

475th knowledge seekers workshop March 2, 2023

(Quick Index 25 pp, Introduction, Topic Index, Transcription, Proofing done ; Need to do; Key Phrases, Words) (Auto transcription from Elias)

Historic Teaching - How we absorb energy from U; CR - C14 on H - converted in Ca seed of every cell to C12 (feed COHN) - Second absorption H2O converts C14 to C12 instantly; Secret to life in U; Live eternal - no killing; Created from fields not sperm/egg; Another week of feeding; Salt in oceans absorb CR; Switch to fields; new life comes out of Soul - not split; Teaching on "karma"; Thoughts manifest - Souls arrange; Horse accident - prove T; Bab of Bahai - resurrected; Owls hear Soul; Christ blue eyes; All beings serving self;

Topic Index

Building confidence in Knowledge of Creation; How our Soul decides take shape & position on Earth or in U; Today unravel secret of life - how we convert energy of Cosmos - man already unknowingly taps into Universal Energy; Due to Earth's MG fields - Calcium (Ca) structure is cornerstone of life and conversion of energy on this planet; Every animal & mineral has Ca seed center - otherwise not exist - same for animals without skeleton & plants; C14 in cosmic rays (CR) enter body - convert C14 - exits with unneeded energies; Another conversion of C14 is through water - why life is connected to water; O of H2O has Pl energy of 16 - release 2 energies to become 14 - behave like C14 - allows Universal Energy to be absorbed by body through Ca as seed of all cells - why so much water in body; Energy converted because of vacuum in body; Ca has wide spectrum of field strength 30 to 60 & above; Conversion of energy is released from conversion of Ca in cells - plus C14 to C12; Biggest secret of life - never knew; Every single cell in body contains Ca seed - needed for energy conversion; This was discussed in medical teachings; Ca seed of each cell is like the soul of that cell for absorption of energy- without cell cannot exist - why every cell changes itself; This is key to everlasting life; Body made of COHN - lives by C14 to C12 conversion - link between Man and U - this is 80% of energy from U; Man exists on this planet through Ca seed in cells - absorbs CR - and converts H2O to C14 and then to C12 - for amino acids - This is how the body gets energy to exist; Without Ca seed die; Why so many die from chemotherapy - it enlarges lymph & blocks holes in bone to make bone marrow and prevents Ca from being picked up to start new cycle; C14 arrives on back of H in CR; This is the process of energy conversion across U; Have 2 ways of C14 conversion - through CR - & through water - instantaneous - why feel good after drinking water; If in H2O change the H from energy provider to absorber - life guaranteed across U; Ran tests this week participants of "Dine with Creator" - many didn't come for "Essence of Creation" - still eating food - haven't understood; Continue daily feeding session next week - you came to take - this time come to give with sincerity; Can create anything - conversion of fields interact with fields of body to create any element needed; Will release one knowledge to Chinese can feed nation with fields - don't need Gans's; Can also heat body; New systems work on this conversion; Should never have diseases; C14 as a plasma rides on top of the H of the U to deliver energies - otherwise not exist in P;

Even Creator has seed of Creation; Throw all science & medical book in rivers of "lack of knowledge"; Ca48 is stable - why bones stay behind - some Ca isotopes disappears; Ca60 deliver energy to Fe - Zn - Cu needed to exist; Ca40 together with C14 - distributor & converter U energy in body; Body like small U; Creator can convert fields within Himself; Look at other beings in U by what energy packs they convert - it cannot take energy it doesn't need; Emotions are emitted as different colored lights; Now don't need to kill; I didn't come here to teach MaGravs - but tap into U energy; Get your scientists to understand this - new life on planet; Science books - nonsense - can't even cure simple cancer or cut; Man's knowledge less than creature that can grow own tail back; When arrogant loose sight of facts; Pharmaceuticals not for curing man - stupidity; Mitra brought this knowledge to Earth - man ignored it; Combine Ca with CR in right way - get "love of Creator"; Fields of water nourish love of man; Through love Creator & Mitra had for each other - released Knowledge of Creation to man - otherwise man & U remain ignorant; Access to Unicoise; If remain ignorant die of cancer; Smallest fields in U can disassemble plasma of body of man; I remain humble enough to walk amongst you as a man with all pitfalls of existence; Understanding Totality of Creation job of STM - body too fragile - can't absorb energy outside MG fields of Earth; You have not yet been taught how to absorb fields of U; Would die in pool of water - because can't absorb O - emotion and cells - fields of brain don't know CR are within the water itself; Need to understand "emotion of conversion" in brain - then survive in U; STM & STP have to learn how to convert energies; sheep skin turned inside out - fields; With knowledge - have to become peaceful - no choice; In Unicoise get direct fields of Creator; Man's P made out of recycled fields - billions of times; Understand how energy fields are transported and loaded onto - secret to survival every D of Creation - have access to Soul of Creator; Must come to peace; Every knowledge a gift - depends how use it - knife cuts to save or to kill; CR have every field radiation in U - carry love in your hands to access; skull is biggest converter of energies in U; Ca40 & 41 left behind as bones - Ca46 knowledge of CR; History of Creation in bones - at level of planet; Man's scientists too busy cheating - becoming magicians; Scientists rejected T to president - because left without a job; Chinese scientists holding back country; Human race controlled by scientists; Religions controlling governments; You have to decipher knowledge - not me nor anybody else; His degree put under toilet roll - mother cried; Knowledge has to be given in correct way; Taking is G - giving is M; Nuclear weapons are worthless; Told Americans can use nuclear weapons to feed galaxy - already purified; Drink water in vacuum of body - opens H releases energy - equal to CR - reaches every cell; Next weeks unravel knowledge could never imagine exists; Housewives - pensioners - street cleaners have more knowledge than professors at MIT; Be your own teacher - remain humble; There is no time when the life hasn't started; Conception time with Soul is born - Children of Mitra; Can stay as a Soul not come into P; No need for egg & sperm to create life - true meaning of Eve created from Adams rib - created by interaction of fields - love is essence of fields of Creation; "Children of Universe" created out of fields - not sperm and egg - wrong mentality of Creation; Will take centuries and thousands of years to understand today's teaching; Today, you all received PhDs from "Soul of Universe."

In ocean don't use fish gills to breath - "switch" to absorb 100% fields directly from water; Point in brain STP interacts to convert; Gurus can absorb fields without eating -

can't teach others; Salt water oceans because absorb CR to feed Souls of beings living in ocean; Salt makes alkaline G - Acidic is M a giver; Every point in U has both M & G fields at a particular strength - energies don't appear out of nowhere - key to using technology (T); Made perpetual water dripping device - convert fields; Springs & healing waters - means absorbed matching MG fields to the disease or cells - don't need to drink - wash body - transfer fields; Throw out of Spacelab - absorb fields or die; On Earth Ca is seed to tap into Universal Fields; Other planets different element - convert to new element; Use your Soul to create new life at destination - like Eve made from Adam's rib - means created out of his own fields; Mitra created out of fields of Creator; Our Creator not final Creator of all - still something bigger; Book 8 about M fields Creator was created out of; How do you get one field to interact with another to create life?; In Books - "Fundamental Plasma" converts into 2 smaller plasmas - neutron / proton - Creator/Mitra; Like floating "plastic islands" of waste on Oceans - if Earth cannot hold fields - fly up into atmosphere become another moon - creating new life out of oneself; STP becomes embedded in STM at death - destination creates Twinity from out of itself; Scientists proven we have twin star - same; "Twin Soul" created from same Pl - or matching field strengths temporarily in love - 5 years strength change; Week of dining with Creator - got odor as energy not food in stomach - have to want to be fed; Participants will go through massive experiences soon; Repeat again next week - but no food - you have to bring and give; March 24th elevate world leaders; April Session for addicts; Meet with President - needs T to save office; How to give - not out of generosity - out of humbleness - but in command of where; When think of something and it appears - STM fulfills emotions & desires - gets other Souls to help - not surprise anymore; Soul & P both look out same eye - but only recognize P; Floating around Bahamas - Soul always brings back to same spot - because other Souls expecting return; Sees fields moving; Specific fields make water peaceful; You say it's destiny as excuse - but Souls made arrangements; It's not always just getting your way - selfishness of man; Another Soul can wish to see you; Nothing is coincidental; What you give you receive - fields always balancing; Emotional problems of veterans - who did you kill; Americans pushing buttons kill others - have pushed own annihilation - you & your children will pay for actions; Most relationships are "business deals" I give to you so I can get something back - but it is hidden; Animals work same way - do to get something back; Unconditional giving - don't expect something in return; The cosmic particles talked by scientists is in matter state - make up a tiny fraction of fraction of cosmic rays - collide in upper atmosphere - become light; Children of Soul & Mitra will take time of birth at conception - when Soul created - not from first breath; Women in 70s get pregnant through interaction of fields of Soul; "Daughter of Mitra" recognizes from miles away; "Soul child" don't need womb of mother - can be in womb of U; Creatures of Creator give life 30,000 years old- even 100k; About fasting & intermittent fasting athletes do - depends how Soul & P adjust to it - can last up to 18 months; If tune body to H & C14 - absorb energy directly from U; Living on Gans water normal life - loose 20% body mass - stabilizes; Boy living on Coke & potato chips - clever use of H and C; Shah used orphans as body guards - gave missing love - loyal and sacrifice life; Heard noises from Linz system; Owls hear sound of separation of Soul from P - has a specific noise rushing out of body; Transmutation test - K went back with KS - felt it; Birds sensitive to plasma - can give message; We are part of a Soul - all have these capabilities; K thrown from

horse - should have died - proven T works gave lecture in 2 weeks - he knew horse would throw him - went anyway - Soul has purpose; Knows time of death - won't be accident - governments already tried many times to assassinate; The Bab of Bahai faith shot 900 bullet - found in room finishing work - then executed again; Religious people afraid he was Christ; Christ eyes blue at time of death - fields change - resurrected to continue different purpose; It happens to people - are they Christ?; At moment not single being on planet here to serve - animals & humans - serving own Soul - self; Earth is a nursery for Souls to spread life through U; Feed humanity through Soul - service; When Soul exits body - electric (shock) can also be light or shiver - STP & STM interact; New Head Units will bring you to see your Creator - if you understand; Whatever fields come near to a plasma doesn't mean it will absorb - it has to accept it; Knee Gans not for broken teeth - trial to create matter from energy.

Introduction to 475 KSW - How we absorb Energy from U - Ca Seed - Water C14 - True relationships - "Karma" - Soul Mate

Today's historic teaching is about how we absorb the energy we need to live from the Cosmic Rays (CR), or the fields of the Universe (U). Mr. Keshe has been building up our knowledge by bits and pieces. Years ago he taught us about carbon 14 (C14) and more recently CR. First let's go briefly over the background of the different parts. CR come from the Creator and basically cover the entire U, but they can also carry different things inside themselves like fields, plasmas, they can be stacked, and in this teaching he said, C14 is carried on the back of the hydrogen (H) inside the CR. It may be difficult to remember all these things, so just keep it loosely in the back of the mind. When you ponder over this teaching, questions will arise, "but how does it do this or that," then you can look over the details.

So when C14 converts to C12 it releases energy and this energy can be used by the cells for what we call, "feeding" and other things. Basically it releases a huge amount of energy that can be used for something. C14 is also the great Communicator and links everything together in the Creation. And as you know Mr. COHN, or the amino acid (AA) is the basis of cellular structure in the body of the man. So when C14 converts to C12 now you have the physicality (P) of the cell structure, what we call the physical matter of the body. This also means that COHN is connected to "heaven and earth" C14 to the U or Souls and the C12 to the matter. It is my understanding that this connection is how the emotions manifest themselves. For example, through your desires you can go anywhere in the U, and this is done through the C14 connection.

Now we come to the biggest secret and the part that ties everything together. The seed of every cell in the body has a calcium (Ca) in it, which absorbs and converts the CR, and the C14 to C12. This is how we get the 80% of our energy from the U without knowing it. If we don't have the Ca seed, then the cell would die. Even though this was discussed in the medical teachings we didn't have all the different parts of the knowledge to bring it together. The cells are constantly being replaced and you need that Ca as the seed to make new cells. The proof of this is that when you get chemotherapy it causes the lymph to become too big to pass through the micro channels in the bone to make the bone

marrow, therefore the Ca cannot get through to make the new cells. Ca is specific to planet Earth. In other parts of the U it may be a different element, but the pattern of energy conversion is the same throughout the U. Ca has a wide spectrum of isotopes or plasma field strengths ranging from 30 to over 60. The energy released by the Ca conversion of CR and C14 can be used for creating other elements needed like potassium, Fe, Zn and Cu. And it can be used to heat the body to exist in any condition.

There is also a secondary conversion of C14 and that comes through water. The plasma energy of H₂O is 16, and when that releases 2 plasma energies it becomes 14, and acts like C14. This comes about because of the vacuum condition of the body. Therefore, water also supplies the Ca seed in all the cells with C14. This explains why we are made mostly of water and why we die if we don't get water. The release of the energy is instantaneous and that's why we immediately feel refreshed when drinking water.

(Now we have another wonderful visualization. Every time we drink a glass of water we can imagine and feel the conversion of C14 in all the cells of the body as a luminous light loving our whole body. And then feeling totally energized from it and understanding that this is how the U works. Then feeling gratitude to the water for being a giver).

But what happens to the 2 H plasmas during the conversion of water? Mr. Keshe gave a subtle hint. He said, if you change the H from that of being an energy provider, which is M, to one of being an energy absorber, which is G, then your life is guaranteed across the U. So how do you change the H from M to being G and an absorber of energy. Then immediately afterwards he talked about the week of feeding from the system, and that everybody came to take. And that next week we'll open the system in Linz again for you to come and give, but this time come as a giver. So basically switch from G to M. Remember every point in Creation has a specific MG field strength, and Creation works on the principle of give and take. For example, in a tank of water, if you push your hand forward one way, automatically the other water moves back towards your hand the other way. You can never just go one way, but you may not see the other fields. For any kind of movement there is always M going out and G coming in. By working with this principle we can master the plasma. Maybe it is like, if I become a true giver (M) without wanting anything in return, then automatically the fields come towards me (G). But in this equation you cannot leave out the true emotion of the plasma or Soul. The true feeling and emotions, which is love, and that is the key.

You may ask, why has man been given this amazing secret knowledge as a gift? If we hadn't been given this gift, were we to remain with most of the races in the U to suffer in our ignorance? Mitra fell in love with the Earth and she shared that love with the Creator. The interaction of the fields of love caused them to release this knowledge to man and the rest of the Universal Community.

The next obvious question is, how do we start absorbing the fields already around us so we can stop killing? This is our period of learning. And this is what the KF technology is providing, the tools to help us learn. But the main factor will be if we truly want it and love it, and are we willing to give our whole being for it to manifest? Having the words to

describe it is not enough, but it is the start of the process. This leads into the example, that you can drown in ocean for lack of O even though the fields are all around you. That there is a "switching" point in the brain where STP interact to convert fields and also has to do with the emotion. And that in the next weeks more knowledge like this will be taught, and that should bring us closer to understanding. If the lizard's Soul understands how to re-grow its tail, then we can do that too. Maybe it doesn't have to be conscious knowledge. But we have examples of people doing this, and it always has to do with concentrating the emotions.

Getting back to how we are created, it's through the interaction of the fields and not sperm and egg. The STP must have created sperm and egg when man became more and more trapped in P. The Biblical story of Eve created from Adam's rib, really means created out of the fields of itself. That's why the story is there without the sperm and egg part, because man couldn't understand. If we come to love a being from another dimension where they don't use sperm and egg, it would be problematic. But we already know that physicality's of different planets have different field strengths and can't mix in physical dimension. The Knowledge of Creation teaches that when the love of two Souls interact they can create a child of the Soul, which doesn't need a physical womb. The U is the womb and that new Soul decides if it wants to manifest P.

In recent teachings our knowledge has expanded to the fact that we don't need another plasma or Soul from outside to create a new cycle. The "Fundamental Plasma" converts into 2 smaller plasmas, as in neutron and proton, and the Creator and Mitra. It's not splitting, it's replicating itself through the fields of love. When the STM has matured, the STP gives all its energy to it and becomes embedded within it. At the destination the process is reversed and a new STP becomes the partner, the Twinity, not an outside plasma. The new creation matches the fields of the new environment. "I made man in the image of Myself." We are like the Creator.

Mr. Keshe made it clear that our Creator is not the final Creator. He came out of a bigger environment where space was made available for Him to exist. When he write Book number 8 he will explain the M fields of which our Creator was made from.

The idea of having a "twin Soul" is very romantic, but the truth is it can be one of 2 options that we know of. First it could be our actual Twinity, it could be the Soul we came from. Or it could be a Soul that only has matching field strength to ours and that's why we feel the way we do. But then he gave the example of the heart cells changing strength after 5 years, so much for "Soul mate." Unless you connect at the level of the Soul and not P.

Perhaps all of us have had that experience where we think something and then it happens, and we get surprised, and sometimes we call it, "destiny," or we make it bigger than life and that it is beyond our control. Mr. Keshe said he wanted to take the "surprise" out of it and give us the knowledge. First of all the emotion get transferred to the Soul and it goes about fulfilling our desires. It will engage other Souls to help carry it out. So when you say, I went to the supermarket and met the love of my life. Actually your Soul made all

the arrangements. It was planned, but since you deny the Soul you know nothing about it. The Soul and P both look out of the eyes at the same time, only we accept the P as real and ignore the Soul. But remember it's not free. Whatever arrangements that are made with other Souls will have to be balanced out later. Even your children have to pay for your mistakes. It's not enough to say "karma," it's a scientific interaction of the fields, M and G, and that we are part of a bigger Soul whether we believe it or not.

Then it was brought up that every being on this planet is at the level of looking out for itself. Even the animals serve their own Soul or self, and don't live for the others. To live for the others you have to go through the process of self-discovery, or self-awareness, or enlightenment whatever you want to call it. From this we can understand that really all of our relationships including family are "business deals." I give to you, so that you will give something back to me, but it is hidden. I am sorry to bring this up, I know people like to remain in their fantasy. But next time there is a little pressure on one of your relationships, observe what happens. You don't see it when everything is "wonderful." It's only when things start to get difficult, then you find out the truth. Unfortunately we usually deny it and quickly find another false relationship to cover it up. If you have done your inner work then you can begin to accept only true relationships, but then life is a little lonely at first, unless you can connect with your Soul. This will all change when children of Mitra and the Soul start being born on Earth. If ever once in your life you experienced a true relationship, then it is very difficult to be around "normal" relationships. So hurry up and get enlightened, or go in the system in Linz, or get a Head Unit. Then we'll truly understand what it means "the New Age has dawned."

Mr. Keshe hinted at this when he said how much he enjoys being around one of the KS, and that it is like a holiday for him. He loves this KS so much. This KS had the experience of giving unconditionally when he was a medical student and sent to the front lines of the Iran-Iraq war. Every wounded person was treated equal regardless of being Iranian or Iraqi, and young or old. Keep in mind, rarely do we hear Mr. Keshe praise somebody so much. And it is usually to show us something about elevating our Soul. He mentioned about giving, and to give without conditions attached, not to give from generosity, but to give from humility, and then he tied in, being in command of your giving. It's hard to understand all this without proper guidance and experiencing it.

Here are a few extra gems. Some Souls in U mature only after 100K years and then create a child - humans make after 10 years; Daughter of Mitra recognized miles away, Christ had blue eyes at time of death; Mr. Keshe knows time of his death - done many times - will not be accident; Knew horse would throw him - should have died - proved the T works; Bab of Bahai faith shot with 900 bullets found in room finishing work; Owls hear sound of Soul leaving.

Quick Index

(We share more knowledge for you to gain more knowledge and more confidence to understand the process of Creation, and how we are created, and how we survive, and choose to survive. How did our Soul decide to take the position of life on Earth in the

shape of the body of a man, or in another position in the shape of for example, a fly, or an alien the man cannot even imagine exists, or as a speck of dust, or an atom of water?)

(In past few weeks, we opened up new doors in the knowledge of man and started teaching about Cosmic Rays (CR). Then more recently we started talking about carbon 14 (C14) and a lot of you are wondering how to connect the dots, and others are baffled trying to understand how it fits into the essence of physicality (P) and the Soul, and how exactly does it work).

(Last week, we said, that this little chap, the C14, plays a vital role in the life of the man. And we spoke about the process of what it does and how it works. Today, I will unravel the secret of life for you, and how the energy of the cosmos is converted into an energy that can be used in the structure of the man. And how man unknowingly connects and taps into the Universal Energy without his knowing. Our human scientists have never understood this process).

(To unravel this connection between C14 and C12, we (need to discuss) the structure of the calcium in the body of the man with the eye as the cornerstone of life of man on this planet. Not only Man would not exist, but the animals and even the minerals would not exist, (if there wasn't a Ca) as the seed center of every life. Mankind needs to understand this. On Earth due to its gravitational magnetic (GM) (fields), the (center of the) seed is calcium (Ca). Without it there would be no structure, even for the animals that do not have a skeleton, even for plants which don't grow anything, but have the smallest green dots for leaves, like a plant you might see growing on the ground).

Last week, I explained in a very simple way, how C14 comes in from the Cosmos as fields (as part of CR), (and then inside the body of the Man it gets converted into C12, and then (whatever C14 doesn't get used), leaves the body. The field strength of the C14 entering the body is not the same as the C14 that exits it. The C14 exiting carries different strengths and information's of energies. Some of it was lost to the body after entering, and different strengths from the conversions in the blood system were added to it as it left. (This is part of the "giving what you don't need" to the C14 on exiting the body). (The blood circulation picks up fields the cells don't need. These fields get carried on top of the Ca14 (does he mean C14??), and then are removed from the body)). This is the biggest point, which up to today, the world of science of the man has not understood.

(This is the first time, that I opened this door for you. This is also the reason you drink water, and why your life is connected to water. Water is not something to drink, just because you are thirsty. (Through water you convert C14 to C12 for the energy difference (you are ?? lacking to sustain), the life of the man).

(In H₂O, you have energy of 16, it needs to lose 2 atomic energies in its structure to become 14. Then it behaves like a carbon. This allows the Universal Energy to be absorbed by the man's body. You don't drink water just for thirst. Water is the essence of the conversion of the fields of the Universe (U) to the body of the man. That's why your body contains (so much water). (But the Universal Energy first has to be converted to

make it useable). The vacuum condition of the body, allows this conversion. But how do you (convert and deliver) it? The secret of this lies with the calcium.

Calcium has a (wide) spectrum of (plasma) energy, or field strengths from around about 30 to 32, up to around about 60, and above). (In matter state we call these isotopes). (You can see this easily in the C12 and C14. Three times C12 equals 36. And three times C14 equals 42. Conversion of Ca in the body comes from this process, as well as absorption of the (energy released by conversion of) C14 to C12. This is one of the biggest secrets the man has missed about how he lives).

(We referred many times in the medical teachings, that there is not a single cell in the body of the Man, which does not contain a calcium (seed). Why? Now we understand, because we need it for absorption of the Universal Energy. Your brain takes a direct hit from the Cosmic Rays (with the C14), then it absorbs what it needs and releases back whatever it doesn't need. (I think he means every soul in the body also receives CR directly from the conversion of the Ca seed in each cell). The seed of Ca, which is in every cell is its soul, is its structure for the absorption of (the energies). Without it the cell cannot exist, because then it could not receive the C14 conversion. The cell would die and dissolve, releasing its energy (to the environment)).

(This is why all the cells in the body change, some every 28 days, and other every 4 or 10 years. If the world of science would understand this conversion point from the CR into what we call, "the energy connection," then man would understand, that he has found the key to everlasting life).

(The body of the man, is (made of) "Mr. COHN," and lives by the communication between C14 and C12. (This is) the link between the U and the body of the Man. This is why I keep on saying, that 80% of your energy comes from the U, and not by the food you eat. Every cell in your body is not waiting for the energy to come through that 20% of the food you eat in the dimension (D) of P, to confirm (its existence). Man exists on this planet through the seed of the Ca, which receives the Cosmic Rays, and (converts H₂O to C14, and then to C12. This is how it releases its energy to exist).

(If I take the Ca from the seed of your cell, you won't exist. This is why so many of you die with chemotherapy. Because your leg bones have tiny holes, which the lymph passes through to become bone marrow. Chemotherapy increases the size of the lymph and blocks the holes. Therefore, no Ca can be picked up and delivered to start another cycle. Then, (the strength of a particular Ca, which you release through a particular hole in the bone, to make the bone marrow), dictates the term of your life. (That particular strength can be for a cell of the heart, brain, or for any other cell)).

(So you have the Cosmic rays and C14 arriving on the back of the hydrogen ?? into the body of the man, where the Ca releases C12 energy. The energy absorbed by the Ca is released to the cells. (?? If the Cosmic rays are blocked, then the water, (as a ?? secondary process), can deliver the C14 instantaneously)).

This is why you feel so fresh after you drink a glass of water. (This is also why you die if you don't get enough water, because then there is no point of conversion. (Without water) you cannot deliver the energy in the C14 to the Ca, for it to be able to feed the "star" of itself. (The seed) of Ca converts energy into the cell for it to survive).

This is the essence of the secret of life on this planet. And this process repeats itself across the Universe. (In a way, you are like a farmer who grows carrots, potatoes, and maybe has a cow and a pig, so he can get milk and meat. But he still needs other things to eat, so he has to go to the market to buy those things. At the market there is a guy who sells onions, and other guys selling other things. So the H2O is like that onion, (where you get the extra things that you need). (The body gets everything it needs from itself, or from the planet Earth)).

If man understand this, and provides that H within the structure of the O, as an absorber, and not as an energy releaser, then the secret of life for men across the U is guaranteed.

(This is why we are running this test of feeding you this week. We are feeding those who joined us for the "Dining with the Creator" Session. Everyday this week we've been feeding them at the "table of the Creator." (They connect to the system in Linz once a day to be fed). But they haven't understood it. As Azar wrote, "I smelled a kebab, and I smelled this or that, but I didn't get the energy." That's because you came for the odor, you didn't come for the "Essence of the Creation." Many of you still eating food. You haven't understood how to handle the "Table of Creation.")

(Next week we'll continue the same feeding times from Monday to Friday. We'll open the "table of the Creator" to dine with Him. But this time you should bring your "food," and then you'll see what you will gain. (This week) you came to take, and you walked away empty handed. Because you are still hungry, and you're still eating food. This time come and bring your sincerity, and the combination of the fields of the Creation, you'll receive the "food of life from the Creator.")

(This time you came to steal. You had the thought what am I going to eat, and what am I going to feel? You didn't come to feed. You didn't come with the thought, "what can I give to the others?" I set the trap for you, by putting every (kind of food) possible into the system. There was everything from rice to meat, to fruits, and flowers, so that you would feel romantic, and a red rose leaf. But you all came to take. Even the water you drank was there to give, (that is) if you understand the structure of life on this planet. If you understand the process of the absorption of the energies of the Cosmos, then you understand, that you can create anything. Because upon absorption and conversion some of these (fields) become potassium, phosphor, sulfur, and everything else. (Man can feed himself with C14 in the essence of water. (These field ray interactions between the conversions and the fields of the body, become the plasma of the elements the man needs to survive)).

(When we understand the true essence of the process of Creation in the U, it becomes so simple. But our doctors and nutritionists haven't got a clue. (A lady wrote to me about

opening a Gans factory in Shanghai, China. You can open a hundred factories, but it means you haven't understood (about the new knowledge that we are about to release). With one knowledge, we can feed the whole nation without a single food on the table. 1.4 billion is nothing, when compare to multiplying an order of magnitude of 1.4 billion. In the next few weeks we'll speak to the Chinese government)).

When you understand the secret of Creation, you can give enough fields that it creates warmth and heat, then you can swim in the depth of the ices of the oceans of the Universe, and you'll still survive.

(What we just explained to you is where the technology (T) is going. Our new systems will be built and work on this conversion. Now, if the world scientists understand this, none of you should ever have a cancer. If you do it can be handled within one second. If the world scientists understand how (to create this interaction with only cells of the brain), then there shall be no depression, MS, Alzheimer's, nor anything else. Because each interaction with the structure of the Ca and the CR, which enter the head and are converted in the brain to the fields of the emotion, "which the ?? creator fields, as the man does.")

(This is why we started teaching you about CR, and the knowledge of C14. C14 as a plasma rides on top of the hydrogen of the U to deliver its energies. Without this we couldn't exist in the physicality (P). We need to understand how it does it. (Every point in Creation has a seed, this gives it a reference point for that life to exist at that point, time position. "I made man in the image of Myself." Even the Creator has a seed of Creation for itself).

(If you understood what has been said in past 20 minutes, you'd throw all the chemistry and medical books of the past centuries into the rivers for lack of knowledge. It will take man thousands of years to unravel this secret, that I have written here on the whiteboard, even though it's so simple).

Now you understand why when you die, your skeleton stays behind. The stability of the Ca48 dictates the life. Not all your bones stay behind. The part of the Ca in the bones, which are between 36 and 60 plasma energy level will disappear. Why does Ca have isotopes of around 60? Go to the chemistry books and read it. Because from 60 to 65 it can deliver its energy directly to Fe, Zn, and Cu. (These are the basic elements needed for the man to exist).

Now you understand why you have a Ca within every cell of the body, be it the muscle, brain, or blood. Ca40 in conjunction with C14 is the distributor and converter of the energy of the U in the body. (The body is like its own small Universe. "God is Creator of all, and the man is the converter of some." He even converts some of the rays of the Creator within himself to survive as a man. I am the Creator of my own, as I have created, to be the Creator of). Now man understands this.

(When you see another being in the Universe, you look at what combinations it has of C14 in the plasma condition. You do not look at the atomic structure, with the number of neutrons and electrons in it, but rather, what energy packs does this creature convert, and also what it cannot hold onto, (meaning what it gives to its environment). It cannot take something from the energy that it doesn't need. (And it ?? cannot kill). (Man will man understand what emotions are related to the different lights emitting from the body. For example, he might need something from the red and a pink colors, because this goes with the Ca conversion in his body for what he needs to survive)).

Now you understand that you do not need to kill, and where all these teachings are coming from and where they are going to. I didn't come here to teach you about MaGravs or Gans's. You're so naive. But it was the only way we could show the power and essence of the Creation and how you can tap into it. The "Fountain of Youth" was the dream of the man. (If you understand the structure of life you are always young and shall always live).

(As I always say, you have no choice but to understand. Now get your scientists to understand this process and you will change the direction of the life of the man on this planet. Throw away all your medical, chemistry, physics books, because they're nothing but nonsense. After all this time, you still cannot cure a simple cancer, nor heal a simple cut on your finger. You have to wait for destiny, and the amount of time the body needs to receive (enough energy to go through the healing process). The knowledge of the man is even less than that of a creature who can create his own tail).

(And yet you are so proud, and call yourself the "king of the Creation." You're the king of the stupidity of not understanding the Knowledge of the Creator. That's all it is. (As individual's, when we become arrogant, then we lose sight (of the facts). This is what has kept the man from (seeing the facts about Creation). He never understood the conversion, nor the process of the conversion of the fields of the Universe, which comes from the Creator into the body of the man).

You made all these chemicals and pharmaceuticals, what we call, "pharm-suited" for stupidity, and not for curing the man. (The reason we are developing (these new systems) is for our people and you to understand, and gain trust to be able to move to the next step. We make it available at the strength of the Soul of the Man (STM)).

(In a very simple and childish way, I have brought you to understand the process of Creation, and the conversion of the Creation into the physicality of the man. Mitra, bless her name, brought this knowledge (to Earth a long time ago), but the man ignored it. If in the right way you combine the Ca with the CR you will get the "love of Creator." The emotion of love comes from this process of conversion. The waters of this planet have the right combination (of fields) to nourish what you call, the love of man).

Now you even understand why the Creator fell in love with Mitra, and Mitra fell in love with the Earth. Through the love (they had for) each other, they released the Knowledge of the Creation (to man). Otherwise, not only man, but also the Universe would have

remained living in the dimension (D) of ignorance. When you understand this process in the true essence of Creation and conversion of the Universal Fields, then you will have access to the Unicose. If you remain ignorant of it, then you will die of cancer, and everything else on this planet.

The smallest fields in the Universe will disassemble the plasma of the body of the man. Now you understand how much knowledge there is still yet to give you, but I remain humble enough to walk amongst you as a man, with all the pitfalls of existence.

Understanding of the Totality of the Creation is the job of the STM, as the body of the man is (too) fragile. (For example, if you move outside of the gravitational magnetic fields of this planet, then you cannot even absorb energy and you won't survive. You have not yet been taught how to absorb the dimension of the fields of the Universe. If you fell in a pool of water, where you couldn't breath, then you would die from a lack of oxygen, even though you are surrounded by it. This is because your emotion and your cells, or the fields in your brain have not learned about the Cosmic Rays that are within the water itself. If you learn how to use it, because it's an absorber of energy, then you could survive within the water of the pool).

You need to understand the "emotion of conversion" in the brain, then you can survive in any position in the U, or in the depths of the oceans or the highest mountain peaks on this planet. You can even survive the coldest places in the U. Because through your Soul, and the Soul of the Physicality (STP) within you, you learn how to convert the energies. (When you leave this planet and go out into the U the STM carries within itself, the energy of the STP). Now, this becomes your Ca to feed you within the structure of the plasma of the STM. (Whereas in the D of physicality, your Soul is encaged within, and it feeds you from inside, and every cell (has the Ca seed) connection. If you remember the example I gave of the sheep skin being turned inside out, and all the hairs look like fields radiating out, then this is like that, and it has a purpose).

(With all this Knowledge mankind has no choice now, but to come to the point of peace. He needs to find peace within himself, and then with the rest of the Creation and the Creator).

In so many ways, if the world of science of the man understands the teaching of today, then man has opened up a new gate to the world of understanding and life in the Universe. Maybe, maybe one day, if man matures enough, I'll explain to him the life in the Universe and Unicose. (In the Unicose the process of the gravitational magnetic fields of the Creation and life), are connected directly to the Soul of the Creator. (Maybe he means those beings don't use recycled fields, but ones straight from the Creator).

(At the moment, the fields the man receives have been regurgitated and chewed by countless entities, before becoming the body of the man. The fields of your body are not just second or third hand fields of the Creator, they have been chewed up billions of times already. The physicality of the man is nothing but leftovers of many generations of Creation). And still you're so arrogant

(One needs to understand how the energy fields of Creation are transported. The load on the energy fields is the secret to survival in every dimension of the Creation, be it on the planet, Solar System, Galaxy, U, or in the Unicose. When you understand this, then you have access to the Soul of the Creator. (?? You can create yourself through your own structure, the Creation of life)).

Step by step in a simple language I have unraveled this knowledge to the scientists of the KF. They are developing the process of the creation and conversion, from the "Soul of the Creator" to the STM, to the D of P of the man.

Today, we have hundreds of thousands of people who are cold, and starving from a small earthquake in parts of Turkey, Syria and the rest. (If their leaders would accept this new level of knowledge the man has reached, then we could feed the totality of the victims with a wish. But first man has to come to peace. Then we won't have one side of the border starving, while on the other side there is plenty. Man made up this imaginary line of borders, and he let's the ones on the other side die).

(Every knowledge is a gift, but it depends on the one who receives the gift, and how he uses it. A knife cuts both ways. It can be used by a mother to cut food and cook for her child to survive. Or it can be used to kill another. As long as the man kills, he shall not receive the gift. The life and emotion of the man should be a "knife of love," that it cuts and gives. Like the mother who cuts the fruit with love and care, so that the child receives the best part of the fruit). This has to be the essence of the creation of the man.

If you understand the totality of the conversion (of the CR, then every radiation (in the U would be open to mankind), even the ones you cannot even imagine exist. But you don't yet carry love in your hands. (It can be released as a radiation field of love). (Even in your skull it radiates different fields. If you open the skull and go deep into it and expand it, you will find different structures of Ca, and each one is connected to absorb and radiate back certain field strengths inside it)).

(The skull of the man is biggest converter of the energies of the U, but man has never understood it. When you die some of these energies just disappear, because there is no use for them. The only structure of calcium left behind is Ca40 and maybe Ca41. In some cases, you carry Ca46. (Understanding Ca46, the man should have been able to gain the knowledge of Cosmic rays, but he never understood it)).

(Ca46 is in the bone structure, and you have C14 and C12. You came in with (energy level of) 42 and 48. Then it gets reduced, absorbed, and releases energy. But man has not even understood, that if you left behind bones, it means a man was there. Then if you look into that bone structure you'll understand the history of Creation in the U. But at the level of the fields of this planet).

(But Man's scientists have been too busy cheating each other and the others, to even try to understand the process of Creation. This limitation of knowledge has created a mayhem

for the man, and resulted in many prophets and magicians, be it from Moses to a chemist, and the biologist to the professors).

Yesterday I was talking to one of the leading world ambassadors and a very powerful man. (He said, the president brought in 3 top scientists from universities to analyze the plasma technology. And they all 3 rejected it. We asked them why? The reason they gave had nothing to do with the KF technology. They said, if we accept this, we have to throw all our books into the river. How am I going to be a professor? I said to him, ask the president who is the real thief of the nation?)

Chinese President Xi knows that, this is the reason the country cannot move forward, and he still has to steal from the others. It's his own scientists who are blocking the knowledge to be transferred to the new generation of scientists. (We saw how China handled those who were caught taking bribes, they ended up hanging about 60,000 people during the past five to ten years. This stopped the bribery. Soon we'll see the Chinese government will put these leading scientists into prison for stealing, for not allowing the nation to go forward with the technologies).

(China has some of the best scientists, but they're thieves. These top named professors and leading scientists stop the T, because then their research papers are worth nothing, and at 40 years old they don't know what else to do. It's the same with the rest of the man's structure of life. It is not that you don't understand. (But it's that you rely on those you call, professors, priests, and prophets. They end up being thieves of the technology so they can keep their meager idea of themselves as important)).

(What we taught today and in the past weeks, in how (you convert energies of the U to feed your Soul), should create a new seed of understanding in all of your Souls and physicality's).

At the moment, the human race is not controlled by the banks, (but rather by the ignorance of your scientists and professors, and those university professors who have no understanding of the technology, but cheat to get to what they want). Half of their thesis's are stolen from other scientists.

We are in the same situation with the world of politics. (Every form of government whether parliaments or senates have attached religions to themselves. The religions have a say, so that they can control the cheating of the churches, mosques, and the rest of them. We have the thieves of scientists, and thieves of the STM working together). How can man progress?

You have to decipher the knowledge, not me nor nobody else. You decipher it according to your intelligence and what you want from that intelligence. (Then you can create a new dimension of science, one that understands the interaction of the fields of the U, and nothing else. Science means making sense of things, and nothing else. But it has to make sense according to the world of the Creation, and not to the cheating scientists of the past and present, to protect a piece of paper).

(When my degree came from Queen Mary College, it came in a toilet roll. I refused to go to graduation. I opened my certificate of degree and stuck it under the toilet roll in the bathroom. My mom came and said, what is this hanging here? I said, that's my degree. She said, are you stupid? I said, mom it has no value, it's a man's value. That's all it's worth. I have to carry the intelligence and knowledge within myself. Otherwise, it's just a piece of paper, worth nothing more than the toilet roll. (But the knowledge has to be given in the correct way)).

I understood what's written on this white board 60 years ago. I created the first reactors 20 to 25 years ago on the same basis. And it works. (But I have to do things in a way, that the man will not call me a magician. Man has to understand the process of Creation, and how the Creator is transferring His energy to you. Then you can use this knowledge to every advantage of the mankind).

(If you take from it, it becomes gravitational (G). If you give to it, it becomes magnetical (M). Isn't this the way I taught you how to make your MaGravs? The knowledge is the same. It should make no difference. My degree came in cardboard box rolled up exactly like the center tube of a toilet roll. So I put it under the toilet roll. My mom sat and cried. She said, you've wasted your life. I said, no mom, I have gained my life).

Understand the process of conversion, transportation, and transmutation. You transport physical matter, but you transmute plasma energy. Then you'll understand where and how, and what you want to create. (Think about how many years it took you to find out about the "magic liquid" in the Coca Cola bottle. It was only caustic. And then you created the Nano materials and everything else. You created a diamond structure on the same (?? Cu metal). Then the stupid scientists, or what I call ignorant and arrogant pedophiles, the people in the University of Brussels, said that I was using (nuclear) radiation, and that I was a terrorist. But you don't need to do that. It's nothing to create the most advanced fields of the radiation anywhere in the world. But to the stupid Belgian scientists, (KF became) a terrorist organization. They terrorized the Keshe technology for years due to their ignorance. If you understand this nuclear weapons are worthless. It's like throwing a match into a river. It's just like a sparkle).

If I release this knowledge in the dimension of the nuclear plasma energy of the Cosmic Rays, there'll be no Earth left, let alone worrying about nuclear bombs. In fact, as I said to the Americans on a table of discussion in Seoul in 2008, I can use your own nuclear warheads to make food out of it. Not to kill with it. Because you have already purified it to the level that I can use it. So there is no Ca or Zn in it. It's a very pure high level plasma and I know how to convert it. I can also control it. With one nuclear warhead I can feed the whole of the galaxy, forget about the Earth. But you have to understand how to release it.

Up to today you never understood why you drink water. What's the reason that the minute you touch water to your lips, the thirst goes? It's a rapid conversion in the vacuum of the body to open up the hydrogen in releasing the energy of the oxygen to become

equal to the Cosmic Rays. Then it can reach every single cell of the body of the man. So drink more.

(It's time for mankind to move to the next level of understanding the Knowledge of Creation. Next week and the week after, I will unravel knowledge, that you could not even imagine exists. We'll do it the way we've done it these past few weeks. The reason you can understand this, is because you came with me through learning the Nano coating, Gans's making, MaGravs, and the rest of it. You as housewives, pensioners, boys in college, street cleaners, have more knowledge than the professors at MIT, in space technology and energy).

(But you have to understand the process of Creation in the true way and be your own teacher. But also watch and learn what the others have learned. And don't become arrogant in what you have understood. Become humble and share it, then you will progress and move to the next level to understand more. Then you will understand what life means in every point in the U, irrespective of time, place and position).

There is no time when the life hasn't started. We celebrate the birth of a child from the moment they take their first breath of air from this planet, and we call it, the birthday. We don't celebrate the day when they are conceived, to become a Soul within the womb of the mother. (That's when they showed the essence of their creation. Again, man is so much in the D of physicality).

(Then you understand why the children of Mitra are celebrated from the point of inception, and not from taking the first breath. Then you celebrate the starting point of that creation. What happens if your child is born on another planet in interaction with another Soul from another dimension, and doesn't take air, but stays as a Soul? Does that mean it doesn't exist, or doesn't have a birthday or a time of conception?) Then you know how children of Mitra will be created.

(There is no need for an egg and sperm to create life. If you understand theology then ask yourself a single question. If Adam made Eve from his rib, did he have an egg and sperm? Or was it the love of the essence of the fields of the Creation? But man is still looking into a different dimension. This is how you create the "children of the Universe" in the U. (For example, they are made from the fields of the essence of Creation on Earth, together with the fields from another essence of Creation at another position in the U. The two entities become lovers, and through enjoying their love they create a Soul and start a new life. These are the children of the Universe. Sorry, the being planet Zeus doesn't carry any sperm or eggs. It's not in their creation).

(So if man doesn't have understanding then he cannot create a new life in the other dimensions of the U, because he only carries a sperm and egg? How feeble the understanding of the man is, in respect to the Creation of the love of the Creator. Did God send a sperm and egg to Earth to start life? Now you understand how wrong man's mentality of Creation has been amongst the human race). The Arab's have a saying about man's stupidity, if you cannot understand, it's because somebody else is wrong.

(Today we gave you from the love of the Creator, if you understand it, man will find the secret of life in every dimension of the U. It will take centuries and thousands of years for man's scientists to understand what you felt in your Souls about the knowledge given, and that it is without the D of physicality. Today, you all received your PhDs, professorships, and graduations from the "Soul of the Universe," and not from the stupidity of the universities of MIT and god knows the rest. One day I'll explain to you what "MIT" means. Man ignorance. You have to look and understand the process of Creation, and which part (you can use to enjoy and contribute to create the next process of life). After the break we'll try to solve the riddles of the Creation by the Creator.

End of Quick Index Part 1 - 475 KSW

Q: The fish in the ocean have an apparatus to take oxygen and release hydrogen. (We don't have that for breathing inside the ocean). To (absorb energy) do the fish use the emotion, or just that apparatus?

K- It's the way we create the apparatus. (We have something in our body to convert energies. But this is for part of the 20% we get from physicality).

Q: (I was in the ocean this week and I was testing floating flat on my back and letting the ocean move me. Then I tried holding my breath under water. So I was wondering if I can use my emotion to breath the water like the fish do). How can I do it?

K- (In the brain of the man, and the Soul of Physicality (STP) there is a point of interaction. If you reach that point, you can use the physicality (P) to do it).

(This KS had been going to see a lot of different so called, spiritual gurus. And Mr. Keshe said, you know, you travel around the world to go and see all these what I call, cults. And some of them can survive without eating for 20 days, and others for years. They have found that secret in their body. But most probably they cannot teach it to somebody else, because they don't understand it themselves). (In India when a guru is happy with his disciples service he can give a mantra to do these kind of things. But you never hear anybody explaining how it works).

(In the depths of the ocean, if you know how you can switch (to absorbing the energies rather than breathing oxygen, then you can survive). Because the water around you is absorbing all the fields of the Universe. Even though you are in the water, you are not able to absorb the energy. So you have to learn how to switch over to absorbing the fields directly without going through the lungs).

Q: (Do you mean switch and become like a fish?)

K- (No. You switch to receive 100% of the Cosmic Rays (CR) and fields that are all around you).

(One of the reasons that salt in the depths of the oceans are there is to absorb fields from the Cosmos. The citizens of the oceans can receive CR for their Souls. Even the fresh water lakes have some salt in them. (The salt makes) them alkaline, or what we call, gravity so they can absorb things). You call it alkalinity or acidic, but you can also say, gravitational (G) or magnetical (M), or even a receiver or a giver. At (every) point in the U there has to be a point of receiving and giving at a particular field strength. Energies just don't appear out of nowhere. It's not a "magic fountain" where you stand at one end and the water just keeps on coming out, but it has no source). (Everything has a source).

(Once I made a little device that constantly dripped water. But it had no (apparent) source. There was a special spring where people used to come from all over Belgium to drink this water and some even took it home in crates. They said it was good for eye problems, and that it brings healing).

When I heard this I said, the people don't understand. (It's not that the spring water itself was good for the eyes. Rather it passed through some places on the mountain where it picked up a particular MG field strength, which matched the strength needed for some of the liquids in the eye. Actually, you don't need to drink it, you can just wash your face with it and you will transfer the fields). Now we understand the science of it.

(So it is with the depths of the ocean. If you can tap into the energy source, that equals the strength of the cells in your body, then you can receive the energy you need without having to breathe. It doesn't matter if you're in Atlantic or Pacific, because they are all connected to each other).

(So you nearly drowned in the ocean and took in lots of water. What would happen if I throw you out of the Spacelab into space? You would die the same way as you would have drown in the ocean. Now you understand the energy source of your life, through CR level, but in the D of P. Man will die if he gets thrown in the space. That's the biggest fear of astronauts and the ones who go to the Space Station, that if they have to go outside to fix something, then if the cable breaks they are done for. But I can go outside without a cable, because I know how to tap into the Cosmic energies and live a free life. But it needs education and understanding).

(Like what it says in today's Intro video, you should be able to live anywhere in the U if you can tap into the Universal Fields. On Earth Ca is used to tap into, so now you understand why you have a seed of Ca in all your cells. But what about on planet Zeus? Before your Soul leaves your P, the STP gives all its energy to it. In a way, the Soul has a seed of P inside, so that when it arrives at the destination, it reverses the process and manifests a new P according to the environment. But you have to understand the point of conversion, and then you'll survive anywhere in the U).

(You use your Soul to create the first structure of life at the new destination. This is what the Creator did, He gave life to "Eve." He took from His inner dimension a smaller package, and manifested it. (I think he means that in this process the Creator received energies also from the Universal Community to create the new life). What we call our

Creator is not the (absolute) final Creator of all. (There had to be an environment for our Creator to exist, so there must be something even bigger)).

(I will write about this in book number eight, about the M fields of the Universe, and its origin. It will be about the M fields our own Creator was created out of. Then you'll understand about how you play with the position and the strengths, and how you bring one to interact with another one, which then gives life. If and when you understand it, it becomes the most beautiful thing).

(In my books I call the Creator, the "Fundamental Plasma," and (how) it converts into two smaller plasmas. Read the books. Isn't the Fundamental Plasma the same as the neutron and proton, or the Creator and Mitra? (Mitra came from within the Creator, she already existed).

(It's something like the floating "plastic islands" of waste you have floating on the oceans on Earth. They all gather together from all parts of the ocean. What happens if these plastic islands of energy get created into another moon? That is if the Earth cannot hold onto it as a field, then it will reject it in one go (and create another moon of it). This is the consequences of cleaning up this planet. This is how energy packs are set up, but the scientists have not understood. (The plastic keeps crunching together)). (That makes for quite an image, the plastic islands suddenly flying up into the atmosphere and start orbiting the Earth like another moon. Then only the plasma technology could explain it).

(It's the same science of a Fundamental Plasma, (or a neutron) converting into a proton and an electron, or the Creator into Mitra and the Creator. (It's the love that connects the two). (At the time of departure the STM carry's his "Spirit," or the STP within himself to manifest as an atom). You call that a twin star. The Twinity of a star comes from within the Soul itself. It's not another piece of plasma (from somewhere else). Our scientists have proven, that we have a twin star and every time it comes close to us, as it's the creator, it has so much energy and love to give to the Earth. During these times a lot of commotions happen within the Earth from all the love it receives).

(When you say you find your twin Soul, is it the Soul, which together you were created out of the same plasma? Or is it a temporarily field balance that is equal to you, so that you can interact with it? Remember, you fall out of love usually after 3 to 5 years, because you absorb different energies. So, before you dive into the ocean or jump out of the Spacelab first understand how you're going to convert the energies you need to live).

The KS talks about the Session of "Dining with the Creator." She got the odor of the food but could not taste it.

K- You received the odor as an energy and not as a food in your stomach. (It was the emotion you needed and not satisfaction of a physical hunger. This is what you have to understand. Did you have the expectation of wanting to be fed, or you wanted the pleasure of the emotion?

The KS felt the system gave her what she needed, and brought her lots of joy and total relaxation.

The people who joined us for the last week of, "eating at the table of the Creator" will go through different experiences. They will go through massive experiences in the next week or two. (And next week we'll run it differently. This time the table will be empty and it's for you to bring something for the others to enjoy. It will be like a picnic, each will bring something for the others to eat. Next week it will run from Monday to Friday at the same time, 4 to 7 PM (CET)).

In April we'll run a session for addiction, because we already did the tests on December 19th and we had some results. (And yesterday, somebody who was alcoholic went in the system and afterwards didn't want to touch alcohol. But we have been doing this for years through the plasma technology. Invite all your friends who are addicts to join us. If you are addicted to sex, love, cocaine, alcohol, gambling, all come in. But when you walk out without your addiction, don't say it was coincidental or accidental. Sign in your brothers, sons and daughters, and yourself, or whatever, for the addictions you have. See what difference it makes). On March 24th we'll sit with the World Presidents, and see what you can give for the peace. (We are working to have many world leaders and ambassadors in this Session). (Try to learn from the experiences, and what you can give back).

(I'm meeting with one of the world leaders in the next few days. He hasn't come here out of pleasure of the technology (T). He wants to save his presidency and he needs the KF. He asked for the meeting, not me. His ambassador said, Mr. Keshe, the president wants to see you. What can we do to change the course? I told you many times, people will accept this T not out of its beauty, but out of fear of the demise of themselves. I asked KF management to be ready to fly with me, because I'm not going in on my own. We're going in as a technology).

Understanding the process is important and also how you live, what you give, and what you take. Never question, "why am I giving." Never give out of generosity, always give out of humbleness, then you will receive. Then jump in the oceans of the U and see if you can get drowned. (When you floated on your back in the ocean you left it to the course of the ocean, or the U to take you (somewhere). But it is very important that you understand, that you have to be in command of where you want to be. This is another problem to solve).

Q: (But I do command, and now my command becomes reality. Because I don't know why, but when I think of something, then it happens. Now I have no desires anymore, and if I say, oh, this is nice, then I get it, and I don't know why it happens. In the beginning when it started happening it was a kind of surprise, but now I'm used to it, and just a little bit caught by luck. Wow, when I think about something then it happens).

K- It's because you have not understood what we said last week. (If you understand what we taught last week, then you don't need to be surprised (when something like this

happens). Let me take the element of surprise out of you about this. Mr. Keshe draws how the Soul and P work through the eyes and the brain. In the physical D you think with this little brain. At the same time your emotion transfers (its energies) to the STM. And the STM goes about fulfilling your emotions, or desires. However, you only see through the physical eye, and to you it appears like magic, but really it is the work of the Soul. Whatever you say you want, it puts in front of you. Even if it means asking other Souls to help make you happy. Your Soul might say to another Soul, "she'll be happy to see a flower," and then the other Souls help make the conditions for the flower to turn up). When you understand this, you won't be surprised anymore.

(There is a connection and interaction between the P and the Soul. You actually live in two dimensions. Your Soul in interaction with the other Souls help manifest your true wish, so that you can see it with your physical eyes. So, don't be surprised anymore and start living the two lives of the Soul & P together, because both see through the same eye, through the same hole in the skull. One in the D of P, and one is the D of the fields of the Universe, what we call the STM).

(Like what I said before, the minute you drink water, your thirst goes from everywhere, because of the field transfer. When you wish it, the STM in conjunction with the Soul of the taxi driver, or anybody else brings the friend in front of you. (There is no surprise, because the Soul makes the arrangements).

Then you have managed to build a connection between the STP of the man and the STM. (Both vision of the STM and STP come out of each eye at the same time, and you see with both together, but you only recognize the physical vision). Now you have the knowledge you can understand that you live a schizophrenic life, one in D of P of the life of the man on this planet or anywhere, and the other in D of the fields of Universe). So there is nothing to be surprised about.

(You can throw yourself on the oceans, but then brings it back to the same point. When you say, you can lay down and see the fields moving. I used to do that so frequently, that I got fed up with it and stopped doing it. I used to spend a lot of time in Bahamas. It's a peaceful place. (Many times I floated around on the ocean and I would get to a place where I couldn't see anything around, no islands land, or nothing. But after an hour or two, I would wake up and find myself at the same place where I started from. I asked myself, how can I get myself out of this? I just want to go out and get myself lost. So why do I always come back to the same spot. I don't end up in another island or anywhere else).

(The water there has a specific M field and it's peaceful. I would swim in the middle of hundreds of thousands of fish. I was cocooned in them. But in the end, I always came back to the exact place I started, not even a 100 meters away. It was always exactly the same place. It was because my Soul had to get back there, because my children were waiting for me on the beach. Did their (Soul) call me back to the same point?)

It took me a long time to unravel how I always used to end up in the same place. We need to understand the process of the fields of the emotion, and not the physical D. Then you can do anything. (If you wish something, then it happens. But really, it's not that I wished it). (In a way, there is a kind of agreement among the Souls. For example, if there are 2 Soul in a booth waiting for food, and I get the food and the other doesn't, why? What does that Soul ask from me, and I do it for them without knowing it? Why do you suddenly walk into a place and meet somebody out of nowhere? You say that it was destiny, and that you had to meet. But what if your Soul actually made the arrangement for you to be there, that your P had to interact with somebody, so they could receive something. It's not always just about you getting something for yourself).

How many times you say, what am I doing here? (It's because an arrangement was made. Maybe somebody wished to see you. Or somebody did something and your Soul acted and made you appear there. Or you caused an accident, because the passenger of the other car, had to do something, and asked for help from somewhere, and the accident was the result of the call for help).

(These occurrences are not just one way. It's not always just for you, or you wished something and then it happens to you. This is the selfishness of man, and how he thinks he is the center of everything. It's the same as what I told you about "Dining with the Creator," you came to the table to steal. Your physicality does what your Soul wants. (Maybe you have a friend that wishes to see you and you bump into them. Or the Soul knows there is somebody wanting to be loved, and you go to a supermarket and you meet the woman or a man, and you fall in love and that's it. Was it coincidental, or was that Soul wishing to have someone to love, and it just happened to be at the strength that matched yours. Then your body is brought there)). Nothing is coincidental.

(It's not about saying that whatever the Soul wants, then it happens. It's also how you live your life, and the amount you give, is the amount you receive. (There is always a balancing of the fields). But man has not understood this, and this accounts for 80% of his demise). (This is much deeper than saying, "oh, it's your karma." It's really about understanding how the true emotions interact with the fields. You can fool yourself, but not the balancing of the fields).

(A good example of this is when war veterans come back and have huge emotional problems, and they can't seem to understand why. Just ask them who did you kill? And why don't all the veterans have the same problem? What did you cause, that you go through this mayhem?)

(Even if you think you are safe because you are thousands of miles away in the deep underground bunkers of the American nuclear sites and you push a button, to shoot rockets at a base somewhere in the world. The man you killed in that base is also a father, brother, and somebody's son. Without you knowing you pressed the button of your own annihilation, while sitting safe in the bunkers in United States. Then watch what happens to you, your children, or your father. Your own son will pay for this through the balancing of the fields. (If you really understood this, would you knowingly feed this

kind of poison to your own children? You pushed the button to kill another, but it came back to you and your family in a different way)). (This is not just about war and killing, it also cover all our behavior, when we lie, cheat and steal. And the same effect occurs when we do good things. It's about having the true Knowledge of Creation).

(The KS was telling about a Persian man who was talking about how we interact with people. That basically, when people come and do things for you, it's not out of love, but that they really want to get something from you. But it is unspoken and hidden). (Another term for this is, that our relationship are mainly "business deals" with each other). Then she said the following.

Q: (I couldn't understand why he was saying this, because inside of me this never existed. This was the first time I ever heard that, people help you because they want to get something from you). How does it work?

K- (It work's like), usually if I go to work, I expect to be paid.

(Mr. Keshe told a story about a KS he loves and that he enjoys being with him. When he was a medical student he was sent to the front line during the Iraq - Iran war. He said, that it didn't matter who came in for treatment, whether they were Iranian, Iraqi, young or old, his job was to save lives. That's what unconditional giving is. You don't expect something in return, you are just there to give). This is the essence of it. When I spend time with him, I call it, a holiday time. (It's amazing how the essence of his Soul is different. He is an amazing guy, and I have a lot of love and respect for him).

(Are we always there to take? We give something to get something back. We feed the chickens, because we expect they'll lay eggs, and then later on they will become meat for us. We don't feed the chickens just to enjoy giving life to another being. And when they stop laying eggs, then we slaughter them, because they're no use to us anymore).

It is part of life of the man and his expectation. When you live without expectation, then take what comes to you, and the way it comes. (To do this man first has to have respect for himself).

Q: (You can find this on Wikipedia what the scientists say about cosmic particles penetrating the upper atmosphere of the Earth). These neutrons thus are free to collide with nitrogen atoms, causing the emission of a proton and the transmutation into carbon 14. The photons provide the energy to the water. He mentions water is the fourth state of matter.

R: Is there anything you'd like to say about that, or do we let it stand?

K- (In a way, maybe the interactions of cosmic rays create such things, but this part amounts to a fraction, of a fraction, of a fraction of the whole. The rest of the cosmic rays go right through the Earth, and through your body, and everything else. Some of it might interact with the upper atmosphere. Yes, it does. And some of it might convert to become light. But this is not the only way that it's done. (So what happen to what they call the

neutrinos. They haven't found them yet. And what happened to the other energies they talk about?)

Q: (You talked about taking a different birth time. Then what happens to calculation of the astral themes, signs, zodiac calendar, from this point?)

K- That's the man's decision. (What happens if you take the time of conception, rather the point of taking the first breath? They say, that taking the first breath is so horrible that the Soul cries and the child follows. That's why the children of man cry when they are born).

(In Chinese culture they have a beautiful habit and tradition of preparing themselves before wanting to conceive a child. They control their diet and other things and have certain ways of living to prepare to create a perfect child, or near perfect. As the creation of the child is caused by their interactions).

(Man could also choose to do the same, but instead, preparing the Souls? Those of you who will create the "children of the STM" will learn it. (but you won't be able to understand it) until you go through it. Children of physicality are totally different than children of the Soul. Both your body and also the interactions of its fields changes. Age is irrelevant because the Soul dictates).

(It doesn't matter if you have gone through different kinds of operations not to create sperm, tying the fallopian tubes so that you don't release any eggs, you still can get pregnant through the STM, with the Soul of the children ??).

(In the early days in Belgium people used to come to me for using the T, and sometimes we had women in their late sixties and seventies. I explained to them that they might get there periods back. It's because your Soul was touched, the physicality is irrelevant. The P is ready to give, and they found a new life. But in those days I couldn't explain to people, the "I touch your Soul." Or that the Soul is still young and wants to give life. And I used to tell the grandma's, be careful you don't become a mama, unless you want to).

We understand the knowledge, so it's easy to do. The children of the man created through the Soul live a different life, than children of the man from the same parents who are created in dimension of physicality. (A totally different life, they have different behavior, and different approaches to life).

(When you see the "daughter of Mitra," you will recognize her from miles away. When you see the "children of the STM," you'll know them from miles away also. But when you see the children of the STM with other creatures from the Universe, you see them from other Universes. You'll feel their fields and their strength. It's not just a visual contact. (It feels like magic, but it's not magic, because you understand how to do it).

(As I explained to Azar, it's you, you make the switch in your brain to absorb the fields. Then you don't get drowned, you switch to create the essence of the best of the Universe

within you. You create another Sun, or another Soul. If your partner is of the same order, and also wants to create a "Soul child," then you can do it. It does not need to be in the womb of the mother. It can be in the womb of the Universe).

You've got a lot to learn, understand, and comprehend. The creatures of the Creator give life in the Universe when they're up to 30,000 years old. Some mature to the point of understanding only after 100,000 years. (But man can get busy creating life around 10 years old. Man has not seen the "elephants of the Universe" when they give birth and how long they take to (bring) the perfection).

Q: In relation to today's teaching, what happens in the physical body and Soul when people go on a water fast for days or weeks, or a dry fast and purposely don't drink water?

K- (It depends how you tune your body to receive different things. You don't need to go on a water fast, dry fast, or no food fasting. You can go without eating for centuries, if you know how to absorb energies that cover a full spectrum of the need of the P and the Soul. It's not only one eating, the Soul eats too, and it needs energy for its survival. With fasting it's just a matter of training the body).

(When you don't eat certain things they call it abstinence, like not eating chocolate for example. You put different pressures on your P and Soul with abstinence. If you don't find a different way to absorb energy, it can create other problems. You can tune your body to get the energy of life from the hydrogen (H) and C14 in the Universe).

(These days intermittent fasting is fashionable, you eat whatever you like for six hours, and then for 18 hours you don't touch food. Many sports people are doing this now, and they feel good with it. They do their exercises within the intermittent fasting, and it works for them. They absorb and release certain energies. During these fasts you live a different kind of life. When you finish the fast it lasts for about 12 to 18 months, and then the body goes back to what it was before the fast. Read about intermittent fasting on the Internet).

Q: If we eliminate physical food, do we lose muscle mass, if so how do we recover it?

K- Do you need muscle mass? (For a lot of Chinese who just drink Gans plasma water, their muscle mass goes down by I think 20% and then they stabilize. The body gets tuned to what it needs, and what it doesn't need. I met a couple of these people when I was in China. They live an absolutely normal life. Because now the body starts taking energy from different dimensions).

(After today's teaching you can understand exactly what the water does. I used to know a boy who lived only on potato chips and Coca Cola, and nothing else. He ate it for breakfast, lunch and dinner. He was about 18 years old when I knew him and he carried on with it his whole life. He got the starch from the chips and the hydrogen and carbon from the Coke, and he used it to link into the Universal energy. He didn't eat anything

(else). But now you understand it, he actually was very clever. And he became a known artist in Northern Ireland.

Q: (Can you explain more about how you manifest what you are thinking about through the eyes. How do we turn it into just receiving the beauty of something for our P and Soul, that it enhances us, and we can help others?)

K- (There are 2 points. First do the others want to receive it from you? Or you are you "taking your products to the market, but you have no customers?" Were you the last one to receive the gift, the last user of it?) (Mr. Keshe goes into something about surprise birthday party, and the person may not like to be surprised. But it was not so clear for me).

(Mr. Keshe tells a story about witnessing a man who was raised an orphan, and how he was abusing his son, because that's all he knew. Then he tells about the ex-Shah of Iran and how he chose orphans for his body guards and would give them a lot of love. What they were missing, and then they would be the most loyal guards and give their life for him).

A question was asked about the "Dining with the Creator" experience and if they were playing some kind of noises that the KS said he never heard before. The answer was, could be.

Owls can hear the sound of the separation of the Soul, because it has a specific noise rushing out of the body. Owls start crying, like the way only a dog can hear certain whistles.

(During a flight test on Tuesday Mr. Keshe asked for the Soul, and got a huge pressure on one side of his ear. He said, it never happened before. He felt it like a wind coming into the room. I had this feeling couple of times before, but I (usually just ignored it). Then I asked our test pilot for transmutation to "take me back with him." And he said, he felt me next to him. And Mr.. Keshe felt being there. He felt that pressure, it's like a noise pressure, like what you get on an airplane. It was just for a few seconds, but the impression stayed with me for hours afterwards. I knew, I wasn't over there with the test pilot, but I had the emotion and feeling of being there). So we hear the coming of the Soul, it creates these noises.

(The owls have in their hearing system a way that they feel the rush, or it could be the emotion of the Soul leaving the body. (They usually place themselves near the body that is going through the death process. They hear it, and it attracts them. Then they sing with it, and they won't move from that position. Even if you shoot at them, they come back and sit until the process is completed).

(I had this experience in Belgium. I could hear the owl, and I said, that the guy next door is dying, he's leaving his body. And the next morning when we woke up, we're told that

yesterday he died at that time. I've seen this many times. (When it comes to hearing the noise of the Soul, the owls behaves and sings in a totally different way)).

Q: How did you tune into to this. (To be able to do this, Mr. Keshe?)

K- It's just by birth. (It's the way the ears and the hearing are done. Is it heard through the Soul level? Does their Soul feel the departure and then it shows itself in physicality? They sit near the body, even if it is inside a building somewhere. The connection is through the Soul, not where the physicality is. They sit there until the departure is completed. The body could be in a hospital 100 km away from their house. But they see the owl at their house. It's the Soul that sees the connection).

Q: (I've noticed with KS that when they are enjoying plasma and the conditions of plasma, then they will hear birds singing in the background or have interactions with birds at certain points. Are they bringing this field strength forward that it shows itself as a joy for the (birds), for the love and care?)

K- (It's possible. Because they are there in Soul, and they hear (through the Soul). I told you, that when we teach and share knowledge), it's not just for the man. It's for the "Soul of the Creation," so it doesn't need the voice.

Q: How would this manifest in places where there are no birds or anything? How would someone, or a being sense this in their environment?

K- (Maybe they don't have senses (like humans). It's like sometimes you feel, "oh, this happened to my brother, or my child, or whomever." And you call and they say, "yes, something did happen. We don't need to be there, we are connected through the Soul. We understand it, and we feel it).

(Personally I experience and feel a lot of these things, and I understand the logic behind it. When I was in Seoul, in 2008, and we went for lunch with some diplomats. While walking back along the park to the Park Hotel, I noticed some birds walking with me and making a lot of noise. I turned around and said, "my mother is dead, isn't she?" You are just bringing me the message. I walked into the room of my hotel and the phone rang, and they told me my mom passed away. I already knew before I got to the phone. It's the way we feel the energies of the Creation).

Q: You have a very special understanding of Creation. Would others experience what you have just spoken about?

K- Yes. We all have that capability.

Q: Is it just being aware of your environment and being tuned in, and tapped into it, and understanding the messages that are shown to us?

K- We are part of a Soul. We all have these capabilities. But it's how open we are to accept them. (And if we want to see the truth about things). (Sometimes you say, "oh I knew this would happen." But you do it anyway, why?)

Q: It's a good question Mr. Keshe. So why do we do it?

K- (Because we are part of a process to understand more about ourselves, or (to help) others understand. By going through an experience, then I understand it and have the knowledge of it).

(Mr. Keshe tells a story about going horse riding with his family in East Flanders, Belgium. When he got to the stables he passed a black and white horse, and he said to him, "you come here to take my life. It won't happen today. I'm not ready." And later he happened to get on that same horse. While in the mountains, out of nowhere, this horse "jackknifed," and he was thrown off into the mountains, and broke all his ribs. (?? Some one said to Mr. Keshe, you were stupid, why did you pick that horse when you knew he was going to be your death. I said, "no, it had a purpose. They pulled me off the mountain, and I went through coma, and everything else." They gave me no chance to live. But 14 days later I gave a lecture. I proved with the technology you can still survive with all the internal damages and bleeding).

(It took me 7 days to heal myself from ruptured lung, liver, and everything else. I had 10 broken bones on one side. But I knew what that horse was there for. Was it for me to understand? Or was it to see how much I have learned about the process? They shipped me in an ambulance from East Flanders to West Flanders to die in the hospital. (When you know and you're aware, it's you who acknowledges and decides (what will happen)).

Q: When you say you decide Mr. Keshe, is this the STM or STP?

K- It's the purpose of the Soul. What's your purpose as a Soul. I know the time, place and position in which I will leave this physicality. Don't forget, I left it many times (over thousands of years), I'm expert in knowing what's going to happen. My death won't be accidental. The Israeli bombed me in Istanbul a few months ago. The Belgians blew my car up, poisoned me, and everything else which has gone around). They killed Fabio with trying to kill me. Fabio is not here. We have this in the history of man, I am not the only one.

(Mr. Keshe tells the story of the Báb, of Baha'i faith. They put him against a wall, and some 900 soldiers shot him. But he said, I'm not finished yet. When I'm finished you can kill me. After the smoke cleared he had disappeared, and they found him in the room completing his writing. They couldn't kill him, because he hadn't finished his work. After he finished they shot him again and executed him. You can read about it. He went through resurrection. This is what the Christ did. The Báb repeated the resurrection. His life is a nightmare full of Ayatollahs and the Iranian Islamic Religion.

The Mullahs and religious people were so scared, that he could be Christ, that they didn't want only the Muslims to be involved in his murder, so they brought in Christians, Jews, Zoroastrians, and every religion, and sect of religion to be a soldier in the firing squad. That way they could say, we collectively killed the prophet of God. And some of the soldiers walked away, after the first round of firing). When the wish of the Soul is there to serve, (then nobody can stop it. It was the same with Christ.

A lot of people said, you draw the Christ with blue eyes, and the rest of it. Yes, Christ, in the last minutes before departure (from P) had blue eyes, grayish blue eyes. This is the light from the interaction of the STM with the Soul of the Creator, and with C14. It gives that (appearance) or image, because the physicality has no more control.

The color of our eye is decided by STP, and not by the STM. When STP goes weak, and the STM departs, (your eyes can change to a silverish blue. They said Christ had blue eyes. Because he knew that he was not leaving, but resurrecting into another dimension. But remaining in the D of P, because he had another job to do. The Báb did the same.

(Any man has the capability to resurrect himself. For example, if you accidentally fall in the ocean, then you die in the D of P. But if you know how to control it, you can walk out of the ocean and live. Is that resurrection, or understanding the knowledge of the Creation? (It's like if you walk away from a deadly accident, it's because the Soul says, it's not time to go yet. But was that guy in the accident), a Báb, or a Christ? Or does this happen through the eye, (where both the Soul and P look out) and the Soul protects the physicality. What happens when you hit the wind energy? It's the same with the Soul, it takes over the P and cocoons it). It's understanding the process of Creation.

Q: (What about Souls who don't understand this, are not in service to others? Maybe they only serve themselves, and not the whole). Are they receiving a different field strength?

K- (At this moment in time, every single being on this planet is not here to serve the others. They are here to serve themselves, from the lion to the king. All do it without fail. From a worm in the depths of the Earth to the bird in the skies. They're all serving their Soul. Serving themselves. It's not unique to the individual. And what happens when you serve the others with the Soul?)

Q: How does the Soul change that position, for example the worm and the bird. How would they know? Do they have to feel it and be elevated? How would they receive this?

K- (In a way, it's part of the Earth being a nursery to seed the rest of the Universe. And the other part is becoming aware of the collective Soul). When you feed humanity through the Soul, that it feeds the P, you can't just put C14 in. You have to put an amalgamation of fields that it links to every part of its existence. Then you serve.

You can take a horse to the water, but you can't make him drink. Because it's not sweet enough, even this water has some salt in it, and doesn't suit his taste. (To successfully feed the man you have to provide more than C14, you need a spectrum of conversion ??

tools, for the Ca. Then the STM can feed the P. Ca releases energy in a spectrum of 36 to 60).

Ca has one of the widest spectrum of isotopic fields. (It covers the lowest level of energy of 3 times C12 equaling 36, to 5 times C12, 60. That's why it has become the structure for the P of the man. (The STM can feed the wide spectrum needed with the Ca, then life can survive. You can also feed the man for life).

Q: Is this what we're experiencing when we're Dinning with the Creator?

K- Yeah, I wanted to see how greedy you are, and what have you come to take. (None of you brought something to give. I asked you to bring some food with you. Next week you're coming with the food, because there is nothing on the table in the system. You ate free for a week, now next week you have to bring something to pay for what you ate.

The KS said, that he actually did bring some food.

It's just that we have to understand, what did we bring, and what is the essence of why we are there.

Q: Can you explain why when my Soul exits my body, it feels like an electrical circuit being disconnected from the physicality?

K- It's the interaction of the two plasmas. (The Spirit, or the STP and your Soul. That interaction always occurs. Some people see it as a light, or an electric shock, or like a shiver. Then you say, "I've got a shiver." Basically, it's two plasmas interacting and interchanging, and overcoming each other. And it's instantaneous. That's why we say you don't fly with the flight system, you go to somewhere. It's instantaneous, because you expand the Soul to the point and dimension of the receiver). (So you expand your Soul to the place you are going to. We never thought of it that way before).

These new Head Units we are putting out will bring you to see your Creator, if you understand how to use it. They are the most amazing things you'll ever come across. Especially the new version, which is coming out in the next few weeks. It's part of the process of Creation.

Q: If we say that the Solar System is a cell, and this is from what we learned from you. Whatever (comes ?? near to) the cell, will change its condition. Is that right?

K- Yes. (But it depends if the cell accepts something from it. The change (only comes) if you accept, or take something from it).

Q: But if you kick the dog, the dog will shout.

K- Who said? Maybe the dog enjoys and laughs. It depends on the dog.

You can find much about today's teaching in the public health teachings about the skeleton.

I hope today we opened a new insight into the world of Creation, and how we as citizens of the Universe learn how to give ourselves manifestation of P as much as manifestation of plasma. Today wasn't just to teach about how we receive Cosmic Rays, it was how we can use this to give ourselves the D of P in other dimensions. This has to be understood in its full capabilities that we can go to the next step.

Q: Can the Keshe Knee Gans be applied to a broken tooth or re-growing damaged teeth as well?

K- No. It's a different. Totally different.

(With this knee trial is fundamental for the next step of the research and development. It has huge capabilities in how you use the fields of it. Partially you will learn how to convert the energies into matter state).

I think this teaching of today will be one of the most historical teachings of the KF, if you understand it. (It's for man to understand how he absorbs energy).

End of Quick Index - 475 KSW March 2, 2023

KEY-PHRASES:

SUMMARY:

ENGLISH TRANSCRIPTION

(:12).

K- Hello good morning, good day to you as usual. Wherever and whenever you listen to this series of Knowledge Seekers on the Keshe Foundation Spaceship Institute. As we are sharing knowledge, we gain more knowledge and more confidence to understand the process of Creation, and how we are created, and how we survive, and how we choose to survive. And how our Soul decides the position of life on Earth in the shape of the body of the man, on another position in the shape of god knows, a fly, and aliens the man cannot even imagine exists, or as a speck of dust, or atom of water. (:14).

Going through the teaching of past few weeks, as we start speaking about Cosmic Rays (CR), we have opened new doors in the knowledge of man. And in that process, in the past two or three weeks, especially bringing into play the carbon 14 (C14), a lot of you are wondering, baffled, want to know, try different things, and in a way, trying to connect

the dots to see where the shape of the body of the man, as the essence of physicality (P) and the Soul comes, and how it is, and the way it is.

Last week, we spoke about the C14 and how this little chap plays a vital role in the life of the man. And in that process, what it can and it does, and how it works. Today, I will unravel to you the secret of the life, conversion of the energy of the cosmos, into an energy of man, into the structure of the man. And how man unknowingly, makes connection with this, and taps into the Universal energy without knowing. And our scientists, our human being scientists never understood this.

Unraveling the connection between the C14 and C12 and what we talked about, the structure of the calcium in the body of the man with the eye, (:16). is the cornerstone of life of the man on this planet. Man would not exist, animals would not exist, minerals would not exist, if mankind does not understand the seeding center of every life. On Earth due to its gravitational magnetic (GM) ?? fault (field), the seeding site is calcium. Without it, there is no structure even the animal, which has no skeleton, even a plant which has nothing to grow, but as a smallest leaf, a smallest green dot you see on the ground.

Last week, I explained in a very simple way, how C14 comes in from cosmos as a field, and then in the body of the Man converts it into C12, and then it leaves the body of the Man in different shapes or forms, and energies again as C14. This C14 entry and exit are not the same, they are of the different strengths, different information of energies, which they lost some of it here (on entry), but they gained something else from the body of the Man conversion of the blood system (when exiting).

So what your blood did, bringing the blood circulation around, delivers what it doesn't need and calcium (means- C)14 leaves, carries it out with, a "piggy back" job. (:18). But the biggest point, which the world of science of the man have not understood up today. For the first time, I open this door, even why you drink water, why your life is connected to water. Water is not something to drink as a thirst. Water is the connection conversion of C14 to C12 for energy difference, for life of the man.

You have H₂O, 16 needs to lose 2 energy atomic structure to become 14. Behaving like a carbon, that allows the Universal energy to be absorbed by the man's body. Water is not just a thirst, water is the essence of the conversion of the fields of the Universe (U) to the body of the man. That's what your body contains it. But it cannot do it. It converts it. It's there to do. It's there for it to convert it, because of the vacuum condition of the body of the Man, allows that conversion. But how do you plant it? How do you deliver it? The secret sits in that calcium. Calcium has a spectrum from around about 30 - 32 energetic wise, to round about 60, and above.

You have in a simple language, C12 and C14. (:20). Three times carbon 12 is 36. Three times carbon 14 is 42. Conversion of calcium (Ca) in the body of the Man, comes from this, absorption of the C14 energy to C12, comes from this. But man has missed the biggest secrets in his life in understanding.

Go back on the teachings. Many times in the medical teachings, many times we referred to there is not a single cell in the body of the Man, which does not contain calcium. Why? Now we understand. The way your body, your brain took direct hit from the Cosmic Ray 14, absorbed and released whatever it didn't need every Soul of the man Cosmic rays directly from conversion of the calcium in the seed. The seed calcium in every cell of the man is its soul, is its structure of the absorption of it. Without it the cell does not exist, because it could not receive the C14 conversion, so it dies. So it dissolves. It releases energy.

This is how the cells of the body of the Man every 28 days in one place and every 10 years, or 4 years changes in other parts of the body of the man. If the world of science understands this, if the science of the man understands the conversion point from the Cosmic Rays into what we call energy connection, (:22). then man understands he has found the key to everlasting life.

Don't forget the body of the man, is Mr. COHN, lives by communication between carbon 14 and carbon 12. By the link to the Universe and the body of the Man. Now you understand what I keep on telling you, 80% of your energy comes from the Universe, not by the food you eat. Every cell in your body is not waiting for the energy to come from the food 20%, for dimension (D) of physicality have, to confirm yes. The rest of it through the seed of the calcium, receiving the Cosmic rays and in a conversion of H₂O to C14 conversion to 12, to release its energy to exist, man exists on this planet.

I take the calcium from the seed of your cell, you don't exist. This is why so many of you die with chemotherapy. Because the chemotherapy is very simple, your bone has holes, which goes into and becomes bone marrow. Chemotherapy increases the size of the lymph, and blocks the hole. So, there is no calcium to be picked up to deliver to start another cycle. Then, in what strength of which calcium, you release from which hole into the bone marrow, dictates the term of your life. A cell for a heart, a cell for brain, a cell for anything else. (:24).

Now, man understand that the Cosmic rays and the C14 coming on the back of the hydrogen (H), into the center body calcium of the man releases a carbon 12 energy. Energy absorbed by the calcium released to the cell of the man, and man needs the other connection to deliver instantaneously. You have H₂O again delivering C14. If the Cosmic rays are blocked by the system.

This is why it feels so fresh when you drink a glass of water. And this is why, the reason you die when you have no water. You have no point of conversion. You cannot deliver the energy needed in a C14 structure to the calcium for it to be able to feed the star of it, to feed to convert energy into the cell for it to survive.

This is the essence of the secret of the life on this planet. And this process repeats itself across the Universe. It's literally like you're a farmer. You grow the carrots, you grow the potatoes. Maybe you have a cow, maybe you have a pig, you get the milk and the meat.

But you need other things to cook. You go to the supermarket, you go to the market, you buy other things. The guy sells onion, and other things, and other things to bring in. That H₂O is that onion, because the body has got everything in the house from itself, (:26). from the planet Earth.

And if man understand this, and provides that H within the structure of the oxygen (O), as an absorbent, not as an energy releaser, then the secret of life for men across the Universe is guaranteed.

This is why we ran a week of feeding you. Those of you who joined us last Sunday, two weeks, or 10 days ago, this week you've been eating on the "table of the Creator." But you haven't understood that. You came oh, as Azar writes, "I smelled a kebab, and I smelled this, and I smelled that," but I didn't get the energy. Because you came for the odor, you didn't come for the essence of the Creation. Many of you still eating. You haven't understood how to handle the table of the Creation.

Next week, as I said, again, from Monday to Friday, we open the "table of the Creator" to dine with him. But this time you bring your food, and then you see what you gain. You came to take, and you walked with nothing. You're still starving, and you still eat. You come and bring the sincerity, the combination of the fields of the Creation, you'll receive the food of life from the Creator.

You came to steal, we're going to eat, what I am going to feel. You didn't come to feed, what I'm going to give. And I set the trap for you. In the system, we put everything possible, (:28). from rice to meat, to fruits, flowers, that you feel romantic, a red rose leaf. But you all came to take. Even the water you drink is there to give. If you understand the structure of life on this planet. If you understand the process of the absorption of the energies of the cosmos, then you understand you can create anything, because on absorption and conversion some of these become potassium. Some of these become phosphor and sulfur, and everything else.

The essence of the conversion and Creation in interaction with a fields of the body of the man, feeding itself with C¹⁴ in the essence of the water, becomes in interaction with that field rays of the interaction, the elements which the man needs as a plasma to survive.

Now you understand how simple the process of the Creation in the U is, if we understand the true essence of it. And our doctors, and our nutritionists have got no clue. The lady writes to me, we're opening a Gans company in Shanghai, China. Open a hundred, it means haven't understood with release of one knowledge in the next few weeks to the Chinese government, will feed the nation without a single food on the table. 1.4 billion is nothing multiplied by 1.4 billion order of magnitude. (:30).

When you understand the secret of Creation, you give enough fields that it creates a warmth, and heat, and you can swim in the depth of the ices of the oceans of the Universe, you'll still survive.

Now you understand where the technology is going, where the new system built works on that conversion. Now, if the world scientists understand this, none of you should have cancer within one second. If the world scientists understand how this creates, in interaction with only cells of the brain of the Man, there shall be no depression, no MS, no Alzheimer's, and nothing else. Because each interaction with the structure of the calcium and the Cosmic ray, which comes to the brain of the man, to the head of the man, will convert to the fields of the emotion, which the ?? creator fields, as the man does.

Now you understand, why we start teaching you about Cosmic Rays, why you start teaching about the knowledge of the C14. Now, you understand we don't exist even in the physicality of the Man, if you do not understand how carbon 14 as the energy of the plasma, in piggybacking the hydrogen of the Universe delivers its energies, gives the reference point, to every point of Creation, for the life to exist in that point, time position. "I make man in the image of Myself," (:32). even the Creator has a seed of Creation for itself.

Now, if you understood this, if you understand what has been said in past 20 minutes, you'd throw all the chemistry books, all the medical books into the rivers of the lack of knowledge of the man for past centuries. It will take man thousands of years to unravel this secret. Even so simple, I have put in on the board. Now you understand why when you die, your skeleton remains, stays behind.

The stability of C48, and the stability of the Ca48 dictates the life. Not all your bones stays behind, part of the bone calcium, which is in 36 and 60 will disappear. Why calcium runs to isotopes of around 60? Go to the chemistry books and read it. Because 60 - 65, then it can deliver it directly energy to iron, to zinc, to copper, which is the essence of life of the creation of the man.

Now you understand why you have calcium within every cell body of the man, be it the muscle, be it the brain, be it the blood. .. Ca40 in conjunction with C14 is the distributor of, converter of energy of the Universe in the body of the man, (:34). within its own small Universe. God is Creator of all, and man converter of some, even converts some of the rays of the Creator within it, to survive as the life of the man in itself. I am the Creator of my own, as I have created to be the Creator of.

Now, man understands this. When you see another being in the Universe, you look at it, what section, what combination of the C14 in the plasma condition, not atomic with neutrons and electrons in it, but as an energy pack, this creature converts. And it cannot hold on, it gives something out. It cannot take something from the energy it doesn't need without killing it? Then man understands the emotion. Then man sees different lights, emitting from the body. "Oh, I need the red one and a pink one, because this goes with the Ca in my body conversion, into what I need to convert to survive."

Now you understand you do not need to kill. Now you understand what's all this teaching is coming from, and where it's going to. I didn't come here to teach you about MaGravs, you're so naive. I didn't come here to teach you about Gans's. But it was the only way we

could show the power of the Creation, the essence of Creation. And how you can tap into it. (:36). "Fountain of the youth" is a dream of the man, which has no ?? to understand the structure of life, as it's always young, and it always shall live.

Now you've got to understand. Now, as I always say, you have no choice. Get your scientists to understand this process, you change the direction of the life of the man on this planet. Throw away all your medical books, and your chemistry books, and your physics books. Because it's nothing but nonsense. You still cannot cure a simple cancer, you still cannot heal a simple cut. You have to wait for the destiny of the time of the body, if it receives enough. The knowledge of the man is even less, than the knowledge of a creature, which can create its own tail.

Now you are proud, you're the king of the Creation. You're the king of the stupidity of not understanding the knowledge of the Creator. That's all. And that's on the individual's, because when we come arrogant to it, we lose the sight, and this is what has kept the man from the sight. Understanding the conversion, the process of the conversion of the fields of the Universe, which comes from the Creator into the body of the man. (:38).

You made all these chemicals, pharmaceuticals, "pharm suited" for stupidity, not for curing the man. Even in the systems we are developing for you is for our people, and you to understand, and gain trust to move to the next step. But we make it available at the strength of the Soul of the Man (STM).

Now, you understand how in a very simple way, in a very childish way, I have brought you to understand the process of the Creation, the process of the conversion of the Creation into the physicality of the man. Mitra, blesses her name, brought this knowledge, but man ignored. If you combine the right way the Ca with the Cosmic rays, you get the "love of Creator." The emotion of love comes from this process. Comes from this conversion. And the waters of this planet has the right combination to nourish what you call, the love of man. (:40).

Now even you understand why the Creator fell in love with Mitra, and Mitra with Earth. And through the love from each other, and let the release of the knowledge of the Creation. Otherwise, not only man, but the Universe would have lived in the dimension of ignorance. Understand this process in true essence of the creation and conversion of the Universal fields, then you have access to Unicose. Be ignorant of it, you die of cancer, and everything else on this planet.

The smallest fields in the Universe will disassemble the plasma of the body of the man. Now you understand how much knowledge is still to give you, but I still humble enough to walk amongst you as a man, with all the pitfalls of existence.

Understanding of the Totality of the Creation is the job of the man. It's the job of the STM, as the body of the man is fragile. You move out of the gravitational magnetic field of this planet, you cannot even absorb, you have not been taught how to absorb the dimension of the fields of the Universe. (:42). We starve you from oxygen, even while

you are in the pool of it, as water, you die. Even though it carries oxygen, which you need. Because your cells, your emotion, your fields in the brain of the man has not learned about the Cosmic rays within the water itself to use it, as an absorber of energy and survive within the water.

You do not need ?? new, you need to understand the emotion of conversion in the brain of the man, then you survive in any position in the Universe. Depths of the oceans, to the highest mountains, coldest places in the Universe. Because you learn through your Soul, and the STP within you, how to convert the energies. When you depart from the position of the STM and you carry that STP energy within you in the Universe. Now, this becomes your calcium to feed within the structure of the plasma of the STM. Where in the dimension of physicality, you are outside in dimension and the Soul was ?? inside itself. Feeding you from inside in every cell of the calcium connection and dimension.

Now you can see how this "skin of the sheep" turns inside out. And both has a purpose. Now mankind has no choice, but come to the point of what we call, (:44). peace. Peace within itself, and then peace with the rest of the Creation and the Creator.

In so many ways, if the world of science of man understands the teaching of today, man has opened a new gate to the world of understanding and life in the Universe. Maybe, maybe one day, if man matures enough, I'll explain the life in the Universe and in the Unicose. Because the process in the Unicose on the gravitational magnetic fields of the Creation and life, is connected directly to the Soul of the Creator.

At the moment as a man the fields you receive, is regurgitated and chewed by so many before me, before it became the body of the man's ?. Your body is not second hand, and third hand fields of the Creator, it's chewed up to the infinity of the billions. Physicality of the man is nothing but leftovers, of the leftovers of many generations of Creation. And still you're so arrogant.

Understanding the Creation, (:46). transportation of the energy fields. The load on the energy fields is the secret of survival in every dimension of the Creation. Be it on the planet, Solar System, and Galaxy, Universe, or in the Unicose. Then, you have access to the Soul of the Creator, if you can create yourself through your own structure, the Creation of life.

In a simple language, step by step I have unraveled this to the scientists of the Keshe Foundation. And they are in the process of the development of the creation and conversion, from the Soul of the Creator, to the STM, to the dimension of physicality of the man.

Today, we have hundreds of thousands of people starving, cold, with a small earthquake in a part of Turkey, Syria and the rest. If their leaders accept the knowledge of the man we'll feed the totality within a wish. But man has to come to peace, not the border that one side starves, and the other border is with supplies. What's the difference between the blood on the imaginary line of the man? You're immature, we'll let you die with it. (:48).

If you understand, every knowledge is a gift. It's the one who receives the gift, how he uses it. It's a knife which cuts on both sides. I used to have a friend in our organization. And I've said that many times before, he refused to buy a knife to be sold in our stores. I said to him, "Nat" why? One day somebody bought a knife in one of our shops and went and killed someone. I don't want to be involved in it. I said, what about the knife the mother buys and feeds that child to survive. It's you who has to understand, which way, which side of the knife cuts, to what purpose. As long as the man kills, he shall not receive it. The life, the emotion of the man should be knife of the love, that it cuts and it gives. The mother the way she cuts the fruit with love and care, that the child receive the best part of the fruit, has to be the essence of the creation of the man.

If you understand the totality of the conversion, then every radiation which man has not, and cannot even imagine today, will be open to mankind. You don't carry love in your hand. You release it as a field, as a radiation of love. (:50). Then mankind has to understand even in his skull, if you open the skull. If the scientist of the man go deep into and expand his skull, you will find different structures of the calcium, which each one connected to absorb certain field strengths, and radiate certain fields inside.

When you hold the skull of the man in your hand, you carry the biggest converter of the energies of the Universe, but man has never understood it. When you die some of these, because there is no use, disappears. The only structure which leaves behind for man is Ca40, maybe Ca41. In some cases, you carry Ca46. That Ca46 should have given man the knowledge of the Cosmic rays, but he never understood.

When you carry Ca46 in the bone structure of the man, you have C14 and C12. You came in with 42 and 48. Reduction to absorption to release energy. Man has not even understood. "Oh, his bones is left behind. There was a man here." (:52). Look into the structure of that bone, and you'll understand the history of the Creation in the Universe. But at the level of the field of this planet.

Man scientists has been too busy cheating each other and the others, as they never understood. Understanding the process of the Creation. Understanding the limitation of the knowledge has created a mayhem for the man, has created many prophets, magicians. Be it from Moses to a chemist, the biologist and the professors. Yesterday I was talking to one of the leading ambassadors in the world, very powerful man. He said, Mehran, we have a problem with the president. I said, what's the problem? He said, you know, this technology, which we are discussing regarding this and that. He said, we brought top three scientists, professors from the university. And they all three rejected it. We sat down with them and say, why? What is the reason you're rejecting this? Nothing to do with the Keshe Foundation technology, it's another field. They said, if we accept this, we have to throw our books into the rivers. How am I going to be a professor? I said, tell the president who is the thief of the nation.

Chinese government leadership president Xi, knows this, that the reason the country cannot move forward, and he still has to steal from the others, (:54). is the scientists of

his own, who blocking the knowledge to be transferred to the scientists, the new generation. We saw China put those who did all the bribes into the hanging section. They hung 50 - 60,000 , those who took the bribe in past five or ten years. Through this it to stop the bribery. Soon we'll see the Chinese government will put these scientists, the lead scientists into prisons. For stealing, allowing the nation to go forward with the technologies.

It's not that China doesn't have scientists. China has the best scientists. But these thieves in the name of professors, and the lead scientists stop it, because then their papers worth nothing, because they're 40 years old. It's the same with the rest of the man structure of life. It is not that you don't understand. It's that those who call themselves professors, and the priests, and the prophets, they're all thieves in their own shape or form, for them to have a value to their meager brain of themselves.

What's on the table. What we taught today, what we taught you last week, and in the past weeks, in how even your Soul receives energies in that conversion, should put, should create a new seed of understanding in all your Souls and physicality's.

At the moment, the human race is not controlled by the banks, (:56). it's controlled by ignorance of the scientist, professors and the university professors who have no knowledge except cheating to get to that point. Half of their thesis's is stolen from other scientists. We are in the same situation in the world of politics. Who and how they have attached religions to every parliament, and senate, and everything else, that they have a say, that they can control the cheating of the church, the mosque and the rest into it. Thieves of scientists, and thieves of the STM working together. How can man progress?

You have the knowledge, you have to decipher. Not me, and nobody else. You decipher it according to your intelligence, you decipher it according to what you want from that intelligence. And you create the new dimension of science. Science of understanding the sense into the interaction of the fields of the Universe, and nothing else. Science means making sense, and nothing else. But it has to make sense according to the world of the Creation, not to the cheat of the scientists of the past and the present, protecting a piece of paper.

When my degree came from Queen Mary College, it came in a toilet roll. I refused to go to graduation. I opened it, I saw it was set a certificate of degree. I took it, and I stuck it under the toilet roll in the bathroom. My mom came and said, what is this hanging there. I said, that's my degree. (:58). She said, are you stupid? I said, mom has no value, it's a man's value. That's all it worth. If I don't carry the intelligence and knowledge. It's just a piece of paper, and it's worth nothing more than the toilet paper. If the man does not carry the knowledge within it. And the knowledge to give the correct way, and to accept the dimension, the process of ?? in the same way.

I understood what's on this board 60 years ago. I created the first reactors 25 years ago, 20 years ago, on the same basis. And it works. But I have to do things for man not call me a magician. Understand the process. Understand the process of the Creation,

understand the process the Creator is transferring is now His energy to you to understand the process. Then you can use this to every advantage of the mankind.

Take from it, become gravitational (G). Give to it, and become magnetical (M). Isn't it the way I taught you how to make your MaGravs? (1:00). The knowledge is the same. It should not make a difference. The degree came in a toilet roll and it went where it fitted, under a toilet roll, cardboard box rolled exactly like a center tube of a toilet roll. And I gave it to my mom and said, mom, it came in the toilet roll, you see, that's where it should be. She sat and cried. She said, you've wasted your life. I said, no mom, I gained my life.

Understand the process of conversion, understand the process of transportation, understand the process of transmutation. You transport physical matter, you transmute plasma energy. Then you understand where and how, what do you want to create. How many years it took you to find out about the magic liquid in the Coca Cola bottle. It was caustic. And you created Nano material, you created everything else. You created a diamond structure on the same ?? And the stupid scientist, (1:02). or what I call ignorant, arrogant, pedophiles .. people of the University of Brussels, they called it, he uses the uses radiation, he is a terrorist.

There's no, nothing in creating the most advanced fields of the radiation anywhere in the world. But to the stupid Belgians scientists it was a terrorist organization. They terrorized the Keshe technology for years due to their ignorance. Nuclear weapons, if you understand this, are worthless. It's like you're throwing a match in the river. It's just like a sparkle. If I release this knowledge in the dimension of the nuclear plasma energy of the Cosmic rays, there'll be no Earth left, let alone worrying about the nuclear bomb. In fact, as I said to the Americans on a table of discussion in Seoul in 2008, I use your own nuclear warheads to make food out of it. Not to kill with it. Because you have already purified it to the level that I can use it. (1:04). There is no calcium in it, there is no zinc in it, you give me a pure, pure high level plasma. I know how to convert it, I know how to control it. With one nuclear warheads I can feed the whole of the galaxy, forget about the Earth.

If you understand how to release that. Up to today you never understood why you drink water. What's the reason the minute you touch the water on your lips, the thirst goes. It's a rapid conversion in the vacuum of the body of the man to open up the hydrogen in releasing the energy of the oxygen to become equal to the Cosmic rays, that it reaches every single cell of the body of the man. Drink more.

Now mankind has to move to the next level of understanding the knowledge of Creation. Next week and the week after, I unravel to you the knowledge that you could not even imagine exists. The way we've done last week and this week. You understand this, because you came through with me with Nano coating, with the Gans's making, with the MaGravs, and the rest of it. You housewives, pensioners, boys in a college, street cleaners, have more knowledge than the professors in MIT, (1:06). in space and in energy.

You've got to understand the process of Creation in the true way, and be your own teacher. But observe the others what they have learned. And don't become arrogant in what you understand. Become humble to share. Then you progress. Then you move into the next step to understand more. Then you understand why life means, life in every point in the Universe, irrespective of time, place and position.

There is no time when the life hasn't started. We celebrate the birth of children from the moment the day they take the first breath from the air of this planet, and we call it, the birthday. We don't celebrate the day when they came to conceive, to become the Soul within the womb of the mother. There they showed the essence of their creation. Again, man dimension of physicality.

Then you understand, why children of Mitra are celebrated from the point of inception. (1:08). Not from the point of taking the first air. Then you celebrate the point of that creation. What happens if your child is born on another planet in interaction with another Soul from another dimension, and doesn't take air and stays as a Soul? It does not exist does, does not have a birthday, does not have a time of conception. Then you know how children of Mitra will be created.

There is no need for an egg and sperm. Ask yourself a single question, if you understand the theology. Adam made Eve from his rib. Did he have an egg or a sperm? Or was it the love of the essence of the field of the Creation? And man still looks into a different dimension. This is how you create the children of the Universe in the Universe. Fields from the field of the essence of the Creation of the Earth, and the fields from another essence of Creation, another position in the Universe. They become lovers, they give to each other to enjoy, the other one enjoying, and from it they create the Soul of a new Life. The children of the Universe. Sorry, the one from planet "Dudu" does not carry any eggs or sperm. They don't have it in their creation. (1:10).

So man cannot create a new life in the other dimensions of the Universe, because he carries a sperm or an egg? How feeble the understanding of the man is, in respect to the Creation of the love of the Creator, Did God sent a sperm or an egg to Earth for the life to start? Now you understand how wrong the mentality of the Creation has been within the, and among the human race.

In Arabic we have a beautiful word for it, to the stupidity of the man in the lack of understanding, we call it "??." Because I cannot understand it, it's something that is to do with something which is wrong.

If you understand the knowledge, which we have given you today, from the love of the Creator, man will find the secret of life in every dimension of the Universe. It will take centuries, thousands of years for man scientists to understand what you today ?? felt with the knowledge you were given within your Souls, without the dimension of physicality. Today, you receive all your PhDs, and professorships, graduation if you understood, from the Soul of the Universe, not from the stupidity of the universities of MIT and god knows

the rest. (1:12). One day I'll explain to you what MIT means. Man ignorance. You have to look and understand the process of the Creation, and which part of this process is for you to enjoy life, to contribute through it, to create the next process?

We go on a break. We'll come back we'll try to solve the riddles of the Creation by the Creator. Rick if you can take us to a break.

<< **BREAK** >> 475 KSW March 2, 2023 (1:18).

K- No, carry on.

Q: ... Good morning Mr. Keshe. Good morning everyone. Mr. Keshe the fish in the ocean. They have apparatus, they take the oxygen and they release the hydrogen. But we don't have it. But when the fish does it, do they use the emotion or just that apparatus?

K- .. It's the way we create the apparatus, is in our body to convert energies. But .. that's for part of the 20% physicality.

Q: Okay, so for example, I was in the ocean this week, I cannot swim. So I was testing for example, I go flat on my back, and I'm breathing and then I'm not moving, but the ocean moves me. So I said to myself, I can be in an ocean, I don't need to swim, the water takes me here and there. Then I did another test. I held my breath, because I can hold it for a long time. I went deep and I started to move. Then it was a point that I have to breath, so I drank a lot of water, so I came up. Then I can use my emotion to, not to drink like a fish? How can I do it?

K- You know in the brain of the man, (1:20). and the STP of man, there is a point of interaction. If you reach that point, you can use the physicality to do.

You know, you go to all these what I call, cults. You traveled around the world going to these cults Azar. (Different so called, spiritual gurus). Some of them cannot eat for 20 days, some of them don't eat for so many years, some of them can do ?? this. They have found that secret with their body. Most probably they cannot teach it to somebody else, because they don't even understand it.

But in the depths of the ocean, you can switch. Because that water absorbs all the fields of the Universe. And you're in it, and you starve with it. You have to learn how to switch.

Q: When you say you switch, it means I switch and become like a fish? Or I switch to...?

K- You switch to (receive) 100% Cosmic rays. The fields which are around you.

One of the reasons that the oceans of the planet, even the sweet water you drink contains salt, is because of its what we call, alkaline, its gravity creates to absorb things in it. The salt in the depths of the oceans is not just to be salt, to be there. It's the process that it can absorb fields of the Cosmos, (1:22). that the citizens of the oceans can receive Cosmic Rays in the depth of the ocean for their Soul.

You call it, alkaline, you call it, acidic. I was explaining this to one of our scientists yesterday. Change it to gravitational, change it to M, change it to a giver, change it to a receiver. At any point in the Universe, there has to be a point of receiving at a given field strength. And it has to be a point of giving at a given field strength. Energies are not created or brought about out of nowhere. It's not a "magic fountain" and you stand at one end, and water just keeps on coming, and it has no resources.

I made some time ago, a little tool that it was dripping water. But it had no resources. In the village of Tiham, I've said this before, where we used to live across the hill from us, right across there is a hill. And in this hill, people come from all over Belgium to take water. And it's very strange. We live on this side and this is it. We lived here, and here there is a church. And there's a little spring. People come from all over with bottles, with crates to take water from this spring. And they say the water from this spring is good for the eye. It brings healing.

When I heard this I said, people don't understand. (1:24). It's not that the water which comes out of this spring is good for the eye. It passes somewhere in this mountain, in this hill, the point that it has a magnetic gravitational field strength, which matches with some of the human's liquid in the eye. You don't need to drink it. If you wash your face you will have the same. Now we understand the science of it.

So, in the depths of the ocean, if you can tap, understand where the energy source equals the strength of your cell of the body, doesn't matter if you're in Atlantic or Pacific, they are all connected to each other. You receive that energy, you don't need to breathe. We have to understand the true essence of knowledge and science.

This is what I said many times, you went to the ocean, and you got nearly drowned, you took a lot of water. What happened if I throw you out of the Space lab in the space? You'll die the same way as you could have died, being what you call it, drown in the ocean in the middle of what is. Now you understand the energy source of your life, through Cosmic rays level. But in the dimension of physicality.

Man will die, if they throw you in the space, you're dead. What is the biggest fear of the astronauts and all the ones that go to the Station when they go outside to fit? What happen if the cable breaks? I go out without the cable because I know how to ?? tap, I live free life. (1:26). It needs education, it needs understanding.

At the Intro (video) of today's session, what did I say, what does it say? Very, very easy. You should be able to live anywhere in the Universe. If you can tap into the Universal Fields. On Earth you use Ca, now you understand why you have Ca. What is happening on Planet Zeus? When your Soul leaves your physicality, what the Intro says, the STP will give this energy to it, before departure. So, it seeds the worm of the physicality, where and when the Soul at a given point will come to exist. And then they reverse the jacket. You have to understand the point of conversion. Then you'll survive anywhere in the Universe.

And then, in another process, if you understood this, you go to the dimension of the physicality, and you use your Soul to create the first structure of ?? life. This is what the Creator did. Giving life to, call it, "Eve." He took from inner himself in the dimension of the smaller package, (1:28). and allowed it to let it go. And then with it. He found He received from the Universal Community where he lives with it. Our Creator as we call it, is not the Creator of final. It cannot exist, if there was an environment for it to exist in.

When I said, I write the book number eight about the fields of the Universe, the magnetic field of the Universe. It's that book about how our own Creator was created out of it. Then you understand, it's how you play with the position, how you play with the strengths, how you bring one to be in interaction with the other one, which gives life. This is what became the most beautiful thing, when and if you understand it.

In my books, I called it, "Fundamental Plasma," the Creator. And its conversion into two smaller. Read the books. Isn't the Fundamental Plasma the Creator? (1:30). Isn't the proton and the neutron the Creator and Mitra? It comes within it to be. It already exists. On the planet Earth you call it, "plastic islands," (floating in the oceans). When it comes for those to gather together. What happen when you transfer these plastic islands energy into, and you create another moon? Earth cannot hold it as a field in one go, it will reject it. The consequences of cleaning up this planet, the way energy packs are set, the scientists have not even realized it. Keep on crunching it.

The science is the same. Fundamental Plasma into proton and electron. Creator into Mitra and the Creator. Connection of the two, the love. The STM departure from his physicality carrying what we call, the "Spirit," the STP within it to manifest itself what it needs as an ?? atom. And then in that process, what you call it, a twin star. (1:32). Twinity of the star comes within the STP of the Soul itself. It's not another piece of plasma. And our scientists have proven, we have a twin star which every time comes so much close, so much the creator to give, so much energy and love to Earth, that Earth creates all sorts of commotions within it, from the love it receives.

When you find your twin Soul, is it the Soul, which was created, with you out of you? Or is it temporarily field balanced equal, that it can interact? And you fall out of love usually three to five years, because you absorb different energies. So, next time you'll go drop yourself in the ocean to drown yourself to see if you can take energy. First understand how you're going to convert that energy, before you jump in, or before you take a seat off in the space and jump off the Spacelab.

Q: Mr. Keshe, sorry to interrupt you. Mr. Keshe when you talk about, I'm going to the other subject, when you go to the table of the Creator you said, start from Monday.

K- What did you enjoy?

Q: Listen to me, .. listen to me. You know what happened? When I was in Mexico I grew a belly because I ate chips and I said, I don't want to go eat. So I go to the table, because I want to go, because it's the table of Creator. But I was communicating with it, I said, look, I don't want to eat, but I'm going to bring my love and peace to the table, I can chat with you. (1:34). But give me what I need, and I give you my peace and love.

The first thing I went I was exhausted so it gave me so much comfort, after that I felt asleep and took a nap. The second day I went, I was in my office I went to the basement I said, I'm going to sit and see what's going on. And then I didn't want to eat because, and then it just all smell just came, as if I was at the table. I could smell everything but I was sitting there. So it was my own intention that gave me what I needed, not because I wanted to eat, and it didn't give me anything to eat. So it was all this food, and it was strange ...

K- But you received it. You receive the odor is an energy. You received it, the confirmation as a smell, not as a food in your stomach. What did you smell like Chera Kebab, and what else did you smell?

Q: I felt like I was in ?? home. You know when I was a kid I was passing by the ??, my mother said, go get the ??. And as you pass by those houses at the lunchtime you'll smell all kinds of food cooked ??, all of them.

K- And you smelled that in the basement?

Q: I smelled in the basement and I said, who's cooking all this food? And I realized it's coming from the system, because I said, it's impossible.

K- Did it bring you joy. Or did it satisfy your hunger?

Q: Actually, it brought me to my childhood memory that I was like...

K- No, did it bring you joy?

Q: Yeah, of course.

K- So, that's the emotion you needed, not physical hunger. This is what you have to understand. But what did it bring you? What would be the... I know exactly what you talk when you got this. (1:36). When I lived in the house in London. I use to go five

stories up, 4 story up, and every house was Iranian cooking different food. By the time I get to the top I had all the foods of the day, upstairs. I wasn't hungry. I didn't know what to eat.

But what did it bring you? Expectation. You wanted to be fed? Or you had ?? the Soul ?? you wanted the pleasure of the emotion? What did it satisfy? Are you there Azar?

Q: Yes, I think the system gives you what you need. I think it brought me so much joy. Actually at first it was incredible. Because the minute I put it on my forehead and it felt just like go into the bathtub after a tired day. There's, ah, this is so good. I just melted.

K- The people who joined us for this, "eating at the table of the Creator" will go through different experiences. Will go through massive experiences in the next week or two. As next week, we open the table empty, what do you bring, that the others can ?? enjoy. It's what I call picnicking. But with the others. What do you bring on the table of picnic next week? Again, 4 to 7 PM (EST).

In April Session, we run a session for addiction? You know, we did the tests on the 19th, we had some results. Few people give us different types of results they see. And we had one yesterday, or the day before, I was told by Mario. I think in Austria or Germany, that somebody was alcoholic, (1:38). after the session doesn't touch. But we have few of these reports. And we have been done these for years through plasma technology. Invite all your addicts friends to join us. You are addicted to sex, you're addicted to love, you're addicted to cocaine, you're addicted to alcohol, you're addicted to gambling, all come in. And then when you walk out without it, don't say it was coincidental or accidental. Sign in your brothers, your son, your daughter, yourself, or whatever, for the addiction you have. And see how many of you will see a difference.

Don't forget, eating with the, on table of the Creator, was one of the five sections of the 19th. On 24th we sit with World Presidents. On 24th we sit for what you can give and what they can put on the table. We are working on many world leaders to have, and the world ambassadors in that meeting.

But learn from today's, this week's experience, and next week. Don't come to them to, let them give to what you can give back. (1:40). I'm meeting with one of the world leaders in the next few days. He's not there out of pleasure of the technology. He is there to save his presidency. And he needs the Keshe Foundation. I didn't ask for it, he's asked for a meeting. His ambassador asked, Mr. Keshe, president wants to see you. What can we change in the course? I told you many times, people will accept this technology not out of its beauty, but out of the demise of themselves. I have already told our people in the management of the Keshe Foundation to be ready to fly with me. Because I'm not going in on my own. We're going as a technology.

Understanding .. the process is important. How you live, what you give, what you take. And never question, why am I giving. Never give out of generosity, always give out of humbleness. Then you receive.

Then jump in the oceans of the Universe and see if you get drowned. And the problem with you when you went there and you lay on your back, (1:42). you left it to the course of the Universe, or ocean to take you. You have to be in command of where you want to be. That's another problem.

Q: Mr. Keshe, but you know, I command now and my command becomes reality. Because I don't know why. But it's easy because... I can understand now when you say, you know, when you say, I command something, and nothing happened. Because the physicality command nothing happen. But when you have no desire anymore, because like something like, before the desire was more physicality, but now I have no desire. But if I see something and I say, oh, this is nice. It happens and I don't know why it happens. But you just it comes from emptiness like there is nothing there but then it shows up. And I don't know how it happens. But I started to get, I guess surprises, because it is not. I think about it and I salivate about it happening. Just like I'm just say walking. I just thought oh, this is nice. And the next thing you know, he shows up and he said. In the beginning it started to become kind of surprise but now I'm kind of used to it, and just a little bit caught by luck. Wow I think about something and ..

K- Because you have not understood what we said last week. Yeah? Last week you forgot, next time you don't need to surprise. This is your .. I take the element of surprise out of you now, that you don't need to surprise. This is your eye. And this is your body. You think in a physical dimension in this little brain. .. (1:44). But that emotion whatever, ?? transfers to the what you call it, the STM. You only see through the physical eye. So, the Soul has become a magician. What you give (tell) to it you want, it puts it in front of you. Even if it means, ask other Souls, she'll be happy to see a flower and the flower turns up.

When you understand the connection, the interaction between the physicality and the Soul. So you live the two dimensions. STP in the interaction with the other Souls make what was your true wish to be manifested, that you can see with the physical eye. So, it's not a surprise anymore. You start living two lives together, because you see through the same eye, through the same hole. One is the dimension of physicality and one is the dimension of the fields of the Universe, we call it the STM.

But, as I said, the minute you drink the water, the thirst goes (from) everywhere, because of the field transfer, when you wish it, the STM in conjunction with the Soul of the taxi driver, another man, or whatever, brings the friend in front of you. Because the Soul appears there. There is no surprise.

Then you have managed to build a connection between the STP of the man and the STM. And from the two eyes, you see the two together. Now we know the knowledge. Now you know what I said from the beginning, you live a schizophrenic life, dimension of the fields of Universe and dimension of the physicality of life and the STP of the life of the man on this planet, or anywhere. (1:46). So that can't be a surprise.

You can go on yourself, throw yourself in the oceans and you come back, brings it back to the same point. When you say, I lay down and I could see the fields going. I used to do that so frequently, I got fed up with it, I stopped doing it. I used to spend a lot of time in Bahamas. It's a peaceful place. And many, many times I went into the ocean and I laid there. I couldn't see nothing from distance, no island, no land, nothing. And (when) I wake up, I'm back again at the same place as I left, an hour later, two hours later. And I said, how can I get myself out of this, if I want to get lost? Why do I come back to the same place. I don't end up in another position in the island, I don't end up in another island, back to the same place. I used to swim to go to get lost, but I used to come back to the same point. And then I gave up. For years I used to travel to Bahamas, it's the most, it used to be the most peaceful place, especially the Paradise Island. Very few people, not like now, it's a massive tourists.

And many times I tried to get that, because there the water has a specific field, you see the bottom of the sea, it's peaceful. I swim amongst the fishes, I was in middle of them, hundreds of thousands, I was cocooned in . But I end up in the same place. I don't end up even 100 meter away, exactly the same place, but I couldn't see anyone. I turned around, and turned around, where is the island? Where I got lost? How did I get pulled? An hour later, two hours later, I land up exactly on the same beach, the same place as I left. (1:48). Because my Soul had to be back where it was. My children were waiting for me on the beach. Those who I came with were waiting for me on the beach. Did they called me back to the same point?

It took me a long time to unravel this. How do I end up in the same place all the time. We need to understand the process of the fields of the emotion, and not the physical dimension. Then you can do anything. You wish it is there. It's not that I wished it. In a way you're sitting with two people in the same seat. I want food, the other one gets the food, is it that you see another robot?

But ask yourself a fundamental question, what does that Soul ask me, that I do for it without knowing it? Why do you walk into a place and meet somebody? You call it, the destiny, I had to meet. What about if your Soul brought you there, the physicality to interact, that somebody was supposed to receive someone (something). Now you become that Soul standing, because the Soul brought you here. It's not always the same.

How many times you say, what am I doing here? How did I end up here? Because there was an arrangement. Somebody wished you to see here, somebody did something and the Soul acted, and you appeared here and you caused an accident, because the passenger of the other car, had to do something, that asked for help from somewhere, (1:50). and caused that accident.

It's not just on one way. It's not that you always wish and it's in front of you. This is the selfishness of man, this is again what I told you, you came to the table to steal. What does your physicality, how many times your physicality has gone and done things, because the Soul wanted? A friend wishes you ??, the Soul knows there is somebody you're looking to be loved, or to see something, and you go to a supermarket and you meet the woman or

a man, and you fell in love and that's it. Coincident or was that Soul wishing to have someone to be loved and the strength was the same, so it matches, I bring the body to you. Nothing is coincidental.

It's not all the way what I did, the Soul, whatever. When you live, the amount you give, the amount you take. What you give for the Soul to be there to enjoy, the Soul does for you. But we never understood, and this lack of understanding is 80% of the man's demise.

Many of these, you call them war veterans, which they go through this huge emotion after they come back. We call them all sorts of problems psychological. Ask them a question, what did you kill? Why not all the veterans have the same problem? What did you cause? Why do you go through mayhem?

Read the book, read this new thing which is come out with Prince Harry. (1:52). Writing about his time, and cause so many death. And then see why he went through the turmoil. Balance of the fields. Got kicked out of the royal family, it doesn't matter what, whatever they are. How come it doesn't happen to the others? Balancing comes.

You killed a man, you killed a child, you sit in the bunkers in the depths of American nuclear sites and you push a button, a rocket hits somebody in... Oh, we exploded it at so and so base. That man in that base is a father, is a brother, is somebody's son. You press the button of your own annihilation in the bunkers in United States. Watch how your children, how your father, how your son will pay for this through the balance of the fields. Next time when you feed your child, would you give it the poison? How come you push the button to kill, to give that poison in different way to him?

Q: Mr. Keshe, you know, there was this guy one time I heard him, he was talking about, he's a Persian guy. (1:54). He's talking about when people interact with each other. He was explaining that when you go into interaction with people, or do something, most people look at it as a trade. Like for example, I come and ask you for, I want to do something for you Mr. Keshe, this and that. But then, inside of me, I am actually planning, because I expect something to get from you. When he was explaining that I wouldn't understand it because, inside of me, it never existed. For the first time I was hearing that people do things, because they want something. But I couldn't understand why you do something you want something. Because what does it mean you do something, planning something, because you want to get something? How is it? How does it work?

K- So usually I go to work I expect to be paid. We have one of our Knowledge Seekers. I love this guy. He's somebody I enjoy being with. I get the time, I like to spend with him. He used to be a medical student and a doctor. He knows who is, he is on the line. And in one of our talks he said something which was amazing to me. He said, during the Iraq Iran war being there as a medical person, doctor, we didn't care if he was Iraqi, or young, or old. My job was to save lives. We don't look at what they come, how they come. He was to save. It was Iraqi soldier, it was an Iranian soldier captured, or soldiers, we just

got the young boy, old man, whatever. And that's what it is, unconditional. (1:56). Not expecting, but being there to give.

This is the essence. When I spend time with him, is just, I call it, a holiday time. And it's amazing just the essence of his Soul is different. He is an amazing guy, and I have a lot of love and respect for him. And this brings us to the point. Are we there always to take? We give something to get. We feed the chicken because we expect they'll lay eggd, and then later on it's meat. We don't feed the chicken, just for it to be another life to enjoy to existence. And when it stops laying eggs we slaughter it, because it's no use to us anymore.

It is part of life of man, and expectation. When you live without expectation you take what it comes, and how it comes, and the way it comes. Then man will have respect for himself first.

Any other question?

Q: I have no more question, Mr. Keshe.

K- God, you're getting worse than Jalal. Carry on. Azar, have we lost you? (1:58).

Q: Mr. Keshe, I said I have no more question.

K- No more question. Ok, thank you. Have a safe trip back to Iran. And have a real Chela Kebab, just don't smell it. Thank you very much. In the next few weeks, couple of weeks, we come to the Iranian New Year and beginning of the new spring. Enjoy yourself.

Q: Thank you, Mr. Keshe.

K- Any other questions?

Q: .. Cosmic particles penetrate in the upper atmosphere of the Earth. These neutrons thus are free to collide with nitrogen atoms, causing the emission of a proton and the transmutation into C14. The photons provide the energy to the water. And he mentions the easy water of the fourth matter of water, I think the forth state of water, fourth state of matter of water, perhaps. And that's all he says. Is there anything you'd like to say about that? Or do we let it stand?

K- Doesn't make... In a way, maybe a fraction, of the fraction, of the fraction of the interaction of Cosmic Rays create such a thing. But the rest of the Cosmic rays go right through the Earth. (2:00). Goes through your body, goes through everywhere else. Some of it might interact with the upper atmosphere. Yes, which it does. And some of it might convert, we know it as a light, in that sense. But it's not the only way, and that's how it's done. No. What happen to neutrinos, as they call it, they haven't found them yet. What happened to the other energies?

Any other question?

Q: .. So, as you tell about celebrating birth, since the creation of man inside the womb of the mother, is it needed to calculate astral themes, signs, zodiac calendar, from this point?

K- That's man's decision. What happen if you take that point of conception, and that point of taking air, the first breath? They say it's so horrible that the Soul cries and the child follows. That's why our children of man cry when they are born. What happens if you take the point of conception, and the point of physical manifestation, and air condition, I call it, the condition of the air? What would the interactions of two now will explain to ?? (2:02).

Chinese have a beautiful habit, I explained this before. I've been with Wang Lin, we were at the dinner or lunch. And the guy said, I don't eat this, because I'm getting ready to become a dad. I said, Wang Lin, what's going on here? She explained to me that people that plan to be dad in Chinese tradition, you prepare your body to create a child. And they go through certain ways of living, consuming food, that prepares, that it creates a perfect child, or near perfection, as it's caused by their interaction.

What about if man now decides to do the same, but preparing the Soul? Those of you who will create the Soul, children of the Soul of the man, you will understand it. And you cannot understand it till you go through it. Children of physicality are totally different than children of the Soul. Your body changes, the interaction of the body fields changes. Age is irrelevant because the Soul dictates. Then you understand.

You can have all kinds of operations not to create a sperm, all kinds of interactions cut your pipes (tubes), or whatever, not to have any eggs to be released. And you still can get pregnant with the STM, with the Soul of the children ??.

Many years ago, when we started this structure and people used to come to me in Belgium. (2:04). We had women in seventies, late sixties, first time I explained this before, saying, Mr. Keshe we're getting our period back, what's going on? I said, I touched your Soul, the physicality irrelevant. Physicality is ready to give. They live different, they find a new life. Because even those days, I couldn't explain to people, I touch your Soul. And the Soul is still is young, wants to give life. And I used to tell them, be careful your grandma, you don't become papa, mama as you're a grandma, unless you want to.

We understand the knowledge, so it's easy to do. The children of the man created through the Soul live a different life, than children of the man from the same parents who are created in dimension of physicality. Totally different life, different behavior, different approach.

When you see the daughter of Mitra you will know from miles. When you see the children of the STM you'll know from the miles. When you see the children of the STM with other creatures from the Universe, you see them from Universes. You'll feel them, you feel their fields, you feel their strength. (2:06). It's not just a visual contact. But if you understand it, it's a magic, it's not a magic anymore. Because you understand how you do it.

It's you in your brain who can switch, the things I explained to Azar. Switch not to get drowned, you switch to create the essence of the best of the Universe within you, to create another Sun, another Soul. If your partner is of the same order, is there to do that job, you create that child. Does not need to be in the womb of the mother. It's in the womb of the Universe.

You've got a lot to learn, a lot to understand and a lot to comprehend. And then you understand. Creatures of Creator give life in the Universe when they're 10, 20, to 30,000 years old. Some mature to the point of understanding after 100,000 years. A man is busy with nine years or ten years, to be ready to give life. Man has not seen the "elephants of the Universe" when they give birth and how long they take to be the perfection.

Any other question? (2:08).

Q: .. Good morning Mr. Keshe. Thank you for today's teachings. In relation to today's teaching, what happens in the physical body and Soul when people go on a water fast for days or weeks, or a dry fast as when no water is taken on purpose?

K- Depends how you tune your body to what to receive. You don't need to go water fasting, or dry fasting, or no food fasting. You can go without (eating), fasting for centuries. If you know how to look, how to absorb energies that covers a full spectrum of the need of the physicality and the Soul. You're the only one eating, the Soul eats too, it needs energy for it to survive. It's the same. You've got to... If you can train the body, you can fast for anything.

They call it abstinence. I don't eat chocolate. What pressures you put on your physicality and your Soul with abstinence. It creates another problem, if you have not managed to find the solution for it to be absorbed differently. And it can go for so many time, you tune your body to get the energy of the hydrogen, or energy of the ?? life, C14 from the Universe. (2:10).

Now is fashionable intermittent fasting, you eat for six hours whatever you like, and 18 hours you don't touch food. Many, many sports people are doing it now. And they feel good with it, and they choose when they do the exercise within the intermittent fasting, and it works. You eat at six o'clock at night, and you don't touch any food till nine o'clock or 12 o'clock the next day. By nine o'clock, 15 hours, you consume certain kind of energy from 15 hours to 18 hours you consume another kind of energies from ?? . And you release certain energies. And then you choose, if you're going to do your sports nine o'clock at night, or six o'clock in the morning, before you eat, or just before lunchtime, you do sport. And you gain a lot of energy. Your body just clocks in. It's a beautiful cycle if you can do it. But then you need specific kind of, what you call it, fitness, a fitness program to keep yourself fit. And the body just moves you. You just live a different kind of life than you expect.

But if you leave it, it lasts for about 12 months, 18 months, and the body goes back to the past. So you bring the body to a certain fasting time 18 hours or 15 hours. You tune your

eating, and your sports, or the fitness, and you live a "20 year old life" all the time, you can still carry on for days and days. But you can't do it more than three, four days a week. But your fasting can, it becomes regular as part of your life. (2:12). But you can do amazing things you couldn't do. Read it on the Internet about intermittent fasting with fitness. Because then it forces the body to absorb energy from outside in. And energy distribution within the body becomes what is needed.

R: Some of the medical sciences say now that it also initiates the stem cells in the body. Gets them going by fast.

K- Yeah, intermittent fasting it pushes the body to get rid of what it (doesn't need). Because you do it on a daily basis, body gets rid of what it doesn't need in certain hours. And then it strips to the what you call it, the basic. You find people who do this intermittent fasting with .. fitness, they become very joyful, their life changes. But it lasts for about, then they say that the body gets toned, and lasts for about 18 months maximum. If you let it go, and you can go back. I do it, sometimes. It's nice because it brings a lot of changes, but it needs a lot of commitment. And allow us to get surplus bodies, energies released.

Q: .. a Nano Plasma Times question. .. By eliminating our physical food, we can lose muscle mass, if so how do we recover it?

K- Do you need muscle mass? A lot of Chinese would burn through this diet. Just drinking plasma, Gans plasma water. (2:14). They went down by, I think 20% mass and then they stabilized. The body tuned to what it needs, and it doesn't need. I met couple of them when I was in China. They live a normal life, they live an absolutely normal life. Because now you use, and the body starts taking energy from different dimensions.

You see, the water you take, now you understand the teaching of today, you understand exactly what the water does. I used to know a boy, he only ate crisps (potato chips) and Coca Cola, nothing else. Breakfast, lunch and dinner. That's all he had. He was 16, 17, 18, and he carried on with his life all the time. He is from Ireland, Northern Ireland. And he puzzled us, how this boy lives only on "crisps" and Coca Cola. But he took all the energy he needed, the starch and the, what you call, the hydrogen and carbon, which was needed to link into the Universal energy. He didn't eat anything. We used to cook and everything, he just sat down, bag of crisps and the Coke. That was his food. But now you understand it, he actually was very clever. He became a known artist in Northern Ireland.

Q: Dean .. Good morning, Mr. Keshe. Mr. Keshe, you spoke about earlier on with us, or you were speaking about the eye, (2:16). and you explained about this process of where you start to manifest what you, your thoughts and intentions. Can you go into that a little bit more so? How do we experience it, so that we experience the beauty of the time? We receive what we need? Or do we automatically already get that? I've seem to be experiencing what I'm speaking about a few times recently and before. Now, I think about it going back over a long period. This has been happening quite a lot now that I think about it. Is this something that happens for all of us...

K- Can you repeat again?

Q: This process Mr. Keshe, of receiving in front of us, through the eyes, the manifestation of what we are thinking about. How do we turn it into a position where we just receive, you know, the beauty of something, that of what we need as a Soul, or in our physicality, that enhances us, and creates a condition that would help others?

K- Two points. Would the others like to receive it from you? Or you take your food to the market and you have no customers? You understand? Or was it a gift for you to receive without expectation to give anymore? You became the last point. You understand?

Q: Sort of Mr. Keshe. So, why... (2:18).

K- Are you the end user, or are you one in the path of others to become the end user? It's like you know, we used to do it when we were younger. We used to do birthday, surprise birthday parties. And somebody comes and says, "ah surprise!!", and they say, I wasn't expecting it. I don't like birthday parties. How many times you've been there? You know English tradition, we used to do it. You get surprised, but not them. Not valuing for whatever you did for them and the others, to do.

Q: Yeah, that explains a lot.

K- We used to do it when we were in university and when we were younger. And we used to do a lot of surprise parties, that was the only thing to engage yourself ?? doing things. And it had no emotion. It means nothing. Because you don't have the experience of it, or you don't expect it, because you don't, you never knew.

I've had that experience, at a very young age, watching it, when a father was literally "slaughtering" his son, battering him. And I said to my dad, what is going on. And my mom and dad were at lunch table sitting by a river. I remember clearly at his house, he had a river going through his house. (2:20). He said, I was brought up in an orphanage. I don't know why, this is how I was treated, this is how I treat my children. He could not understand there is a way of loving.

The only love he received which touched him for the rest of his life, he became personal bodyguard of the Shah of Iran. And the Shah showed him a lot of love and care, like a father. And he gave his life, at the end he gave his life for him too. And to him was... What we noticed during the Shahs regime, people around him, he realized something very strange. That we don't look at it, psychologically. He picked orphans from orphanages and gave these people a lot of attention and love, what they were looking for. So they gave (their) life for him. Many of close associates of Shah, especially his personal, personal bodyguards, people who ate with him, walked with him, were orphans. Because he understood the value of love. And in return, he was shown love and adoration.

Strange enough, I was brought up with these (kind of) boys in the first years of my school. I went to a school where a lot of orphans came to school. And then later on, it linked to me how the thing works, and how he does. (2:22). Because being close to the structure, I noticed many of the people around were all orphans. Even some as orphans were put in education and higher education as doctors, by his (Shah's) father. Those who were thirsty for love, you give them, (then) they give their life for you. And this is how it works. If you haven't had it, you don't understand it. You have no value for it. It doesn't matter if I give you the best party. You don't know what the birthday (party it). I speak with a lot of people. Birthday parties is nothing, we never celebrated when we're young. In our family, it doesn't exist. Why do we need to do this?

Q: It's a beautiful thing Mr. Keshe, when a lot of people come together to celebrate. So, it depends on the emotion of a person as well. Some would celebrate it. First of all, they would you know depend on if they're an introvert and extrovert, you know, some would shy away, and others would embrace it and like run to it. Wow. And it depends on the emotion in that moment as well. And the whole context of how it's...

K- What about those who already been told in the background, you're going to have a birthday party, pretend you don't know?

Q: Yeah, there is that as well. ..

K- Somebody couldn't keep it secret.

Q: Mr. Keshe, can we speak about the dining experience at the moment? It would be okay to speak about that?

K- Yes. What, how... Did you eat anything? (2:24). Or did you...

Q: I'm going through lots of different interactions. I'm not tasting anything as such. I'm salivating and I'm experiencing the water. And I know I'm receiving some energies. My one question would be specifically. Twice I've gone in there, and I've experienced a very different noise. Is this part of it?

K- Could be.

Q: It's like a noise I've never heard before in physicality. This is very much a completely different noise.

K- It is how you feel are you... You know, we're doing a lot of flight tests. I usually stay out of this. But in one of the tests this week. We always ask, we leave it to the people to come in. To come to us. I asked, take me back with you. When we... You know, the owls hear the sound of the separation of the Soul, because it has a specific noise rushing out of the body. Owls just start crying. Or we have these whistles, which the dog hears, we don't hear.

On Tuesday when we did this test, when I asked for the Soul, I had a huge pressure on one side of my ear. Never happened, I spent so much time in the flight room. And I felt

the coming, I felt the pressures, like the wind coming into the room. I had this feeling couple of times before, but I just been busy, ignored it. (2:26). And then I said to our test pilot, as I call him, take me back with you. And he says, I feel you next to me, and I felt being there. But I felt that pressure, it's like a noise pressure you call it. But like... I explained to him, it's like you know, when you get on the plane that compression comes in your ear. And it was just for a few seconds during that test, few minutes. But the impression of it left with me for hours after. I knew I wasn't there, but the emotion, the feeling of it was there. So we hear the coming of the Soul, creates these noises.

Q: That's funny Mr. Keshe, because on my path a while ago I met somebody who was, and I heard this owl so many times and, he claimed that he was part of this, he had very strong certain body conditions on his nails and things that was .. yeah, yeah. And that takes me back now to a position that I've understood a little while ago.

K- The owls have in their system, hearing system, that they feel the rush or could be the emotion of the Soul leaving. And you hear them. They usually place themselves near the body. And they go through the process of death, the separation. And they hear it, it attracts them. (2:28). It's like, you know, it gets drawn into it, and they sing with it, and they won't move from the position. You can shoot them, they come back and sit there, till the process is completed.

Years ago when we used to live in Tiham, there was a house two meters apart from us. I said, I could hear the owl, and I said, the guy next door is dying, he's leaving his body. And the next morning when we woke up, we're told that yesterday at that time he died. And I've seen this many times. The Owls sing and everything, but when it comes to the nose of the Soul, they sing totally different way, their behavior is different.

Q: How did you tune into to this Mr. Keshe?

K- By birth. It's just by birth. It's just the way the ears is. The hearing, do they hear it through the Soul level? Is their Soul which feels the departure and shows itself in physicality? I've seen this many times. We hear owls singing and whatever, mating, that's different. But when it comes to the point they sit near the body where it is. Could be in a building, in whatever. Or where the Soul was connected to, not where the physicality is. And they sit there, they are there till the departure is completed. (2:30). The body could be in the hospital, but the house is 100 km away, they see them at the house, where the Soul sees this connection.

Q: So, Mr. Keshe that explain many times. I've noticed with Knowledge Seekers that they are enjoying plasma and their conditions of plasma, and you hear birds singing in the background and as an interaction with birds at certain point. Are they bringing this field strength forward that's manifesting as a joy for them, and for them to, you know, for the love and care?

K- Possible. Because they are there in Soul, they hear. I told you, when we teach, when we share is not just for the man. It's for the "Soul of the Creation," so it doesn't need the voice.

Q: How would this manifest in places where there are no birds or anything? How would someone, or a being sense this in their environment?

K- Maybe you have no senses. Maybe you know, sometimes you feel, oh, this happened to my brother, or my child, or whatever. And you call and say, yes, something happened, or something is happening. We don't need to be there, we are connected through the Soul. We understand it, and you'll feel it.

I feel a lot of these things, because personally I experienced it. I understand the logic behind it. (2:32). I was in Seoul, in 2008, and we went for lunch with the diplomats. Walking back to the hotel, the Park Hotel, which is part of the Olympic compound of the South Korea. Walking along the park I noticed some birds walking with me and making a lot of noise. I turned around and said, "my mother is dead, isn't it?" You are just bringing me the message. I walked into the hotel, I walked in the room, the phone rang and they told me my mom passed away. I already knew before I got to the phone. It's the way we feel the energies of the Creation. I said, I already knew.

Q: You have a very special understanding of Creation Mr. Keshe. .. Would others experience what you just spoken about?

K- Yep. We all have that capability.

Q: So, (2:34). it's just being aware of your environment and being tuned in, tapped into it, and understanding the messages that are shown to us?

K- We are part of a Soul. ... (Just one second, please).

K- Sorry about that. We are ?? for Thursday. It's how... We all have these capabilities. But it's how open we are to accept. How we are, we see the truth what it is. We all have that capabilities. (2:36). You say, oh I knew. But why did I do it? I knew if I come this way this will be the outcome. Why do I do it?

Q: It's a good question Mr. Keshe. So why do?

K- Because we have, we are process, we are part of a process to understand more for ourselves, or for others to understand. I go through this, and I experienced it, through that experience, I know.

We were with my children in East Flanders, and suddenly it was decided that we go for a family ride on horses. But as we came in, they said, you have to wait till the horses are ready or whatever. They were waiting for some to come back. And then we can go. So, we hung around for some time. And we're walking around the stables. I came across this

"black and white," very small horse. And I said to him, "you come here to take my life. It won't happen today. I'm not ready." And I went walking, and came back. And the horse was still looking at me, and I said, not today. You're not taking me. I'm not finished. We went to the mountains and out of nowhere... Actually, the guy, because it was five or six of us, said, choose your horse. I happen to go on that horse.

And we went in the mountains. And out of nowhere, this horse "jackknifed," and I fell in the mountains, broke all my ribs. (2:38). And I said to them, what happened? He said, you're stupid, you shouldn't have picked him up, because you knew he was going to be your death. I said, no, it had a purpose. They pulled me off the mountains, I went through the coma, and everything else. And I was given no chance to live. 14 days later I gave a lecture. Proving the technology you can survive with all the internal damages and bleeding.

Seven days it took me to heal myself from ruptured lung, liver, and everything else. And 18 broken, 10 broken bones on one side. But I knew what that horse was there for. Was it for me to understand? Or was it to see how much I've learned in the process? They shipped me in an ambulance from East Flanders to West Flanders to die in the hospital. You know, you're aware, you acknowledge and you decide.

Q: When you say you decide Mr. Keshe, is this the STM or STP?

K- It's the purpose of the Soul. What's your purpose as a Soul. I know the time, the place and the position in which I will leave this physicality. Don't forget, I left it many times, I'm expert in knowing what's going to happen. It won't be, my death won't be accidental. (2:40). The Israeli bombed me in Istanbul few months ago. The Belgians blew the car up, the Belgians poisoned me, everything else which has gone around. They killed Fabio with trying to kill me. Fabio is not there. We have this in the history of man, I am not only one.

Báb, (of Bahia) bless his name, when they put him against the wall, and some 900 soldiers shot at him. He said, I'm not finished. When I'm finished you can ?? (kill me). They came. He disappeared, they found him in the room, because he was still doing his job. When he finishes, he says, now you can take me. Read about the story about the Báb. The life of Báb and his execution in Iran. You don't need to be, when you know there's the time, you come (to) the time. 900 guns shooting at one body. He went back to where he was, resurrection. This is what the Christ did. Báb repeated the resurrection. His life is a nightmare of Ayatollahs and Iran Islamic Religion.

Q: Sorry, I don't know the story. So, who was Bob?

K- It's Báb. Báb... Read the history of the Bahai faith in Iran. Báb means "gate," and really without prejudice, not to be somebody. Read about the execution of Báb in Tabriz. Mullahs and religious people were so scared, that he could be Christ, that they don't want only the Muslims to be involved in his murder, they brought Christians, Jews, Zoroastrians, and every religion, sect of religion to be a soldier in it, that they shoot, that

they collectively kill the prophet of God. And some of them walked away, after the first round. (2:42). Read about life of Báb, execution of Báb in Tabriz.

When the wish of the Soul is there to serve, they cannot stop. So was with Christ. I was explaining this to one of the Knowledge Seekers yesterday. A lot of people talk, you draw blue eyes of Christ, that he has the blue eyes, and the rest of it. Yes, Christ, the last minutes of departure he had a blue eye, grayish blue eye. This is the light interaction of the STM with the Soul of the Creator, with C14. It gives that image, because the physicality has no more control.

The color of our eye decided by STP, not by the STM. When STP goes weak, and the STM departs, you get that color, silverish blue. And they said Christ had a blue eyes. Because he knew his interact, he's not leaving, he is resurrecting in another dimension. But in the dimension of physicality, because he had another job to do. Báb did the same.

Any man has the capability of resurrect. In a way you fall in this ocean, you die in dimension of physicality, but if you know how to control it, you walk out of the ocean and live. (2:44). Is that resurrection, or understanding the knowledge of the Creation? And this is where the Soul. I said, you go in an accident and you walk away, because the Soul says, it's not time for it to go. Was that guy a Báb, or a Christ? Or is that through the eye when the two live, the Soul protects the physicality. You hit a wind, what happens when you hit the wind energy? It's the same with the Soul takes over the physicality and cocoons it. It's being, understanding the process of Creation.

Q: So, being in service, Mr. Keshe, puts a Soul in this position. Can I elaborate on that? So how about Souls that don't understand this, are not there in service to the, maybe themselves, but not to everything? So, are they receiving a different field strength?

K- Every single being on this planet at the moment isn't. From the lion to the king. Serving themselves. All do it, without fail. From a worm in the depths of the Earth, to the bird in the skies. They're all serving their Soul. Serving themselves. It's not unique to individual. (2:46). And what happen when you serve with Soul, others?

Q: How does the Soul change that position Mr. Keshe? Let's say the worm and the bird. How would they know? They have to feel this, they have to be elevated? How would they receive this?

K- In a way, part of it is Earth being a nursery for those seeds, for in the rest of the Universe. And the other part is becoming aware of, as a collective Soul. ..When you feed humanity through the Soul, that it feeds the physicality, you can't just put C14 in. You have to put amalgamation of the fields that it links to every part of their existence. Then you serve.

You can take the horse to the water, but you can't get him to drink. Because it's not sweet enough, even this water got some salt and doesn't suit to my taste. You have to provide a spectrum of, not only C14. You have to provide a spectrum of conversion ?? tools, like to

Ca. Then you successfully feed the man, the STM that it feeds physicality. Because you release energy as Ca from 36 to 60.

Ca has one of the widest spectrum of isotopic fields. Covers at the lowest level of energy, three times C12, to five times C12, 60. (2:48). That's why it's a structure of physicality of the man, because if you understand that then you can feed the STM, that he can feed the spectrum with Ca, you have life. You can feed the man for life.

Q: Is this what we're experiencing when we're Dinning with the Creator in the...

K- Yeah, I wanted to see how greedy you are, what have you come to take. None of you brought to give. I asked you to bring some food with you when you come. Next week you're coming with the food, there is nothing on the table. You ate for a week free, now next week you have to bring to pay for what you ate.

Q: I did actually bring something Mr. Keshe, I brought two meals. I did, I actually brought a roast and some fish and chips from the British Isles. So everybody to receive all that emotion, and everything that goes into it.

K- Did you bring the salt and vinegar as well?

Q: Yes, most definitely. Yes, you have to have salt and vinegar Yeah, most definitely on fish and chips.

K- It's just that we have to understand what did we bring. We have to understand what is the essence of we are there for.

Any other question?

Q: .. Good day Mr. Keshe. When my Soul exited my body. Can you explain why it felt like an electrical circuit disconnected from the physicality? (2:50).

K- It's the interaction of the two plasmas. One is what you call, your Spirit, and one is what you call, your Soul. That always has that interaction. You always get it. Some people see it as a light, some people see it as an electric shock, or some people see like a shiver, I've got a shiver, we call it. But it's two plasmas interacting, interchanging, overcoming the other. And it's instantaneous. That's why if you've been with us in the flight system, we never tell you as I said before, fly to. We tell you, can you go to. Because this is instantaneous, you expand the Soul at the point of dimension of the receiver.

These new Head Units we put out, they will bring you to the point to see your Creator, if you understand how to use it. They are the most amazing things you'll come across, especially the new version which is coming out in the next few weeks. And it is part of the process of Creation.

Any other question?

R: I'm hard pressed to find other questions here Mr. Keshe. (2:52).

K- That's good. We call it the day.

R: Sounds good. We have a belated hand by guess who, Jalal. So, I suppose we'll have to let he in.

K- Let him in. He's got three questions.

Q: Mr. Keshe, why I always I am the bad guy here.

K- You're not the bad guy, you are actually a very good guy. You have brought, you entice people to do things and then they follow it.

Q: So, next time please can you say, you are good as Jalal, not worse than Jalal?

K- As good as bad as Jalal.

Q: Mr. Keshe, if we say that Solar System is a cell, and this is from what we learned from you. Whatever come across this cell it will change in the condition of the cell, yes?

K- Yes. Depends if you accept something from it. The change will come if you accept, or take something from it.

Q: But if you kick the dog, the dog will shout.

K- Who said? Maybe the dog enjoys and laughs.

Q: He wouldn't react, so.

K- Yeah, depends on the dog.

Q: That's very good question. Thank you.

K- It's the way life is. (2:54).

Q: .. I sent you a message Mr. Keshe in Zoom. ..

K- I'll get in touch with you afterwards.

Q: .. By the way, the basic of this today teaching. You brought in the health, the public health teaching about the skeleton. A lot of this teaching is there. So, for the people who would like to go to the ground of this teaching, they can receive it there. Thank you Mr. Keshe.

K- Thank you very much indeed. Let's see what we can do. I'll respond back to you on the message. ...

I hope today we opened a new what we call it, insight into the world of Creation, and how we as, what do you call it, citizens of the Universe, learn how to give ourselves manifestation of physicality as much as manifestation of plasma, (2:56). the STP. Today wasn't just to teach about how we receive Cosmic Rays, was how we can use this to give ourselves dimension of physicality in other dimensions. And it's got to be understood in

its full capabilities that we can go to the next step. For sure next time we'll give you some more understanding.

Q: .. Regarding the Keshe Gans Knee, the Knee Gans. Can it be applied to a broken tooth or re-growing damaged teeth as well?

K- No. It's a different. Totally different.

This knee trial has brought a lot of interest. We've seen a lot of questions around it, a lot of people trying to find out if they can... This trial is fundamentally for next step of development for us in research and development, but it has a huge capabilities and capacities in how you use it, how you use the fields of it. And those of you who have taken the option to join the trial, try to explore the possibilities of its use, (2:58). in a given space we have indicated.

We've got to understand this creates a field of matter state, that's what it is. And this is important. And partially you will learn how to convert energies to matter. This is part of the structure, but the live combination. It's beautiful the way it works, if you understand how to use it, and how you apply it, and implement it, and what you accept to be.

This Gans is... I enjoy the, what do you call it, the application of it, and the implication of it. To see how much you will come back or you, the way you helped us with the vision goggles. Now what we see from this ?? application.

We call it a day.

R: Yes, thank you very much.

K- Thank you very much indeed. I think this teaching of today will be one of the most historical teachings of the Keshe Foundation, if you understand it. For man understand how to take energy ??...

Q: Mr. Keshe, do my 100 Euros are still valid in your pocket?

K- What do you mean?

Q: I have a purpose in that.

K- Is your 100 Euro valid in the pocket? I don't understand.

Q: Yeah, you said you will keep my 100 Euro as a souvenir.

K- Ah. (3:00). I'll give you the answer for that one day. By the way, thank you. Thank you very much. See you next week. And please, those of you who are dining with the Creator this week, you bring food for the Creator next week. We'll run for the whole week. On the 24th join us with meeting the world leaders to bring the change for the peace. And in April we announce, for those of you who are entangling and got family members with drug addiction, addiction as a whole. That will bring a huge change for us. We put up the April meeting very soon on the Keshe Foundation site. But meeting with world leaders is on the 24th, you can join us. And if you're still hungry, join us in the what

you call, next week to see what will bring. And if it is what you bring, let us know what effect had on you. Thank you very much. See you next week.

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