning. Because he referred to those who wander the U for eternity but never reach the Creator, is because they have not truly understood the Ethos nor practiced it in their lives. And now in 2024 we have reached the point that those in the Flight Sessions will start learning how to receive and give the fields of love, but in a very practical way. We may wonder how love can be practical, we think of it as an uncontrollable emotion. But now we'll be able to first hand, feel the field strength of it and learn how to control and direct it. On the 12th of January we'll direct it to the STP and from those fields it will feed the P. These are amazing times we are entering and we wish the greatest success for those who have the love and courage to participate in these sessions. And as the year progresses they may suddenly start disappearing in front of their family members for a short time. As he said, it will be freaky in the beginning, but as more and more of us do it, it will become normal. 2024 adds up to the "lucky 8."

Other Topics

2024 is when all of the past promises will be fulfilled and the start of man entering the Universal Community. All of us as a whole are part of it and the Totality;

Satellite Souls will be brought in this year and play an important part of helping others to transmute by providing fields. Satellites are people who are devoted to serving others. Your Soul was created to be a Satellite.

When you can transfer the full energy of the STM into the STP and they become one, then you have reached the D of the Creator, as one and not two. Then you will understand the beauty of Creation. Some may reach it in an instant, while others not in the lifetime of the U. It's because they never fully accepted and practiced the full dimension of the Ethos of Mitra;

Learn to teach through the feelings of the Soul, and not doing this or that, or making a MaGrav. The teaching will be the transfer of the energy fields of the emotion of your Soul with their Soul. (The love or Cosmic Rays will be transferred and both shall feel it).

Thanks for listening.

Quick Index

(As was said in the Intro video, we have to understand the fields of emotion and the strength of the fields that create emotions. Once we understand this, then we have to understand how other fields are created (from these fields) and at what strength. When we eat an apple our body creates a weak strength field of a Gans, which acts like a "seed" to attract the energies from the environment. This accounts for 80% of the energy our body needs to function. (This is a plasma field interaction, where the stronger fields from outside are attracted to the weaker fields inside. It works by the principle of the stronger plasma always feeds the weaker plasma. This is how our body gets fed)).

(In the coming time, we have to learn how to create that same field of the apple without having to eat it. We can create that field in the dimension (D) of the emotion of the physicality (P), in the D of Soul of Physicality (STP). Then the P doesn't need to consume the apple anymore. This is an art in itself, and it's for the man to learn).

(If you understand the principle of the interaction, then you can use the Soul to interact with the STP to create the energy fields of the apple. Then you don't need to eat the apple. This is the secret to feeding both the Soul and the STP. At the moment you are using the STP and P to create the emotion of wanting an apple. Because when you desire an apple, it's like your body saying what vitamins, minerals, and energy it needs to survive. (It craves for the apple, beef, water, or any other things it needs, and it uses those as seeds to attract the energy from outside)).

(Now you have to learn how to create that same seed of energy, but this time through the interaction of the Soul of the Man (STM) and the STP. And you will do it without consuming any other object or another entity, nor through the circulation of the blood. Many of you are not far from this process, especially those of you who have been participating in the Monthly Flight sessions. You are gradually learning how to do it. We have to go through the mayhem of getting excited, pursuing, finding, and having the feeling of what we are trying to achieve. And then learning to trust, and relying on a belief, or an understanding that we have created and received it. And that we can receive what we want).

(Gradually we'll learn how to replace the emotions the STP and P (that are generated as hunger and love), for the field interactions between the STM and the STP to (be able to feed the body). We'll change the weaker fields of the physical body for the stronger fields of the STM. (They both are connected through the same common denominator of which they were created out of. They are connected because they were created out of the same fields of each other. So this connects them together. It's like when you make Gans

Patches for the body, you put a drop of one Patch into the other so they are connected and can transfer fields)).

(This is the same process, but instead of a drop of Gans, the connection is made through the line of the Soul of the Creator (STC), (as it is connected to everything). Now you understand how simple it is for the man can walk away from killing and destroying another physical life for it's own physical life to survive. You can live not only on this planet, but anywhere in the U. This is a cornerstone for man becoming "a man of Space.")

(To do this you first have to learn about your emotions, and how they are carried. First you have to understand what feeling the emotion gives you, and then be able to use that feeling to receive the energy you need to transmute. We started this process last Friday on the 22nd of December when all of you joined us in the session called, "the love of Mitra." This is the first part of that phase. You need to (be loved) and to give love. And to understand what fields you received from the environment, that you were able to give out as love).

(This is the whole process of the teaching and the test we did with 100 of you. We will repeat it again next Friday the 12th of Jan. It's for you to learn how to receive (the fields of love). And (we want to measure what you receive and give). (But this time you will receive through the STM and give to your STP), so that it doesn't need to kill, in the dimension of physicality (D of P)).

(In a way, you are all hungry for love, and to give without receiving. But you have to understand the same process goes on between the Creator and the created. The whole secret of existence and life in the Universe (U) is based on this).

(The 22nd was the first stage for you to see what fields you need. You needed the field of love, to feel love, and to be able to give love. In that process what emotion did it create for you? Whatever it was, that's the emotion of love for you. In the future cycles, we'll teach you how to receive the fields of an apple. And then in interaction (between the STM and STP) the (STP will give the fields of the apple to the P and it will taste and feel the apple and receive its energy). This is how the training will go. We'll educate you step by step, (and without you knowing, you'll receive what you desire)).

(You all wanted to love (Mitra) and give the "love of Mitra." So you went through that process. Now we'll put you again through the same process. Let's see if next Friday you will feel the same thing and go through the same process as you did on the 22nd. Then you'll be able to understand how to receive (energy) and give energy by your wish).

(?? The first time it was between the STM and the U, and your giving had no destination. You just wanted to give love. Now in the next session you'll give that love to part of yourself, which is the STP. Then the STM will give to the STP, which will feed the P of the man. This is what we've been trying to teach you over the past years. The STP will feed the P without the man having to kill).

(Now you just received the biggest gift of your New Year, that is, if you understood what has been said. We brought you in with the love of Mitra, and your Soul had the desire to feel and give that love. This is the first step. In the first session you managed to receive the "love of Mitra" and give it out without targeting it. Now in the next session you can target that love to the STP. This is the process of using the Universal Cosmic Rays to feed yourself. The Cosmic Rays become part of you. They have been part of you from the very beginning of your life).

(The whole process of the teachings are to teach you how to receive the energies of the U so that you do not have to kill and destroy anymore, and this applies also to all the animals on this planet. Once this is achieved then you'll become the "true man of the U." And in the true sense of it, in the essence of existing in peace, you'll become part of the Universal Community. Then man will not be a threat to the others, and they won't be a threat to the man. You will be able to decide in which dimension you want to manifest yourself, as a man, beast, dog, or alien. And when you reach the state of understanding the Totality of Creation you can manifest as the STC).

(We set the teaching to take you step by step from one position to another. We have been training you for past year and a half, and this year we'll teach you to live without killing. You'll learn to create a condition and dimension (D) of peace. Those of you who signed up to be Satellite Souls you will understand your position and the importance of what you have accepted. In a way, you signed for it, but on the other hand, your Soul was created for it, to accept this responsibility and these conditions and positions).

(In the coming time the number of the Satellites will increase with those who devote their life to serving others. They will use the fields of the U (to help the others transmute), and not the (fields from the) lives of (other entities) to exist. When you reach that point of maturity, then you will teach the others and share your knowledge, the process, and your emotions with them).

(A child in the womb of the mother at the point of conception, when the first fields of the STM are created can be taught by the mother herself, within the womb to receive the energies from the U. Then the child will not need to tap into the fields of the energies of the man. Giving birth in the future will be very different than the present time, and the man will understand the knowledge. When man travels the span of the U there are no delivery rooms for giving birth, so he will have to teach the fetus that there is no air to breath, or water to drink, and there will be no condition of killing others to take their energy. You will take your energy directly from the U).

(Man will have the knowledge of Creation to access the fields of the U when he travels in Space. The womb of the mother was in the D of P of the mother. What will happen when you fall in love with the Soul of another entity in the U and the fruit of that love is to create a new Soul? As (all the beings of the U) have the common denominator of the STC, so inception will be through the Soul of the Creation. This will become as common, as what today occurs through the womb of the mother amongst the physical man. You

will understand how to give and receive love, and how to give (the true love) to your child).

These are not fairy tales. In the coming time, as the process of the creation of the daughter of Mitra has started, it will be as common (a way of giving birth) as the way we do today on this planet. As we go out into Space and become people of the U, we'll find out that's the only way to give birth. And now you are learning how to give and receive love. (But we kept one secret from you on the 22nd, which will be unraveled or shown on the 12th of Jan. We want to see what differences you will feel in your emotions in how you give and receive love. We (keep it a) secret until we understand what you have felt on the 12th. Then you (should) understand the existence of the Soul, process of the STP and P. You need to understand this processes and how important it is to have the STM embedded within the structure of the physical life of the man. Through this you'll learn how to survive in Space. We showed you the "flat lining" of the STM, STP, and the P and how it can be achieved, then you'll find harmony and balance. And in that process you can decide what you need, in what D, and that you do not need to create the D of P).

(In the coming time, we'll show you how to go in the reverse direction during transmutation to P. When you transmute, you are the energy, and then how do you go back to P and manifest yourself? How do you bring the STP out, that the interaction of the STP with its environment manifests the P of the man in the time, place and position. When we can do this we do not need the "monkey suit" anymore).

(This year of 2024 will bring the first stages to establish the man as part of the Universal Community. If you add up the digits in 2024 it comes to 8, which is a lucky number in the Chinese culture. It's a lucky number. The whole of the past promises will be fulfilled in 2024. You all are part of it. Not as a single individual, but in the process of understanding you become part of the Totality. Then we'll see how many of you will become "Passengers of the U." Those who can travel the span of the U will be able to share their beautiful experiences with us during the teachings).

(For those who participate in the Monthly Flight Sessions we'll give you a chance to tell us where you've been and what you have experienced and if there is a message for us. First we'll start by one person going to a place, and then we'll create groups to travel there together. You will become the future teachers for other Souls in how to work with the D of the Soul. You will not teach this or that, but about how to transfer the energy fields of the emotion of your Soul).

(There are no languages, Universities, or mechanical systems to do things with in the U. You have to learn to live, exist, and interact through the fields of the U and your Soul. This is what we came to teach and how we'll bring the change. This is how the change will come amongst all of you from all the nations. We have people from around 40 different nationalities and races in these sessions, and all are learning at the same time. (We were created out of other races and have all been mixed up together over the life time of this planet. This is why we're all connected to each other while you're on the system). It doesn't matter if you're English, Chinese, German, black, white, or speak

different languages, when you are on the system we are all sharing equally through our Souls, and not the D of P).

(We'll share and learn to teach the same way, and this is the correct way. When we do the correct things, then we become good teachers for the future. And as you teach the others the process of creation you'll also learn yourself. It doesn't matter what kind of P you have or if you limp, have only one leg or eye, or 3 whatever organs in your body. The P is irrelevant, because the beauty of you is the beauty of your Soul. P does not count. (When you travel your Soul manifests a new P in another D. What if you were a "perfect" P in one D and then you manifest in another but have a missing leg? Your Soul manifested itself that way because it needs to receive certain fields, that a missing leg in that D through the interaction with the others, creates a condition of receiving what you're Soul is short). (And then (?? when you receive enough energy) you re-manifest yourself with both legs and nothing is missing)).

(Now you understand how things are done and why some people are created with different what I call, imperfections in the eye of the man, but they are perfect in the eye of the Soul of the Creation. This is why some people manifest themselves to be so beautiful and attract all the attention. It's because their Soul needs (all that energy). And this is why some of us behave differently, because through that behavior our Soul attracts with it is short of. Then, you should have understood that this is how we attract the fields we need to feed ourselves. (If we can create the fields we are short of ourselves, then we don't need to create conditions in the emotion of P to steal energy from others by our behavior).

(The process of the transmutation is not simple, it needs total understanding and devotion to Creation. And not just for the man to be able to achieve something and then brag about being able to do it. As we said, the bigger the tree, the humbler it becomes, and it bends towards the earth. The more you learn, the humbler you should become, (and in that process the "shelter of your knowledge and understanding" will be available to more beings)).

(In a way, we're preparing your Souls for the final journey to become part of the Universal Community. (It won't be that suddenly all of you disappear from the Earth), you will mature step by step, as you take that route. It's the same as when the Soul matures (at death and just) leaves the P behind. This time when you mature you'll have a choice in how you want and where you want to manifest your P again in whatever D)).

(When you start transmuting on Earth from one position to another, if the intention of your Soul is wrong, then the transmutation will not take place. (For example, if you have a hidden intention to go from London to New York and create mayhem and pain for your family, then you won't be able to do it). However, if your intention is to go there and create more love and connection, and bring more prosperity to the Soul of the others, then you'll find out that you will be able to transmute).

((I mentioned this years ago when I said, that the time will come when even the Kings and Rulers will walk away from the system, because their Soul won't accept what they have done). Now you understand what this message from the past was, and why. Your Soul will not allow you to create mayhem in another dimension. When the man arrives in transmutation, he will be a man of peace and have no wrong intentions, because the Soul will not allow it to take place).

(You can see this with magnets, if you want to push some magnets into a new position, then you have to exert more fields, other wise it doesn't allow it. It's the same with the STM. This is how the Ethos of Mitra comes into operation. You have to Think, Speak, and Act Good and then the Soul allows the transmutation. Then when you arrive, you will talk good and the Soul will not be rejected. And you will act good, so that your physical D will not bring loss to another Soul).

(The "Ethos of Mitra" is the Ethos of the interaction of the fields of the plasma of the Creator and the fields of Creation. This is why we emphasize and bring mysticism through the name of the Mitra and the principle of the fields of Creation. It's for the man to be perfect when he transmutes and manifests at a time and place).

(We have built systems that will be able to transmute thousands of you at the same time. You will create the condition of your Souls to transmute. It'll be interesting how many of you will have managed to grasp and understand this process we are planning for 2024 and 2025. To what extent will you understand the whole process).

(We will start this process during the sessions on the 3rd Friday of each month until June. We'll take you through this process, but we'll be controlling it in the background. You will be the drivers trying to exchange the energies between your Soul and STP. This will be how you will learn the process of transmutation and understanding the movement of the fields within you, and not another object. You will also learn how to recall the fields).

(If for example, you think of an apple, then you create the fields of that thinking and emotion, and the taste and smell. And through this you create those field interactions between the STM and STP, and absorb those fields from the U. Then the question comes, what if we come across a new fruit or new entity in the U and we would like to know how it tastes, and the love (it gives). We do not need to kill it, to absorb its energy. Instead we can give to it, and see if we receive back from what we gave. Then through its energy we can understand the emotion of the fields of that entity. (If it wants, it can give you the fields you need to enjoy it)).

(The process of transmutation and life in the U will gradually become transparent to all of you. In time, these recordings will be taught to billions of you, as you graduate you will understand more. These will become the cornerstone teachings of transmutation. Maybe one day, the "Soul of Knowledge" will be transferred to you. It comes without the "voice of the knowledge," and in time that will be completed. (You all will understand and accomplish the process of transmutation of the fields between the STM and STP of the

man. In essence, you will transfer and manifest the energies of the STM within the STP and then the beauty of the Creator shall manifest)).

(When you achieve this, this is what we call, "The Promised Day." It's when the fields of the Creator will be shared and understood between (at least) two of you, and this will create a new dimension of fields, and they will be the fields of the Creator. This point of maturity might be achieved by some people at the point of birth. Or it might not be achieved by some, even after a whole life in the cycle of the Universe).

(When you can transfer a full energy of the STM into the STP and it becomes one, then you have reached the D of the Creator, as one and not two. Then you will understand the beauty of Creation. In the same way that a Star does, it will manifest new lives, new dimensions and new Universes. As I said before, some of you will reach that point in an instance, while others will endeavor for a lifetime, and it will only be a dream, which will never become the truth and reality, because you never understood fully, never accepted it fully, and you never practiced in the full dimension of the Ethos of Mitra).

(In a way, this is how Mitra attracted the Creator to the Earth, (so that He would become part of it Himself, and become the essence of the manifestation of the man). In the coming time, by developing the physical systems, we'll bring you more and more to be processed, so that you will be able to transmute through the D of the Soul, and understand the interaction of the STM and STP).

(For the time being, it's for you to understand the process of the creation and interaction of the fields, and how to absorb the fields without killing or destroying another life. Instead you will give and receive love, and then see if what you give as love comes back to you as Cosmic Rays, and then you try to interact with it and break through, and manifest yourself in both dimensions of P and transmutation).

(I hope this first teaching of 2024 opens to you the light of transmutation, and the light of understanding your Soul. We hope that it is the beginning of a new cycle for man, as was promised in all the holy books. We shall fulfill the full understanding, but not by magic and deception. You can deceive yourselves, but the teachings shall remain, and prove their correctness to all of you when you reach that point (of understanding)).

End of Quick Index Part 1 - 519 KSW Jan 4, 2024

(The 22nd was the start of the new type of sessions, which will continue on every third Friday of the month until June 2024. These are to prepare you for transmutation and in giving and receiving fields. Over the next 6 months you'll practice giving and receiving fields, and specifically you'll try to give love as energy to the STP of yourself. In a way it's "target practice" to reach your STP, and then you'll observe yourself starting to elevate as we teach you how you travel the span of the U with the same process and same technique. Gradually, we'll make a "Man of Space" out of you, but you'll travel in the D of the fields and not by rockets and propulsion. Nevertheless, we are also preparing systems for you to gradually be able to do both physical and Soul as you desire).

(Mr. Keshe got a lot of questions on his teaching of last week about the culture of the Middle East and its religions. You can read last weeks Quick Index for more background and try to do some of your own research on it. In the history books they call this area the Levant. During the past thousands of years there have been a number of tribes living in this area. He said it includes the West Bank in Israel, part of Jordan, going up to the border with Greece (Anatolia), Syria and Iraq. These civilizations created gods first in the non-tangible D and then for people to understand it, they made them tangible with statues to worship. This area makes up part of the Pagan culture including Babylon. These different groups of people make up the Palestinians of today. I think historians call them Semitic people out of which Judaism is a part. There was a group that worshipped the tribal god Yahweh. Originally they believed in God (?? Creator) and then they created statues (Pagan worship) that they could connect to).

(These people modeled two gods on the path of the Sun. The sun rose in East and set in the west. The god of the sunrise was a warrior god and he fought the darkness, which he always won at noon. From noon on he became a peaceful god and set in the West. This is where the name Shalom, Shalim came from, and thus Jerusalem. On the sunrise or East side is where Persia was located over the eastern mountains and they considered them as the god of war and it was called, Shah. And they played with the different sounds of the names. Most of the names we see in this area today are all connected to these different gods).

(The people name their children after the gods, like we see in India. The Arabic names connected to Muhammad are also connected to the different gods of this area. We see the same in Christianity, but the gods became the saints. And then especially in Europe they celebrate the "name day," which means they celebrate different days based on the saint of that day. So if you are named Mark you celebrate the name day of Saint Mark. This tradition comes from the Pagan time).

(He started talking about King Solomon, son of King David, and his name ?? in Hebrew was ?? Suleiman, which comes from Shalim, Salam, and means the one who possesses love, and he was supposed to be a true lover. (But Christians were taught that he was the wisest man). He had 700 legal wives, and a Harem of 300 women. He actually forgot about his job and was more interested in the women. Then he started created Pagan statues for his wives, which was forbidden in Judaism. This is all written in the Jewish Bible. His father King David was the same way. If you compare Solomon to Mohammad, than he did pretty good in only having 20 wives. This is what was going on in the Jewish times. The same was with Christ who came from this same area and tradition).

(You can study how the religion of Abraham developed in this area. The Kings names and the influences come from the Pagan gods. History does not lie. Mysticism put a lot of lies into the history, and made it to be accepted by the people). (Palestinians come from the mix of peoples in this area, then later they put religious belief's on the different groups and created races by faith, rather than by blood).

(King Solomon was so infatuated with women, that he even forgot about Judaism (and went back to Paganism). Because his women start reveling about him and the things he was doing, so he started building temples and statues for the women he married from the different tribes. In a way, they went back to Paganism and statue worship. The women forced him into it, and he got to the point that he actually was walking away from Judaism. It was very hard to please 700 wives. Read about the life of Solomon and then you'll understand the whole (truth behind the development of religion and dogmas to control people through their belief system)).

Q: The Italian government has approved a law that increases the threshold of electromagnetic fields for 5G. This is very dangerous for our health. What can Keshe Technology do about this?

K- (There is nothing we can do about stopping them, because they already planned this years ago. However, the KF has the "Butterflies" that are specifically made to absorb these kind of fields and they also balance. (These Butterflies actually do work because I have 5G beaming right over my head now, and I don't feel anything. But it took time to build up the fields). The 5G fields go right across everywhere, even if you don't carry a mobile phone you are still in their line. They're everywhere. We see some physical reactions and other bits with it, with different people, but in general, we can't do (anything to stop it). This 5G and (the upcoming ones) are planned years in advance by agreement with all the telecommunication organizations around the world, (and they don't have to consult the people). They have regular conferences on a monthly basis where they organize everything. The very top level people meet once a month, and in the other groups every 3 months around the world somewhere. They are already planning the next step after the 5G, and the parameters of the 5G. All the world communication companies got together and decided 5G 10 years ago).

(By coincidence I met about 3 Iranians working for an American company, if I remember correctly, in Sanya, China where they had a conference. They explained to me in detail how all these things are done, and how often they all meet to plan the next things. So, your Italian government is the first one to come out, then the others will follow. It's already been agreed upon (in the background). It's not coincidental).

Q: When you're in love, you eat less. Is this similar to what you just taught about the human Soul feeding the STP?

K- Most probably, yes. You receive more fields, because you create that need, and then you give.

(Let me explain what we did on the 22nd and what will happen on the 12th of January, then you'll see the difference. But we don't want to give you any expectations or preconceived ideas for the 12th. It's better if you spontaneously feel it. The last 10 minutes of the 22nd was most probably the most important part of the session. But we want you to tell us how you felt and how it was for you, because after we ended the sessions we left the lines open and many of you stayed for hours to continue to practice.

When the backup battery went out on the system we had to close the session. We want to know how much you practiced, and what you felt during the time when you were on your own in the system).

(As we go into the full training of the transmutation, you will have to do it yourself. Usually we close the session when we leave, and that's why this time we left it open for you to practice. Many people stayed and practiced, and some came back into the room. We want to know what happened to you and how you felt during this time. This is how it's going to be. We give you the "sandbox" to practice in. We'll give you some guidelines, and this is how you'll learn. With these sessions you'll start to mature. And don't say it was coincidence, learn to develop it).

Q: Is the STM Inertia based on Calcium?

K- No. (For sure it is not).

R: Maybe the STP would be?

K- It's still no. (Because what will happen when you go to another planet that doesn't have Ca? If it is based on Ca, then you can only manifest yourself when Calcium is available. Definitely you could not be created on the stars, nor travel to the center of the U. So no it is not).

R: Could it be that, on Earth, that the STP is based on Calcium?

K- (No. The physicality based on Ca. Because and through what we have explained in the past teachings. Aliens do not come to Earth with a Ca bone structure. Calcium by its structure, fields, and Gans condition, has connection to the three dimensions of the fields of the gas, liquid, and solid parts of this planet. That's the reason. It has a common denominator energy transfer, that they all can be attached to it).

That's why your Amino Acid (AA), when it gets a Calcium, it becomes a cell. Before that it's just an AA.

Q: Is the transmutation (by mobile phone) only limited to Earth travel?

K- No, as you become graduated, ((or improve your skills it won't be limited). We already have the first two people who will do (the full transmutation to the Moon with the P)).

(Towards the end of this year we expect some of you, if you come to a full understanding and learning yourself, to be able to transmute during the sessions. For example, if you're sitting next to your lover, or whatever, they will say, "you were not here, what happened to you? Where did you go?" Because this will be transmutation also with the physical dimension. You will do it. We don't do it for you. In the coming time when you can fully transmute, suddenly you may be sitting next to your partner and you disappear for awhile.

Like when you go off to the supermarket to get something. Then you come back and the P appears again in front of them. I tell you, in the very first times when we start to transmute it will be freaky, but gradually we'll all learn. Now we have added this ability to the knowledge of the man, to live in the U).

(As more and more people start to transmute the mysticism and magic will go out of it and it will become normal. The best example is when we first started using mobile phones back in the 1990s. It looked like Spock from Star Trek, flipping open the "communicator." Then everybody got used to it and it became normal. It'll be the same with transmutation).

(The first transmutations will be freaky for a lot of us. Maybe in some of the sessions 10 of you will transmute, and if you are sitting next to someone, they will notice that you disappeared for awhile. Then they'll say you were gone, where did you go? These are all part of the steps we have to learn).

(The Vertical Enhancement Unit that we advertise are part of this process. You go in one unit and come out the other. (?? You can use them to go shopping. It'll be the same process, but as you transmute through the Soul it will be impossible to "shoplift," as your Soul won't allow it. When you transmute, you transmute in perfection).

Q: What is a good visualization to power up the Soul on a deep level to work with these fields?

K- As I always say, think about going lower than higher. It's not a 3D movie that you can buy 3D glasses for it. It is your emotion and feeling. And if you have understood the teachings, you don't actually power up, you power down. You don't need to power anything up.

Q: If transmutation envelops the STP and P, can I, in a way, carry my UFO or transportation with me in my pocket while I transmute?

K- If you manage to transmute, do you think you need a UFO in your pocket? But if it gives you a good feeling, why not?

(When you go through the condition of transmutation, you will cover the P and then you'll learn a lot more about how to handle the P. (We are developing the physical transportation), even when you travel as a group it will be different than how you think of traveling in a UFO. We taught you that you will trust your Soul to a captain, and depending on how wise and competent that captain is, he will do what needs to be done according to the conditions he encounters).

(This is similar to the airline captain in Japan who saved 300 lives through his own wisdom and competent action. The fire was in front of the plane and he knew to quickly take everybody out the back of the plane and saved all the passengers. This is the same when you trust your Soul to a wise and competent captain).

In a way, the captain of all of us is the Creator. Even though He allows us to do naughty things here and there. But He is always there.

R: This the second time in the history of over 500 KSW that you've answered all the questions.

K- So, all our KS are still enjoying the holidays, are not here listening. They are still in the 'happy mood' of the Holidays

Q: King Solomon with 700 women? One is too much for me.

K- No, (King Solomon was known to be infatuated with the beauty of women. They say the most beautiful women in the Middle East were his wives. (Some of this came from his father King David and he took from his harem. You can learn a lot by studying about the life of these people. He became so addicted to their beauty, that he even forgot about being a King, (and had trouble running the kingdom).

(It's in the history of what you call, the made up Torah, and the books which go with it. They added a lot of things here and there to it and made it up in a history book. He was totally infatuated by women from his childhood. He picked it up from his father, because he was the same. While conquering different tribes and nations, they took their women, as well as made alliances through marriages).

(There are a lot of questions by historians about how David even became a King. Or did (they) proclaim him to be a king? He was made up to be a King later on, he was actually more like a local governor. But, he stood a challenge for a daughter of the king, and he won the challenge with a stone, and got the first girl, and then the next came as he conquered (more people), escaped, and the rest of the story. The Torah is a collection of 20 odd books, which makes up the total history of the Jewish religion, and it is full of love stories and women).

(When you look at the cycle of Muhammad's time, he reduced it from 700 to 20, so that's not too bad. Still it was a big progress in a thousand years. And now our rule is to have one woman. We can't even manage that single one, let alone twenty).

Q: Do we eliminate the need for food and drinking when we transmute?

K- That's entirely your decision. (On Earth that's your decision, but when you become a Passenger of the U you cannot (eat), because you'll work through energies of the U)

Q: (A KS described an experience where a lady suddenly could speak foreign languages fluently without an accent for a little over a minute. She said it happens to her often in certain situations. Sometimes she understands it and can translate it. She also said that he doesn't have to understand it, because his Soul will have understood it). The question is, is there a language of the Soul?

K- In a way, yes. (I put this question many times about how when children are born they can automatically communicate with each other. We already know the language of the Soul but we ignore it. Clearly the Soul has a language). We'll do more and more of this and become more fluent in other languages.

R: Is that part of connecting with the Universal Community, that things like that might occur?

K- (We mainly connect to ourselves, our language and our people, rather than to the Universal Community. This is part of the structure of what we want to do. When we go to China we'll speak Chinese without ever having been there, and we'll understand the emotion and everything else of it. We'll speak a collective essence of the language, which means we'll carry all the Chinese knowledge as we connect to their Souls. We'll become what I call, a Satellite Soul. If they ask you about the history of China, you'll know every detail of it as a collective knowledge accepted by all the Souls. You'll be puzzled by what will come, and how man will change).

R: Okay, thank you Mr. Keshe. We look forward to all the great changes to come in 2024, and with the lucky number 8, as you mentioned earlier.

K- Yeah. (It depends how you see and understand it. But we have structured a program for the coming year for taking you through transmutation and the rest of it. We'll provide the facilities, but it's you who's got to do it. I'm sure your loved ones will be shocked when they see it happening. Some of you may even leave your body behind while you're traveling with the Soul and the STP. And when you come back they'll say, where have you been, you were looking like you were dead. I thought you were dead, but now you've come back. We'll all learn to go through it. When you leave the body behind, it doesn't decompose like a dead body as when you die. It's a reference point for returning. We will learn more about it).

(The 6 month sessions can be booked individually. But it is better when you do the whole bunch together, because it is a (progressive process) you'll be going through).

(There will be huge changes coming up. Don't forget we have a lot of other work going on outside of the Keshe Foundation that will merge into this work, especially after March or April when we bring the Satellites Souls in). Sign up as soon as you can for the sessions because once they are full we won't take anymore).

Thank you very much for today and we hope you learned a little more about yourselves.

End of Quick Index - 519 KSW Jan 04, 2024

KEY-PHRASES:

SUMMARY:

ENGLISH TRANSCRIPTION

(:16)

K- Yeah. Good morning, good day to you as usual, wherever and whenever you listen to these series of Knowledge Seekers from the Keshe Foundation Spaceship Institute. As usual, we welcome you back and we hope to be able to share some more knowledge. We started a new year, we're on the fourth or fifth days of it, and we're still busy trying to understand what happened to us in past few weeks, and what's going to happen to us in the future.

As we said, and we hear in the Intro, we have to understand the fields of emotion. We have to understand the fields, and the strength of the fields, which create this emotion. And at the same time, once we understand this, we have to understand how other fields are created and what strength. In the body of the man today, we eat an apple, we create that weak strength field of the Gans, of the energies that our body needs, and through the principle of the interaction of the fields in the plasma condition, (:18) the other 80% come into it. It gets attracted to, and it gets fed.

In the coming time, we have to learn how to create that field of the apple, without eating the apple. How we create that, in the dimension of the emotion, of the physicality (P) of the man in the dimension of Soul of Physicality (STP). Where the physicality is not needed anymore, to consume that apple. This itself is an art, this itself becomes an art for man to learn.

In a way, if you look at it, if you understand the principle of the interaction, you can use the Soul to interact with the STP, that their interaction creates the energy field of the apple. That, in that process, you do not need to eat the apple. This is a secret of feeding both the Soul and the STP. Up to now, you used the STP and physicality, to have an emotion of wanting an apple. Because, when you desire to have an apple, your body has said what vitamins, what minerals, what energy of these are needed by the body, for it to survive. So, it converts it to an apple, it converts it to a beef, it converts it to another thing, it converts it to a thirst. (:20)

Now you have to learn how to create the same seed of the energy in the interaction of the Soul of the Man (STM) and the STP. Without circulation of the blood, without consuming any other object, any other entity. This process is not far from many of you, who have entered the sections of the Keshe Foundations, and the terms and cycles which we are going through. You are gradually learning. We have to go through this mayhem of excitements, and pursuance of finding, feeling, and not having the feeling, and relying on a trust, on a belief, on an understanding that I have created it and I've received it, and I receive what I want.

In this process, you gradually learn to replace the interaction between the STP and the physicality for the emotion, for a hunger, for love, between these two and the other two,

which is the STM and the STP. In reality, you change the physical body of the man fields which is weaker, with the stronger, which is the STM. But, in reality, it has the same common denominator. Within the STM and within the STP of the man, Still, there is that essence, that common denominator, which connects them together, because that's how they (were) created out of each other.

In a way, if you understand it, when you put a Gans, you put a drop of another Gans, which you're using another patch, to be connected to each other. (:22) It's the same process, but this time, instead of a drop of Gans, It's a drop of the line of the connection of the Soul of the Creator (STC), which brings that connection. Now you understand, how simple man can walk away from killing. How man can walk away from destroying another physical life, for it's physical life to survive, to live, to exist, and to carry on with its existence, not only on this planet, but beyond. This is a cornerstone of man becoming man of the Space.

But first you have to learn the emotion. First you have to understand how this emotion is carried. And first you have to understand what feeling this emotion gives you, that you use that feeling to be able to transmute, to be able to receive the energy you need. We started this process last Friday, when all of you joined in what we call, the "love of Mitra," on the 22nd of December. This is the first part of that phase. Need to love, need to give love, and understanding what fields you received from the environment, that you've been able, and you've been able to give out, as love.

The whole process of the teaching, the whole process of the structure of the 22nd of December, trial, test with 100 of you, and is going to be repeated next Friday, is this and only this, how to receive, in what measure to receive, (:24) and in what measure to give. You receive through your Soul, and you give to your STP, that it does not need to kill, in the dimension of physicality.

In a way, you are all hungry for love. In a way, you're hungry to give without receiving. But you have to understand the same processes between the Creator and the created. And this is where the whole secret of existence, the whole secret of life in the Universe is based on.

So, what we started on the 22nd, is the first stage in for you to see what fields you need. You needed the field of love, to feel love, to be able to give. And what emotion did it create for you in that process? That's the emotion of love for you. Next time in the future cycles, we teach you how to receive the apple, fields of the apple. And then in interaction with what you give to the STP, the physicality receives the apple. You taste it, you feel it, you get the energy of it from your physicality. This is how the training has to go. This is how we educate you step by step, without you knowing, but with what you desire.

You all wanted to love and give the love of Mitra. And you went through the process. Now again we put you through the same process. (:26) See if next Friday you feel the same. The same process. Did you feel the same as last week as this week? Last time and this time. And then you'll be able to understand how to receive by the wish, and how to

give by the wish. But this time, as the process is between the STM and the Universe (U), and what you gave had no destination, you just wanted to give love, you give that love to what is part of you, which is your STP, which then it becomes the STM, the feeder of the physicality of the man, which we've been trying to teach you past years. How to feed yourself, how to feed the STP, that the STP feeds the physicality of the man without killing.

Now you received the biggest gift of your New Year, if you understood what has been said. We brought you in with the love of Mitra, and your Soul desire to feel that love and to give that love. Now you understand, that's the first step. If you managed to receive the love of Mitra, and you managed to give from that love to... out, without you targeting it, you wanted to give, now give it to the STP. Then you understand the process of the feed through Universal Cosmos Rays. How the Cosmic Rays comes to become part of you, and how it has been part of you from the beginning of the time of your life.

The whole process of the teaching is to teach you, to make you, does not matter if you are a man or the beast, (:28) how to receive energies of the Universe, that you do not kill anymore, you do not destroy anymore, and once this is done, then you become the true man of the Universe. You become part of Universal Community, in the true sense of it, the essence of existing in peace. That you are not threat to me and I'm no threat to you. Then you can decide in which dimension you manifest yourself, as a man, as a beast, as a dog, as an alien, or as the STC, when you reach that state of understanding the Totality of the Creation.

Now you understand how the teaching is set, how step by step we take you from one position to another, train you for past year and a half, and this year you learn to live without killing. You learn to create a condition and dimension (D) of peace, and those of you who became Satellites, you will understand your position and the importance of what you accepted. In a way, you signed for it, but on the other hand, your Soul was created for it. To accept this responsibility, to accept this condition and position.

In coming time, the number of the Satellites will increase, what we call, in a way, today, as those who devote their life to serve the others. And then, will become through the same process, uses of the fields of the Universe, and not the lives of the Universe, to exist. And when you reach that point, (:30) when you reach that point of maturity, you teach. You share the knowledge, you share the process, you share the emotion.

It's very much that if a child is in the womb of the mother, from that point of conception, that point of creation of the first fields .. of the STM, the mother within the womb of itself, teaches the child how to receive energies from the Universe, even without tapping to the fields of the energies of the man. Giving birth in the future will be very different than the present time, but man will understand. When you travel the span of the Universe, how do you teach the fetus that there is no air, there is no water, there is no condition of killing for you taking from me, what you take from the Universe. And how would we give birth to our children of the man in Space, when there is no delivery rooms?

Now you understand, how the process of the Creation, how the process of understanding to gain the field of the Universe, will affect the future of the man in Space, in the Universe. That womb was in the dimension of physicality of the mother. What happen when you fall in love with the Soul of another entity in the Universe, and the, what we call, the fruit of that love, is creation of a new Soul. As you all have the common denominator of the STC, (:32) so the inception through the Soul of the Creation, will be as common as today is amongst the physical man. Then you understand how to give love and how to receive love. And then you understand how you give that love to your child.

These are not fairy tales. In the coming time, as the process of the creation of the daughter of Mitra has started, will be as common as the today's birth on this planet. As we come into Space, as we become the people of the Universe, we find out that's the only way. You learned how to receive love, you learned how to give love. But, we kept one secret from you on the 22nd. And that secret will be unraveled or shown on the 12th. And we would like to see what changes, what difference in emotion you feel, in receiving the love, and in giving the love. We kept the secret, till we understand how you feel after the 12th. Then you understand the existence of the Soul, then you understand the process of the physicality, then you understand the process of STP. You need to, you have to understand this processes. How important the STM is, within the embedded structure of the physical life of the man, that how you will learn to survive in Space. (:34) We showed you what I call, your straight lines, the "flat lines" of the Soul, the STP and the physicality. And how this can be achieved, how you find harmony and balance, and in that process you decide what you need, in what dimension. And, do you need to create the dimension of physicality?

In the coming time, we show you how to reverse, from what we call, transmutation to physicality. When you transmute, you are the energy. When you want to go back to physicality, how do you manifest yourself? How do you bring the STP out, that the interaction of the STP with its environment, manifests the physicality of the man in the time, place and position, where you do not need anymore the "monkey suit."

Now you understand how the 2024 will bring the establishment and the first stages of man to become part of the Universal Community. As I said to a friend of mine, "Just look at the digits, and understand the culture of 8 in the Chinese culture." It's a lucky number. And you fulfill the whole of the past promises in 2024. (:36) You all are part of it. Not one, not an individual. In that process of understanding, you come to understand the Totality. And in that process, you become part of the Totality. And then we'll see how many of you will become "Passengers of the Universe." Become those that even during the teaching can travel the span of Universe, and bring us the beauties of it.

In the coming time, in the process of the teaching, and what we do outside the teachings, in what I call, practical workshops. The way we did in Linz, you went in the system and you came out and you told us where you've been. You'll come during the teaching and the process, tell us where have you been and what is the message and what you have seen and how many of you would like to go and see the place. The extent of the teaching is, one at a time, then as a group of you. As I said, we split you in different groups, we split

you in different sections, and then you work, you travel together. You learn how to, and those of you who are there, become the future teachers for the other Souls. You teach how to work with the Soul than the dimension of physicality. And the teaching you do, will not be with this and that, but with transfer of the energy fields of the emotion of the Soul of you, with their Soul.

In the Universe, there are no languages, no Universities, and no mechanical systems to do things. You have to learn to live, to exist, to interact, through the fields of the Universe and your Soul. (:38) This is how we came to teach, this is how we came to bring the change. This is how the change will come amongst all of you from all the nations. When we look at the panels of the... those who participate, you are from 30, 40 different nationalities and races, and all learn at the same time. But, go back and see how you were created out of other races, during the time of the life on this planet. Then you understand you are all connected while you're on the system. Does not matter if you're English, Chinese, German, black, white, speak different languages, when it comes to the panel of sharing, you're all equal because you are there through your Soul, and not your dimension of physicality.

Then you learn to teach the same, then you learn to share the same, then as you learn the correct way, you learn and you've done the correct things, you become the good teachers of the future for those who start teaching, and then understand the process of the teaching. Then you understand the process of creation as you teach yourself to the others. Does not matter if you limp, you have one leg, you have one eye, you have three god knows whatever organs in your body, it's irrelevant, because the beauty of you is the beauty of your Soul. Physicality does not count. And then, even in the, what we call, manifestation of your physicality in another dimension, (:40) you were a perfect person. But in another dimension, you might be missing a leg, because your Soul needs to receive certain field, that missing leg in interaction with the others, creates a condition of receiving, what you're short of in your Soul. And then, you re-manifest your self, when you receive it, with a full, not missing, leg.

Now you understand how things are done. This is now you understand how people created with different, what I call, imperfections in the eye of the man, but perfection in the eye of the Soul of the Creation. Why some of us become so beautiful to attract all the attention? Because the Soul needs that. And why some of us behave different, because that's what our Soul is short of, and with the behavior we attract. Then, if you understood this, you should have understood how even to attract the fields that you need to feed yourself, that do not and does not create that condition of the emotion of the physicality, that you steal from the others by behavior.

The process of the transmutation is not simple. The process of transmutation needs the total understanding and devotion to Creation. And not just the man to achieve, to be able to do, and then to brag about it, that I can do. As we said, "The bigger the tree, the humbler it becomes and bends towards the earth." The more you learn, the humbler you have to become. And in that process, to cover more, (:42) to be on the shelter of your knowledge and your understanding.

In a way, we're preparing your Souls for the final journey, to become part of the Universal Community. And it won't happen to all of you to log out, but step by step, as you mature, you take that route. The same as when the Soul matures, leaves the physicality behind. But this time, you have a choice, how you manifest again, where you manifest again, and how you manifest again.

It'll be interesting for many of you. When you start transmuting on Earth, from one position to another, if the intention of your Soul is wrong, the transmutation will not take place. If your intention, your emotion, the understanding of the Soul, as it's nothing ?? is hidden from it, is to go from London to New York, to create mayhem for your family and pain, you'll find out you will not be able to do. If your intention is there to create more love and connection, and bring more prosperity to the Soul of the others, you'll find out that you will transmute.

This goes back to the early teachings, where I told you, the time will come that even the Kings and the rulers will walk away from the system. As their Soul will not accept. Now you understand the message of the past. Now you understand why. (:44) Your Soul will not allow to create another mayhem in another dimension. And this is how the man will transmute. When you arrive, you are a man of peace. When you arrive, there are no wrong intentions, because the Soul will not allow that to take place.

Take a magnet and put it in a position, and you see how much more fields you need to exert, if you are pushing the magnet to take a new position, that it does not allow, it's not allowed. It's the same with the STM. Now you understand how the Ethos of Mitra comes into operation. You have to think good, that the Soul allows the transmutation. Then, when you arrive, you talk good, that the Soul does not get rejected, and you act good, that your physical dimension cannot bring, what I call, loss to another Soul.

The Ethos of Mitra is Ethos of interaction of the fields of the plasma. The Creator, the fields of the Creation. And now you understand more, why we emphasize and bring the mysticism and the principle of the fields of the Creation, through the name of the Mitra. For the man to be perfect on the point, the time, and the place of manifestation, or transmutation.

We have built the systems, and the systems are getting to the point that we will be able to transmute thousands of you at the same time, (:46) in a way to create a condition for your Souls, by decision of you, to transmute. It'll be interesting, in 2024 and 2025, how we will work, and how the whole process will work. And how many of you will be managed ??, you will be able to grasp, understand the whole process? And to what extent?

In the first six months of the year, as we said on the third of each month, third Friday of each month, we start this process. We take you through this process, with us controlling in the background. And you, as the drivers, trying to exchange your energies between your Soul and the STP. In a way, for you to learn the process of transmutation. The

process of understanding of movement of the fields within you, not another object. And then in that process, for you to learn how to recall the fields.

In a way, you think of an apple. You create the fields of that thinking, that emotion, the taste, the smell. And with that, you create that field interaction, in the dimension of STP, and in conjunction with the STM, you absorb that field from the Universe. (:48) Then the question comes, what happened, I come across a new fruit, a new entity, which I would like to know, how it tastes, the love of. Then if you go back to the process of giving, and see if you receive back from what you gave, then you understand that's the emotion of the fields of the entity, that you need, and is given to you by the entity, you do not need to kill it, to absorb its energy.

Now, the process of the transmutation and life in the Universe, will gradually become transparent to all of you. In time, these recordings will be taught to billions of you, as you graduate, as you understand more, and becomes a cornerstone of the teaching of the transmutation. Maybe one day, the Soul of the knowledge will be transferred, without the voice of the knowledge, but in time that will be completed, when you all understand and accomplish the process of the transmutation of the fields, between the STM and the STP of the man. That in essence, you transfer and manifest the energies of the Soul, within the STP of the man, and then the beauty of the Creator shall manifest.

It's the time when you achieve that, is the process and the what we call, "The Promised Day", when the fields of the Creator will be shared amongst the two, and understood by two, and then in that process, in creating a new dimension of the fields, (:50) will be the fields of the Creator. That point of maturity, might be achieved by some at the point of birth. It might not be achieved by some, even the whole life of the cycle in the Universe.

When you can transfer a full energy of the STM, into the STP of the man, and it becomes one, then you reach the dimension of the Creator, as one and not two. And then you will understand the beauty of the Creation, as like in a Star, from it will manifest new lives, new dimensions and new Universes. And as I said before, some of you, in an instance, will reach that point. And some of you will endeavor for a lifetime, and it'll be a dream, which will never come to be the truth and the reality, as you never understood fully, you never accepted fully, you never practiced in full dimension, the Ethos of Mitra.

In a way, this is how Mitra attracted the Creator to Earth, to bring that ?? level , to become part of itself, to become the essence of the manifestation of the man. In the coming time, by developing the physical systems, we'll bring you more and more to be processed. To be able to transmute through the dimension of the Soul, and understand the interaction of the STM and the STP. (:52)

For the time being, it's for you to understand the process of the creation of the fields, interaction of the fields, absorption of the fields, without killing, without destroying another life, but in a way to receive love, to give love, and see what you give, will bring you back as love, that become that Cosmic Ray that you interact with and break through, and manifest yourself in both dimensions of physicality and transmutation.

Thank you very much for today. I hope the first teaching of 2024 opens to you the light of transmutation, the light of understanding your Soul, and the beginning of a new cycle for man, as was promised in all the holy books. We shall fulfill the full understanding, and not by magic and deception. You can deceive yourselves, but teachings shall stay and prove its correctness to all of you, when you reach that point. Thank you very much Rick, take us for a .. break, then we come back.

>> **BREAK** >> 519 KSW January 04, 2024 (:59).

K- Oh, not really. As we know, we have a session next Friday with those of you who were with us on 22nd. And then, a limited numbers will be those of you registering for every Friday of the .. third Friday of every month, for next six months. As we prepare, we go through the transmutation, as you understood, I hope, in the first part (f today), that the 22nd is the beginning of the receiving and giving fields, and how we do it. And, in the process of the next six months, what you receive and what you give as love will be energy, that you give to the STP of yourself. (1:00) That in a way is a "target practice" and your STP is at reach, you understand it, you know it. And then you'll see how you start elevating, and then we teach you how you travel the span of the Universe with the same process, with the same technique. And gradually we make a Man of Space out of you. The dimension of the fields and not by rocket and propulsion. But even though we are preparing systems for that, that you gradually be able to do both, if you wish.

If there are any questions, we try to answer. There's been a lot of question coming to me, few people asking, can you explain about the fields, as you said, in the name of the religions and whatever, last week? The process is very simple. As we said, you have to understand the totality of the life in Middle East, in the past thousands of years. And we have to understand, we have had a number of tribes who lived in this area. You have in the, what we call, known as a West Bank. Or what we know now, or the state of Israel, part of Jordan, going up to, touching up the Greek side, back to Syria and down to what we call, the Iraq of today. This is where part of the civilization, (1:02) where the gods

were created, of the dimension of the non-tangible. And then a lot of people to understand it, they made it tangible with the statues.

And in that process there has been interaction between different tribes and different groups and most of our religion comes from what we call, the ?? Baseland, Babylon and what we call, today's West Bank. And, in this area, how it's again, they have over time divided, or became different sects, but the, what we call, the, what we call, Palestinians today, where the original groups, then you had the Israelis and then Yahuwah's. And they became the two side of what we call, the Jewish side and the Palestinians were the outside. But in a way, they have all believed in God. And then they changed that into statues which they could connect to.

And the whole structure, again, in creation of gods, for people to understand, was based on the rise and fall of the Sun. What comes from the East and what goes down in the West. What came on the East, which is on the Sunrise, always had to fight the darkness, that's the way the belief was. And, it was always in battle, (1:04) and always won, because it became the day, the full day. And then when it goes through the sunsets, from the lunch time on, it became, it has achieved, it's battle, now it's at peace. So, the, what we call, the West, where it goes into, what we call, the Jerusalem and that part is considered as the West, as a time of peace. And the word Shalom, Shalim came from.

And then the side which comes from the East side, which is fighting to do, it came from the word Shah, which is S-H-A-H, and different attachment to it. That was the god of war, the god of power. where the god of Peace was in the afternoon, when the power was achieved, now it was time of peace. And then, like Jerusalem, becomes in the direction to the West, which means the place of peace. And then, how you played with these, what we call, between the Shalem and the Shah, you created the name, that Shalem is... It's very important, because it creates different sounds, and then they played with it.

In the other side of the mountain, which was the Iranian or Persian Empire, they made it the Shah the King of the Kings. Because on the west of the mountain, which is Hamadan, on that side of the sub-mountain, Zara, they believe they come from the East, and they are the powerful one. So they picked that name for them as a religious name. And then, Shalom, which is that Salam, when they put Islam, a Shalom, made the, what I call, the peace God. (1:06) And Mohammed chose it especially. And then again, we see with the names, how it was created. Most of the names we see in this area, is all connected to different gods, even today.

And then, when you look at the Arabic names, which is connected to Muhammad, all somehow connected to different Gods. You were... your name was picked up by the name of the gods. We have that tradition today. We, in the Christianity, you have a birthday date, which is your physical birth, and then you have a name, which is the day of the name, which is chosen by you. And, you put all the name of the saints on your child, and then you celebrate the day of the birth, physical birth, and then you celebrate the birth name, which is the name of that, whatever it's called, Saint Joseph, whatever, you celebrate your birthday because your name is Joseph on the day of the Saint Joseph. And

this has been the tradition which has come from the pagan time. So, people put the name of gods on their children.

And if you go back, this is the reason we say it's impossible that Islam came from where the Mecca is today. Because ?? Allah, Ali and all that, comes from the West Bank. Does not exist, did not exist in the names of the Southern Peninsula. And this is why a lot of things make sense. Even if you look at the Suleiman, it's again, it comes from Shalim, Salam, which is the Suleiman, the one who possesses love, and he was supposed to be, (1:08) but Suleiman (?? Solomon), proven by his name, to be a true lover, he had a thousand, seven hundred legal wives, and three hundred Haram. He actually forgot about his job, he was more interested in women, and then he created the statues for all these women he loved, read the history of the Jewish Bible, and then you understand. Even you go to Dawud, or called David, he was the same.

But, when you look and compare, which Suleiman (Solomon) was about a thousand plus, around that time, before time of Christ. His life history with having a thousand women in his possession. Muhammad has done very well with twenty. You have to understand what was going on in the Jewish time, in those who believed or tried to believe in the part of the history of the Judaism. The same was with Christ, when he came, which was part of, built up in the same dimension area.

And, a lot of names they chose was from the tribe, and from the god they believed in. And, when you put this together, you see all the names of uncles and cousins and tribes around Mohammed come from that area, Jordan area. Because, it fits the belief in gods they had, and the tribe they came (from). In which side, how they connected to each other, and how they created mysticism out of names, (1:10) because that's how they could create the image of God to them.

And this is why we can tell and what we call, historians through the books, can tell us how the origin of the religion of Abrahamism, came from this area. And it all fits into each other, the names and the travels they did, the ruling they did, and how. If you look at the time of 3, 4,000 years ago, was very much like the Italy of 2 to 300 years ago. Many, many Kings in different parts ruling. And this was the same. Many, many tribes having a literal leaders, they call them the Kings, but all the Kings names were chosen through the name of the gods, to have influence where created. History does not lie. Mysticism creates a lot of lies into the history, to make it to be accepted.

And if you go back, further back into the history of the area, the Palestinians, or what we call, those who came to believe in Moses, or his way, which we don't even know part of it, how it was, they're all Palestinians. They were all of the same blood, the same ?? . It's just a path of religion and belief in the... what they believed, has created what we call, races by faith and not races by blood. (1:12) And we can ?? reduce the Muslims and the Christians and the rest of it. And this is for those of you who wanted more clarity in what we spoke last week, and that you understand exactly where you are.

And then you add, what we call, regional culture, regional language, regional rulers, they all twisted and turned the name of, and the behavior of people according to the ?? consulate. If you read about the history of Suleiman (Solomon), Suleiman was so infatuated with women, that he even forgot about Judaism. Because his women start reveling about him and the things he was doing, he start building temples and statues from the women he married from different tribes, for them to go back to, what we call, believing in statues. They... the women forced him to come to that point, and he got to the point that he actually was walking away from Judaism, because of the women. It was very hard to please 700 women, or wives. Read about the life of Suleiman (Solomon), he's very interesting, very colorful guy. And then you understand the whole process.

Any other question?

Q: ... Good morning Mr. Keshe, the Italian government has approved a law that increases the threshold of electromagnetic fields for 5G. (1:14) This is very dangerous for your health. What can Keshe Technology do about this? Thank you.

K- The Indians have a beautiful say, they say, "Oji, Oji." Nothing you can do, this is... We have produced all these, what we call, butterflies, you buy from the Keshe Foundation, and this is specifically made, they are not a normal, what we call, field absorption or balancing. And there's not much you can do, because these fields will go right across everywhere. You don't carry a mobile, but you're still in line of them. They're everywhere.

We'll see some reactions, some physical reactions, we see some other bits with it, with different people, but in general, we can't do anything. Because you have to understand what you see as 5G and the others, is planned years ago by agreement with all the telecommunication organizations around the world, in regular conferences they have, they organize on a monthly basis. All the telecom communications, all the communication companies, meet on regular basis at a very top (level), once a month, and in the groups as every three months around the world somewhere. To plan the next step, what's going to be after the 5G, and parameters of the 5G. What you get as 5G now, is decided 10 years ago, with all the world communication companies together. (1:16) And depends which communication company goes with others. What frequencies, what bandwidth, everything.

I met by coincident, two, three Iranians, which came from the American company, if I remember correctly, in Sanya, when I was living in Sanya, they had a conference in the hotel, and I thought, "What are you doing here?" And, they explained to me the details in how all these things are done, and how often they all meet, and to plan the next, and all the things, and said, "We already finished with 5G." That was 5 or 6 years ago I met them in Sanya. I mean, they even go to China to have their conferences. They go all over the world, they have a freedom in having, keeping these conferences and all the, what you call, the satellite producers, the electronic system producers, the handsets, and all they meet on regular basis, that is always done, just by coincidence. So, your government, the Italian government is the first of the others to start, because it's already, what you call it,

all been agreed and done with Vodafone and Italian telephone companies, and you hear most of it from Germans, and Americans, and rest of the world. These things are well planned, it's not coincidental.

Any other question?

Q: ... Good morning Mr. Keshe, good morning Rick. When you're in love, you eat less. Is this similar to what you just taught? The human Soul feeds the STP. (1:18)

K- Most probably, yes. Most probably. You receive more fields, because you create that need. And then you give.

I'll explain to you what we did last week, or what we call, the 22nd of December, and what will happen on the 12th of January. And then we'll bring you together to see the difference. We don't give any pre-set line for it, but we let you feel it. If some of you who were in the session of 22nd, the last five minutes before we left you on your own, some of you stay till, god knows, hours afterwards, how you felt. The last 10 minutes of the session was most probably the most important part of the session. But we want to know how you feel and how it was, because we left the lines open for many of you to practice. The session wasn't finished when we left the scene. The session was going on till, I think, 12, 1 o'clock in the morning for some of you, as long as our systems could back up. And then when the systems died, the session was finished. And we want to know how much you practiced, what you felt, during the time when you were on your own on the system. (1:20)

As I said, as we go into the full training of the transmutation, you have to do it yourself. That's why we never did, as usual in the past, when the session finished, we close the Zoom and we go. In the 22nd, the session was left open, to the last 10 or 15 people. And many people practiced, they came back in again, because the access for them was open. And they came back later on, they practiced and see if it happens, what happened, how they feel. And that's how it's going to be. We give you what we call, the "sandbox." After we give it, we give you the guideline, we tell you, we leave it there. And we leave the systems for you to practice. And that's how it'll be. And this is how you learn.

And as I said, this hundred odd people, in that 22nd and in the 12th, you, when you, some of you are ??, will come into the, the third week of the January session, you start feeling, understanding totally different things, and you start maturing into it. But don't put it on coincidence, learn from it to develop.

Any other question? (1:22) Any other question?

Q: ... Good morning, Mr. Keshe. Is the STM Inertia based on Calcium?

K- What?

R: Is the STM Inertia based on Calcium?

K- No. Not for sure.

R: Maybe the STP would be?

K- It's still no. Because what happen when you go to another planet and there is no Calcium? No, no, no. So you can only manifest yourself when there is a Calcium. You cannot be created on the stars, definitely. You cannot travel to the center of the Universe, definitely. So, no.

R: Could it be that, on Earth, that the STP is based on Calcium?

K- No, the physicality based on Calcium, because and through what we have explained in the teachings before. (1:24) And what I call, aliens doesn't, do not come to Earth with a bone structure of Calcium. Calcium by its structure, field and the Gans condition, has connection to the three dimensions of the fields of the gas, the liquid, and the solid of this planet, that's the reason. It has a common denominator energy transfer, that they all can be attached to it. That's why your Amino Acid (AA), when it gets a Calcium, it becomes a cell. Before that it's just an AA.

Any other question?

Q: ... Is the mobile transmutation only limited to Earth travel?

K- No, we gradually, as you become graduated, we have the first two who will go through the transmutation to the Moon. We already know who those two are, and no, it's not limited.

In some of the processes in the back end of this year, in some of you, if you go through a full understanding and learning yourself, during the sessions will transmute. If you're sitting next to your lover, (1:26) or your husband, or your wife, or whatever, they will tell you, "You were not here." "What happened to you? Where did you go?" Because the transmutation will come in a physical dimension. You'll do it, we don't do it for you. And ... you're in. In the coming time, if you are ... it's just like you say to your husband, "I'm going to the supermarket to shop." And you go, he hears the door and he goes, you go with a car, goes off to go to the supermarket. You tell your partner, "I'm going to god knows where, I'm going to New York to see my mom or whatever." And physically you will not exist there. Tell you the first time will be freaky, but gradually you learn.

We learned that we go out of the house and we come back. We are the ones, we learn that we leave and we come back. Because now we have that in our position. It's another, what I call, (string in the bow) of the knowledge of the man, to live in the Universe.

As the numbers builds up, the mysticism and magic will go out of it, it becomes normal. As I always say, the best example is your mobile phones. If you remember, in the 1990s when the first phones came, we looked at it in the movies. Spock used to use it on Star

Trek flipping it open. And now we saw it later on coming into the market. (1:28) In nineteen nineties, eighties, you had this huge case carrying with actual house mobile handset on your ear. Hello, you were very posh, what's this guy doing? The first times on the street, it looks like lunatics, somebody carrying his, the handset of the home telephone next to the ear talking. And then we got used to it, and now we got used to the handsets, and the next generation of it are coming up. And it'll be the same.

The first transmutations will be freaky for a lot of us, but maybe in some of the sessions, 10 to 20 of you transmute. And some of you will be on your own, some of you... You've got somebody sitting next to you and say, oh, you are gone. Where did you go? And you go back home again. These are part of... we have to go step by step that you learn.

It's like that Vertical Unit. you've just seen as advertised, that is part of the process. That is part of the transmutation system, that you transmute and you come back, you don't leave. You can't go shopping with no money in your pocket. So, when you leave, he goes shopping, he come back, he says, "Oh, this is the shopping I did." "Where have you been?" Now you have a physical shopping bag and something in your hand. When you come home and there's less money in the man when you left. It'll be the same process. And then you understand how impossible it becomes shoplifting. Your Soul won't allow it. When you transmute, you transmute in perfection.

Any other question? (1:30)

Q: ... What is a good visualization to power up the Soul in a deep level to work with these fields?

K- What? Repeat the question.

R: He's looking for a good visualization, to power up the Soul in a deep level, to work with these fields.

K- As I always say, "You have to go lower than high." And, it's not a 3D movie, that you can buy a 3D glasses for it. It is emotion and feeling. And if you understood the teaching, you don't actually power up, you power down. You don't need to power anything up.

Any other question?

Q: ... If transmutation envelops the STP and physicality, can I, in a way, carry my UFO or transportation with me in my pocket while I transmute?

K- If you manage to transmute, do you think you need a UFO in your pocket? But if that gives you a good feeling, why not? (1:32)

When you go through the condition of transmutation, where you cover the physicality, you learn a lot more how to handle the physicality. And physical transportation, even as a group, will be different than you thinking of a UFO. Go back to the teaching, and in the

teaching we say, "you trust to give your Soul to a captain." And how wise that captain is, and what he'll do with it, at the time of when it needs to ?? And how competent he is.

This is very interesting what we saw in last few days in Japan. The wisdom of a captain saves 300 people. From the view of cameras, if you look at the accident, there was a fire going on, everything burning. But, the camera is in the back, where there was no fire. Captain emptied the whole plane very carefully, very systematically, without loss of a single life. And if that captain was not wise, he would have opened this side where the fire was too. And we've seen the fire and the explosion. This is the same, when you become wise, when you give your Soul to captains of the what we call, experts, that you think you will not be able to do it. That wisdom comes the same.

And in a way the captain of all of us is the Creator. Even though he allows us to do naughty things here and there. But He's always there. (1:34)

Any other question?

R: Well, for I think probably the second time in the history of our Knowledge Seekers Workshops (KSW) you've answered all the questions and hands up and so on.

K- So, all our Knowledge Seekers are still enjoying the holidays, are not there listening in the, what they call, 'happy moods'. Let's...

Q: ... 700 women? One was too much for me.

K- No, Suleiman (Solomon) was known, he was infatuated with beauty of women. They say the most beautiful women in the Middle East were his wife. Any tribe he... I told, we went... First of all, he got most of it, some of it, and the taste of it from his... from David, because he took out of his harem. There's a lot to read about the life of these people. Because Suleiman (Solomon) is the son of David, and he took part of the father's harem, when he became, and how he came to rule is different stories in Bible and historian. But, this is... he became addicted to the beauty that he even forgot about he was a King, what some people say, the where he could even manage running, (1:36) what you call, his kingdom. It wasn't run by the others, because they got more beautiful women for him, and he gave them more. Go and read the history of the, what you call, made up Torah, and the books which goes with it. And there's a lot of bits added to it and it's made up, it's a history book.

He was totally infatuated by woman from childhood, from his father, he picked it up, because he was the same. In the conquering different tribes and nations, you took a woman from them as well as a marriage that he keeps it, "Now I own your country part, now you give me a woman and I choose the most beautiful one." So, it goes back the same.

And don't forget to go back to the history of David, how he became a King. Or he proclaimed to be a king of this... There's a lot of question in historians that he even... he

ever became... was a king. He was made up to be a king later on, he was more like a local governor. But, he stood a challenge for a daughter of the king, and he won the challenge with a stone, and got the first girl, and then the next came as he conquered and he escaped and the rest of it. The Torah of what they call the collection of this 20 odd books, (1:38) which makes the total history of the Jewish religion, is full of love stories and women.

When you look at the cycle of Muhammad's time, reducing from a thousand to twenty was not that bad. Still it was a big progress in a thousand years. And now, our rules is one. We can't even manage that one, single one, let alone how you can manage twenty.

Any other question?

Q: ... Do we eliminate the need for food and drinking if we transmute?

K- That's your decision. That's entirely your decision. That's how you have to decide. On Earth that's your decision, when you become a Passenger of Universe you cannot do. You work through energies.

R: Okay, how about one more question? Would you like to wrap up here shortly?

K- Yeah.

Q: ... Good morning Mr. Keshe. The following happened during a conversation in German with a Dutch woman. Then something amazing happened during the treatment. (1:40) She suddenly spoke fluently and very clearly, much more distinctly and clearly than before in German, and without an accent, perhaps a little over a minute, although it seemed like five minutes, in a foreign language. Then she asked me whether I understood anything, and whether I could classify the language, which I said no. Intuitively, I thought of an Indian language from South America, although I have no connection to Indian languages. She then told me that it happens to her often in certain situations. Sometimes she understands it and can translate it. She also told me that I don't have to understand it, because my Soul would have understood it. The question is, is there a language of the Soul?

K- In a way, yes. I put that question many times about the children in the womb of the mother and when they are born, how they communicate. But the language we already know, we ignore it. And yes, it does, clearly it does.

R: You have the example too, I think it's the Pentecostal faith, and many others as well, that they speak in tongues, or in a foreign language that's not readily translatable, let's say, that would be similar to this.

K- Yeah, but it's what we call, it's been normal. It's like we are part of the structure, and others work and we work through them and they work through us. (1:42) It's not unusual, we'll do more and more of it. We become more fluent in other languages.

R: Is that part of connecting with the Universal Community, that things like that might occur?

K- We mainly connect to ourselves, than to the Community, to our language, to our people. This is part of the structure of what we want to and we choose. As I said, we'll go to China, we'll speak Chinese without ever being in China, we understand the emotion and everything else of it. We'll speak a collective essence of the language, which means we carry all the Chinese knowledge we need to know, as we connect to the Souls, we become a, what I call, a Satellite. If they ask you about the history of China, you know it to the detail, as it is collectively known and accepted by the Souls. You'll be puzzled by what will come, and how man will change.

R: Okay, thank you Mr. Keshe. We look forward to all the great changes to come in 2024, with the lucky 8, as you mentioned earlier.

K- Yeah. Depends how you see it and how you understand it. But we have a structured program for the coming year. And how we'll take you through transmutation and the rest of it. (1:44) We provide the facilities, you who's got to do it. And I'm sure your loved ones will be shocked when they see it happening. Even some of you will have a body left behind while you're traveling with the Soul and the STP and you come back. Say, "Where have you been? You've been here like dead. I thought you're dead, but you've come." You'll learn it, we all go through it. When you leave the body behind, it doesn't decompose like a dead body as you die. It's a reference point of return. We will learn about it.

Thank you very much for today. Please, as I said, those of you who are signing in for the third week of each month, please complete it, because it's getting full. And then you can't say, I've been in all the sessions, and now I cannot come in. Once we reach our number, we block, as many of you know, for the 22nd we refunded some of you, because it passed the number we were working on. Thank you very much.

Q: ... Can you book the new sessions individually or are they connected?

K- They're all connected, you can connect, you can sign in individually.

R: Yeah, I believe it says, let me just get it up here.

K- Yeah.

R: I think you can see it there. You can choose particular sessions, or you can book all six for a discount, it mentions.

K- Yeah. A lot of people are booking for the whole sessions, because it's part of the process. And some people would like to do one at a time, (1:46) for whatever reasons they have. But we keep that numbers, that we keep, we know what we are doing, we're keeping the numbers to that number.

Because there will be huge changes coming up. Don't forget we have a lot of other work going outside the Keshe Foundation, would come in to merge into this work, especially after, what you call, March, April, when we bring the Satellites in.

Q: ... Do you have to ask for permission in advance?

R: And yes, you mentioned that people should sign up right away, because it gets too crowded and you have to have...

K- You've been there, Rick. You know how much noise it gets when the numbers are high.

R: Hmm, yeah.

K- So, we have to keep very close count on it. Anyway, we'll see. And we announce, once we close the session, we announce we can't accept anymore. And the whole system sets up that way.

Thank you very much for today and we'll see you next week and I hope you enjoyed, or you learned a little bit more about yourselves. Thank you very much Rick.

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END