

481st Knowledge Seekers Workshop; April 13, 2023

(Quick Index 27 pp, Introduction; Topic Index; Transcription, Proofing done ; Need to do; Key Phrases, Words) (Auto transcription from Elias)

Bigger structure than our Creator; everything alive; C10 - C16- C18; Understand Inertia & gravity to manifest P; "Inertia of Creation"; Jump out Spacelab; Colonize Moon; Create Inertia; Travel inside body with Soul - heal; Replicate inside Soul; Don't need to kill plants to receive energy; Emotions stress field strength; Gans feeding - not yet - gas liquid matter; We write the books; Food is seed to attract 80%; Bleeding stimulates blood; Hormones create emotions - Menopause; Girls play with emotions; Mass is Gans - Weight -Emotions; Vortex T - hair holes vortex energy into body;

Topic Index

There's a bigger structure that our Creator was created out of; Our U is like cell in kidney; The kidney is its own world - from outside don't see cell of kidney; Emotions transmuted through C12 in vacuum of body - U transmutes through C14 - common denominator is H; What is Creator made out of - how does He communicate within His own environment; His energy becomes food for Unicose - like when we eat apple - energy reaches every cell in body; What are we part of in the bigger Creation - a cell of organ?; Universes move on axis's - everything is alive; Interactions are different levels of knowledge - STM - Soul of Solar System - etc - Soul of Creator - what field interaction is He created out of; Body recognizes 3 layers of skin to protect inside from outside & bring balance; Skin communicates with organs keeps in place; Body in Gans state no C12 inside - C14 behaves like C12 - how does it create dynamism; Do cells work on C10; Take blood out in matter state; Much missing in knowledge; Each organ has own Inertia - Lymph has Inertia to manifest in vacuum; Inside body independent of outside - separate structure - knees not effected keep working - have own Inertia; (Inertia is fields for matter to manifest); Need to understand how Inertia is created in time & place & space - whether in body or galaxy - otherwise can't make yourself visible for others to see & confirm existence; How do cancer cells amalgamate - effected by Inertia - created in body - change Inertia no cancer; With new T - no cancers; Learn how to use Universal fields to change position in respect to Inertia - need to know which Inertia needed to manifest P; Have Inertia & "Line of Communication" communicates with environment; Have order of plasmas within plasmas; What we pray to (Creator), He also prays to another (Bigger Creator); To transmute have to understand strength of Inertia or gravity and "line of Communication"; How did Earth's gravity get created within plasma of solar system?; How do we change position within our own gravity?; Replicate gravity with all properties; Earth's position along with Inertia created Man's emotion - can lead to misconduct of Soul in other parts of U; We came to Earth to correct problem; Earth Souls are creating wrong field strength of "Inertia of Creation" - contain greed of Man to kill destroy; Like if husband doesn't bring enough food home for family - go "shopping" energy from other Souls to survive; Planet not supply enough to feed local Inertia of Man's need; Steal others energy through eating; Inertia of planet & Inertia of man's body not create right conditions to absorb from free fields of U - we are all murderers - justify

became normal; Does Creator of Unicose do same in His own dominion - His own Inertia, which is within Himself; Soon Man can choose not to manifest if he can't provide enough energy for P; We went from C10 to C12 to C14 - does our Creator live in D of C16 - so He can communicate & extract the fields of His own U - Unicose work on C16 & Creator on C18 - or bigger you are - more you eat; Next 2 to 5 years colonize Moon - build Space cities; Travel with STM - teach STP to be within - become obedient to laws of Creation & accept to live in different Inertia; Man can create electricity without rotating Fe magnets Cu; confirm existence without manifesting P - like dream state; Man's present education only in matter state - not fields of U; Jump in swimming pool - automatically switch from air to water - jump from Spacelab automatically switch to energy of U - same at birth from liquid to air; Colonization of Space is a reality right now - not 20 years from now; "Foxed" by news - thieves; Try to create conditions in yourself to connect to line of U - can build more systems - better you learn to overcome fear; Do this in dream - harmonize M fields of body - allows STM travel U without leaving P; Addiction session April 28 - learn to stop being addicted to killing or air of planet - learn not to be copycat; How do we create Inertia - read Book 1 from point of Creator - can create anything in any D; Can live in "emotion of Existence" does not need to have a connection with the Soul - STP - or "Inertia of Creation"; Have problem of feeding when put STM inside P; If Inertia of the location not controlled won't be balanced within itself; Man has fear to "die" let STP depart - learn to feel can depart anytime - become light - fear to joy with knowledge; Change a field in body to "Soul of Creation" & Inertia of matter state inside STM - as earth does within Solar System; Is a planetary system within Sun - outside a reflection of twin set inside; How does our U shine in Unicose - near edge; How to change a field into Inertia - of a cell - planet - Solar System (SS) or U - so that we can manifest ourselves anywhere any time; Can travel with Soul inside our own body - like across U; Go to cancer - change Inertia: heal self through interaction of Soul & STP; We'll teach you how to do it; With Soul can tell condition of organ; Today's teaching about inside & outside body; Learn how each thing in U work; Understand how all things in U are connected; Understand interaction of fields - then will understand gravity & propulsion and positioning; Created gravity in nuclear plasma reactors in Iran; Nuclear is about energy created not number of protons/ electrons & bombs; Continuous release of Alpha radiation from He or plutonium - about energy transformation - creation of multi-layers of gravity - each layer gives what you need; Gravity of Earth created by gravity of SS in D of Inertia; Our gravity allowed to exist by SS; We see as gravity but SS sees as Inertia; Learn to live within both gravity and Inertia; Replicate conditions of any place in U in our own Soul; Already know this - feel pain of own child - connected; Ignored knowledge just to live in P; C16 to reach "STP of Creator" - C18 Soul of Creator - boost energies through H to get there; MaGravs have knowledge of source of Creation - energies of U; As long as you stay ignorant people abuse you - whether electricity - water - or religion - it's you who allows the abuse; Monthly sessions allows time to analyze; Tap into energy the plants don't need - then you don't have to kill them - dried beans are living entity - not matter state without soul; 2 seeds one eat & one grow - develop emotion for plant - but you ate its brother without feeling; Would we steal the plasma of others or only take what is given; Kills thousand lives daily in bowl of rice - think it's normal; Try to extend knowledge of your Soul by yourself - if can't give technologies; In our systems we create a balanced field energy that your Soul expands; Understand

interactions and what Inertia means - what is Inertia to me - but gravity to you; What's Inertia of cancer cell - and gravity in body - if understand no more cancer; Man has to master field strength of his emotion - then with 1 drop water create fish in tank; With one strength field of devotion of understanding - manifest Christ in front of you; Listen many times to today's teaching - hidden secrets; Don't fool yourself by calling self vegan - you could have enjoyed the presence of all the Souls you ate without killing them; If you can see something it means they have already given you their fields of existence - then why do you have to eat them?

Human or emotional stress in plasma T; Use of Gans shows stress resolvable; Depression and all stress have a M field strength - have to do research to measure; Modern medicine & science have added many fallacies to thinking; Chemicals & pollution make Chinese herbals weaker than past time - remove - strength come back; Take baseline field strength reading at birth - add missing field strength return to health; Plasma T finds cause of illness - change it; Every disease has an energy strength that causes it; Keshe from family of traditional doctors - looked at causes of illness - knowledge in Soul; For stress need to find emotion that causes it - interacts with STP; Emotion has a field strength & man's voice carries that emotion or field strength - our men of science have not understood nor can they even analyze this yet - what energy comes with each emotion - how it comes through STP via the words - how it interacts to give feeling of stress - depression - love; Learn to measure field strength of voice - how it creates emotions; KS think basics 4 Gans's can do everything - other elements in Periodic Table - would Gans of uranium create happiness; Higher voltages are matter state do not effect Gans structure - doesn't give higher energy to Gans; Present knowledge of Gans's not enough to completely feed man - 5 years away; Need higher level energy to keep Gans evolving - plasma energy not electricity; Make Gans of Gans's - create a lot of new conditions; Color change by adding current - temporary till energy rebalanced; If not understood Mr. Keshe leaves it till later time - when KS can understand; Current feeding systems will fall short of energy needs - need more knowledge; Gans of sea water not enough - otherwise man would have lived in oceans; Man lives from combination of gas - liquid - matter states - all 3 have to be satisfied - reason for diversity of races; Without knowledge bring imbalance; Colonize Moon in next 5 years - no cows - feed by fields; STM has to manifest P for Moon - live on surface without NASA "Monkey Suit"; STM & STP will interact to create "inner gravity" and interact with gravity of Moon and the Inertia to manifest us as a physical being of the Moon that can live there; teachings will become more extensive; Official said this knowledge is against everything we learned - head of negotiations said - we will write the new books on this T in our own universities because it makes sense - then it will be accepted; He is first "wise man" Mr. Keshe met; But plasma has to be taught as plasma not matter state; KF feeding systems 1,000 per year all food you can eat; You come to sessions help us do research - what the system needs to improve; When you feel not being heard become radical - can't have on Moon colony - system has to satisfy emotions by right field strength; Need minerals for long term energy - up to 48 hours without eating; Build living quarters on Moon from plasma fields - make partitions and walls that also feed you; Feed yourself by changing position and breathing - arm up taste of banana; Can't use on Moon - no air to breathe; Not just food - need to supply energy for emotions; STM doesn't know what potato is; Elves and fairies - understand

knowledge; Learn to give and receive love - fed for life; Pure Love of Creator - not love of man - tainted; People who ask for birth date and place and tell you about your life - they watch how you move get information - share knowledge so everybody can do it - not magic; Energy work for healing; We all have knowledge within us; KF App to provide food, help for cancer and whatever you want; Traditional medicines of India Iran were one in past then split apart; "Hot" or "cold" means giving or taking energy - G and M; New teaching *** 20% we eat is a seed to attract 80% from environment; Food becomes Gans fields attracts environmental fields to body - stronger feeds weaker; Put seed of banana in emotion - way you create cancer; Life works by interaction of M fields - nothing else; Get fat because emotions imbalanced - blocks release of energy - absorbed as weight; Bleeding technique stimulates fresh blood - color due to used energy - or elements - not because of illness; Same as monthly menstruation prepare for life; emotions pass through mother to child; Menopause symptoms because life changes - Men & society not understanding woman's feelings - explain to them and no symptoms; Hormones are proteins that create emotions - if energy pack is outside body - we call viruses - same thing - but viruses don't carry emotion - new Covid coming near to emotions - suicide thoughts depression; Girl child buried in sand - after 40 days she can express emotion - touch STM - girls learned to play with emotions of man for life - they fall for it; Understand how emotions manifest in P; Emotions manifest through hormones; Fields interact to become "mass and weight" - mass is Gans - weight is reaction to environment together with emotions; Variety diversity is beauty of Creation - otherwise factory made - interaction of fields creates diversity - best gift from Creator; Iranian government respects scientists - west kills them; Emotion brings pleasure - dependency - repetition and addiction; Teaching on Vortex Technology; Fields exit at vortex - energy materializes - space & defense T; In matter state - lasers; Plasma fields; Vortex good way to increase strength of plasma - compression; Worm hole; Vortex has no zero - conversion point; Skin biggest use of vortex - hair hole is hexagonal - hair Nano material antenna to attract fields; Specific reason for hair color - turn white when age; Most of 80% energy from environment pass through hair vortexes into middle of body; Beauty used to absorb energy from others; very beautiful people become arrogant because emotion can't handle so much energy - but not aware of it; Soul decides to be beautiful to gather energy for journey across U; cosmetic surgery doesn't count - not from Soul; Join April 28 Addiction session - learn about your Soul.

Introduction to 481 KSW - Inertia & Gravity - "Seeds" get 80% - Vortex T - Beyond our Creator

In this workshop a lot was discussed about Inertia and that life is about understanding the interaction of the fields. Let's start by further opening up our understanding on Inertia, Gravity, Mass, and Weight. The background material that will be helpful are the 480 KSW Introduction, and the 6 minute video called, "Gravity and Inertia" (Link for this video: https://youtu.be/U3XdR5tbc_k?t=1)

Inertia - Gravity - Weight & Mass - teachings continued

I will try to summarize and simplify the 6 minute video on gravity & Inertia. First of all MaGrav means magnetical (M) and gravitational (G) and they refer to the fields that go out of a plasma and come back in. That's basically all it is, and everything has MaGrav fields, like Yin and Yang. We are used to talking about the unit that saves electricity as a "MaGrav." And we are also used to thinking about M and G as being separate, but actually they are together, whenever M gives and goes outward, at the same time G receives and brings back in. This is an important fundamental understanding, whenever Mr. Keshe talks about interactions, this is what he is referring to.

When the planet was formed, first the GM fields (G is first) came to balance and formed the matter state of the Earth, the crust, or the surface and the continents. And when MG fields came to balance the outer boundary and thus the atmosphere of Earth was formed. Next we have the gravity of the planet, but keep in mind that gravity and Inertia are different. But they both are MaGravs, which just means they interact through their M and G fields. Gravity is the MaGrav in the center of the Earth and there is no matter state there, it is only plasmatic fields that interact with other plasmas, like what we call, mass. Whereas Inertia is what converts the MaGrav fields into matter state. Whenever Inertia is discussed it is referring to matter state. What's confusing for us is, that matter state is actually a lower strength plasma. According to Mr. Keshe this is what happens, the plasma of the Earth interacts and create new plasmas, in a way it has children, and these plasmas come to G & M field balance with the atmosphere of Earth and through Inertia become matter state. These are the rocks and the H atoms for example. This matter state is actually separate from the MaGrav that created them. You can say the Inertia is independent of the gravity of the planet. This is hard to understand because we are used to having everything mixed together. But they behave separate as you see when you drop a little stick and a large rock, they fall at the same speed because Inertia does not effect them until they touch the physicality (P) of the planet. Otherwise, the heavy rock would fall much faster. This is a proof that gravity and Inertia are different.

This is where the mass and weight ties in. Mass is only the number of plasmas or atoms something contains. And the weight is the interaction of the MaGrav's Inertia towards the planet. The mass is always the same because it's based on the plasma interactions, and the weight on Inertia, which has different values. You have to go over it many times for it to make sense. One more thing to add is, the next time you pick up a rock and feel the weight, remember that the Inertia that created that rock is inside it, separate from the Earth's Inertia, and you are feeling the pull of the mass, or the plasmas towards the plasma of the Earth. You don't need complicated mathematical formulas to understand how Creation works. This is the scientific aspect of Inertia through the fields, but there is also the emotional aspect, which will come later and help us with transmutation.

Another thing that came out of this teaching is that matter state is relative to the MaGrav Inertia and gravity of this planet, and if you take the same fields elsewhere they will not necessarily remain as matter. Then is matter really as solid as we think?

Mr. Keshe then added this week, that the fields interact to become "mass and weight," where the mass is the Gans, and the weight is reaction to the environment together with emotions. There is a lot in this image. When we look at our Gans's we see the mass, because the Gans's are separate plasmas, and that's what mass is, a count of the plasmas. The weight is the reaction to the environment, which just means the MG field interactions and Inertia, but then he added the emotions. These emotions are how we are going to control our experience of life. We are just beginning to see how we are going to be able to play with Creation.

There are more teachings scattered throughout this workshop on Inertia, but with this background teaching it starts to make more sense of what he is saying. As we said earlier each Inertia is independent so the kidney and all the organs have their own Inertia, and even the Lymph has its own Inertia how it manifest P inside the vacuum of the body. This would be the MG field strength that they can manifest P in, and then there is the emotional part we haven't been taught yet. The same way the planet was created is also how the cells are created. That means if we understand this, we can change the Inertia of a cancer cell, but he didn't say what happens to it. Does it transform into energy?

When we have plasmas inside of plasmas, like the Earth inside the solar system then gravity to one will be Inertia to the other. Then the next stage will be learning how to create Inertia from the fields, so that we can manifest visibly to others to confirm our existence. This can also be done through Universal Fields. I believe he meant, that we can manifest P through Inertia fields, even inside another plasma. But then we need to know how to work with the "line of communication." Then he brought in that the Creator works on C18 and the Unicose on C16. Everything in Creation seems to be working on the same pattern, but just in different scales. What we pray to, prays to another. The plasma we live in, also lives in another.

Another important topic in this workshop was about feeding the man without killing. First, the position where the Earth's "Inertia of Creation" got formed contains within it the fields of greed for man to kill and destroy. The planet does not supply enough energy for man to survive so he goes out shopping for energy from other Souls. He has become a thief and a murderer, but because everybody does it, so it has become normal. Then the big question was, does the Creator of the Unicose do the same thing in His own dominion? It will be answered later on. Maybe that's why the whole Unicose will be part of the upcoming changes. Then the Soul with Mr. Keshe must be from way beyond Our Creator, that he has the knowledge and power to make these changes. Just as the plasma of the Earth creates lightening so too can we create electricity without rotating magnets.

A KS has been building a feeding device with amino acids and Gans's and using higher levels of electricity. But as that is in the matter state it won't effect the Gans itself very much, maybe change the color for awhile, until the excess energy balances out. Basically we don't have enough knowledge yet to be feeding ourselves with Gans's. We'll end up short with certain fields and have problems with our health later. But it's good to keep experimenting and learning about the fields. By changing positions of the body and with the breath you can attract the energies of different foods. But on the Moon there is no air

so it won't work there. Also you forgot to consider the energy needed for experiencing the emotions. That has not been included in these feeding systems.

It may be surprising for many of us to know, that the food we eat for the 20% are really just "seeds" to attract the 80% of the energy from the environment. In a way, we trick the environment into giving us energy, because the stronger fields feeds the weaker. So the food turns into a Gans and acts like a magnet to attract those fields from the environment. So if you don't eat, you feel weak because there is nothing to attract the other fields with. But this must mean that if we stop eating, then our brain has the emotional field strength already recorded in the brain to bring in the energies. That will be clarified later. But how does that 80% reach us?

Mr. Keshe has a lot of knowledge of Vortex Technology. There is no zero point in a vortex, it focuses the energy down to the point of conversion to another energy. The biggest vortex we have are the hexagonal holes on our skin where the hair grows through. The hair is a Nano material that attracts the energy and it passes right through into the body. This is where the 80% of the environmental energy comes through.

It must have been in one of the governmental meetings where someone said, what you are teaching goes against everything we were taught in the books. And the head of negotiations said, then we will go into the universities and write books about this knowledge, because it makes sense, and that way everybody will be able to accept it. This is very good, but when they write the books, if they convert the knowledge of Creation into there own understanding, which is all based on matter state, then we're going to have the same problem. Because it doesn't work that way. Plasma science has to be written from the point of view of the Plasma itself. So the writers will have to experience it directly, then hopefully, they will be emotionally involved so the Soul can write through them.

Other topics:

You are proud to call yourself a vegan, but you could have felt enjoyment of the presence of all those countless plant beings you ate. When something makes itself visible to you, it has already given you its energy, but you have to know how to receive it. Then you don't need to kill them; The chemicals and pollutions have made the Chinese herbs weaker than in the past - stop adding things to them and their power will come back; Bleeding technique stimulates fresh blood - like monthly menstruation; Solve emotional part and Menopause will be without problems; After 40 days girl child knows how to touch Soul with emotion - plays with energy of men for life; Emotions have a field strength.

Thank you for listening

Quick Index

(Today's teaching has a beautiful setting. In the dimension (D) of Physicality (P) we call it a "Creator." (We make connection through the Cosmic Rays (CR), where the carbon 14 (C14) is made out of the hydrogen (H) and rides on its back across the Universe (U)).

(The Creator is part of the structure, in which He is created out of. Then that means there is a bigger D, which Man has not understood. Our U can be compared to a cell in the kidney of the man. It's a world unto itself, it operates on its own, and it's composed of billions of sections, or whatever. It's like it has its own U and Unicose, but in the end it's still just an organ, and part of the body of the man. When you observe the body from the outside you don't see that cell of the kidney, nor the collection of cells that make up the man).

(Does the man transmute his emotions in the D of P through C12 in the vacuum of the body, like how the U and Unicose transmutes itself through the D of C14, again through the essence of the common denominator of the creation of H. What is the Creator (made out of), and how does the Creator communicate within His own environment? (His energy becomes the food and energy needed for the U and Unicose). It's like when we eat an apple, its energy reaches every cell that needs it in our body).

(The question for us is, what are we part of? Just like our body has organs, what part are we in the body of the bigger Creation. We see the Universes moving on an axis, they are living things, the Sun, Earth, and the planetary systems. What are they feeding off of? And what is the ultimate goal of all these interactions of the fields of the U and Unicose, that man has not yet come to understand).

(The Prophets of the past have indicated that there are different levels (of knowledge and what we call interactions). Man now has been given knowledge of some of these different levels for example, the Soul of the Man (STM), Soul of the Solar System, Soul of the Galaxy, Soul of the U, and the Soul of the Creator. What is the "Soul of the Creator" part of? From what field interactions is it created out of?)

(Another instance of the macro in the micro is how the organs in our body hold themselves into place. How do they communicate with each other, and what allows them to find their position and composition (of cells)? (Remember that when the doctors first opened the body up, they couldn't explain how the organs hold themselves into place. When they operate on the intestines, they just stuff them back in and let the body reposition them).

How does our body recognizes the 3 layers of the skin to protect itself from the outside, and to bring balance between the inside and outside, and to protect the inside, so that nothing goes outside? How does one type of skin on the tip of the finger connect itself to another type of skin on top of the arm, and how do they know what work they are each responsible for, and that they have to contain each other? How does the skin of the man communicate with the other organs, and keep them in the same position? Is C12, and C14 in a different strength part of it. C12 only works in the matter state. In the body of the man there is no C12. (Is that because it's in the Gans state?) In effect, the field of C14 behaves like C12, in how it absorbs ?? energies, and how it creates dynamism in the body, and all the other things it does).

(What do we need to do to understand the totality of the Creation? Do the cells of the body work on C10? But where the totality of the body works on C14 in a vacuum condition, but outside in the matter state it works on C12. (When you take the blood outside of the body it is no longer in the vacuum condition, then the scientists measure the amount of magnesium, Ca, and the other materials in it)).

(What has the man missed in the knowledge? Why doesn't the body of the man understand the difference between the D of the vacuum, Inertia, and everything else in respect with time, place, and position? The kidney has its own Inertia according to the position of the centralized system of itself. Even the lymph has its own Inertia to manifest itself in that vacuum. In totality, whatever happens inside the body is independent of what happens outside the body. For example, when you walk in the heat, cold, or rain your knees don't change characteristics. They continue to operate, because they are operate separately on their own structure. They have their own Inertia).

(In order for scientists to become the physicians of Space, they need to understand how Inertia is created according to the time, place, and space. Whether it's in the body, a galaxy, on Earth, or anywhere else. Otherwise you will never be able to manifest yourself in visible form to be observed by others, and to confirm your own existence).

(The physicians and scientists of today, have still not understood how the cancer cells are amalgamated, and effected by Inertia, or how the conditions are created in the body. If you change the conditions of the Inertia in that position, then there is no cancer).

(Through the developments in the new technology (T) and as it gets expanded into the world of the science, very soon man will know how to get rid of all the cancers, which is still his biggest nightmare. Even our Knowledge Seekers (KS) who have been working on it have not understood. And if we do it, then we become magicians. Do we need to do magic, so that people understand that this science is different?)

(In the coming time, those scientists who investigate the depth of the knowledge of the Creator and the Creation, will have to observe and understand the interaction of the fields. They will have to learn how to change the Universal fields, and how they can change the manifestation of the position and time, in respect to the confirmation of existence through Inertia, and the fields of the creation. This means we need to discover which Inertia we need to confirm the P, and it doesn't matter if it is in the D of the plasma).

(You have the Inertia and the line of communication, how does the body communicate with the smallest layers of cells in the kidney? How does the creator of the Man communicate and interact with his environment, and get the knowledge to confirm his existence? Then you understand that it's the same on both ends of the scale from the micro to the macro, and the created to the creation).

What we pray to, prays to another. What we live through, lives through another. (It's one plasma inside of another and inside of another, and it continues on and on).

(For Man to successfully transmute from one point to another, he needs to understand the line of communication. And the position of the strength of the Inertia of existence, what we call, gravity. (How do we change our position within our own gravity?) (Within the plasma of the solar system, how did the gravity of the Earth get created?) Can we replicate this gravity with all its properties?)

(The position where the Earth was created, along with its Inertia, has led to the creation of the man's emotion. And this can lead to his misconduct in the D of the Soul in another part of the U).

(We came to Earth to correct this problem, because we had enough of the misconduct from the Souls created on this planet, that have spread throughout the U. The further creations of these Souls are based on the wrong field strength of what we call, the "Inertia of Creation." They contain the greed of the man to kill and destroy. The creator of the Man did not supply enough energy for him to survive, when he was created. It's like if your husband doesn't bring enough food home for the family what do you do? You go to your neighbor, or you go shopping, but you get something to survive. So is the behavior of the man on this planet. The planet does not supply enough to confirm, to feed the local Inertia of the need of the body of the man. So the man kills for it, like the wife going shopping. (Man and everything else on the planet goes shopping for energy from another Soul, another seed, or another plant. But this time the shopping is slaughtering and the rest of it. When you don't have enough, then you get it from somewhere even by stealing)).

The Man has become a thief of other lives. (He and everybody else does it, so it has become the norm. We all do it, because if we don't eat for a few days then we'll die. We all have become thieves, and we justify it by saying, we need to survive. It's because the Inertia of the planetary system, and the Inertia of the system of the man's body has not managed to create the right condition to absorb what it needs from the free fields of the U. We are all murderers. And we close our eyes because everybody else does it. We call ourselves "meat eaters," vegetarians, or any other name, to not to have to accept the truth, that we are killing to survive. Because we can justify it, it has become normal. But what happens if the man changes his dimension and doesn't need to "shop" for that 20% of the energy. Then he will not need to kill).

(Then it comes to another point that will become clear later on in man's education. Does the Creator of the Unicoe and U do the same in the D of His own dominion, and His own Inertia, which is within Him?)

(In a very short time, when the man becomes a traveler of the U, then will he be able to chose not to manifest himself in P in places where he cannot create the totality of his energy needs. This would create a new D for existence of the man?)

We went from C10 to C12 to C14. Does our Creator live in the D of C16, (so that He can communicate and extract the fields of His own U? Does the Unicoe work on the C16,

and the Creator on C18? Or is it just "energy packs" that we put names to. The bigger you are, the more you eat).

(In the next few years man will travel around Space in ways he never could dream of. It will take off once we start the colonization of Moon and Mars over the next 2 to 5 years with the support of the nations. Then Man will have to understand the Knowledge of Creation. Then we will build cities in Space. It's the reality, and the science of Space has to become part of the life and living of the man).

(Now that you have learned about traveling in the D of the Soul, how will you teach the Soul of the Physicality (STP), that will move to be within you, to become obedient to the laws of Creation and accept that it can live in different dominions of Inertia, and that it does not need to manifest physicality).

(Look at some of the things you do on a daily basis. (Look at how much electricity you use. However, we don't call it electricity, we call it, "energy production." What would happen if Man's knowledge extended to the point, that he could understand that he doesn't need to rotate Fe magnets around Cu for him to create electricity or energy. We don't see the Earth rotating magnets in the D of the matter state, but yet we see so many lightening storms and thunder happening). Somewhere mankind has missed the knowledge of Creation.

(We need to extend our knowledge to understand (the different ways of manifestation. And that we can confirm our existence without having to manifest P. This is what happens in the dream state. But we call it the "state of understanding the Totality.")

(The reality is different than what we've been taught in our schools and Universities. All this type of knowledge is based on the Man's understanding of the matter state, and not on the fields of the U. It's time for Man to extend his knowledge to include the dimension of the Creation of the U. Otherwise Man will not become a "Man of U," because he won't know how to survive. If I let you loose from the Space station, you would suffocate, if you don't wear the "monkey suits" of "NASA on the Moon." You would die, because you think you need Oxygen. You would die gasping for the matter state of the Earth).

(When you jump into a swimming pool, you pass from the air to the liquid state, and immediately you adjust to it. This is the same way you will jump out of the Spacelab. You just do it, and then you automatically adjust yourself to take the energy you need from the environment, from the space. We do this at the point of birth. We are swimming in the beautiful water of the womb of the mother, and in one instance, we come out and change over automatically to breathe air. In Space, we change from breathing air, to taking energy from the Universal level. If it helps you not to be afraid, then you can keep the body of the man).

(Colonization of Space is a reality right now at this moment in time, and not in 20 or 50 years from now. It's not like what some guy said to me, 'we'll believe in KF technology

when it's on CNN." What happens if there is no more CNN, and no more "Foxes" who control it? The name of the owner goes with the animal that it represents, the fox, the thief. Are we all thieves of our own physicality ? Or have we "foxed" it out of fear, of not understanding the truth about the Creation).

(Try to create the conditions in yourself, that it gives you the line of connection with the U. I can still build you more systems, but it's better when will you learn to allow the emotion of fear to subside? (You do this when you dream, you harmonize the M fields of your body and that allows the STM to travel the span of the U without the P leaving the Earth. But then don't call it, "a dream.")

(In the next few weeks on April 28th or so we'll run the Addiction session. We are not testing you to see if you're a drug addict, we are helping you to learn how to stop being addicted to killing. And to not be addicted to the air of this planet, that controls you. As we said, our work has a hidden agenda, but if we bring it all out at once, many of you will not do it, because you want to become another "copycat." You come to learn not to be addicted to alcohol, but in reality we are working on the Soul to learn how to become a "Passengers of the U." We want to open you to the dimension of the STM).

(Many of you have traveled with your Soul using the KF systems, why can't you do it on your own, instead of needing a magician? (When we take the D of Inertia of the P away from the STM, then man represents his own creation)).

(The whole structure of Creation is like a line with boxes on it. The line is the ray of H plasma, and the boxes are the carbons, it can be C16, C14, C12, C10, or anything you want to call it. It's "carbonated" the way you like it, and how you like to name it. But the fact is, it has no dimension, or we can say it has a strength field dimension. At any given point it's structured, and manifests itself according its Inertia).

(How do we create that Inertia. Thoroughly read the section in Book 1 about Inertia. Read the part where it talks about the M and G field, but now understand the Plasma in a different way. What does this mean? The first time you looked at it from the point of matter state, now look at it from the point of the Creator. The words are the same, but the intelligence (and what man has learned, gives it a different meaning. Then you can create anything in any dimension. You will become the magician of the U, because you can create what you like, or what you think you like. When others don't know, then if you show them, then it looks like you are smarter)).

(Man has to come to understand the D of physicality, and the fields of the U. Then he can live in both dimensions. Or he can live through the interaction of the two, and live in the emotion of Existence. If he wants, Man can live happily in the emotion, and does not need to have a connection with the Soul, or the STP, or the "Inertia of the Creation." When you put the STM within the structure of the physicality of the Man, then you have the problem of feeding it. (What would be the problem if you put the STP within the STM? One of the problems is, that if the Inertia of the location is not controlled, and not understood, then it won't be balanced within itself)).

(I have tried to explain this point in many teachings in a hidden way. Maybe today we'll open it a little more and let a little ray of light in. It might open some of your eyes to the reality of the Creation. (There is a fear many of you have of letting the STP to depart, or to come inside the STM). You call it, the point of death. (But if man can learn to feel it, he can "die" at any time). Because he will become the light, or the plasmas energy. The fear that Man had about his end, has now become the joy he has in his hands, that is, if he understands the knowledge of Creation).

How do you change a field of your body to become the "Soul of Creation," to become the Inertia of the matter state of the Man in the condition of the fields of life, (or the energy fields of the STM. If the STM contains the STP, or what we call, the "Inertia of the Man," then he can even manifest himself within the STM in the D of P. Isn't this what Earth does within the structure of the Soul of the Solar System? Are we any different? It's only we haven't understood).

Is there a planetary system within the structure of the motion of the Sun? (Is what we see outside the reflection of a twin set inside of the system?) This is not far from the truth. Read Book 3, where we talk about the cluster of stars and galaxies rotating in different ways than the others in that region of space. Our U, internally lives and interacts with what is outside of it. How does our U shine in its own Unicose? Are we too far from the edge, to see the light of the Unicose, which interacts with our Solar System of the Creation of the U?

(We are coming to see, understand, and comprehend more of the knowledge, but we have to understand the truth about the interaction of the fields). How do we change a field into Inertia? How do we change a field into the Inertia of a cell, Inertia of a planet, Inertia of the Solar System, or the Inertia of the U, so that we can manifest ourselves anywhere, in any position, place, and time?

(Just as we travel the span of the U, or move to Moon and Mars through our Soul, we can also travel within our bodies. We can go to the cell of the cancer and find out how to change the Inertia of it. We can learn to heal ourselves through the interaction of our own Soul and STP. Would it be a magic? Or is it the lack of the knowledge that has created this false magician?) In the coming time, as we develop the systems we'll teach you how to do it.

We've done this with KS who are close to us. We ask them to go inside and feel their liver, kidney, or heart. Then they can tell us the condition of the liver, whether it's weak, shriveled, or this and that. I have asked some of you to try to give energy from your Soul to the organ. And to try to give it the Inertia at the condition of the fields of the Creation. (Just as we go for excursions into the U, so too can we go within ourselves. Learn how to give to yourself from inside).

What we teach is not just theory, it's practice and many of you understand it in different ways. Now it has to become a global knowledge. (It has to become part of the

knowledge, not only for Man, but also for the citizens of the U. The purpose of today's teaching is for you to understand both inside and outside yourself. And that what is outside can also be achieved inside. If Man travels in the D of another planet and U, he can also travel within himself. Is it C14 to travel the U, and C10 to go within the body?) These are all energy packs, we give them names out of our own ridiculous stupidity of not understanding the truth.

(Do you give a glass of water to a new born child when it's thirsty? Or do you give a drop of water to a grown man to satisfy his thirst? It doesn't work this way. Man has to understand that there are "horses for courses." (Meaning everything has its own way of working and we have to learn how it is). You learn what is needed, but in the strength of the fields of the U, and not by the size of the cup and a drop).

Humanity is entering the process of taking excursions into the U. Would you like to go with the "donkey" of a UFO? Or would you like to go with the "jumbo jet" of the STM? Both options on the table. But it seems, that Man prefers the donkey. Because Man can sit on it, the way he sits on the knowledge of the Creation and denies the rest. The way the Man kills and denies the truth, that he does not need to kill, because he can tap into the universal energy and satisfy the 20% that the planet did not give him. If the Earth would have released the energy fields, which we supply through the Gans's, and which are part of its own creation, (then Man would never have needed to kill to eat).

(Today people use a very strange language, they say, I'm a vegan, or I don't cook it I eat it raw. It's like when you go to a steak house in Europe and order "American", which is just "minced meat," not cooked. Then what's the difference between a vegan and the man who eats "American?" I do not know. Except the lack of understanding of the truth. They are both taking the life of another entity. But this time we don't cook it, because we are going back to the time before man had knowledge of fire. Back in the evolution of the science. (Soon the labels will change again to, "raw plasma," of "vegan plasma." Then would that "vegan plasma," become another entity and life in Creation? The hypocrisy in knowledge has lead to the stupidity of man in life)).

(Try to understand the process of the connection between all existences in the U. For example, if you try to go to Planet Zeus, but on the way you made a mistake, and landed in the kidney of a cat. Then you say, "Ops, where did I go wrong? How long do I have to stay here, until the cat dies?" You might end up in a very bad situation if you don't understand the knowledge of Creation).

Understand the process of the interactions of the fields, then you'll understand the gravity, and propulsion. (Then you'll understand how to position yourself in the fields to create a new D).

(The gravity in Space travel has the same meaning as what Mr. Keshe did with the nuclear space reactors (he developed in Iran). We need to expand our knowledge of nuclear into our understanding of Creation. (Present science was only interested in making bombs and boiling water, and not opening up the knowledge within the nucleus).

When we speak about the nuclear, we have to speak about the energies (created). It's not about how many protons and neutrons, or how many electrons. Or if nuclear material gives alpha or beta radiation).

(We have to understand the continuous process of the interaction, which leads to continuous release of alpha radiation. You can get it from helium (He), as much as you can get from Plutonium. It's about the energy transformations, interaction of the fields of the U, and interaction and creation of multi-layers of gravity that each layer can give you what you need).

(The gravitational field of the Earth is created from the gravity of the solar system in the D of its Inertia. (Our gravity has been allowed to exist within the Inertia of the solar system). We see it as gravity, but the solar system sees it as Inertia. To us it's the Soul, but to the fields of Creation it's a STP. Man needs to learn how to create the gravity and the Inertia, and live within both ??). (It's like when we create a green house. We bring together the glass and the steel and we create the condition of which ever environment we want, where we want it. We can create the condition of a forest in the middle of the North Pole, and in it we can replicate the animals and plants in that environment. Then why can't we do the same and replicate the conditions of any place in the U within our own Soul, then we don't need to travel the span of the U).

(The strange thing is we already know how to do this. We do it when we feel the emotion of another person. We say, "I feel your pain." Parents can do this easily with their own children, because through the interaction of the fields you are already connected to them). Do you need to travel the span of the U to get the emotion of the Man in a given time and position, or to feel the emotion of the U in that point and its Inertia? Or, have we ignored another D in the path of existence?

(How far and deep have we ignored the knowledge we have within us just to live in the D of P? How much hypocrisy sits within the confirmation of our own existence? Today's teaching is to open your eyes, as usual, to another D, creation, another structure, and to another understanding of the Totality. Then mankind will become wise to understanding the process of Creation).

Do I need to have C16 energy to reach the "STP of the Creator"? Or the C18 to get to the Soul of the Creator. (Or I can take a boast from the energies on the path of H, which is within me to get there. Many times I have said, that if you understand the process of the Creation of life, you can reach the Soul of the Creator in one second. It's just knowing which line of travel to take, because not all of it goes there. If you get it wrong, you might end up in the ocean. It depends on which direction you took the road).

Try to understand the process of interaction of the fields and the process of Creation. (Many times in the teachings I have told you, don't look at the P of the MaGravs. Look at their fields, and if you understand it, then you have opened a new D in the process of Creation. But all of you were so happy just to plug it in the wall. The MaGravs have a knowledge of the source of Creation, and the energies of the U. But you are happy with

the crumbs, to pay 10% less for your electricity, and you bought it from the ones who themselves took it from the energy of the U. But they took it in the matter state of the field strength of the man. As long as you stay ignorant, people will abuse you, whether it's electricity, water, or the Priests, Mullahs, and the rest). It is you who allows the abuse.

We can tap into the energy of the fields of the U ourselves. (Many of those who joined us in "Dining with the Creator" did this. They reported having a lot of water in their mouth, or saliva. They were in the same environment 10 minutes before and there was no saliva. Then suddenly at that moment we started the session and they began interacting with the system, then they started salivating. It's you who have drawn a line of ignorance to the knowledge of Creation).

(The reason we put these teachings a month apart is, because it takes a month for you to understand, and analyze what you felt, and what it means. The Addiction session is coming soon, maybe some of you are saying, I'm not an alcoholic, I don't need it. Yes, but you're addicted to killing. Yes, you're addicted to being a vegan, or eating raw foods. You say, "I don't care, I just eat it. I don't cook it to give it more energy." It's fashionable to be vegan, and to eat "American," you just add some spices to the minced meat to make it tastier with some more "living beings.) The spices are alive. Is there any difference between the rosemary you use, or any other life. Those of you who are vegetarians, spend a half an hour with me and it will change your eating habit in no time. The vegans are the worst. And those of you who are meat eaters, you don't know which way to run. It just that you have to open your eyes to see).

(We need to find a way to tap into the energy that the plants have, but they don't need. Then we don't need to kill them for it. We can receive their energy without killing them. The problem is that when we look at dry beans or rice, we think it's just a matter state. But in reality, it's a living being, all you have to do is plant it and add water and watch it grow. But we choose to ignore it. The grain beings look solid to us and we think they don't have a Soul).

(I spoke about this with one of my children when he was young, maybe you'll understand the strength of this statement. If we have 2 sets of seeds, one we eat right away, and the other one we plant. The one we planted starts to grow and we start to care for it. Now it has a value to us, it's a life that we care for. Then we say, "Papa don't cut that branch off." So how come you ate its brother without a single care, but now you have developed emotions for the one you planted).

It's the ignorance of understanding the process of the Creation of Life, which has brought Man to this point of the stupidity of killing. Man only puts men in prison when he kills another man. Man does not put men in prison when he kills another animal, plant, seed, or whatever. We have made these exceptions, because we all do it. Now that we have the knowledge, there shouldn't be any exceptions? (In the coming time man will frown on those who eat any kind of living beings. We'll be plasma eaters. But would we learn to steal from the plasma of the others? Or would we learn to take only what is not needed and given by the others?)

(There are some animals that only eat once a year. They kill one animal and that's enough for them for the year. But Man kills everyday in thousands and he calls it a bowl of rice. We are lower than those animals who kill once a year. Understand to what field strength of the Universe you need to connect yourself to be able to feed yourself in that dimension. That way you will not carry the habit of killing into Space. And I hope the teaching today does that).

(If I were to give you enough knowledge that you could manage to face the "Soul of your Creator" as an energy pack, would you eat it, because you were curious about how it would taste? Try to understand and extend the knowledge of your Soul by yourself. Then if you can't do, I can give you a lot of technologies, and sessions in the system to help you expand your Soul. In a way, I open and give you back your fields, that you can expand more).

(Have you ever blown up a balloon in an environment, and then vacuum it out from outside? Then you watch how it grows to fill up the space of the vacuum you created. That's all we do with your Souls in these systems. We create a balanced field energy that your Soul can expand and come to understand the D of physicality in the D of Creation, in interaction with the others. But we have to cover it up with different names and possibilities, so that you can fool yourself).

Try to understand the process of the interactions, and what means to have Inertia. What is Inertia to me and the gravity to you, and what is the Inertia in the cell of a cancer, and a gravity in the body of the Man. (If you understand this, you can cure every cancer within seconds. But at the moment, we still have to play all the Man's games).

(What is the Inertia of the emotion that leads Man to create for himself the conditions of death with ALS?) What fields does it extract, that is connected to the emotion and the direction of the strength of the field of the STM and the P, and the Inertia of the Totality of the fields of the physicality of the Man.

(In the coming time, would Man master the field strength of his emotion? Man will master the strength of the field of his life in any dominium and D. If you understand this, then we go back to what I've said many times, with one drop of water I can create a fish in a tank).

With one strength field of the emotion in the devotion of understanding, I can manifest Christ in front of you. Many of you who came to Linz had this feeling, and felt touched, and were aware of his presence, when you were in our system. That's all we do. And you can do it anytime, anyplace in the U.

Try to listen to today's teaching many, many times and it will unravel many secrets. Then you'll understand how man has made a fool of himself by calling himself a vegan, vegetarian, or a meat eater. (While all the time you could have enjoyed the existence of those you have eaten. All you had to do was to take what they didn't need, by just being

present with it. When something manifests itself, it means it's giving for you to see. Then why do you have to eat it, when it's already giving you the fields of its existence).

Then you understand, does Man need to kill in Space to confirm his existence?

We go for a break and we come back and if any of you have become wise to the knowledge, we'll answer your questions about Creation.

End of Quick Index Part 1 481 KSW April 13, 2023

Q; Please advise us more about human's stress in plasma technology?

K- What do we mean by stress? (At what point do we call it, human stress, or emotional stress? Which part of the stress do you want to talk about? We have to understand how emotional stress is created, and what its strength, and how it affects the rest of the physicality).

(Why when you use the Gans's, which is an application of the Plasma Technology many of the physical or emotional stresses are resolved, including the pains that come with them? It's because psychological stress has a field strength. It's the same with depression, or pain in your muscle tissues, they all have a M field strength. We have to do the in-depth research to find this strength and measure it, and then replace or add to it, that it goes back to normal levels). (Nowadays, our doctors only look at what vitamins or minerals you are short of, or if you have this or that disease, or this or that condition. Our scientists never look at the body as if it's a plasma, and what fields it is short of that we can add to it to change the condition).

(In the future, when you go to a doctor and say you have a depression, they will measure the M field strength of the energy which creates that depression, and then add the energy that is lacking. The future scientists will understand that the body is in a M field plasma state. Then all of these things will change. The universities and educational centers will understand more about the process of Creation and Man will find another way and an easier way to handle most of the diseases of today. We have lost our way, and we have added so (many fallacies into our thinking that) we got even more lost along the wrong way).

(They say that in the past Chinese herbal medicines used to be more effective in how they worked, and in today's world they are not as effective as they used to be. But it's the same plant, so what happened? We started adding chemicals and fertilizers to them, and the effects of pollution have been added to them also. It's the same herb, but it has more things added to it, and those additives are taking the energy from where it used to be. If we can produce the same herb without the new additives, then the herbal medicine will be as effective as it used to be 200 years ago. It is us who does not understand what we've done to ourselves. We haven't understood the process of Creation).

(In the future, the doctors will take a baseline reading of all our emotions and energies at the time we are born. Let's say they are in a perfect condition. Then after 10 years time when we go to a doctor, he'll measure the field strength of the current depression and compare it to the baseline reading from our birth and know what field strengths have to be added to our bodies to become healthy again and back into balance).

The whole process of the understanding of the Creation of the body of the Man will change in the coming years. (Today when you bring someone to the doctors who have been trained in the old medicine of the present universities they do all kinds of blood tests and things like that. But doctors trained by KF do it differently, they look at the composition of matters in your body, and find the root cause of your illness. It's like saying, I don't only want to see how the accident happened, rather I want to understand the cause of it. (Because every disease has a root cause, there needs to be a source of energy to create those effects we see as disease).

But today for example, if you have a cancer and go to a doctor he'll take a bunch of blood tests or whatever and tell you what has already happened, like elevated blood counts of this and that. This is like telling you about the damage of the accident and not the cause of it. Mr. Keshe gives an example of boiling something like food in a kettle and it gets burnt. In plasma science you can't just look at the burnt food. You have to consider the kettle and what it is made out of it, and how using steel or Cu effects the temperature as well as what kind of fuel you use. Whereas the doctors only look at the boiling water and the food. It's an expanded understanding of the knowledge of Creation. The plasma science can even go into the alloys of the steel and how they effect the temperature in the kettle).

(Mr. Keshe comes from a family who for generations were traditional medical doctors in Iran. They were trained to look at some of the causes of the symptoms they would see in their patients. He said, when I compare what my ancestors use to do with the hypocrisy of what has grown up to become the new world of medicine, it just doesn't do much, other then make money for certain people).

(In 2008 when he went to Iran he met his aunt, the sister of his father, who was in her late 80s. She told him stories about his grandparents. The family worked with traditional medicine for centuries. As a young girl, his aunt used to observe her mother while she was working in the house. And if she went into a certain room it meant the patient could be helped. But if she went into another room, then she knew the person would most likely die, and she would just give some help to get through if she could).

(Instead of modern pharmaceuticals, they used their knowledge and herbs provided by the Earth. They understood the interactions. Even as a girl of 8 years, the Aunt was able to observe when the mother knew what would happen to the patient. That was without any tests, other then the knowledge of her Soul).

(Today our technology has gone haywire with more tablets, more false reports, and everything else to satisfy a few pockets in the background. But the people go along and

pay have themselves fooled. (It's time we start looking for the cause of the accident, instead of fixing the engine, when it's really the brakes that don't work. Otherwise, for sure you will have another accident).

(The situation is the same with stress and the emotions. We have to find out what field strength causes that stress to occur, and what emotions become stressful. It's not enough to say, it's deficiency of Fe or Zn. Now you have to understand what emotions are involved, and how other's emotions interact with the STP to create a depression in you, for example. And then what is needed to bring the balance back into your emotions and physicality (P)).

(This is about the fields. If I tell you, "I love you," (you may feel everything is wonderful, but if I tell you, "I hate you," you may feel the opposite, even though it's the same person and same voice. Emotion has a field strength, and the word of the Man carries that emotion, or field strength. But our men of science have not come to understand nor even analyze this yet. In relation to stress, we need to understand what energy comes with each emotion, and how it comes through the STP via the words, and then how it interacts to give the feeling of stress, depression, or love. We have not understood anything about the world of Creation, and we call ourselves the "king of the animals." We are the animals, but with the stupidity of not understanding, but claiming to know it all).

(We can learn to measure the field strength of the voice, that creates certain emotions. Which fields create joy and happiness. (There is a lot of research to do in this area. We have to study the reactions and find out what causes someone to speak words of happiness, for example. Or what interactions go on inside person after taking the Gans water of Zn).

(It's very strange, how 99% of all the KS have the Gans's of Zn, CO₂, CuO, and CH₃, and they expect to solve everything with them. But what about the more than 100 other elements in the Periodic Table? Would the field strength of Uranium create happiness and give energy, just as the Gans of lead creates depression and anxiety? We need new tools of knowledge, and new understanding of the knowledge of Creation. But our knowledge needs to be the way Creation really works, and not the way we would like to think it to works, because we want it to fit into our meager understanding of life).

Q: (A KS is trying to create a plasma feeding device, which he has shown on Rick's program. He has made the Gans's with higher voltages than we normally use and embedded the 3 amino acids (AA) on the Nano plate, and he has also added the Gans of seawater to get the different MG fields at a similar strength to the different foods we consume. And he has added a composite Gans of Fe and deuterium on it. He is trying to get the additional 20% of energies that we get from food and water to survive to add to the 80% we receive from the environment, as we learned from the teachings. He was not sure what percentages the device needs to give).

From the composite of the 3 different AA, how do we create billions and billions of combinations of field strengths, so that every cell in our body will get what it needs from the fields?

K- (First of all, the higher voltages and current does not make that much difference in the state of the Gans produced, because the limitation is in separation. Once an atom separates from a Nano material into a singularity, or what we call a Gans, (it needs to absorb a higher source of energy to keep evolving. For that you would have to create energies that are above its matter state Gans). (I think he means, that just ordinary Gans are not at a high enough level to supply all the higher level energies for the plasmas of the body. Maybe this is where the feeding problems come in with our current level of understanding).

(If you supply a "Gans current," to the Gans, then you would see a different behavior. So, there are a lot of limitations in this way of feeding, because there is still a lot to learn). This is why I spoke about making the "Gans of Gans's." That you can create Gans's out of the energy balance, and not out of matter state balance).

If the scientists of today and the KS would understand this, then we can create a lot of new conditions. (It does not matter how much current you put in, the change would only be very limited, because matter state voltage will not change the structure much of the M field energy balance of the Gans's. You'll effect the boundaries they create, but you won't effect the actual entity. You might see a color change in the Gans from adding the current, until the energies come back into balance of what they normally would be. It's like a virus, they give energy to something else until they deplete, and come to their normal energy level).

(The KS are maybe about 3 to 5 years away from creating a true multiplication of the Gans's and the fields of the body of the Man. None of you have understood how to create a combination of Gans's that provides the full needs of the body. To do this you have to understand the Totality of the truth about the Creation in the dimension of its created systems).

(I always play along with you until you come to understand. The KS who work around me understand this. When I explain something, and if it's not understood, then I let it go for maybe months or years later, then I'll come back to it when you can understand it).

(If you try to feed yourself from the Gans's you've created, you'll still fall short of what is missing from the planet. You have not yet come to understand this. You make Gans's, but you still need to go and eat, because you have not managed to create a spectrum of the total field energies the body needs).

(The body needs the Gans of Uranium, Plutonium, gold, H, and the Gans of every other element. Sometimes the closest you can get to it is the Gans of sea water. But from which sea? All the animals in the ocean are not the same. You get different fishes and animals living in the oceans depending on the combinations of the elements and conditions).

(The oceans do not provide all what the Man needs, otherwise Man would have been living in the oceans. Man lives from a combination of the fields of the matter, liquid and the gas states of this planet. With this understanding you should be able to access some of the knowledge needed to feed the Man). This is why we see different races, colors, and creeds. And why polar bears are at the North Pole and penguins at the South. A fact that cost Al Gore the US presidency).

(We need combinations of the fields of the air of this planet. And combinations of the matter state of this planet, which comes through the soil, the matter states we absorb, and through the animals we eat. For the liquid combinations we are always drinking the different waters. It doesn't matter how many times the water has been siphoned, cleaned, and pasteurized, and recycled).

(This means you have to learn how to bring everything together, if you want to create a system to feed the Man. Years ago when I used to build health systems for people, I would always give them 3 bottles, one for the air, one for the water, and one for eating, (Because the body absorbs matter through food)).

(Without having the complete knowledge the systems you create will bring an energy imbalance to the body. Even if you create the Gans's with a higher energy, does not mean that you get higher level energies from your Gans's. You have to understand the whole spectrum of life on this planet and everywhere else).

(Right now we are going over this whole question, because we are planning to colonize the Moon in the next 2 to 5 years in cooperation with governments. We are not planning to take anything to the Moon, like greenhouses, grain, or cows. But we have to be able to supply all the needs of the STM, that when it manifests physicality (P), that entity can survive the conditions on the Moon. We are not going to wear the "monkey suit," or the space suit of NASA on the Moon. If you want to manifest P you have to have enough energies to survive the conditions of the Moon and be able to move around. That way you can enjoy the Moon's environment. The colonization we are planning does not mean imprisonment of Man in greenhouses under specific pressures and temperatures. When you go from England to Australia, you don't put yourself in a greenhouse. You live in the environment you arrive at, like the others who are there. This should be the same for the Man when he goes to Space. Otherwise, we have not grown and evolved in knowledge and technology).

(This is why we have taught you about the STM and the STP of the Man, because they are just energy packages. How will your "inner gravity," which we call the Soul, interact with the gravity of the Moon? Your Soul interacts with the presence of the field of the Inertia of the Moon, to create a being that can survive on the Moon. If we don't create a being, which is the interaction of the Moon's fields with our Soul, then we have to wear a spacesuit, which is just another prison).

(From now on the teachings will be very extensive, try to understand them. Otherwise, it's like what one of my sons said, papa, "it just goes over me, I don't understand it." (We were in some negotiations very recently, and someone said, Whenever Mr. Keshe talks it's against everything we learned, it's upside down, and it's not written in the books). Then the head of negotiations said, "you know something, we are going to write the books for people understand this, because it makes sense." Then because it's in the books in the universities, you'll accept it because you read it. I looked at him and said, this is the first time I've seen such a wise man. He said, the reason we can't accept it, is because Newton and Einstein, and the others said this or that. But now we'll open the universities and write the books about this knowledge, because it makes sense. Then Man will understand this work and develop it in a correct way).

(This has been a problem with a lot of our KS. Actually, it's not a problem. It's just that we haven't been educated properly. The problem is the lack of education in the right way. (Everything is being taught in the matter of state. So now if we bring the plasma into the university they'll also teach it in the matter state. But it won't work that way. The plasma has to be understood on its own terms). It doesn't mean the matter state is wrong. But it is limited and we haven't learned the plasma dimension. So it looks strange).

(We were testing our systems in the food session last month. We wanted to know if you felt the energy and if you lost weight or whatever. This was for us to test how good our systems were set up. It wasn't about you, and how you felt when you were being "fed." Actually, the whole food trial was for the KF scientists to understand what we were missing in the development of the technology. We needed to find out why you couldn't be fed continuously from the system. We needed to find out what was missing in the structure of the upcoming systems. We are making the system where you pay 1,000 Euro per year, and eat all you like. Most of you were having lots of saliva in your mouth, so the system is correct to produce water. Then we had to find out what else we were missing).

(Then we had to find out what we are missing in the long term, so that we don't cause other problems, like lack of depletion of other things from our system and technology. You were happy to eat with the Creator, and we were happy to learn what we needed to correct our systems. Because of what we found out, now we have added what the system needs for minerals, and metal matter states. It's now going for testing. (If this works it will give you long term reduction in hunger, because we added what was short for the minerals. All of these findings come from the sessions you participated in. Therefore, all of you are part of the development of the technology. But I had to drag you in under the guise of different things, like dinning with different things, drug addiction, and world leaders to see what in the emotional part of the system we need to adjust. In the end we'll understand all the problems. Meeting with the "Soul of the world leaders" was very important for us to see how we can effect the emotions in our system. You felt happy you could bring the change, and see yourself as equal to the world leaders. The surveys at the end are for us to see where the system needs fixing).

(When you feel that you are being heard, then you feel satisfied. But when you feel that you're not being heard, you can start to behave like a radical, and in Space we cannot afford this kind of behavior. So I have to build a system that gives you the fields, where you feel you're being heard. That way we don't get riots in the Moon colonies. Or I don't get a man jumping overboard. You come to the system for what you want, and we allow you to do what you want and to allow things to happen. But at the same time we're gathering the knowledge in how to adjust our system).

(Another way to put it for the feeding session. When you eat sugar you get immediate energy, vegetables are for a short term energy, and meat or grains with protein equaling meat are for long term energy, which means 8 to 24 hours. These all carry different minerals and different elements. We monitored this in "Dining with the Creator." Some of you felt hungry and had to come back for more energy. And others felt no difference. Because some received long term energy and even lost some weight).

(The minerals are in the meat, which means we need to bring the heavier elements into the fields of the system. Then you will receive higher and longer lasting energy of up to 24 to 48 hours. When you take energy that way, the body doesn't need it, it comes through the Soul, or through the energy fields. While you are active, you are burning the fat and you lose weight. By understanding the process we perfect the system).

(The next cycle of teaching will be about building the plasma structures for you to live in when you journey to the Moon for a few days. We can't take bricks and mortars with us to the Moon. I have to build an energy system that creates walls and partitions. It's in the patents of about 18 years ago. The walls of the place you stay on the Moon also has to create the energies needed to feed you, so that you don't have to kill. What would happen if you saw an alien on the Moon. Would you want to feel how it tastes? If you remember I think in the 70s there was a lost plane that crashed in the mountains, and after some time the people started eating each other. Man cannot take this habit into Space).

(Our scientists developing this technology have to get their own data, and you are all helping us. Otherwise, it would take years to do this work. If I announce I want to do an Addiction session I get 100 - 200 of you coming in. Then I get the data and information of what is wrong with the system and what we have to increase. And you're happy to get rid of your addiction to chocolate. So, it's a matter of exchanging. You give us the knowledge, and we give you the satisfaction. To become the "Man of Space," it needs a lot of knowledge).

Q: I understood, that I should make the Gans's and amino acids of the 4 different types, like different meats, milk, rice, vegetables, fruits and others to get the necessary field strengths for our body. To get this I need a spectrum of fields for the body?

K- That's what you need to do. But you have to understand the body's composition, how it is. (In 2014, one of these Indian gurus came to the KF Center. He was considered very holy because many times he managed not to eat for 21 days. I explained to him how he cheated. So if you understand, then you don't need to make Gans's. You can take enough

energy from the space to feed yourself. If you twist your lung in a different way, and move it a little bit to the right, and put some pressure on your right shoulder and pulled your left leg up, then you get the taste of banana. Next move your shoulder to the top of your neck, like a chicken, and lay your legs out. This changes the space of the lung, and gives you the taste of chicken. So next time you want to taste chicken, just stretch your legs out and pull up your neck, and that's it. You will get the energy of a chicken, because you've tasted it).

(You can create that energy with the breathing, and you could last a long time (without eating). But unfortunately, there is no air on the Moon, so you can't get the energy of the chicken. We have to find a solution in the dimension of fields. (But it's not just the food, you forgot about the energy of the emotions. Life is a very big pot of fields, and you'll have to learn to satisfy all of it. Otherwise, if you have a lack of vitamin C you'll get a certain disease, or if you lack calcium, half of your hip will disappear).

(It's good that you started this way trying to make your feeding device. But try to look in a broader spectrum. Try to understand the Totality of the needs of the Man's Soul, not just the physicality of the Man, then you can feed the Man anywhere in the Universe. You're still only looking how to feed the Man's P. Maybe now you understand it for the first time).

Look for the strength of the STM, that it feeds the Man, and not for the vegetables, tomatoes, and potatoes. The STM does not know what a potato is. As I said, in one instance, if you understand, you can reach the "Soul of the Creator." This is what you've got to understand. (If you're still just thinking about feeding the P with all its pitfalls, then you have to deal with contaminated air, sea water, cabbage and tomatoes, and then how to make a Gans of it).

(It's good that KS like you have come this far in your work. But now you have to look over your shoulder, and a little bit further and then you understand the process of Creation. But this time try to understand the process of the creation of the STM, and not the P of the Man. Because this P from Earth cannot live on the Moon, we'll bring back a lot of "body bags," (corpses). The purpose of the teaching is to expand the knowledge and take you to the next step, but slowly in small steps. The KS and scientists are on different levels and slowly they will come to understand what we have to learn and where we have to go).

Q: On Earth there is a subtle world, and we call them elves and fairies, and similar beings. They do not seem to consume matter, but live from light, maybe? Can we learn then from them how they do it, and eventually scientifically?

K- I thought fairies are little girls with the wings on their backs who appear when you go to a birthday party. And the other ones are the boys when they go out with it. The reality is, we can assume anything we like, and we can take any features we like. If you understand the knowledge, it's the same, whether you are a fairy or a man. It's just that we haven't understood the knowledge.

(If you learn to give love, and to receive the love, then you'll be fed for life. But Man hasn't understood this. But this love is not the love of the man, it's the love of the Creator. Because the man's love is always tempting you with something. (It's not a pure love, it's tainted with selfishness). Whereas the Creators love is pure, and if you can tap into it you will be fed. And if you can tap into the gift of the Creator, the way it's given to you, you'll find out what you need to do to become the source of life for others. In a very short time, a lot of you will understand more of this).

(A KS was telling a long story about her experience with traditional medicine in Iran. She went to a lady doctor who asked her, what her date of birth was and some questions. Then the talk moved to her observations of people and that they are not interested in the new knowledge because they prefer to stay in what they already are in. The traditional doctor was very skilled and was able to help her and tell her some things about herself that she couldn't have known. Was it through the date of birth that she got the information? And then there was a question of how we can change these people so they become more open and live a better and easier life. It's like they are caught in a web, and so entangled that it is suffocating them, but they don't realize it. It seems like it's an addiction of that entanglement in them, that they want to have it. What we can do to help them?)

K- (What have you (yourself) understood from it. Then you will see what they can do, that you can't do).

(Mr. Keshe then went on to talk about people who tell you your future or see things about you. He looked at these things a few times. How can people tell you these things just from your time and place of birth, and what that position creates. And many times they get it right. Some people carry the knowledge, because they see and feel it. Mr. Keshe concluded, that it's not really the birth date, but they actually watch how you walk into their office. They see how you position your shoulder, arm, and how you walk. They are good observers. From these observations they determine your condition, and not from the questions they ask you).

But sometimes the knowledge comes from the vision. We all don't see things exactly the same way as the others. Some see and feel different dimensions of the fields. (In some cases it's due to the structure our brain or P, that cause us to have different interactions with the fields. Some people use these gifts for their own advantage, while some may use it to help others).

We have to understand the knowledge, so that when you go to person like this, and they ask you your place and date of birth, or whatever, or they put their hands somewhere, that it doesn't become a mystery. (You have to understand the wisdom of what is happening, and can it be repeated. Or can we encourage these people to share their knowledge so the others can do it also).

(This is one of the reasons KF shares the knowledge this way, so that no one in Space can become a magician. (When you go to somebody and they take your date of birth, but really they are watching you how you walk in and are presenting yourself. Then no one becomes another prophet, or a specialist in something. We are all specialists in something, because we attract a specific field to ourselves, that the others don't. Understand the knowledge of one of these people and observe out of how many times they get it right. And then ask them how they did it. Sometimes it might be a coincidence).

(Mr. Keshe had a close friend who could heal with touch, but when he asked to put his hand on Mr. Keshe's painful ankle, all the pains he had been taking off of people went to Mr. Keshe. How come he has the healing ability and can take the energy from others, but then all those energies he got from the others, came back on me? We have to understand the knowledge and the emotion, and become good at it in the dimension of the fields. Then we can go to people who are specialized in certain strength fields for help).

(In the very near future you will be able to buy an App from KF that will provide food, another for cancer, Alzheimer's, one for banana, or whatever. You'll get a variation of the Apps and you can tap on them for what you want. Maybe a taste of banana, and then everything else. This is what is on the horizon for food and wellness).

(?? We'll be able to give all of you the taste of banana, it might be that your energy fields are slightly different from someone else's. Then their banana might taste sour, and another one sweet banana. But the whole structure is, what is the energy you take from it. Do we need to give it a taste value, that gives you the right emotion? Or we just give you the energy of the banana, without actually giving you the feeling of having a banana. This is where the science and technology of the man is headed). (These people get their knowledge from the fact that we are all unique and made of different compositions (of fields). We can all learn and we can all teach).

(The traditional Iranian medicine and the Indian Ayurvedic medicine have a lot in common. For instance the questions they ask and how they characterize the body types and temperatures and energies of foods. Mr. Keshe said, that's because they were all the same at one time. (A long, long time ago, but today they look different). All the traditional medicines are connected, but how did they know about each other? They were all part of one system, and then they created names to separate them).

(When they categorize something as warm, it means it gives you energy, it gravitates towards your condition. When something gives energy out, then we call it cold in traditional medicine. If you say to a Western person that they are eating something cold, then they reply, "oh no, I'm just heating it up." We don't mean cold as in temperature, but as a quality, that takes energy from you. This is part of the knowledge. In plasma we would say cold is something that allows excess fields to leave the body. And warm would be when something gives us the energy we need from the environment, which they were grown in. You can just change "warm" into gravitational (G) and "cold" into M).

Teaching: We eat "seed" to absorb 80% energy from environment

(When we eat food it's like putting a little seed in our body that it attracts the bigger strength of it from the environment. (The food acts like a magnet to attract the larger strength field of it from the environment). This what we do most of the time. It's the same as what we do in the Gans technology. We put a Gans Patch of a lower energy strength on one side, and a higher strength Patch on the other side, and you absorb energy from it. The stronger energy feeds the weaker side).

(The process of eating food is that, we take the 20% we need as little seeds of energy, they turn into Gans's when they enter the body, and their fields cause to the body to absorb the 80% energy needed from the environment. This is why even physically we feel a lack of energy when we don't eat, because we don't have the seeds to attract the energy).

(Man has not understood that the food we eat, as soon as it enters the body becomes a Gans state of fields. Then any energy outside, which matches it, will come towards the body. (Remember one of the laws of Plasma is that the stronger field always feeds the weaker field to make it equal with itself). This energy transfer is that 80% we always talked about. In a way, we fool the environment to feed us through this process. We can create this condition through our brain).

(We tested this when a lot of you came to the Enhancement Unit. We asked you to eat as much bananas as you wanted. When you came out you said, "I had a banana and I felt the energy of." We didn't psychologically put it into your head. We just put the seed of banana in your emotion. It's the same way you create cancer in your body. Only in this case your body was absorbing the energy of the banana from outside, which you put inside as a seed of it). (Do we already have the "seed" in us as an emotion, but we haven't yet learned how to access it?)

We don't play magic. (We get confirmation from you how correct it is. We have created all the energies in the EU in the basement on tons of concrete, and you take it from our system, and it becomes the banana you want. Understand the technology so that it doesn't become magic. Understand what "warm" and "cold" means, when they use that term in traditional medicine. Cold means the energy you take in is more than what you need, so you give it to the environment. It reverses it, it's a composition transfer energy ... (Mr. Keshe was interrupted by KS, who said it makes sense. And he said, "it doesn't make sense, it's the fact of how it is.")

(This is how it works. The food we eat acts as a seed to attract energies from the environment into our bodies. And because of the layering of the plasmas, as we call the skin, muscles, bones, and everything else, this creates a condition of being weaker and able to absorb. This is what we've seen).

(Life works by the interaction of M fields, and nothing else. This is also why we get addicted when we enjoy certain foods, because there's a balance between what we take,

and what we give, or don't need. Why do we put on weight and get fat? Some people can eat as much as they like and don't gain an ounce. Like many Chinese can eat ten plates of food and they remain as thin as a pencil. But if I eat one plate, then I put on 2 kilos. It's because the emotional field strength within is not in balance. Then you block the energies that are supposed to transfer out of the body, and instead it gets absorbed and you gain weight. It has to find a place to be).

(The KS said in Iran they do a method of bleeding the back, similar to what they do in Traditional Chinese Medicine where they bleed you to stimulate the blood. In some cases the blood looks really black, and then they say it's because of certain illnesses. But it's not true. Mr. Keshe said, they bleed the back because by bleeding you cause the body to produce new blood, and this stimulates the liver. It brings in fresh energy. They have been doing this for centuries. When you replace the blood you feel better. That's the reason it's done).

(Secondly, why some is darker and some lighter, is because it depends on which vein they cut. If they are cutting into the oxygenated veins, then it's brighter because it has been freshly energized. If it's on the return side it's darker because the energy has already been depleted. That's why it's dark. Then they can interpret it anyway they want. But scientifically we understand how it works now. Also the color of the blood is effected by its composition. For example, if you have more zinc in it, it'll be a different color, and more red if you have more Fe in it. So, by the color of it, doesn't means you're sick or something is wrong. People don't understand, so they tell them what they themselves were told to believe).

(This is the same process with the monthly menstruation cycle of women. (The blood is lost and it stimulates new production). The womb gets prepared for the next creation of life. The body moves certain elements as fields. During menstruation woman can go through depression. We call them energy packs, which come through as an emotion to become the life of the new child. Sometimes we say the women get "crazy," or have a lot of pain, or whatever. We have to understand the process. (A lot of things come though the emotion in life)). (Does this mean the mother first experiences the emotion and then it is transferred to the child?)

(For women who give birth, especially the first time they don't have as much pain as they had during the cycle of menstruation. It's because there's always some anxiety about how they will be able to create a child, and will it be a perfect child? Then after they give birth and see the perfection of their child, those anxieties go away. (Now the body doesn't need to make ?? those hormones for the anxiety)).

Hormones are part of the emotion in the dimension of the energy fields of the body of women, and for all of us. (We have never understood this or what it means to go through it. What do they mean when they say a woman goes through menopause, and behaves a certain way. It's because a woman is born to give life, and now she cannot give life anymore, so her position has changed. What she was created for, has been lost. And this creates a lot of anxiety, because she can no longer do the job of continuing life for the

next generation. But then they say it's because of the hormones, because they don't understand the process. The hormones are not the cause, they are the result through the emotions).

(If the doctors understand this, then they can talk to the women and tell them, that they have already served the purpose to the best of their ability, that they are beautiful women, and they created the most beautiful children. The women will understand this, and then there won't be all these problems with menopause. (When we understand this then it can be controlled. Then we understand the psychology of the hormones, then we can control the chemical biological changes)).

(If you translate hormones in the right way, it's exactly like the viruses we have. But the hormones have managed to give itself manifestation of physicality through attaching to proteins. (Hormones are proteins that create emotions). (If the energy pack) is outside the body we call them viruses. But more or less they are about the same thing, but the viruses don't carry that emotion. However, now the viruses are coming near to emotions, as what we see with the new Covid, people are having suicidal thoughts and depression. But when this happens in the life of a woman, we say, she's going through menopause).

(Why do some women go through suicidal conditions during postnatal depression, it's because the emotions cannot fit into the (new expectations) of life. We are not inside the brain of the Man. A lot of postnatal depression can be resolved by the husband, if he gives his partner emotional support through the turmoil of the life changes. But the man is usually so busy getting ready for the new child and working 10 times harder, that then the woman sees herself alone).

(In the time of Muhammad the Arabs used to give birth on the sand, and if it was a girl they dug a hole right there and covered it up. They said, "the child was still born," but really it was a girl and they mainly wanted to have boys. Then Muhammad said, keep me (meaning the girl baby) for 40 days, and you won't let me go. Because after 40 days is the first time you see emotion and smile of the child, and that emotion touches the STM. (The girl's Soul) learns at 40 days old, how to play with the emotion of the man, and she remembers it for the rest of her life. And us men fall for it like a brick).

We have to understand the science of Creation, (and how the emotions manifest in P. Then we'll become much wiser in the process of Creation. If you explain to women the process they are going through, then you won't have much problems. The physical changes are set to come in, but men and society don't understand it. (Then the emotions takeover and manifest as what they call, hormones). It's the same way you create prostate cancer because of the problems with the son. The right Gans's of proteins are produced, which can interact with the emotional brain of the man, from lack of, "I can't produce anymore children.")

We never understood nor connected to it. And some of those who understood it, they became the "wise men." But now you're all wise, because you understand the process of the interaction of the fields. (It's not just about the Gans's, which are made for the

physical body, you have to look at the fields they create and interact with. And how these interactions create "mass and weight." The mass is the Gans, and the weight is the reaction of it when it comes out into its environment and its interaction with the emotions. Then we become wise people of the new generation).

(The KS asked where did the DNA come from. Somebody told her, her emotions come from past lives. That everyone should accept themselves as they are, because it's not in our control, it's in the DNA).

K- (Variety is the beauty of Creation. Otherwise, we all would have been factory made the same way. The beauty of Creation is the diversity, the interaction of the fields, and attraction of the fields with each other. That's the best gift we got from the Creator.

(Mr. Keshe went on to tell about his time in Iran and how the government studied his emotions and tried to give him Chelab kebab everyday to please him. Then he found out and they let him go to special restaurants. He said, he loved working with Iran because they know how to respect scientists, not like in the West where they try to kill you.

It's the emotion which brings us that pleasure, and it's the emotion that brings dependency on repetition and addiction to that pleasure.

Q: Can you elaborate on what happens to fields and rays that go through the center of a vortex and how that links to what one would call intention? And how intention can transmute and direct these fields and rays?

K- Sorry, what vortex are we talking about?

R: In some schools of thoughts they say everything, or all the energies, or the plasmas have a vortex or a squeezing point, or sometimes called a zero point.

K- (A vortex is where the fields exit. Something has to happen there. If it's not matter, then it's an energy. When you create a vortex you're squeezing matter together. It creates a circular motion, which leads to absorption and release of energy and compaction).

(If you fill a bathtub with water and pull the plug out, you'll see how the energy forces materialize. In a closed environment the energy has to be released in one direction and absorbed in another. You have to decide what you want to do with it. We work a lot with the vortex in space technology. We create vortexes, especially in defense technology).

(In the matter state we call it, lasers, that are mono-energetic. But if you create it in a plasma condition, then it's a plasma field. This is one of the ways you can project a high speed plasma and increase its strength. We'll teach this more in the future. But it's compression to reach zero point energy, or to the hydrogen energy, as we call it. And usually the field strength of the matter is very much different than the field strength of the plasma).

(It's a very in-depth knowledge and it's part of what you like to call, a "worm hole.") This energy distribution has to be looked at in two ways. One is matter state compression, and the other is the field state compression. When you interact in the right direction, in the right position, you can play with it in a very beautiful way.

In accelerating plasma to reach a higher order, (vortex technology is one of the best ways to increase the plasma strength. If you do it in matter state, then you see an increase in speed. I've done a lot of work on this compression vortexes of the fields on the plasma in the matter state and it has a huge application).

(In a vortex there is no zero, so it's finding the conversion point at the bottom of every vortex. You have to understand what it converts to. Because if the energy doesn't convert to take another dimension, direction, or strength, then it explodes. It's like if you blow up a balloon and then compress it. But it needs a lot of knowledge and understanding).

(We know a lot about Plasma and matter state vortex technology, because we can create it. Even in matter state vortexes, if you understand the field distribution, and the compression of the M field of the elements, then it's a totally different game ball. And then, if you do the same vortex under different conditions of the plasma fields, it's a different story altogether. KS have not understood the principle of matter and plasma and their interaction and collaboration, in how you release it).

One of the biggest vortexes that happens continuously in our life is on our skin. (That's why our skin has these holes where the hair grows. These are where we absorb the 80% of the energies from the environment. The energies are fed into these hole gaps. And that's why we have hair on the skin, they act as antennas to absorb the energies down the vortexes. Our hair is a Nano material and it has a specific field strength. There is a reason for its roots and the color of it. Why do we change to a white color when we age? If Man learns to release the right strength field by emotion, then he will never change hair color).

(Our skin is not flat, it's hexagonal. It's like those leather footballs that are sewn together, and it has those junction points or seams. Our skin is like those junctions and that's where the hair grows. Even if you don't have hair on your body, it doesn't matter, there (is still something inside ??), which creates that attraction. At the roots of the hairs are these vortexes, the energy difference (causes the) transportation. This is where most of the 80% of the energy you receive from the environment is directed to).

(Creation uses Vortex Technology as a way to feed, but it has an understanding. That's why you have different types of hair, different shapes, strength, and different ages of different hair, and some people have no hair. It doesn't mean anything else, other than the body uses this to fine tune the vortex conversion).

If one day our scientists develop the technology to be able to watch the fields, then you'll see how we are absorbing energy through these hexagonal holes, or whatever shape you have on your skin. Those gaps or holes are where the energy comes in. But it's also similar to how you create a slope on a tent to get rid of the water when it rains).

Man has never understood the process of energy absorption from the environment. (And the vortexes are one of the most fundamental ways to transfer energy through the skin, which is supposed to be impervious to water, so that no water can pass through. These points are perfectly setup to transfer energy directly to the center of the body under the skin. The roots of the hair are like where you put up an antenna to absorb energy. Then it just goes right across the skin into the body).

(If you understand this, then you understand why on some places we don't have hair growing. If you follow how the hair grows, you'll find the behavioral pattern of that person. Because certain absorption of certain fields, creates certain emotions, because this is where the 80% of our energy comes from).

(The vortex doesn't go to zero, it goes to a point of conversion. But how much of it converts and how much it comes back. In a way, you're never totally hairless, it doesn't matter what you do with it. (You still have an antenna in there), to attract the energy. It is like blowing up a fountain).

(The way people's hair change their color according to their emotion hasn't been understood or studied yet. Why do some girls want to be blonde, and others black, and the blacks likes to be blonde, and the blondes like to have a dark hair. The one who have lighter skin go and get a suntan to be brown. And the one who's got brown skin tries to use every kind of bleach to be white. Psychological depletion of the emotion).

(This has a lot to do with what we absorb from our environment. Some people say, we are what we eat. It's because you eat you put that little seed in there, and this is the energy you absorb. What you absorb interacts with your environment so that it can absorb from it. When you see a beautiful woman or a very handsome man, these holes in the skin get a lot of attention. They (use their) beauty to absorb energy. It's not just that they're so beautiful. You have to look at how the Soul is setup, and what it wants to absorb, and what is the destiny and destination of this Soul when its departs. Why does it need so much energy? It doesn't matter what color you are, you're still beautiful as being black, white, brown, yellow, or whatever). And this is the beauty of the Creation on this planet.

Q: You mean the Soul has decided to become beautiful, because it needs to have attention?

K- Yes, yes 100%. (We don't understand about beauty. And we don't understand the psychology behind it, or how the absorption of the fields is setup. When you make a clay pot, it could be for the common market, or it could be for the king. It's the same. The Soul when it's made, knows its point of destination, and what needs to be, and what it needs to absorb to reach that point of destination).

(When you look at a person you may think they are normal. But they are not normal. It could be normal to you, but to the eyes of somebody else she might be the most beautiful

woman. When you see a beautiful woman or man, or even a beautiful cat or dog walking down the street it is taking attention and energy. And that energy is absorbed by them.

(This is why some beautiful and handsome people become very arrogant, because they receive so much. Their emotion cannot even handle what they receive. But they're not fully aware of it. You have to see where that Soul is destined for. He could be a very weak strength Soul, and has a long way to travel across the U. Or is he going to become a shining Soul, and be very near to his point of destination. The Earth is the nursery of Souls for the Universe, and it's how we develop that seed, so that it can create new life and continuation of existence). This is the job of the STM.

Q: But why do people do surgeries to look beautiful?

K- You can change a lot of things, but the Soul doesn't go that way. "Bo tucks" doesn't always come and make you beautiful does it? You have to understand the process of Creation.

Join us on April 28th for the Addiction session. If you can't do it, then maybe you could support others to do it. We have a special reason to bring in specific races, colors, and creeds to be part of the 25 and 200 people to be trained for transmutation. We need you to do your part, so that we can do ours. If you're disabled, or you can't leave your work, but you have the wealth to support someone from Africa, Asia or wherever, then please be part of this process. We need it, and we'll explain why in the coming time. It's a collective work, and with it we have a collective job to do. Don't turn up on the 28th just because you're an addict. Turn up to see what your Soul is addicted to and where is its destiny. Thank you very much for today and I hope we shared more knowledge to enlighten you about what is to come.

End of Quick Index - 481 KSW April 13, 2023

KEY-PHRASES:

SUMMARY:

ENGLISH TRANSCRIPTION

(:10).

K- Yes, good morning and good day to you as usual wherever and whenever you listen to these series of Knowledge Seekers from the Keshe Foundation (KF) Spaceship Institute. We welcome you back ... to a beautiful setting of teaching. The teaching of today is, more or less follows what the Intro comes from.

We call it a "Creator" in the dimension (D) of Physicality (P) we connect the connection of Man in the D of P of the man, we call ?? to ?? We go to Cosmic Rays (CR) and we

connected through the D of what we call, carbon 14 (C14). Connection of the direction of what we call "crystal structure," clear transfer of energy, on the back of hydrogen (H).

As in many teachings we have explained. If we call it the Creator, the Creator has to be part of the structure which He is created out of. (:12). And then it becomes a bigger D, a D the Man has not understood. It's like our Universe (U) is a cell in the kidney of a man. It's a world of itself, operates on its own, has billions of sections and whatever. It has a U and Unicose, but at the end it's a part of .. , an organ, part of the body of the man. And that man from outside is observed by the others, they don't see that cell of the kidney. The collection of the cells makes the man.

And if man in the D of the P, transmutes his D of emotions through C12 in the vacuum of the body of the man, and the U and Unicose transmutes itself through the D of C14, again a source of the essence of the creation of H, common denominator of. What was the Creator, and how does the Creator communicates in His own environment? And what beauty from that D comes, that it becomes the food, .. the energy of the Unicose, that it becomes the energy of the U, and part of that U ?? are with Him. We eat an apple and the energy of that apple reaches every cell which needs the energies of that apple.

The question becomes what are we part of? And what we call the Man who, the organs are part of, without it there is no kidney. Which part of the process of the creation are we in that structure? (:14). It's a living things. Universes move, the axis move, the sun and the earth and the planetary systems move. What are they feeding? What is there ultimate goal of all these essence of interaction of the fields of the U, the Unicose and the U that man has not come to understand.

What we call the Prophets of the past have indicated that there are different levels. Now Man with the knowledge has opened some of the levels, the Soul of the Man (STM), the Soul of the Solar System, the Soul of the Galaxy, the Soul of the U, the Soul of the Creator. What is that Soul of the Creator part of, which it's created out of, interaction of its fields?

The other point which goes back from micro to macro is, how do ourselves within the body of the man, within the kidney, within the heart of the man communicate with each other, that allows them to find their positions, distance, and their composition?

How does our body recognizes the 3 layers of the skin to protect from outside, balance between the two, and protect the inside, that nothing goes outside? How does one skin on the tip of the finger, (:16). and one skin on top of the arm connected to each other, that they know they are responsible for each others work, and they have to contain each other? How does the skin of the man communicate with the other organs, keeping your heart and kidney in the same position? Is C12 , is C14 in different strength part of it. C12 only works in the matter state. In the body of the man there is no C12 and the effect of the field of C14 behaving like C12, in the D of the absorption and the rest creates dynamism in the body of the man.

Then it comes what do we need, what do we have, what do we need to understand about the totality of the Creation? Does the cell of the body .. works on C10? Where the totality of the body of the man works on the D of the C14 in the vacuum condition, and outside matter state is C12. How do our scientists take a blood from the body of the man and then when they test it, they give you that it is magnesium, that it's Ca, and everything else in a matter state outside the vacuum of the body of the man?

Where has the knowledge of the man has missed the information? And where has the body of the man has come to, not to understand, the difference between the D of the vacuum, Inertia, and everything else in respect with time, place, and position. (:18). In the body .. if you take a kidney, kidney has its own Inertia according to the position of the centralized system of itself. Even the lymph of the man has its own Inertia, that it manifests in that vacuum, what happens inside the body .. in totality of the ?? majority, it has nothing to do with what happens on the outside. You walk in the sand, .. in the heat, you walk in the cold, .. rain your ?? knees don't change characteristics. They still operate, because they are operate separate. They operate on their own structure. They have their own Inertia.

And for man of the science to be able to become the physicians of the space, man has to understand this creation of Inertia according to the time place and space. In the body .. , in the galaxy, on earth or anywhere else. Otherwise you will never ever manifest yourself to be observed, to confirm your existence.

The biggest problem for the physicians of today, even ?? coming to cancer is that the doctors, our physicians, and scientists have not understood the creation, the amalgamation, the Inertia, which creates that condition, that the cell of the body of the man they come together, and we call it a cell of cancer. If you change the Inertia, in the condition of the position, there is no cancer.

Where the new technology (T) is getting developed and getting expanded into the world of the science. Very soon man will know how to get rid of cancers, (:20). which is the biggest nightmare. Even the Knowledge Seekers (KS) who have been working on this have not understood. And if we do, we become magicians. Do we need to do magic that people understand the science is different.

In the coming time, the scientists, those who investigate the depth of the knowledge of the Creator and the creation, have to observe, have to understand the interaction of the fields, which changes the Universal fields to manifestation of the position and time in respect to the fields of the creation, and in respect to the Inertia confirmation of existence. Which means what Inertia do we need to confirm the P, does not matter if it is in the D of the plasma.

Then the question sits for man on both ends, what Inertia, what line of communication happens in the cell of the man, in the minute layers of the kidney .. what happens what line of communication and interaction happens to the Creator of the ?? man. How does He communicate with His environment, how does He get the knowledge and

confirmation of existence? Then you understand on both ends of the scale from the created to the creation, it's all the same.

What we pray to, prays to another. What we live through, lives through another. (:22).

Man to be successful to transmute from the point of his own creation, to his Creator, man has to understand the line of communication. And then the position of the strength of the Inertia of the existence. We call it gravity. We call it ?? miniature gravity Inertia. But how does change the position. What does the gravity of the Earth in the D of the plasma of the solar system has led to the creation of the Earth. Can we replicate this gravity and all its facets and assets and ?? failures to create another D. The same.

Or does this position of the creation of the Earth with its Inertia, which has led to the emotion of the man's creation of itself, can lead to the misconduct of the man in the D of the Soul in another part of the U.

Isn't this why we are here to correct it, as we had enough of the misconduct of the Souls which left the D of the creation from this planet, and their own more creations is based on the wrong strength fields of what we call, Inertia of the Creation. Greed of the man to kill. Greed of the man to destroy. Greed of the man because his "boss" did not supply (enough energy). If your husband doesn't bring enough food home what do you do? You go to the neighbor, you go shopping, you go and get something to survive. (:24). So is the behavior of the man on this planet. The planet does not supply enough to confirm, to feed the local Inertia of the need of the body of the man. So man kills, like the wife going shopping. Man and everything from his environment 80% (20%) man goes shopping. Shopping another Soul, shopping another seed, shopping another plant. But this time the shopping is eating, slaughtering, and the rest of it. When you do not have enough, you get it from somewhere even by stealing.

So man has become a thief of other lives. And because he does it, and everybody else does it, has become a norm. We all do it, because don't eat for 24 hours, don't eat for a few days and you die. So we all become thieves, and we justify our theft that we want to survive. Because the Inertia of planetary system, the Inertia of the body of the man system has not managed to create the condition to absorb what it needs from the free fields of the U. We are all murders. In a way, we close our eyes because everybody else does it. We call it "meat eaters," we call it vegetarians, we call it every other name, except, accepting the truth, that we kill to survive. And it's normal, because we can justify it.

What happens if the man changes the D of that 20%, and the wife does not need to go shopping. (:26). Man will not need to kill. Then it comes to another point in the long distance in the education of the man, will come clear. Does the Creator does the same in the D of His own dominion, and His own Inertia, to free the structure of the U and the Unicose, which is within Him?

Then it comes to understand, when the man becomes a traveler of the U in a very short time, do we understand this, that we do not need to create the D of Inertia manifestation of P in the dominions and the places where he cannot create the totality of the need of the man. Then would this create a new D for existence of the man?

We went from C10 to C12 to C14. Does our Creator lives in the D of C16, for His communication and extraction ?? of the fields of His own U. Does the Unicoise work on the 16, and the Creator on 18. Or is it just packs of energy we have put ?? names to. The bigger you are, the more you eat. A fish is like a ?? little ?? and the bear with a full stomach. (:28).

This is how we have to understand. This is how we have to go to the D of the ... Knowledge of the Creation. We are on the verge of becoming the travelers of the space. In the next few years man will ?? travel around in the space the way he could never dream. Once we start the colonization in the next 2 to 5 years with the support of the nations. Where will be the next step? When we build these space cities. Do we test the reality of the life in the space on what man likes to see, to be in the space. Do we become realistic? Would the science of the space become part of the life and living of man?

And then the question for many of you, now that you have learned about the D of the Soul, what you have learned you can travel by the D of P is, how do I teach the Soul of the Physicality (STP) within me to become obedient to the law of the Creation and accept that it can live with different dominion of Inertia, that does not need to lead to manifestation.

Go back and look at something many of you do on a daily basis. You call it electricity, we call it, production of energy. What happens when the knowledge of the man extends to the point, that he understands that he doesn't need a rotating magnet and the Fe for him, for a Cu for him to create electricity or energy. (:30). We don't see rotating magnets in the dimension of matter state, and we see so many lightening and thunder.

When will Man this knowledge. And then when you can do this, what does it absorb, what does it bring? Where mankind missed the knowledge of the Creation? Does our Creator subjected to the Creation by itself? Or, has the Man become subjector and ??.

What is interesting to us is how do we become part of the process of the T of the Creation. And how do we become part of the understanding of the Creation? How do we extend our knowledge to the point that we understand the dominion of manifestation, (:32). confirmation of existence without need to confirm P. You call it, the state of dream. We call it, the state of understanding, we call it, the understanding of the Totality.

But the reality is different, than what we've been taught in the schools and the Universities of the Man. All the knowledge of Man is based on Man's understanding of the matter state, not on the understanding of the fields of the U. And would we, and do we need to extend the knowledge of the Man to the dimension of the Creation of the U. Otherwise Man will not become the Man of the U, because he doesn't know how to

survive. I let you loose from the space station, you suffocate. I let you loose without the "monkey clothes" of the NASA on the Moon, you die. Because you think you need that Oxygen. You gasp for what it is, the matter state of the Earth.

When will you learn that the way you jump off the side of the pool, into the pool, and you swim for a time in it. It's the same as jumping out of the Spacelab, you adjust yourself to take energy from the environment and change to it. We do that at the point of birth. We are in the beautiful swimming water of the womb of the mother, and in one instance we change to air breathers. (:34). When we change, that instead of breathing air, we jump into taking energy from the Universal level. That we have no fear of jumping out, and we can keep the position and the condition of the body of the Man if we want to.

Then, the colonization of the space is a reality of this minute. at this moment, not in twenty years or fifty years. Or as a guy told me one day, we believe in Keshe T when it's on CNN. What happens when there is no more CNN, and the "Fox" doesn't control it? The name of the owner goes with the animal that it represents, the fox, the thief. So, are we thieves of our own P? Or have we "foxed" it out of fear, of not understanding the truth about the Creation.

Try to create conditions that it gives you the line of connection. I can build you all the systems that you want. UBEUs and the rest, Head Units, and the rest, but when will you learn to allow the emotion to subside. The magnetic field of the body of the Man to harmonize, that allows when you choose, the STM to travel the span of the U without the P leaving the Earth. And don't call it, "a dream."

In the sessions of Addiction coming up in next few weeks, on the 28th or so, (:36). of this month, many of you will change this challenge. You have to, you will be ?? chained to it. We are not testing you if you're a drug addict. You are learning not to be addicted to killing. You'll be tested not to be addicted to the air of this planet, that controls you. As we said, our work has hidden agenda, but that we can not bring all out, because many of you will not do, what to learn, but you become another "copycat." You come to learn not to be addicted to alcohol, but in reality we are working on the Soul to learn how to become the passengers of the U. You are happy with your alcoholism, we are happy to make you a Man of U. To open the dimension of the STM.

Then it comes to a simple thing, how come the KF systems can do it, but we can't, and they become a magician, and we are not? Isn't it true, and the fact is that we take the D of Inertia of the P away from the STM, that allows this Man himself to become the representor of his own Creation in D of his ?? creation of his ??. The whole structure of the Creation is like a line and a brick. It depends what that line is and what that brick is. The line of Creation is the H, single structure based energy. And the bricks can be C16, C14, C12, C10, anything you want to call it, (:38). carbonated the way you like it you name it, but in fact has no D, it has a strength field D, that at a given point is structured, manifests itself according to his Inertia.

And then how do we create that Inertia. Go to Book 1, and read the Book 1 thoroughly when it comes to Inertia. When it talks about the M field and G field, and understand now that we understand the Plasma in a different way, what does it mean. You looked at it on the matter state the first time, look at it this time at the point of the Creator. The words are the same, the ?? intelligence (or intention) of the Man which gives it a different meaning. Then you can create anything in any D. Then you become the magician of the U. Because now you can create what you like, what you think you like. What you think others don't know, and if I show it I'll be smarter.

Then Man has to come to understand the Totality. Then Man as to come to understand the D of P, and the D of the fields of the U. And then how to live in both D, or through the interaction of the two, lives in the D of the emotion of the existence. (:40). Man can live happily in the emotion. Does not need to have a connection with the Soul, or the STP, or, what we call, the "Inertia of the Creation." When you put the STM within the structure of the P of the Man, you have the problem of feeding it. When you put the STP of the man, within the STM, what would the problem be? If the Inertia of the location of the position is not controlled, it's not understood, if it's not balanced within itself.

This is the point in many teachings, in a hidden way, I have tried to explain. But maybe today we can just open the door into this. A little gap, a ray of light, that it might open some of your eyes to the reality of the Creation. And fear of departing or letting the STM to bring in the position and D of the STP within it, what you call the point of death. Man can die at any point if he feels it. Because he will become the light, he becomes the plasmas energy. The fear of the Man from end, now it's the joy of the Man in his hand, now that he understands the knowledge of the Creation.

How do you change a field of your body to become the Soul of the Creation, become the Inertia of the matter state of the Man in the condition of the fields of the ?? life , energy fields of the STM. If the STM contains the STP of the Man, what we call, (:42), the Inertia of the Man, Man ?? can even manifest itself within the STM in the D of P. Isn't this what Earth does within the structure of the Soul of the Solar System? Are we any different? Haven't we understood?

Is there a planetary system within the structure of the motion of the Sun? What we see outside is the reflection and the twin set of the system inside. This is not far from the truth. Read the Book of 3, where we talk about cluster of the stars and the galaxies rotating in different ways than the rest in that region. Our U, internally lives and interacts with what is outside it. How does our U shine in its own Unicose? Are we too far from the edge to see the light of the Unicose, which interacts with our Solar System of the Creation of the U?

We come to understand more, we come to see more, we come to comprehend more of the knowledge. But, we have to understand the truth about the interaction of the fields. How do we change a field into Inertia? How do we .. change a field to what we call, Inertia of a cell, Inertia of a planet, Inertia of the Solar System, and Inertia of the U, that we can manifest ourselves anywhere, in any position, place and time?

Would the time come, as we wish to travel into the span of the U, and move to the Moon and Mars, in part and in connection with our Souls. (:44). We travel within us, we go to the cell of the cancer and find how we can change the Inertia. How we ourselves through the interaction of our own Souls, and STP can heal ourselves within us? Then becomes a magic? Or is the lack of the knowledge has created a false magician?

In the coming time, in the process of the systems, which are getting developed, we teach you how to do it. I've done this with KS who are close to us. We ask them to go in and feel the liver, feel the kidney, feel the heart. They tell you the liver is weak. It's shriveled, it's this, it's that. Some of you KS here, you are those who've done this with me. Then, how many times, and the way I have told you, try to give energy from the Soul to the organ. Try to give it the Inertia at the condition of the fields of the Creation.

As we go into the excursions of the U, we have to be able to go to the excursion of within ourselves. Those KS who've been around with me in these matters, they know, they touched their livers. They say, how is your kidney, it's not feeling good. (:46). So, give it the energy. Try to give what you can. Try to learn how to give to yourself from inside.

What we teach is not just theory, it's practice and many of you in different ways, and many of you understand it. But now has to become a global knowledge. It had to become an understanding of the knowledge, not only for Man, but for the citizens of the U. The purpose of the teaching of today is to teach you, for you to understand both D, within and without. What is outside can be achieved inside. If the Man travels in the D of another planet and U, Man can travel within himself too. Do you choose C14 to go, or you choose C10 to go within. These are all energy packs, we give it names out of our own ridiculous stupidity of not understanding the truth.

Do you give a glass of water to a new born child when it's thirsty? Or do you give a drop of water to a grown up man to satisfy his thirst? Both does not work, because Man has not understood, there are "horses for courses." You have to understand what is needed, but in the strength of the fields of the U, not in the size of the cup and a drop. (:48).

Humanity is entering the process of excursion into the U. Would you like to go with the "donkey" of the UFO? Or would you like to go with the "jumbo jet" of the STM? Both are an option on the table. But it seems, that Man prefers the donkey. Because Man can sit on it, the way he sits on the knowledge of the Creation and denies the rest. The way the Man kills and deny the truth, that he does not need to kill. Because he can tap into the U energy and satisfy that 20%, when this planet did no do. If the planet Earth would have released, would have absorbed the D of the fields of the energies, which we supply through the Gans's, which is part of its own creation, would any man ever kill to eat?

The new language is much nicer and much funnier. I'm a vegan, I don't cook it, I eat it raw. It's like when you go to a steak house, the American order, "American", which is just the "minced meat," not cooked. What's the difference between a vegan and the Man who eats "American?" I do not know. Except the lack of understanding the truth. They

are both taking in the life of another entity. But this time we don't cook it, we are going back to the time when the man had no knowledge of fire. Back in the evolution of the science. (:50). Then the question for many of you is, how many "funny labels" will turn up very soon on the door of our restaurants - "raw plasma," "vegan plasma." Then would that vegan plasma, become another entity and life in another D, and direction of the Creation. Hypocrisy in knowledge has lead to stupidity of man in life.

Understanding the process of the connection between all D is the reality of what we call, existence in the U. Try to understand not only the connection, but manifestation ?? as ?? to, as that connection can give you a manifestation that you ?? will not ?? like. You try to go to Planet Zeus, and on the way you made a mistake, you landed on a kidney of a cat. "Ops, where did I go wrong in it? How long do I have to stay here till the cat dies?" You get yourself in a very bad moment, if you do not understand what the ?? is with the knowledge of the Creation.

Understand the process of interaction. Understand the process of the Creation. Understand the interaction of the fields. (:52). Then you understand the gravity. Then you understand propulsion. Then you understand how positioning in the dimension of the fields create a new ?? D.

In a way gravity in the space travel have the same meaning, if you understand in our space nuclear reactors, how we expand this knowledge. How do we bring the knowledge of the nuclear into the knowledge of understanding the Creation. When we speak about the nuclear, we have to speak about the energies. We don't look at what is there, how many protons, how many neutrons. We call it, this is a nuclear material gives alpha radiation, beta radiation. We are not concerned if you have 200 electrons, or 2 electrons.

Now you have to understand that process of the interaction, which leads continuously, it does not matter in which D and strength, to Creation and the release of alpha radiation. You get it from helium (He), as much as you can get from Plutonium. Then you come to understand energy transformation, interaction of the fields of the U, interaction and creation of multi-layers of gravity, that each one gives you what you need.

The gravity of the Solar System in the D of its Inertia, leads to creation of the gravitational field of the Earth. In fact our gravity is there, because it has been allowed to exist within the Inertia of a given space, time and position. It's gravity to us, (:54). but it is Inertia to the Solar System. It's Soul to us, but it's Soul of the Physicality (STP) in the D of the fields of the Creation. Then Man needs to know, in a way, where and how to create, or live within both. How can you create both in the same D, and create the dimension of ?? living.

We call it, green house. We bring the glass and we create the condition of the desert. Creates the condition of the forest in the middle of the North Pole. And we bring the animals of it there to show, that we are very good ??. We see the animals exist, the plants exist, because we managed to replicate it. Why can't we replicate the condition of any corner of the U within our Soul, that within it we don't need to travel the span of the U.

The strange thing is, we know how to do it. We call it, a feeling. We call it, a emotion of, "oh, my dear, I know how you feel, I've been there." I feel your pain, and literally, actually feel the pain of your child, because you know through the interaction of the fields you are connected to it. Do you need to travel the span of the U to get the emotion of the Man in a given time and position? To feel the emotion of the U in that point and its Inertia? (:56). Or, have we ignored another D in the path of the existence?

How far, how deep, we have ignored the knowledge which we have just to live in the D of the P? And how much hypocrisy sits within our own confirmation of our own existence? Today's teaching is to open your eye, as usual, to another D and creation, to another structure, to another understanding of the Totality. Then mankind become wise to understanding the process of the Creation.

Do I need to have C16 energy to reach the STP of the Creator? Let alone the C18 to get to the Soul of the Creator. Or do I choose the path of H to get in, and when I get in I boast it up to get the energies, which is within me to get to that point. This is what I've said many times, if you understand the process of the Creation of life, in one second you can reach the Soul of the Creator. It's just knowing which line of travel to take, to reach. Not, all goes, and got it wrong. (:58). So, end up in the ocean. It depends which way you took the road.

Try to understand the process of the Creation. Try to understand the process of interaction of the fields. Go back in the teachings, how many times I have told you, don't look at the MaGravs. Look at the field of the MaGravs. And if you understand that, then you have opened a new D in the process of Creation. But all you're happy is, plug it in. You have a knowledge through the MaGravs to the source of the Creation, to the energies of the U. But you are happy with the crumbs, to pay 10% less in electricity man, who himself took the energy from the U. But in the matter state of the field strength of the man. As long as you stay ignorant, there are people who abuse you, as electricity man, as a water supplier, as a Priest and Mullahs and the rest. It is you who allows the abuse.

We can tap into the energy of the fields and as many of you joined us in "Dining with the Creator," and you have enough water in your mouth and saliva. What was the difference 10 minutes before you get in, you are in the same environment. They're in the same room, the same chair waiting for the session to start. And why suddenly at that moment when we start, you are on they're in the ?? beginning of the ?? line interact. "I can taste water, I have so much saliva." (1:00). 77% of you. Or now you have understood, it's you who have drawn a line of ignorance to the knowledge of the Creation.

We have a reason to put these teachings every month, because it takes a month for you to understand, to analyze, and if you felt it, what does this mean? In the coming few days, when we do the addiction. You all come, I'm not an alcoholic, I don't need it. Yes, you're addicted to killing. Yes, you're addicted as a vegan to eat raw. I don't care, I just eat it. I don't cook it to give energy from somewhere. And it's fashionable to be vegan, and it's fashionable to eat "American." I just add some more minced meat, some more herbs to

make it tastier with some more other lives, which I have taken to add to it. Is there any difference between the rosemary you put in, and God knows what in the meat, and another life. Now we make it tastier. Those of you who are vegetarian, spend half an hour with me. You will change your time and eating habit in no time. Those of you who are vegan, are worse. And those of you who are meat eaters, you do not know which way to run. It just opens your eyes. (1:02).

If I can do this, contact at, contact find a way to tap in the energy, which they give, which they don't need, without killing them. The problem with us is that when we look at a dry beans, when we look at dry rice, to them, to as it's a matter state. But it's alive, it still got the seed of life, you just need to plant it and you'll see it grow. But we choose to ignore it.

As I always said, if you give a man a chance, he'll water a sheep for it to grow. Because then he has more of. The only thing is that the man cannot ground a sheep, to the ground, and let it raise itself, on its own place. But we do it with grains, and with god knows what, because that looks solid to us, they have no Soul.

As I said to one of my children when he was young. And if you understand the strength of this statement. We take two seeds, you eat one and you plant one. One grows, what grows out of that plant. Then you care for it. It has value, it has life. Don't cut this branch off papa, don't break that part of it. How come you ate the brother? Now you have emotion for the other. (1:04).

It is the ignorance of understanding the process of the Creation of ?? Life, which has brought man to this point, to walk to excursions, and to stupidity of killing. Man only puts men in prison when he kills another man. Man does not put men in prison when he kills another animal, a plant, a seed, or whatever. Because we have made exceptions, because we all do it.

Now that we have the knowledge, should there be any exception? Should in the coming time man will frown on those who eat any ?? flesh. We are plasma eaters. But would we learn to steal from the plasma of the others? Or would we learn, that we are there, that what is available, no one needs, we are there to be served.

Some animals eat once a year, by killing one animal and that's enough for it. Some man kill everyday in thousands and they call it, bowl of cereals. We are lower than ?? those. Understand to what field strength of the Universe you need to connect yourself to be able to feed yourself in that dimension, in the ??. That you do not carry the habit of killing into space. And I hope that the teaching today is that. (1:06).

As I always say, if I give you enough knowledge that you manage to face the Soul of your Creator as an energy pack, would you eat it, and to see how it is? Try to understand, try to extend the knowledge of your Soul by yourself. When you can't do, I give you a lot of technologies, a lot of sessions in the system for your Soul to expand. In a way, I open, ?? I give back your ?? fields, that you expand more.

Have you ever blown a balloon in an environment, and then vacuum it from outside, and then see how it grows to fill up the space of the vacuum you created? It's all we do with your Souls in these systems. We create a balanced energy fields, that your Soul can expand and come to understand the D of physicality in the D of Creation in interaction with the others. But we have to cover it up in every name and possibilities, that you can fool yourself.

Try to understand the process of interactions, try to understand what means to have Inertia. What is Inertia to me and the gravity to you, and what is the Inertia in the cell of a cancer, and a gravity in the body of the Man. Then the physicians of today will have no problem curing every cancer within seconds. But at the moment, we still have to play the game. (1:08).

What is the Inertia of the emotion that leads the Man to create himself to the point of death with ALS? What fields does it extract that is connected to the emotion and the direction of the strength of the field of the STM and the P, and the Inertia of the Totality of the fields of the physicality of the Man.

Would it come the time, in the coming time, where Man will master the field strength of the emotion? Man will master the strength of the field of the, what we call, the life in any dominium and D. And if you understand this, we go back to what I've said many times, with one drop of water I create a fish in a tank.

With one strength field of the emotion in the ?? devotion of understanding, I manifest Christ in front of you, as many of you has been feeling, touching, being aware of his presence, when you go in our system. That's all we do. And you can do it anytime, anyplace in the U.

We go for a break, and we come back. But listen to this teaching many, many times of today. And it opens, unravels many secrets, that the first time you don't understand. Then you understand where man has made a fool of himself as a vegan, vegetarian, and meat eater, (1:10). when in fact you could have enjoyed the existence of those he has eaten, by just being present with what they do not need. When an ?? object manifests itself, it means I'm giving for you to see. Why do you need to eat me, when I already given the field of my existence.

Then you understand, does Man need to kill in the space to confirm his existence?

We go for a break and we come back. If any of you have become wise to the knowledge, we answer you the questions of the Creation. Thank you very much Rick, if you like to take us to old fashion breaks, or new fashion, you can allow us the list of the products which is available for many of you, and you don't claim, because others disclaimed it by paying for it, as a donation for you to enjoy the beauty of Creation. ...

BREAK >>> 481 KSW April 13, 2023 (1:27).

K- Yes, we are back here. We are here ready to answer any questions you might have. Can you hear me?

... (1:28).

Q; ... We kindly ask you to advise us more about human's stress in plasma technology? We appreciate your guidance.

K- What do we mean by stress? That's something we have to understand. What is .. a stress? What is the point what we call, human stress, .. or emotional stress or body? Which part of the stress you want to talk about? We have to understand how we create emotional stress, and what strength is it at. And how it affects the rest of the physicality.

How come with Gans's, with application of the Plasma Technology, many of the stresses of physical or emotional are resolved? (1:30). Many of you, you call a stress as a pain, physical pain, you use the Gans and it goes. Why does it do that? Why do we see these kinds of things? Why do these changes?

Psychological stress has a strength field. Depression has a strength field. Pain in your muscle tissue has strength field. We have to research in depth to find, to measure and to replace. Nowadays, our doctors look at, oh, you're short of vitamin B, you're short of vitamin that, and you're short of this mineral, you have this disease, that disease, this condition, that condition. Our scientists never looked at the dimension of the Creation in the body of the Man as a plasma, what fields it is short of, that we can promote.

In the future, when you go to a doctor and you say, I have a depression, the doctors can measure the strength field of the energy which creates, which is needed to satisfy that lack of energy. The future science of the Man, understanding the structure of the Man is not matter state, but is a magnetic field plasma state, will change all these things. In the upcoming universities and educational centers, as they understand more and more about the process of Creation, Man will find another way to handle this, Man will find easier way to handle most of the, (1:32). what we call, diseases of today. We have lost our way. And we have added so much that the way is lost on the way.

I was talking to somebody some time ago. They say, Chinese herbal medicine used to work and be effective. And today it's not as effective as it used to be. It's the same plant. What we did, we added chemicals and fertilizers, we added pollution to it. So it's the same thing, but it has more additives to it, that those additives take the energy from where it used to be. So, if we can produce the same herb, the same whatever it is, without the new additives, Chinese medicine, herbal medicine will have the same effects of a hundred years ago, 200 years ago. It is us who does not understand what they've done to us, to ourselves. It is us who haven't understood the process of Creation.

When we are born, and let's say we are in a perfect condition, emotionally, and whatever, doctors will take a reading of all our emotions. And in 10 years time when you go to a doctor, he says, oh, this is the record of your depression, there was no depression and now it is. So we add up this energy to you to bring you to the balance what it used to be.

The whole process of the understanding of the Creation of the body of the Man will change in the coming years. (1:34). When you bring someone to the doctors of the Keshe Foundation today, who have been trained in the old medicine of the present universities. The doctors of the medicine today they ask you, you get all these God knows what this, this, this all, this is elevated, you have this. And doctors which is trained by the Keshe Foundation will ask you this, can you give me the composition of matters in your body?

I don't want to see how the accident has happened. I want to see the cause of the accident. Because the understanding of the knowledge, is that you need to have these energy sources to create those effects. Today, when you go and see a cancer data from the doctors, oh, you get everything, the size of the red cells, the size of the white cells, the volume, the count and everything else. Excuse me, can you have a boiling water if you don't have a kettle, to boil it? And then, can you have a kettle if you don't have the steel to make that kettle? Can you have the steel, but if you don't have the electricity to heat it up, to heat the water, to have the boiling water to see what it does? (1:36). What the doctors tell you, they say, it's a boiling water.

So we look how to get the energy from the boiling water. But what about that iron and that kettle which boiled it? Why can't you adjust the temperature there, that you don't get the boiling water, you get the right water, you don't burn. This is the different step in the knowledge, different understanding of the Creation. Today in the world of medicine they work with the boiling water and then it's burned. Now we do the skin, we do high blood pressure and the rest of it. Go and find, what do you would.

You used copper instead of iron. You used zinc instead of copper. So you have created a different dilemma at the beginning or is too much of copper in alloy, which creates a different ?? standard temperature, whatever you call it. So, in the present science, we are always fighting how to find the solution. But we never look at the cause of the problem.

In all traditional medicine, they used to look at some of the causes due to the effect they see. I come from generation of the medicine men. Generation and generation of. So when

I look at new science, and when I look at what my ancestors used to do, and I see what the hypocrisy, what has grown up to be the new world of medicine. Because it just makes money, but it doesn't do much.

In 2008 when I went to Iran, I met my aunt, the sister of my father. (1:38). And she was in her late 80s, and she was telling me about my grandmother, my grandfather, what she heard about the grandfather, but what she saw with my grandmother. The family were men of medicine for centuries, for decades, for generations. As a young girl, she observed the mother, and she said, you know, when mom went to that room, I know there is a cure, the guy can be helped. If mom went in the other room, I said, he is going to die, because mom knew cannot do anything, he was just there to help.

So they had a knowledge and they didn't have with the new ?? paracetamols. They only had the herbs, they only had what earth provided, and they understood the interaction. That a young girl of eight, nine years old, could observe what the mother does and what decision is made about the one who has come to ask for help.

So our today's technology has gone haywire with more tablets, more false reports, more everything else to satisfy the pocket of some people who just pay for it to be fooled. We have to look at the cause. Not at the, what we call, the accident at the end. When you don't have a brake, you don't have .. ?? damaged car. It doesn't matter how many times you repair the car, you haven't fixed the brake.

And it's the same in emotion, it's the same with the stress. You have to find out what field strength causes that stress, and what has come in the dimension of emotion to become a stress. (1:40). It's not any more iron or zinc, it's what emotion, others emotion interaction with the STP has created that has depressed you. And what is needed to create, to give, to bring it to balance?

We are talking about the field. If I tell you, I love you, you get the feeling of everything. And if I tell you, I hate you, it's the same man, the same woman, that same voice, you feel ?? the others. So, we have to come to understand emotion has a field strength, and the word of the Man carries that emotion, that field strength. We have not even analyzed, men of science have not even come to understand this. What emotion, what energy comes from my STP through the words, that in interacting with you gives you the feeling of stress, or depression, or love. We have not understood anything about the world of the Creation, and we call ourselves the king of the animals. We are king, but animals. King, as I always said, stupidity of not understanding, but claiming to be.

Can we go back and measure what I say, what field it creates, that leads to joy and happiness. So, we know this is the field strength of the ?? voice, which created ?? that. Have you ever tested this? No, because we never understood. (1:42). But not only in recording, finding out what has happens. What caused in the body of the Man to speak that word of ?? happiness. What interaction has been inside? It's again that kettle and the boiling water. This is what we need to understand. Otherwise, oh, I took some zinc water.

It's very strange, 99% of the Knowledge Seekers have Zinc, CO₂, Cu and CH₃ (Gans's), and they want to solve everything with it. In the Periodic Table there is quite a few more than these things, a hundred more. What about them? Would Uranium field strength create happiness and energy, as the Gans of the lead creates depression and anxiety? Then we have to understand, we need new tools of knowledge, new understanding of the knowledge of Creation. But the way it's created, not the way we would like to think it is, because it fits our meager understanding that it fit for us to understand.

Any other questions?

R: Yes, Mr. Keshe, we have a hand up here from Peter. And he also had a question in the Q&A. (1:44). And it has to do... He has been in the Keshe Plasma Reactor Group in the last couple of weeks as well and showing his creations of amino acids (AA) and techniques for creating Gans's. And he uses higher voltages than we normally do, and this created a lot of quantity of Gans's. I'd like to have him talk directly rather than read his question, because I'm sure he can explain things better. So go ahead, Peter.

Q: .. I'm trying to create a MaGrav feeding device, or a Plasmatic feeding device. And the current state it's in a shape of a cup. I have used in it three different amino acids, because from what I understand, we can get from them and magnetical gravitational fields, at similar strength that we are getting from different foods we consume. I can also add the Gans's of the content of seawater, and that composite Gans of iron and deuterium on it. And I know from your teachings, and that we absorb 80% of energies from environment. And what we are trying to do with this 20% of energies, which we need to gather from the food and water. So, this device that I'm trying to create. So, I'm trying to create with this device, (1:46). the field strength of this missing 20% of energies that we need to gather from the outside, from the food and water. And I'm not sure how much of percentage of them, total gravitational and magnetical fields these devices produces. And if there's a need I can show pictures of this device, how I set it up all together. And my question, the question will be, how to create from those three different amino acids, if I put it on the device, and from this composite Gans's how to create billions and billions of combinations of fields strength, that every cell in our body will get what it needs from the fields.

K- I understand. First of all, the production of Gans's, as Rick explained, as I understand it, with different voltages and high current does not make that much difference in the state of the Gans produced. Because the limitation is in separation.

Once an atom separates as a Nano material into a singularity, or what we call a Gans, unless you can absorb more energy, and you can create the energies above its matter state Gans. Then it evolves. But again, to the matter level. (1:48) If you introduce a "Gans current," to the Gans, you will see they behave different. So, there are a lot of limitations. A lot of understanding. This is why, long time ago, I spoke about "Gans of Gans's." Creating Gans's out of the energy balance, not out of matter state balance.

If the scientists of today, or Knowledge Seekers of today would understand this, then we can create a lot of new condition ???. Does not matter how much current you produce, the only thing you will change is very limited, because the rest of the energy you put in as a matter current, or voltage will not change much in the structure of the Gans, energy magnetic field balance. You affect the boundaries they create, but you won't affect the actual entity. Till those come into balance, you might see a Gans changed color from one thing to another. Because it's like a virus, they give energy somewhere else, till they deplete ??? to stand to the energy level where they are.

Then to create a true multiplication of the Gans's and the fields of the body of the Man, the Knowledge Seekers you're about maybe three five years away. None of you have understood this, that to create a combination of the Gans's that the full body of the Man needs, (1:50). you have not come to understand the Totality of the truth about the Creation in the dimension of his created system.

And, as always said, I play along with you until you understand. The Knowledge Seekers who work around me, they understand this. I teach, I explain something, and if it's not understood at a point I let it go. Months later, years later, I come back to it. I say, do you remember this, we did this, now you understand the knowledge of it.

As KS, if you carry on with what you're doing with the Gans's you've created, and you're trying to feed yourself, you'll still be short falling what this planet has done. And a few Knowledge Seekers, what I see, what I hear in the scientific world, and Knowledge Seekers, who are the layman, like many of you, you have not come to understand this. You make Gans's, but you still need to go and eat, because you have not managed to create a spectrum of the field energies of the body of the Man.

In the body of the Man you need Gans of Uranium, you need the Gans of Plutonium, you need the Gans of gold, you need the Gans of H, you need Gans of every other element. And sometime the closest you can get to, not even near to, is the Gans of the sea water. But again, which water, from which sea? All the animals in the ocean are not the same, depending on the combination of the elements and condition, (1:52). you get different fishes and animals in the ocean.

But one thing you have to realize is that, do you see Man in the sea today? So, the sea does not provide all Man needs, otherwise Man would have been living in the ocean. Man lives out of the combination of the fields of the matter, liquid and the gas of this planet. When you manage to understand this, then you understand you access to some of the knowledge that it needs to feed the Man.

This is why we are different colors, and races and creeds. You don't find as our, what I call, knowledgeable politician said, the polar bears are eating all the other ones, penguins, and that's the problem of global warming. But he didn't understand was that the polar bears are in the North Pole and have a long way to swim in all the ice that melts that it can get to the South Pole to eat the penguins. That's why we don't have Mr. Al Gore as President of United States. He never came to understand the polar bears are in the North,

and the penguins are in the South. And he was the head of "CO2 and global warming" of us, as human race.

So understand, you need a combination of the fields of the air of this planet. (1:54). The combination of the matter state of this planet, which comes in through the soil, through the matter states we absorb, through the animals we eat. And then we need to understand what liquids of this planet creates and gives us, because we drink it all the time. Doesn't matter how many times it's siphoned, cleaned, and pasteurized, and everything else.

So for you to understand how to create a system to feed the Man is you have to bring everything together. If you have been somebody who worked with me years ago, when I used to build systems, you always got three bottles from me. One was for the air, one was for the water, and one was for eating, which is the body of the Man absorbing.

So, when you try to get to this point, when you try to get to the point of creating Gans's that you can feed, you can create misbalances in the body. And if you create it with a high energy doesn't mean that you get a higher level energies from your Gans's. You have to understand the whole proposition of life on this planet and everywhere else.

We have a question mark now, we are planning to colonize Moon in the next two years, next five years, with cooperation of governments. We are planning not to take anything to the Moon, no greenhouses, no cows, (1:56). no grain. But we have to be able to supply all the needs of the STM, that in manifestation in the D of physicality, that entity can survive the conditions on the Moon. Does not mean to wear a "monkey suit," a space suit. It means to manifest, have enough energies, conditions that you can move, you can survive, you can enjoy the condition. Colonization does not mean imprisonment of Man in greenhouses on the pressure and temperatures. When you go from England to Australia, you don't put yourself in a greenhouse, because you live in the condition of the environment. And this should be the same for the Man in the space. Otherwise, we have not changed in knowledge and technology.

This is why we teach, we promote, we try to get you to understand about the energy package of the Man. We call it the STM and the STP of the Man. How does your "inner gravity," which we call the Soul, interacts with the gravity of the Moon, that in interaction with the presence of the field of the Inertia creates being, that can survive on the Moon. (1:58). Otherwise, we just changed a prison to another.

Try to understand. The teaching from now on will be very extensive, if you understand it. If you do not understand it, as one of my sons said, papa, you just got over me, I don't understand it. I was with a group of people very recently, one said, this is whatever he talks it's nothing in the books, it's against everything, it's upside down.

And the head of negotiations said, you know something, we are going to write the books, that people understand this, because this makes sense. Then because it's in the books in the university, you accepted because you read it. I looked and I said, this is the first time I've seen a wise man. He said, we can't accept it, because Newton and Einstein, blah,

blah, blah. He said, now we open the universities and we write the books about this knowledge, because it makes sense. Then Man understands the work and develop the correct way.

This is what the problem with a lot of our Knowledge Seekers. It is not a problem, we haven't been educated. The problem is the lack of education in the right way. We teach you all in the matter of state. And now we bring you to university and we want to teach you about the plasma. It doesn't work. But it doesn't work, it doesn't mean it's wrong. We haven't learned the two dimensions. Things look strange, we want to achieve things, and then it doesn't work. (2:00).

Example of this was, we tested. This was one of the reasons I tested the food session last month. And we brought you back to see how many of you, how you felt, what you had. Did you feel energy, did you lose weight, whatever? This was for us to test how good our system are set up. It wasn't about you, how you feel to eat. Actually, the whole of the trial of the food was for the Keshe Foundation scientists to understand what we were missing in the development of the technology.

How come you could not be fed and not to eat continuously. And what was missing in our structure of development. In the upcoming systems, when we put, you've seen we put a system that you pay 1,000 Euro per year, you get all the food, what was missing. 70 odd percent or 30 odd percent had the saliva, so the system is correct to produce water. We are missing the others.

And then what are we missing long term, that we don't cause other problems, lack of depletion of other things in our system and technology. You are happy to eat with the Creator. But we were happy to learn what we need to correct in our systems. And for that reason, we have added into the system, now testing going, for minerals, metal matter state. That if we can give you completion of the short what we call, minerals, that gives you a long term reduction in hunger. (2:02). And this is what came out in research, in the new Dining with the Creator, the Creator of the system found out what needs to be completed more.

You're all part of this development of technology. But I have to drag you in with different things, Dinning with the things, drug addiction, world leaders to see what is the emotional part of the system we need to adjust. What we need in you not wanting to eat all the time, the same thing to deplete my system. All from the strawberries next time. It's addiction to strawberries. How can I set it up? I drag you in if you are alcoholic, or whatever for us to see how our system is, that when it comes to the final system, we understand all the problems.

Meeting with the Soul of the world leaders was very important to see how we can affect the emotion in our system. That you feel happy, you are heard, you can bring the change, you see yourself equal as a world leader. And what would we change? When we do that survey at the end, is not for you to see what, it's for us to see where the system needs fixing.

When you feel you're heard, you're satisfied. When you feel you're not heard, you behave somewhere to become a radical. And this is what we cannot afford. So I have to satisfy that system. Build a system that feels you're heard. When you're on the Moon in a colony, I don't get riots. I don't get, man on board, man is over the board. You come in for what you think. (2:04). But at the same time we'll let you do, we allow things to happen. But we're gathering knowledge in how to adjust our system.

Since the creation of what we told you about, meeting with the Creator, you were very happy to come and whatever. For us was to monitor what the system is missing. If you don't understand it, I'll put it to you this way. You eat sugar for immediate energy, you eat vegetables for a short, you eat meat for a long term energy, or grains who have protein equal to meat for long term - eight hours, 12 hours, 24 hours. But these carry different minerals, they carry different elements. In the table of the Dining with the Creator we monitored. Why some of you had to come back? Why do you feel hungry? So, why some of you had no difference? Long term those of you who felt better, you took more energy, in your physicality, loss some weight.

Because the minerals are that meat. Which means, we need to bring in names of the heavier elements into the fields of the system. Then you will last energy at the higher level, 24 hours, 48 hours. And when you take energy that way, the body doesn't need it, it comes through the Soul, it comes through the dimension of what we call, energy fields. (2:06). So whatever you do around, walk around and work, is burning what is not needed as fat and you lose weight. So, you have to understand the process. And, in a way to perfect the system.

The next structure for us, the next cycle of teaching for many of you is to construct. You go to the Moon, you want to stay there for two or three days, you want to feel the dimension of it. I can't take your bricks, sorry, and I can't take you concrete to build buildings. You want to have a tent that you open up you enjoy this side of the Moon and tomorrow the other. I have to build energy system which creates walls, partitions.

These are what is to come. It is not something new. Read the patent, it was put up 17 - 18 years ago for you, now you come to it. Those walls you stay in has to create energies that they feeds you, it is what you need without you killing. What happens if you see an alien on the Moon, oh, the first thing, I haven't eat, I better see how it tastes, I better eat it. Didn't Man do that in the craft, in the airplane a few years ago. Fell in the snow in the mountains and they started eating each other. Didn't happen in South America, when they got stuck on a mine, and got stacking, who's going to be eaten first? Is Man going to take this habit into the space.

Or as a scientist developing this technology, we have to look after all of it. And by test or whatever. (2:08). If I want to do a survey to understand this, go and find somebody who will bring thousands of people. It takes years. I announce I want to do addiction 100 - 200 of you come in. I get the data, I get the information what is wrong, what we have to increase. But we have to, and you're happy you got rid of your addiction to chocolate. So,

it's a matter of exchanging. You give us the knowledge, we give you the satisfaction. To become the Man of the space needs a lot of knowledge. The true Man of space, you are quite welcome. Mr. Musk puts a rocket on the backside of the thing and you are happy with it, you're going .. .

Any other questions?

Q: .. What I understood, I should look to make Gans's and amino acids of the different 4 types, like different meats, rice and milk, vegetables, fruits and others. To get this necessary field strength for our body. And to get this I need a spectrum of fields for the body.

K- That's what you need to do. But you have to understand how the body composition is. Go back to 2014, when we had one of these Indian gurus came to the Keshe Foundation Center. And he was very holy because, at the moment, five or seven times he managed not to eat till 21 days. And I explained to him how he cheated. You don't need to make Gans's. If you understand it, you can take enough from the space to feed yourself. Just twist your lung in a different way, and see if you moved a little bit to the right, and put a pressure on your right shoulder and pulled your left leg up. I can taste banana. (2:10). Now move your shoulder to the top of your neck, like a chicken, and lay your legs out, change the space of the lung, this tastes like chicken. So next time I want to taste chicken, I will stretch my legs and put my neck up, and that's it, I get the energy of the chicken. Because I've tasted it.

So, with the breathing you can create that. And you can last a long time. But the biggest unfortunate thing is, there is no air on the Moon, you cannot stretch yourself to have to eat. Because there is no air to breathe. So you have to find solution in the dimension of fields. And it's not just, I do vegetables, what about, you forgot about the energy of the emotion. Life is a very big pot of field, which you'll have to learn to satisfy all of it. Otherwise, you have lack of vitamin C and gives you this disease, or you have lack of calcium, half of your hip disappears.

Try. It's good thing you started this way, but try to look in a broader spectrum. And try to understand the Totality of need of the Man's Soul, not the physicality of the Man, then you can feed the Man anywhere in the Universe. You're still looking in how to feed the Man in the dimension of P. And this is what I keep on telling you, maybe you understand for the first time. (2:12).

Look for the D of the strength of the STM that it feeds the Man, and not D of vegetables, and carrots, and tomatoes and potatoes. STM does not know what a potato is. This is what I said, in one instance, if you understand, you can reach the Soul of the Creator. This is what you've got to understand. If you're still in dimension of feeding the Soul, or in the dimension of feeding P with all its pitfalls. Sea water, contaminated air, cabbage and tomatoes, and I make a Gans of it.

Knowledge Seekers like you, you've got, that you've gone that far, you have to look over your shoulder, over a little bit further then you understand the process of the Creation. But this time try to understand the process of Creation of the STM, not the P of the Man. Because this P on the Moon cannot live, we'll bring back many carcasses. Then we are in the next level. This is the purpose of the teaching, this is the purpose of expanding the knowledge, but in small steps that slowly, slowly Knowledge Seekers in different levels, and scientists in the level will come to understand what we have to learn and where we have to go.

Any other question? (2:14).

Q: .. Dear Mr. Keshe, there is a subtle world also here on Earth we call them elves and fairies, and similar. They seem not to consume matter, but live from light, maybe? Can we learn then from them how they do it, even eventually scientifically? Thank you for adding new perspectives.

K- I thought fairies are little girls with the wings on the back when you go to a birthday party. And the other one is the boys, when they go out with it. The reality is, we can assume anything we like, and we can take any features we like. If you understand the knowledge, being a fairy or a Man should be the same. We haven't understood the knowledge.

If you learn to love, and if you learn to receive the love, you're fed for life. But Man hasn't understood that. But that love, stands with the love of the Creator, not the love of the Man. Because the love of the Man is always tempting ?? with something. This love is pure, and if you can tap into that, you fed yourself. And if you can tap into the gift of the Creator, the way it's given to you, you'll find out what do you need becomes the source of life for the others. A lot of you understood, ?? a lot of you will come to understand more of this ?? in a very short time.

Q: Good morning Mr. Keshe.

K- Hello Azarjan, are you still in Iran?

Q: No, I'm back.

K- They couldn't hold you, could they? (2:16).

Q: There's no reason to hold me. You know, when you talk about the traditional medicine and then how in the past, it worked, and it doesn't work. And you know, we're familiar with the Chinese medicine and Ayurvedic medicine, which is Indian. And it was interesting. When I went to Iran, something interesting happened. And I thought maybe if I share this, you know, it would .. open something for people, you know, if they have any question. For me, it's very interesting, because Iran also have traditional medicine and I don't know how they get training on it. I went to ask, you know, how I can learn about that, because when I was going on the plane, I came to lift the over head luggage thing to close it, I kind of pulled something on my left side. So when I got home, I always had something falling on my left side hip, I did yoga, but then this one on the side, it just was so painful. It made me limp. So I told my dad, and then my dad says, go to this doctor, I

took your mom there, and she's very good. I said, okay. So we went there, and the place, the office was crowded. So much with people, with tons of people, especially women. And the doctor was a woman and she's very, she has a ?? job, you know, a scarf, and she's follows the whole procedure. So I went there and I started talking to her, she said, what was interesting was, she asked the asked the application, your date of birth, your full name. (2:18). And she started asking questions that all the answer 10 years ago would be yes. But then (today) the answers all were no. And then she touched my shoulder and then I kind of screamed. She said, it's coming from here. So she gave me some stuff that we have in Iran, you know, in the herbal store and also some massage with cupping, which is different from New York, which Chinese do. And then it was interesting when I asked her all this stuff, no, she says, you must be up there. I said, what do you mean I must be up there? She said, you have passed, you're on a different level. Which I understood because there are some people, even Ayatollahs in Iran, that they are studying Islam, but they're not part of the government, they have their own life and in they totally don't interfere with any of these things. But some of them. Actually I went to the grave of one of them in the shrine of the ?? .. and then that guy, he could appear in many places at one time. And then if (he) entered the room, and if the people were gossiping about someone he would leave. So, these people are also trained ... ?? But it dawned on me is this, when I look at people then I went to different people's home, relative friends and I went to North. What I realized, people are leaving in a very, I mean, (2:20). I noticed like the Creator, the whole Creation is happening, is happening now. What these people are doing, because the information, they are creating information or the knowledge, we are swimming in it. But when I look at people, people say they, I'm sitting by an ocean, by the sea, and the birds are singing. But then I'm sitting next to them, and they're talking about what happened in the past, and they're pondering on it, and pondering on the future, that was going to happen. And then it's for both. Then I realized, at the moment, if I'm sitting by the sea, and the past is gone, future is not here. And this beautiful sea, and the birds are singing, I'm not noticing any of this. So the information of the Creator is there, but I'm not soaking it. Because I'm not present with where the Creator is. I'm out of the Creator boundaries. The border of the Creator is now, but most people are swimming in their own. Like imagine if there's two pools, there's a pool of shit, and there's a pool of water, people swimming in a pool of shit. And they don't know why. Why do you do that when you can be in a pool of water, it's clear water, enjoy it. But you do have yourself in this. And they don't, they don't know it. And they constantly recycle the same thing over and over. Because when I noticed like I couldn't I wish I could write in your whiteboard Mr. Keshe. But then something came to me, like. So, when you, when suddenly something shifts in us, when we are present, the whole physiology of the body goes so low. Like, you know, you hear in a whole commotion, but your body is the breathing, everything becomes so subdued. And it's very, it's very, the breath is happening from the brain, goes to the heart, goes down to your belly and comes up. And then it's something else something bigger that shows up. And then I then I try to see how people react. And I realize, if people don't talk about these things, then they have nothing else to replace it. That's why they're in it. Because they don't see it. And what I did, I told my husband, let's make an appointment with her, I want to see what she says about you. So, I made an appointment for him. And I gave a date of birth and his name. And I put on a whatsapp to see the doctor. Before I do that, he actually asked me a question about him. All the

answer in the past because I know about him was yes, but now it was no. So two things was happening here. So, it means with the date, my date of birth and my name, certain thing is inherent in me that I was born with. But perhaps with things we learn, especially knowledge of plasma knowledge of the Creation, and how we look at things in a different way, we change so no longer those aspect relate to us.

So my question is, now, how can we make people to become that aspect of a world which is easy to live in, which is like, go to the clear water. (2:24). Not to swim in a pool of shit that you don't know even you swim in it. And why you're swimming in it? And it didn't matter, really, if these people had money or no money, they all are doing the same thing in a different way. So, how can, how can we, I mean, there's nothing, I mean, I could, I didn't, I never said anything to them. I just was present for the conversation and present what they're saying. But I was just noticing all these things. So how can we... How is it possible... I mean, how can I change something to remove the veil from these people so they can see the reality and then their life would become very easy for them. Because when they say, I'm so stressed out. That I say, I'm stressed out, you're creating it, but they don't notice it. They don't notice that their words that comes out of the mouth, and the way they act, they all has the field that is creating the same thing over and over again. And they cannot get out of it until they notice this. And they have all these belief systems, that are regurgitating all this belief system constantly out and inside their head, constantly in and out. Like a spider web they're entangled in this web. And they are caught in it, and they're entangled in it and just suffocating in it, but they don't didn't realize, it seems like it's an addiction of that entanglement in them that they want to have it. (2:26). So, what is it that we can do?

K- What do you understand from it? Or what did you understood from it. That's, then you see what they can do, that you can't.

Q: But you know, I could, I could, you know, if I was them, like, I would put myself in their place, I could easily could say, if I do this, I could make life so easy for that person. If I was in that body, I knew what to do. But I'm not in that body. And I couldn't, I can't tell them what to do. Because they just, they're in it and they cannot see it. I mean, there's nothing I can do, we can change it. How can they change? All I could do is I give from my Soul, that's all I could do. But verbally there was not, nothing could do, because they would, if I try to say... There was only one person I found one girl, 25 years old, she was really in it and when I started, I mean, something happened that I had to be in her presence, and it just opened up and she got it, and she understood it. Because she was there and I could see it. But the rest of them it's just there's nothing.

K- There is something people understand, because I looked at these things a few times. How can the time and the place of birth, and whatever, and the position creates. And people can tell you, just give me your birth date and the time and place and the name, I can tell you whatever it is. (2:28). I've seen many of these. In some ways, how many times, and how many people can do this? How many times you've been inside with these people that they got it 100% right?

The knowledge some people carry, because they feel. And the knowledge is, some people do things because they see. I talked to someone about something like this when you go to a place and they ask for your birthday to whatever. And the conclusion was, you know when you come in, they watch you, they are a good observer. And they see you how your shoulder is, how your arm is, how you walk. And they ask you the questions, but they've already predetermined. Okay, I see that, I put my head there, so they believe the rest of what I'll tell you.

But sometimes the knowledge comes from the vision. Many of us, all of us, don't see exactly the same thing as the others. We see different dimensions of fields, we feel different dimensions of fields. Some of us due to the structure our brain and structure of our P, have an interaction different way with the fields. (2:30). This, some of us use it to our advantage, or sometimes we use it to help the others with it. We have to understand the knowledge, then when you go to person like this, ask you your birth date, your place, or whatever, and puts their hands somewhere, it doesn't become a mystery. You have to understand the wisdom, how. Can it be repeated? Or can we encourage these people to allow others to extend as they do? The knowledge, the vision, the spectrum, what do they do.

And this is one of the reasons we keep and give the knowledge this way, that no one in space become magician. You don't need to go to somebody to take your name, and they when they just watch you how you walk in and the rest, that no one becomes another prophet, or a specialist in something. We are all a specialist, because we attract a specific field that the others don't. So you have to understand the knowledge of the person. You have to watch how many times they get out of, how many times correct. And then ask them, how did you get it correct. Maybe sometimes it's just by coincidence.

I used to have a very close friend in Manchester, very, very close friend of mine. And everybody said, (2:32). when he touches your pain point, he gets rid of your pain. And I was in a lot of pain one day, and we were together in the office. He said, Mehran, sit down, sit down, sit down, I take your pain away. They tell me you have a pain in your ankle. And he puts his hand on my ankle. And I never known so much pain in my life. I said, you know something, just don't touch me next time. How come he has a healing, or what they call, getting energy from others, but I got all the energies he got from the others back in me?

So, we have to understand the knowledge and the emotion, and become good at it in the dimension of fields. Then we go to the people who are specialized in certain strengths. In a very near future you can buy an App from Keshe Foundation, in a matter of a short time. And on these Apps, you buy App for food, App for cancer, App for Alzheimer's, App for banana, whatever. You get a variation of the Apps and you tap on it and you go, you want a banana, you get the taste of banana and everything else. This is the future of the food and wellness which is on the horizon.

So, can we give you all the same taste of the same banana where your energy fields are slightly different than the other guy? It might be sour banana to you, sweet banana to the

other one, but the whole structure is, what energy you take from it. Do we need to give a taste value to it, that gives you the right emotion? Or we just give you what banana is supposed to give to you as energy to you, without actually giving the feeling you have the banana. (2:34). And this is where the science and technology of the Man has gone.

And then this people where they get the knowledge is we are made of different composition. And we are all unique. We can all learn and we can all teach. But this going to someone's birthday, touching somewhere is individuality of what we call, developing and observing so many positions about the fields, about the time, and observing how many people fit into that picture.

Q: Mr. Keshe also what I noticed, like the traditional Iranian medicine and Indian medicine Ayurvedic, they both have a lot in common. Like they ask, they, when they see you they...

K- What do you mean they are in common, we're all the same, Iranian and Indian ??.

Q: I mean in terms of the treatment. For example, they create a body type. She told me my body's cold and dry, so I should eat wet and warm food. So, for example, lamb is warm, cow is cold, chicken from supermarket is cold, chicken from the farm is warm. Like she said, you have to eat like a (Iranian food names) .. ?? haleem, .. with almonds. But then it was interesting when I started eating those, my body became more flexible and less rigid and the whole pain and everything is gone. So, Indian medicine is the same thing, they tell you have Vata, Pitta, Kapha, a body type. Certain things you should not eat, certain things you should eat. (2:36). Then all the traditional medicines are all connected. How did they know about each other?

K- Indian Persian, and Western medicine is more or less very similar, because we used to be one part of one thing and now we just created an imaginary name and we stick to what we like.

But fundamentally the materials would give energy to you gravitate towards your condition, we call it, warm. The one you give energy out, we call it, cold in traditional medicine. In English, we say, I'm eating a cold food. They say, "oh no, I just warmed it up." No, cold in a way that it's taking energy from me. And this is part of the knowledge, what materials allows what fields to leave our body as an excess. And what materials gives us energy that we need from the environment, which they were grown in. This warm and cold what you talk about, if you change into gravitational (G) and magnetical (M), cold is what we call magnetical, warm is what we call, gravitational.

We put a seed of a lesser strength, that the bigger strength of the environment feeds for what is short. That's what we do some of the time, most of the time. (2:38). The food we eat is that little seed we put in as a. We do this in Gans technology. We put a lower (energy) patch on one side, and a higher (energy) patch on the other side, and you absorb energy, or get energy to come to the weaker side.

This is part of the food process we do. When we eat a food, independently, we put a little seed inside, and that Gans condition of the fields we put inside, absorbs energy from outside to our source. That's why we take that 20%. The other 80% comes in the direction of what we put in (comes from the environment into the body). This is why we feel lack of energy when we don't eat, even physically.

Because Man has not understood that the food we eat is that little Gans we put in, once it goes in our bodies, it's in Gans state. Now any energy outside, which is matching with that, will come towards, because it's trying to satisfy that energy inside, which is little (lower in field strength). And that becomes that 80%. In a way we fool the environment to feed us through that process. And we can create a condition through our brain.

We tested that in the Enhancement Unit when a lot of you came in. We did some tests on you, what fruit would you like? Have as much bananas as you like. And the you come out and said, "oh, it was so nice, I had a banana. We felt good. I felt the energy." Yes, because we didn't psychologically put it in your head. You know to your body what banana, what taste, what shape you like. We put that seed in the emotion, the way you create the cancer in your body, (2:40). so your body absorbs the energy of the banana from outside, which you put a seed inside of.

We don't play magic, we understand and get a conformation by you telling us. What we did, what we put is correct. Because now you're in the EU, we have created all the energies you need in the basement on the tons of concrete, and you take it from our system, and it comes the banana you want. So, understand the technology that it does not become magic. Understand what the warmth means, what the cold means. When you have a cold it means the energy you take in, is more than what your environment needs, so you give to the environment. It reversal it, it's a composition transfer energy. When you .. (interrupted)

Q: Mr. Keshe, it makes sense about magnetical and gravitational the way you describe it...

K- It doesn't make sense, it's the fact.

Q: I mean, the science behind it.

K- It is how it works. The food we eat is the seed for the energies we attract into our body. And because of the layering of the plasma as we call it, the skin, the muscle, the bone, and everything else, we create a condition of weaker to absorb. We've seen it.

Life works on a magnetic field interaction of the fields, and nothing else. And this is why we get addicted, or we enjoy certain foods, because there's a balance what we give, what we take, we don't need. (2:42). And why do we get fat? Why do we put weight on? We can eat as much as you like and don't put a gram on. You've see many, many people do. Chinese eat ten plates, and they're still as good as a pencil. I eat one plate I put 2 kilos on. Because the emotional field strength within is not in balance. Then you block the energies to transfer out, and it absorbs. It has to find a place.

Q: But Mr. Keshe, if you go eat in Iran you don't gain weight, like when you are in USA.
K- You don't eat so many Chelab kebab as I do.

Q: Mr. Keshe, if you eat Chelab kebab you don't give it really, because I don't have any craving anymore. But anyway when I go there I eat, but then I eat more than usual. Because I hardly eat because I just don't feel hungry and I go all the way to 3 - 4 in the afternoon. But over there, because it's there and I just eat it, but you don't gain weight. It's just I don't know what's the reason for it...

K- You don't weight, because you're as good as a pencil anyway. It doesn't matter where ?? you. We put you in the ?? North Pole you will still be the same.

Q: .. Another thing, I noticed a lot of people come and take blood from their back. And after that they feel so good. And I came to my dad, I said, they do (Farsi word) on the back. And then my dad says, when he was a kid, this was routine in his household and he always went and hide someplace, and they never got him to do, draw blood from his back. But why taking blood from the back of people? And then the doctor said, if I want to learn it, they can teach me because I'm a doctor. I said, no problem. So, I went and I watched and I saw how they do it. But the question, and then one person blood was coming out was literally darker, (2:44). like it was toward black, the other one was lighter. And then the woman said, this one is just a lot of stuff in it, so it needs more cleansing. So why drawing blood from the back?

K- No, no, no, no, no, let's just get the science facts right. First of all, this tradition of taking blood with the leech, or cut, or whatever, has become a tradition. In a way that by taking blood the liver has to work and produce, or the body has to work to create new blood. And that brings what you call it, fresh energy. This is the reason this is done for centuries. In many cultures they do this. It's not that why they take it. Because is brought up psychologically to, that when you take blood, so your body needs to create fresh one. So you become more agile, you feel better, because it has to be replaced. That's the reason it's done.

Secondly, why some is darker and some lighter? It depends which veins they cut. Are they cutting into the oxygenated system, as they call it, energized system going out, you get a bright color. If it is the cycle coming back, and it's already depleted, it's dark. So they can put anything in it ?? interpret it themselves. Scientifically, we understand this now.

And then depending on the composition of the blood, we are all having the same blood. When that return blood you cut in, due to content of it, creates different color. If you have more zinc in it, it'll be different color, red if you have more iron in it a different color. (2:46). So, the color with it ?? (doesn't) means you're sick or something wrong with it, it's got too much ??. People don't understand, and so they tell them and they believe it. Scientifically, we understand now, why they do it, and why the color is different. But it has no resources of it. It has no other reasons for it. It becomes part of culture, because, as you said, your father used to hide because, it does not need to be done.

We get this with the cycle of menstruation of women. And because certain way the blood is lost, and in the certain way the womb prepares for the creation of next life, moves certain elements in the body as a fields, which we see with the women. During the menstruation they go through depression. Then we call it, energy packs, which come through as an emotion to become the life of the new child. We call it, I feel different. They get crazy, they have pain, or whatever. So we have to understand the process. That in the emotion of life, we see this a lot.

Women who give birth, especially the first time they give birth, they don't have some, or most of the pains they had during the cycle of menstruation. Because there's always anxiety. Can I create? Would I create? Would it be a perfect child? And when you give life and you see the perfection in your child, those anxieties are gone, then they call it, the body doesn't create hormones.

Hormones are part of the emotion in the dimension of the energy field of the body of the woman, for all of us. (2:48). We have never understood this. We have never understood what it means to go through it. Why do they say when a woman goes through menopause, ?? behaves this, becomes more or less ???. Because a woman is born, given life to give life. And now gets to the position that she cannot give life. What she was created for she's become incapable of. The anxiety, that I'm not there to see the continuation of the life of the generation bring this. And then you call it, a hormone.

If doctors understand this, and talk to the women, that you have served the purpose to the best, you are a beautiful woman, you created the most beautiful children. And the woman understands, they go through nothing through the menopause. If then the chemical biological changes can be controlled. Then we understand more about the psychology of the Man which now we call it, hormones.

In a way it's hormones if you translate it in the right way, it's exactly like viruses we have. But he have managed to give itself a manifestation of physicality attachment to protein. Protein in emotion, we call it, hormones. And in the outside body of the Man we call them, virus. But more or less they are about the same thing, because they don't carry that emotion. And now the viruses we come near to emotion we call them now the new Covid, suicidal, creating depression. (2:50). In the life of a woman we call it, oh, it's ?? is going through menopause.

Why is some of the women go through suicidal condition, we call it, post-delivery birth, postnatal depression, because emotions cannot fit into the direction of the expectation of ?? life. We are not inside the brain of the Man. And a lot of postnatal depression can be resolved by men, especially partners, being there to support the emotional turmoil of the life. The man is so busy getting ready for a new child to come, I work 10 times harder, this, this, this, whatever, and the woman sees herself alone. What am I going to do with this thing. ?? cries in one end, and then something else comes in other end, and it repeats itself, doesn't even smile.

What did Muhammad, bless his name said? Arabs used to give birth on the ?? sun, and if it was girl they dug that hole and covered it, the child was still born, but it was a girl. Muhammad said, keep me for 40 days, you won't let me go. Because after 40 days is the first time you see emotion, smile of the child. And that emotion touches the STM. Then I play with your emotion, and the girl learns about 40 days old, how to play with the emotion of man for the rest of her life. And us men fall for it like a brick.

We have to understand the science of Creation, (2:52). not the visualization and manifestation of physicality of the emotion. Then, we become much, much wiser in the process of Creation. You explain to a woman who goes through menopause the full process of why emotion, what emotion, the perfection of life she has created in her children. And I'm there to be, you will see not much problem. Physical changes will come in, because it's set up. And men don't understand this, and society doesn't understand. And then part of the emotion, the way you create the cancer because of the ?? harm of your son as a prostate, now manifests itself in hormonal change, we can't explain. And these are where the right Gans's of protein are produced, which can interact with the emotional brain of the man, from lack of, "I can't produce anymore."

We don't understand it, we never understood, we never connected. And some of those who understood it, they became the "wise men." But now you're all wise, you understand the process, you understand the process of interaction of the fields. We cannot just take the Gans's, which made for physical body, you have to look at the fields which interact with these and create what they create, mass and weight. The mass is that Gans there, and the weight is the reaction of it when it comes out in its environment with the interaction of the emotion. Then we become wise people of the generation.

K- Mr. Keshe, but you know, (2:54). I just have one thing... The way I look at it, I've made it logical, because we have a DNA. And in the DNA, where did the DNA come from? From my parents. And then the DNA of parents comes back to the older generation. So with that DNA, when anybody is born with the older ancestors are part of that DNA, it's inherent. There's certain things, certain things say, emotion. Like, say, fear, or jealousy or anxiety. It comes because when I was younger, when I remember at the age of 12 and 13, since then, especially Thursday afternoon, or sometimes this huge sadness will take over me. And there was no reason for that sadness, I didn't know where it was coming from, but it would come over me. So, when I went to the Amazon in Peru through one of the ceremony, the shaman next day told me, you bought the sadness from thousand years ago, and now it's gone. So, when I look at my father or my grandfather as a picture, I see the sadness in them, then I realize. And then, I was reading this guy, his name was Anthony de Mello. He was a Jesuit priest, it means he was Christian but not bound to the church. And then there was another Tibetan guy, he was talking about the same thing, because he had anxiety. What it says it says, when those emotions comes, inherent emotions come, whatever it could be jealousy, it could be fear, it could be sadness, don't fight them, just observe them. Because just like, if you want to fight them, you make them stronger. (2:56). As long as you observe them, in time they will dissolve. It just like when they tell the priest, don't have sex, they try to fight it, when you fight it, you can actually go abuse the children because you're fighting it. But when you don't

fight it, it goes away. So, everybody was born with some inherent thing that is in our DNA, it's not in our control, but then realizing it and acknowledging it, you just, you become acquainted, because...

K- That's the beauty of Creation. Otherwise, we all have been on the bottle production system. ?? You go to a factory, every bottle is exactly the same. And the one that has got a slight fraud, they take it out of production line. So, the beauty of Creation is the diversity, the interaction of the fields, and attraction of the field with each other. That's the best gift from the Creator. Otherwise, we would be one mass production. What did (Henry) Ford say, "you can have any color as long as it's black." Yes? And we are not in that position, we have...

Q: The Creator wants us to know ourselves. So acknowledge our self as we are, and not to become somebody else.

K- You know Azarjan, you speak about Chelab kebab, and I've said that many times. And I have a soft spot when it comes to it. And if people realize it, they try to use it to their own benefit. When I went to Iran I hit part of what is now, the Ramadan, fasting time. And we were kept in a secure houses and all the things, which goes with, what we call, the works we do as nuclear physicists. And we hit Ramadan. And these people knew, in the office of ?? (Iranian leader). (2:58). And my food always came from the kitchen of the president because of the security reasons. It came with all the razzmatazz we see. And they came to Ramadan. They knew I loved turkey. I had a kebab for lunch one day, beginning of Ramadan. I had a kebab for dinner. I said, this is strange, because we used to get different foods from presidential kitchen. And then the next day or so one thing and then it was again Chelab kebab. I said to my protection officers and the people who look after me. They were opposite apartment to me and they ?? adjacent to me. I said, what's going on? They come and set your table. They treat you befit a scientist in Iran, it's not what we see in Europe. Everyday you come for breakfast is set for you in your apartment, and they set you lunch and dinner and everything else. I said to the gentleman responsible for the food which had apartment across from me, which had a ?? protection officers. I said, how come I'm getting so much Chelab kebab? He said, Mr. Keshe, there is a problem. I said, what is the problem? He said, we know you love Chelab kebab. I said, yes. He said, come and I'll show you in the freezer. I said, what do you mean? He opened the door of freezer. He said, I have here Chelab kebab for 30 days, because the kitchen and presidential office is closed. And they know you. I just need to warm the kebab for you and the rice, and that's all I can do. I saw the head of the office. I said, I'm not eating Chelab kebab three times a day. They went and they discussed it, they came back and they said, okay, from now on there are specific restaurants we keep open to take you for lunch, and we know Ramadan was summertime was very late. (3:00). We arrange special restaurants for you to go ?? So I could get a variety of food. And I sat and thought, oh shoot, they have even studied the psychology my food.

They have even studied as a scientist, what pleases me and what keeps me happy, that they can create that condition of comfort. It gives me a lot of pleasure in knowing how much a government goes to extend to make sure the people who give their life for the

nation are looked after in the correct way that they can do their work. If the guy wouldn't take me to show me the freezer, I would have not known how much in depth they've gone to, what you call, to cover, that there is no, but they've miscalculated too much. It's the emotion which brings us that pleasure, it's the emotion which brings us dependency on repetition and addiction to that pleasure.

Q: Mr. Keshe when I was there Ramadan started on the third of the new year, so one day at 2:30 I wanted a Chelab kebab. I called a kebab around the corner. They didn't serve it, so I called Dr. Bararpour and Dr. Bararpour sent it to me.

K- I know, I know. We get treated in a different way in Iran as scientists. And the way they actually there was one kebab, (3:02). we opened certain days just to serve Chelab kebab, which was against the law. You know, they use get punished for opening restaurant during the Ramadan lunchtime. They used to have already food enough for five people, which was usually me with the Caboodle, which we travel with for security reasons. And the five used to sit and watch for one person to eat, and I thought, the smell of this must be killing you lot. He said, Mr. Keshe the pleasure you enjoy is more than the food we can eat. And this is what we see. I love to work in Iran. They respect scientists in a different way than in the West. They kill us and they shoot us, there they respect us and create every condition. That's why we could achieve so much in Iran so fast. Anyway.

Shall we call it the day?

Q: .. Can you elaborate on what happens to fields and rays going through the center of the vortex and how that links to what one would call intention? And how intention can transmute and direct these fields and rays?

K- Sorry about that, what vortex are we talking about? (3:04).

R: .. I guess that in some in some schools of thoughts everything, the energies or the plasmas have a vortex or a squeezing point, you could say. Or sometimes people might say, the zero point, ?? the center.

K- Yeah, where you can get an exit of the fields, as you call that, the vortex. Something has to happen. If it's not a matter, it's an energy. You're squeezing matter together when you create a vortex. We are creating a circular motion, which leads to absorption and release of energy in compacting.

If you do it in a bathtub and you take the what you call it, the plug out, you see the energy forces they ?? materialize. If you're in a closed environment the energy has to be released in one direction and absorbed in another. So, what you expect and what you want to do. We do that a lot in space technology. We create vortexes, especially in defense technology.

The knowledge in that D is. In the matter state we call it, laser, mono-energetic. (3:06). In a plasma condition if you create it, it's a plasma field. This is one of the ways you can project high speed plasma and elevate its strength to go up. In the future teaching we'll teach this more. But it's compression to reach zero point energy, or to the hydrogen energy, we call it. And usually the fields strength of the matter is very much different than the field strength of the plasma.

If you create... It's a very in-depth knowledge, and it is part of what you like to call, a "worm hole." This energy distribution has to be looked at two ways. One is matter state compression, and one is the field state compression. When you interact in the right direction, in the right position, you can play with it in a very beautiful way.

In accelerating plasma to reach a higher order, this technology what we call, vortex, it's one of the ways, one of the best ways to create elevation in the strength. In the matter state when you can do that, you see the increase in the speed. (3:08). I've done a lot of work on this compression vortexes of the fields on the plasma in the matter state. And it has a huge application.

Sorry about that, I have to answer this question (call).

Sorry about that. Anyway, to understand that vortex is zero, there is no zero. It is finding the conversion point. At the bottom of every vortex there is a conversion point. And you have to understand what does it convert to. Because if it doesn't do, if energy doesn't convert to take another dimension or direction, or strength, it explodes. It becomes like blowing up a balloon and compressing it. (3:10). It needs a lot of knowledge, it needs a lot of understanding.

Plasma vortex technology it's, or matter vortex, we know a lot about it, because we create it. Even in the matter state vortex, if you understand field distribution, compression of the magnetic field of the elements of, it's a totally different game ball. And then, if you do the same vortex in different conditions of the plasma fields it's a different story altogether.

Knowledge Seekers have not understood the principle of the matter and plasma and their interaction and collaboration in what you call, for release of it. One of the biggest vortexes, which happens on our life continuously is on our skin. Our skin, that's why you have these holes where the hair grows. These are where the energies which we absorbed from the environment, as part of that 80% are fed into. Those are the hole gaps, these are where it comes in. This is why we have antennas to what vortexes we absorb, as hair. Our hair is a Nano material, and it has a specific field strength. The color of it, the root of it. Why do we change color of hair by age to white? If Man learns to release the right strength field by emotion, (3:12). Man will never change color.

And through our skin, if you look at your skin it's not flat, it's hexagonal. It's like a football, plastic football, if you used to play with leather football. They sew them together, and there's a point of junction when they come together. Our skin is those junctions and that's where the hair is. It doesn't matter, even if you don't have a hair on

your body, the finding ?? fine, which is inside, creates that attraction. And in that point, the root of the hair, these vortexes is energy difference transportation. That's where most of your 80% energy from the environment is directed to.

Vortexes technology, if you understood to the position of the Creation is a way of ?? feeding, it's a way of understanding. That's why you have different hair, different shape, different strength, and different ages of different hair, and some have no hair. It doesn't mean anything else, but the body has this fine tuning of the vortex conversion.

If one day our scientists develop the technology to watch the fields, you'll see how we're absorbing energy through these holes at the point of the hexagonal, or whatever shape you have on your skin. Those gaps are where they ?? like, you know, you create a slope in a tent to get rid of the water when it rains on it. That hole is where the energy comes in.

Man has never understood the process of the energy absorption from the environment. And ?? vortexes is one of the most fundamental ways that we transfer energy in and past the skin, (3:14). which is supposed to be perfect no water. But at those points it's perfect for energy to transfer directly into the center of the body under the skin. We call it, the root of the hair. It's like you put an antenna up and you say, this is what I want to absorb. And then it just goes right across the body of the man.

If you understand this, then you understand why it's only in ?? places, such places, we have no hair. Even if you follow the condition of the growth of the hair, you find the behavior of the Man. Because certain absorption of certain fields, creates certain emotions, because this is where 80% of our energy comes from.

The science of when you go, it doesn't go to zero, it goes to point of conversion. How much of it convert and how much it comes back. In a way, if you don't have a hair you cannot... I will put it this way, you're not totally hairless, it doesn't matter what you do with it. You release that antenna, what comes in. It is like a fountain blowing up.

The way people's hair is, the way the color of their hair, the way they change their color of their hair and emotion with it hasn't been understood or studied yet. Why some girls like blonde to be, and some girls like to be black, the black likes to be blonde and the blonde like to have a dark hair. The one who have a lighter skin go and get a suntan to be brown. And the one who's got a brown skin tries every kind of bleach to be white. (3:16). Psychological depletion of the emotion.

And this has a lot to do with what we absorb from our environment. And they tell us, the food we eat is the person we become. Because as I said, you put that little seed and then this is the energy you absorb. What you absorb interacts with the environment which you are in, to absorb it from. When you see a beautiful woman or a very handsome man, this holes needs a lot of attention. They beauty they absorb the energy they get. It's not that they're so beautiful. You have to see what the Soul is set, they absorb, and what is the destiny of this destination of the Soul in its departure. Why does it need so much? It

doesn't matter what color you are, you're still beautiful as a black, white, brown, yellow, whatever. And this is the beauty of the Creation on this planet.

Q: You said the person is beautiful they want attention. It means the Soul decided to become beautiful, because it needs to have attention in this lifetime?

K- Yes, yes 100%. Our beauty is... You see, what we don't understand psychological is psychology, or absorption of the fields, is set. You know you make a, you make a pot, this pot goes into the market, or you make a pot for the house of a king. You understand? So it's the same. The Soul when it's made, knows its point of destination. And what needs to be, (3:18). and what it needs to absorb to reach that point of destination.

When you see a normal person it's not a normal person. It could be to you a new normal, but to the eyes of somebody she's the most beautiful, he's the most handsome man. But when you see a beautiful woman or man, a handsome man walking down, or even a cat or a dog, which are beautiful, it takes attention, it takes energy. And that energy is absorbed, that energy comes to. And this is why you see beautiful and handsome people some of them become very arrogant, because they receive so much. Their emotion cannot even handle what they receive. They're not ... ?? aware of that, fully aware of it. But you have to see what that Soul is destined for and where. He could be a very weak strength Soul, as he has a long way to travel across. Or he is going to become a shining Soul, and be very near to his point of destination. We are the nursery of the Universe. And how we plant, how we ?? develop that seed, that where it grows to create a life and continuation of existence, is the job of the STM.

Q: But people who look at somebody as beautiful and they go do surgery to make themselves like that, what is that?

K- You can change a lot of things, but the Soul doesn't go that way. "Bo tucks" doesn't always come and make you beautiful does it? You have to understand the process of Creation. Otherwise, everything is ?? .

Thank you very much for today. (3:20). Let's see where and how we come to share more knowledge. Join us on the 28th for the addiction. And we would like Knowledge Seekers to, if you cannot do, or if you like to, to support for those who we have a special reason, for a specific races, colors and creeds of the Man to be part of the 25 and 200. And we need to do that as part of our work to be able to do. If you're disabled or you can't leave your work, ?? but you have the wealth to support someone from Africa, someone from Asia or whatever, to be part of this process. We need it, and we'll explain in the coming time. It's a collective work, and with it we have a collective job to do. And don't turn up on 28th just because you're an addict. Turn up to see what your Soul is addicted to and where is its destiny. Thank you very much for today. And I hope we shared more knowledge to enlighten you about what is to come. Thank you very much Rick. And we see you next time.

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